Some of the Strong Features Brought Out at the Recent Investigation of

The Mutual Life of Canada

This Company has been Examined by the Royal Commission

and the investigation proved thoroughly honest management. The company is sound to the core, and its affairs are conducted along scientific and popular lines, solely and economically in the best interests of its policyholders.

Gilt-edged Assets, Dec. 31st, 1905-\$9,296,092

Not a dollar of stocks.

Not a dollar of unauthorized securities.

Not a dollar of speculative investments.

Not a dollar of speculative investments.

Not a dollar with subsidiary Companies.

Not a dollar "written up" in its list of securities.

Not a dollar for stockholders; every dollar for policyholders. The Company is in the enviable position that it can convert on demand its entire assets into gold, and at the same time largely increase

The Real Estate

held by the Company (outside of Head Office Building) IS LESS than \$1,000.

Expense Rate Unusually Low

its surplus.

being the LOWEST OF ALL Canadian Companies for the year 1905, notwithstanding that the LARGEST VOLUME OF NEW BUSINESS in the history of the Company was written in that year.

Remarkably Favorable Mortality Experience

The losses by death in 1905 were only 49% of the losses that were normally expected to occur. The fine quality of this Company's business is shown by the notable fact that during the past 15 years the death losses AVERAGED ONLY 53% OF THE EXPECTED.

The Rapid Growth of the Company's Income

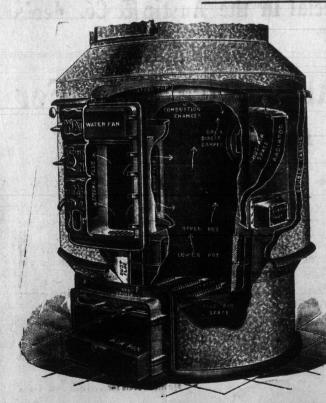
The income for 1895 was \$735,079, while in 1905—ten years after—it reached the large sum of \$1,956,519. The interest income exceeded the death losses during the same period by \$568,945.

The Mutual Life of Canada

(Head Office, Waterloo, Ont.) is an Ideal Company, Furnishing Absolutely Perfect Protection to its Policyholders at the Lowest Possible Cost.

Geo. H. Redpath, General Agent, Chatham

SUNSHINE FURNACE



4

How is Your **Furnace** Constructed?

You want a furnace that is constructed on scientific linesone that will extract every atom of heat from the fuel and send it through the house, not up the chimney.

The SUNSHINE is the result of more than 56 years in successful furnace building-it is in use from Halifax to Vancouver, and is giving satisfaction

Will burn any kind of fue' is easy to run, solidly built, thing that a good clean, modern furnace ought to be.

For Sale by Hugh Macaulay

M^cClary's

LONDON, TORONTO, MONTREAL, WINNIPEG, VANCOUVER, ST. JOHN, N. B., HAMILTON

CHURCHES

HOURS OF SERVICE

The services in all the churches in the city are held at 11 a. m. and 7 m., except the following: St. Joseph's R. C.-8.30, 10.30, 7.30, Seventh Day Adventists-3 and 7. Campbell A. M. E.-11 and 7.30. First Baptist-11 and 7.30. Union A. M. E.-11 and 7.30.

NOTICE TO PASTORS.

Pastors and others who contribute news items to this department of Saturday's Planet will confer a favor by seeing to it that their "copy reaches this office not later than Friday at 4 p. m. Matter received later than that hour cannot be guaranteed insertion-

INTERNATIONAL BIBLE LESSON FOR TO-MORROW.

Jesus Teaching How to Pray-Luke

Golden Text-"Lord, Teach us to Pray."

Wireless telegraphy outdone -Wireless telegraphy outdone writes:
shares in this old and reliable system in this old and reliable system in the system writes:
"I have followed your treatment as given freely to whoever will, by the great Creator and Inventor Himself, direct , complete and in perfect ord
"Have followed your treatment as closely as I could and am now entirely well.

"We had two doctors and one said that I would have to have an operation performed before I could regain my between heaven and earth and man.

Verse 1—The disciples hear their

We then decided to write you as to

Verse 2—He teaches them to address God direct as a Heavenly Father, homoring that holy name. God's kingdom comes first, which means His will be done on earth, as in heaven. A soldier's first duty is obedience, as soldiers of the King of Kings if we have not the soldier's first duty is obedience, as soldiers of the King of Kings if we have not the soldier's first duty is obedience. Kings if we have not the spirit of prompt, obedience to the spirit of the Hartman Sanitarium, Columbus, prompt obedience to the spirit and Ohio, for free medical advice. word of God we will hinder and not promote the coming kingdom.

Verse 3-Think of a son, soldier or aborer asking for daily bread, who yon't obey daily orders.

Morrow morning at 10 o'clock, in S. Hall.

Young Men's Club every Tuesday

won't obey daily orders.

Verse 4—We can't hold grudge against a comrade if our father forgives us. A praying soul is never foolhardy, but it knows its entire dependence on diverse guidance and grace, and is delivered from evil.

Verses 5, 6, 7 and 8 illustrate continuance and expectancy in prayer until the answer comes, as our Lord assures us it will come.

S. Hall.

Young Men's Club every Tuesday evening at 8, in S. S. Hall.

Sunday School and Bible Class tomorrow at 3 p. m.

Regular weekly prayer service on Wednesday evening at 8.

Epworth League on Monday evening at 8, in S. S. Hall.

William St. Baptist.

Prayer meeting to-morrow morn-

until the answer comes, as our Lord assures us it will come.
Verses 9 to 13 illustrate God's love and cire by the way an corthly parent would act to his hungry child. Prayer implies hed and supply, and if our prayers go to God on the lines here laid down by His Son, our continued providential requirements for the King's service will prompt and inspire us all the time, and prayers will come to have an increasing richness, power and joy for us and our spiritual nice will be an unfailing, eternal spring.

William St. Baptist.

Prayer meeting to-morrow morning at 10.

Services during the hot weather will be only one hour long.

The pastor will preach at both services. Evening subject, "The Sweetest Sing Ever Sung"—No. 4 on Mountain Breezes.

Sunday School and Bible Class at 3 p. m.

Regular weekly prayer meeting on Wednesday evening at 8.

CHURCH NOTES.

First Presbyterian.

Rev. A. H. MacGillivray, pastor. Short services will be the order during the hot weather.

Sunday Echool and Bible Class at Regular weekly prayer meeting on Wednesday evening at 8.

Christ Church Sixth Sunday after Trinity.

The Brotherwood of St. Andrew Tuesday night at 7.30 Teachers' meeting every Monday ight at 7.30.

Sunday School at a quarter

The C. W. M. A., and Christ Church Junior Guild, will not hold any meet. ings during the hot months.

St. Andrew's. Services will be conducted to-mo ow by Rev. Mr. Campbell, Sunday School and Bible Class at

Regular weekly prayer meeting of Wednesday evening at 8. Holy Trinity.

Regular services at 11 a. m. and Sunday School and Bible Class at

No meetings of any of the Church ocieties during the summer months. Holy communion on the first Sunday in the month at 11 a. m. and the third Sunday at 8 a. m. Baptism any Sunday at 4 p. m. at which previous notice has been given.

Park St. Methodist.

Rev. W. L. Rutledge, pastor. The pastor will preach in the morning on "A Song of Trust," and in the evening on "The Method of the Great Teacher."

Regular weekly prayer service on Wednesday evening at 8. Christian fellowship meeting



Operation Advocated-Saved By Pe-ru-na.

Mrs. Louis Lacomb, Hayward, Wis.,

onderful Master in prayer and want my condition, as I had been suffering verse 2—He teaches them to ad-

Victoria Ave. Methodist.

God-given rrivilege and draw as we need on Ham and His wonderful love.

Let us pray.

Victoria Ave. Methodist.

Short services will be the order during the hot weather.

Rev. F. E. Malott. B. A. B. D. Company.

Classes meet to-morrow morning at 10 o'clock and 12 noon. Sunday School and Bible Class at

Rev. Mr. Nattress, of Amherstburg, will occupy the puipit on both occasions to-monrow.

The Epworth League meets on Friday evening at 8.

Latter Day Saints

Services will be held as usual to-Religeo Society every Sunday even-ing at 8.15.

Sunday School to-morrow after-noon at 2 o'clock. Prayer service to-morrow at 3 p.

Regular weekly prayer service Wednesday evening at eight. Question box at the door.

Salvation Army. Salvation Army, Union Depot Holy Communion will be administered the first Sunday of each month at 11 o'clook a.m., and on the third Sunday of each month at 8 p. m., soul-winning service at 7.30 p. m. All services for citizens and

Campbell A. M. E. The pastor, Rev. Wm. Clark, will conduct the services and preach on both occasions to-morrow.

Sunday School will meet to-mor Ilnion A M R Services will be held as usual to-

Sunday School will meet to-morrow afternoon at 2.30. Regular weekly prayer meeting o Wednesday evening at 8. First Baptist.

W. T. Nickerson ,pastor elect. Services will be held as usual to Sabbath School at 12.30.

Regular weekly prayer meeting on vednesday evening at 8. B. M. E. Services will be held to-morrow the usual hours.

A. U. M. P. Services will be held as usual to-Regular weekly prayer meeting or Wednesday evening at 8.

Mt. Zion Baptist Church Rev. W. T. Nickerson, Pastor elect Service at 11 a. m., and 8 p.m. Sunday School at 12.30.

KEEP THE LIVER CLEAN.

Den't Overwork It and Give It a Resi

tor at that said: "The liver is misunderstood and underestimated in its functions. If it can be kept clean and active there is no reason why we should ever be ill a day, and we should live to be 150 or 200 years old. It is not necessary to rip this organ all to pieces with ten grains of calomel to get it stirred up. The best thing to do is to shut off your food supply for two or three days, drop your whisky and claret, your tea and coffee, and give your liver a chance to rest. This should

be done once a month."

It is well known, of course, that in olden times the liver was supposed to be the seat of the affections. Friends when they met in the morning did not salute each other with "How's your health?" but with "How's your liver?" Men take horseback exercise principally for their livers. A good shaking up every morning drives away the cirrhoticbiliary encroachment. It is an error to assume that whisky alone produces cirrhosis. Overfeeding is more often the cause. If the digestive organs would organize a union and work only eight hours a day all of us would be healthy and long lived. The trouble is we require the liver, stomach, bowels, heart, brain, muscles, nerves, kidneys, spleen, etc., to work all the time and overtime. Wrong. Give them a rest.

MINING FOR RUBIES.

The Primitive Methods That Are Still In Use In Burma.

The system practiced for obtaining rubies in the mining districts in Burma is of the most primitive description, says the Searchlight. The mining shafts are simply holes about two feet square sunk to a depth varying up to fifty or sixty feet. The shoring up of walls of the shaft is most crude, the sides being supported by posts at the corners and branches of small trees secured carefully against the sides by means of stout sticks.

sides by means of stout sticks.

The miner carries a tin pot similar in shape to a blunt edged cone on his head. He squats down in one corner and digs between his knees in the opposite corner. The earth, or byon, as the ruby bearing earth is called, is conveyed to the top as fast as it is except at the same of the sa cavated in small buckets let down

The apparatus for raising and lowering the buckets is simple in the ex-treme. A stout bamboo post about twenty feet high, called a maungdine, is fixed upright in the ground at a con-venient distance from the pit, or dwin, and a long, thinner bamboo pivoted horizontally into the upper end of it so as to project an eighth from the mine and the long arm toward the mine.

Telling Age and Sex by Pulse.
"The female pulse always beats faster than the male," said a physician, "and from birth to death the pulse speed steadily decreases. I have no doubt that by the pulse alone I could tell readily a healthy person's age and sex. Babes at birth have a pulse that beats 160 times a minute in the case of girls and 150 times a minute in the case of boys. At the age of four or five the pulse beats will have fallen respectively to 110 and 100. Maidens' and youths' pulses average ninety-five and ninety; mature women's and men's average eighty and seventy-five; elderly women's and men's average sixty and fifty. An old woman's pulse rare-Rev. Dr. Hannon will conduct the services and preach on both occasions to-morrow.

A Cask's Capacity. Should you wish to get the capacity of a cask you can do so in the follow-ing manner: Take the measurements from the bunghole to the bottom of each end of the cask in inches. Average the two measurements. Multiply this figure by itself twice. Then multiply the product by .002266, and the reample: 81 inches, 29 inches (average 30 inches). $30\times30\times30=27,000$, which, multiplied by .002266, = 61.182. The contents, therefore, are 61 gallons and

Modest Greatness. One day a letter was received at the postoffice in Paris bearing the following inscription: "To the Greatest ing inscription: "To the Greatest French Poet." The letter carrier was instructed to deliver it to Victor Hugo who refused to receive it and sent it to Lamarfine. This genius also de-clined to accept the letter and passed it on to Alfred De Musset. The latter, equally modest, re-sent it to Victor Hugo, who finally accepted it. The letter had reached its destination.— Lippincott's Magazine.

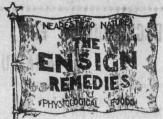
One kind of wasp found in Brazil and Guiana makes its nest of a brilliant white pasteboard, suspending it from the highest branches of the trees so as to escape the attention of the monkeys, which in those regions have a troublesome habit of investigating everything, even a hornet's nest.

Shortening the Visit. "It is a great comfort to have a child about the house," said the man answered the unfeeling

wretch, "when company comes that you don't care for you can make the child recite."

"I have two lovely little pupples," said Mrs. Tawkley.
"I have met your husband," replied the man. "Who is the other one?" the man. Judge.

Gain not base gains; base gains are



The Ensign Remedies contain the elements out of which and by which your body was constructed. They will repair and cure any disease condition.

REMEDIES AND PRICES. you are sick you need them y. Mental Diseases... ... Headaches...
Fevers, Inflammations
Malarial Diseases...
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La Grippe...
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Chronic Catarrh...
Catarrh of Stomach...
Tonsilitis, Quinsy...
Sore Throat...
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SOLD BY DRUGGISTS. Central Drug Go, have a stock of these Remedies.

REAL ESTATE.

Frame House in good location, north hatham, \$600.00.
Frame House with good stable near ant Home, Raleigh Street, lot 208

TO RENT. ns, \$10, \$11, \$13, \$15 per month. Money to Loan and Fire Insurance

E. E. PARROTT & SON, Scane Block

----A BARGAIN!

Good house and Lot for sale on Kirk Street, with electric light, gas and water fixtures and bath connections. Will be sold at a bargain if sold at once

SMITH & SMITH

Merritt & Graham's

Is the place to get your MEAT. Choice Beef, Veal, Pork, Mutton and Spring Lamb, Cooked Meats of all kinds. Orders called for and promptly delivered to all parts of the city. Give us a call.

BLUE POINT MAPS, REVISED UP-TO-DATE.

Size 32 x 36.

With Names of Owners of Farms FOR SALE AT THIS OFFICE.

Price \$3.50.

OF COURSE HE HAD.

My husband has something laid for a rainy day M'll bet it's my umbrella.