Lame Back In the Morning.

many people who find it a difficult task getting up in on account of a terrible pain and soreness acrossthesmall of the backthat of the backthat makes rising a painful and discomforting

operation. Ever know what it was to have your back so bad that when you'd try to get out of bed you'd almost scream with the pain?

Can't do much of a day's work starting off with a back as bad as that-not fit for pleasure either. Well, all this backache and pain, this stiffness and soreness comes because the kidneys are clogged up, can't do their work properly, and your back has to suffer for it.

Just try a box or two of Dr. Pitcher's Backache Kidney Tablets. What a change you'll find coming over you! You'll be able to spring from your bed in the morning as lively as a cricket, and feel refreshed and fit for your daily duties.

TOUGHED THE SPOT.

Joseph Weeks, Beckwith Street, Smith's Joseph Weeks, Beckwith Street, Smith's Falls, says: "My back was in a bad way. I was desperately lame, and there was a duil grinding pain over my kidneys. At times I had headaches, and often I was dizzy, particularly if I had been stooping. I tried first one thing, then another, but there was no permanent benefit till I began was possible with the same of the same using Pitcher's Kidney Tablets. They go did. Nothing before ever did me as much sgood. I would suggest to anyone suffering

n that way to try them."

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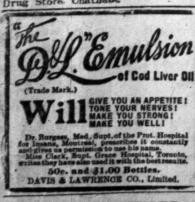
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THE COURIER OF THE CZAR By Jules Verne

was necessary, then, that he should be blind, that he should be so for all, even for Nadia-in short, that he should be so everywhere and that not a gesture at any moment could cause any doubt of the sincerity of his role. His resolution was taken. Even his very life must be risked in order to give to all the proof of his blindness,

and one knows how he risked it. His mother alone knew the truth, and it was on the square of Tomsk that he had whispered it in her ear when, bending over her in the shade, he had covered her with his kisses.

We can now understand how when Ivan Ogareff had placed the emperor's letter before his eyes, which he be lieved to be blind, Michael Strogoff had been able to read, had read that letter which disclosed the hateful designs of the traitor; hence that energy which be displayed during the second part of the journey; hence that unchanging will to reach Irkutsk and on arriving there to fulfill with his own voice his mission. He knew that the town was to be given up by the traitor. He knew that the life of the grand duke was threatened. The safety of the brother of the czar and of Siberia was still in his hands.

chael Strogoff told also, and with what emotion, the part which Nadia had taken in these events. "Who is this young girl?" asked the

In a few words all this history was

recounted to the grand duke, and Mi-

grand duke. "The daughter of the exiled Wassill

Feodor," answered Michael Strogoff. "The daughter of Commander Feodor," said the grand duke, "has ceased to be the daughter of an exile. There

are no more exiles at Irkutsk." Nadia, less strong in joy than she had been in sorrow, fell at the feet of the grand duke, who raised her with one hand, while he held out the other to Michael Strogoff. An hour afterward Nadia was in the arms of her father.

Michael Strogoff, Nadia, Wassili Feodor, were reunited. It was on all sides complete happiness. The Tartars had been repulsed in

their double attack upon the town. Wassili Feeder, with his little troop, had crushed the first assailants who had presented themselves at the Bolchaia gate with the expectation of find-

ing it open. At the same time that the Tartars were driven back the besieged had rendered themselves masters of the fire. Before daybreak the troops of Feofar-Khan had returned to their encampments, leaving a good number of dead

under the ramparts. Among the dead was the gypsy Sangarre, who had tried in vain to rejoin

Ivan Ogareff. For two days the besiegers attempted no new assault. They were discour aged by the death of Ivan Ogareff. That man was the soul of the invasion, and he alone, by his long continued plots, had sufficient influence over the khans and their hordes to be able to lead them to the conquest of Asiatio

Meanwhile the defenders of Irkutsk had held themselves on their guard, and the investment continued, but on the 7th of October from the first streaks of day the boom of cannon resounded on the heights around Irkutsk. It was the relieving army which had arrived under the orders of General Kissely, who thus signaled his presence to the

grand duke. The Tartars did not stay any longer. They did not wish to risk a battle under the walls of Irkutsk. The camp of the Angara was immediately raised.

Irkutsk was at last delivered. With the first Russian soldiers two friends of Michael Strogoff had entered the town. They were the inseparable Blount and Jolivet. By gaining the right bank of the Angara along the barrier of ice they and the other fugitives had been able to escape before the flames of the Angara had reached the raft. This had been put down by Alcide Jolivet in his notebook and in this manner, "Was near ending like a lemon in a bowl of punch!"

Their joy was great to once more find Nadia and Michael Strogoff safe and sound, especially when they learned that their brave companion was not blind, a statement which led Harry Blount to jot down this observation: "A redhot iron is perhaps insufficient to destroy the sensibility of the optic

nerve. To be modified." Afterward the two correspondents well installed in Irkutsk, occupied themselves in putting in order the impressions of their journey. From thence two interesting chronicles of the Tartar invasion were sent to London and Paris, which, strange to say, only contradicted each other on points of less mo

For the rest the campaign was bad for the emir and his allies. That invasior useless, as are all those that at-tack colossal Russia, was most fatal to them. They soon found themselves cut off by the troops of the czar, who retook successively all the conquered towns. Besides, the winter was terrible, and of those hordes, decimated by the cold, only a small number returned from Irkus to the Ural mountains

Early Symptoms of Decay.

The grand duke was in haste to turn to Moscow, but he delayed his journey in order to assist at a touching ceremony which took place some days after the entry of the Russian troops. Michael Strogoff had sought out Nadia and in the presence of her father had said to her, "Nadia, my sister still, when you left Riga to come to Irkutsk had you no other regret but that of

"So that no part of your heart has remained down there?" "None, brother." "Then, Nadia," said Michael Strogoff,

leaving behind you your mother?"

"I do not believe but that God in bringing us together, in allowing us to pass through these great trials together, has wished us to be united forever." "Ah!" said Nadia as she fell into the

arms of Michael Strogoff, and, turning toward Wassili Feodor, "My father," she said, blushing deeply.
"Nadia," said Wassili Feodor, "my joy will be to call you both my chil-

The marriage ceremony took place in the cathedral of Irkutsk. It was very simple in its preparations, but very beautiful in the concourse of the military and civil population, which thus wished to show its gratitude to the young couple, whose strange journey

had now become legendary. Alcide Jolivet and Harry Blount of yourse assisted at the marriage, of which they wished to give an account to their readers.

"And does it not make you envious to imitate them?" asked Alcide Jolivet to his companion. "Pshaw!" exclaimed Harry Blount

"If, like you, I had a cousin!" "My cousin is not any longer man riageable," laughingly answered Alcide

"All the better." added Harry Blount "for they speak of difficulties which are about to arise between London and Peking." "Would you not like to see what is

passing there?" "Why, my dear Blount," cried Alcide "I was about to propose it to

This is how the two inseparables set out for China.

journey to Europe. That road of sorrows was only one of happiness on their return. They traveled very rapidly with one of those trains which glide like an express over the frozen steppes of Siberia. Meanwhile, arrived at the banks of the Dinka, just opposite Briskoe, they stopped there one day. Michael Strogoff sought out the place where he had interred poor Nicholas. A cross was

planted there, and Nadia prayed for the last time on the tomb of the humble and heroic soul which neither the one nor the other would ever forget. At Omsk old Marfa was awaiting them in the little house of the Strogoffs. She pressed in her arms that noble girl whom in her heart she had already a hundred times called her

daughter. The brave Siberian on that day had the right to own her son and to say that she was proud of him. After some days passed at Omsk, Michael and Nadia Strogoff returned to Europe, and, Wassili Feodor being well fixed in St. Petersburg, neither his son nor his daughter had any occasion ever to leave him, only when they went to

see their old mother. The young courier had been received by the czar, who attached him specially to his person and decorated him with the cross of St. George.

Michael Strogoff afterward attained to a high post in the empire. But it is not the history of his success, but the history of his trials, which has deserved to be chronicled.

THE END.

Rights of Chinese Parents. The law and custom of China still give the parents supreme control over their children. As far as it is possible for an outsider to get to know this people, whose "ways are dark," it does appear that this power of life and death is not often exercised unless in the case of infants. Now and again, however, instances occur which prove

that this barbarous right is still claim-

ed and exercised. A man in the Nam Hol district has just put his son to death in a most cruel fashion, and the law takes no cognizance of the murder, for surely it cannot be called by any other name. The boy had been often reproved for associating with gamblers and robbers, and his record was a bad one. This much may be said in extenuation of the father's diabolical act. For a long time the father was unable to lay hands on his son. This he succeeded in doing by offering a reward to any one who could bring him home. During the day of his return the father gave no evidence of his wicked designs. This put the lad off his guard. But when night came the father threw off his mask, seized his son, bound him hand and strangle him.-China Mail.

A Mother's Warning SUNDAY SERVICES

SPEAKS UP A TROUBLE THAT AF-PLICTS MANY YOUNG GIALS.

Headaches, Dizziness, Heart Palpitation, Fickle Appetite and Pallor the

from the Sun, Orangeville, Ont Hard study at school, coupled with the lack of attention which every young girl merging into womanhood should have, is responsible not only should have, is responsible not only for the many pale faces and attenuated forms met with such lamentable frequency, but is responsible also for the loss of many valuable young lives. First there is an occasional headache, and a sallowness of complexion, from which stages, if these early symptoms are neglected, the condition gradually grows worse and worse until decline or consumption indees, as crucifying their Mess worse until decline or consumption "No," replied Nadia; "none what-

sets in and death claims another.victim of parental neglect. Upon mothers especially devolves a great responsibility as their daughters approach womanhood. The following truthful story told a reporter of the Sun by Mrs. O. Herman, of Third Avenue, Orangeville, carries a lesson to other mothers. Mrs. Herman said: "About fifteen months ago my daughter, Kate, while attending the public school studied hard. We noticed that she began to complain of headaches. This was followed by a listlessness and an utter indifference to the things that usually interest young girls. We onsulted a doctor, and she took bottle after bottle of medicine, but with no benefit. Often she would arise in the morning after an almost sleepless night, her limbs all a quiver and her head reeling. She would be at-tacked with spells of dizziness, and on

the least exertion her heart would palpitate violently, and we were really afraid she would not recover. At this stage my husband suggested that we should try Dr. Williams' Pink Pills, and he brought home several boxes. Kate had only taken the pills a few weeks when there was a great change for the better. She grew stronger, began to eat better and to have better color, and from this stage it was not long until she was again enjoying the best of health and able to resume her studies at school. I might also tell you that these pills cured my daughter Emma of an attack of rheumatism, so that you see we have much reason to praise them, and I earnestly recommend them to all mothers whose daughters may be suffering as mine

Dr. Williams' Pink Pills cure all diseases that have their origin either in a poor or watery condition of the blood or shattered nerves. It is be-cause they make rich, red blood and strengthen the nerves with every dose that they cure such troubles as anaemia, consumption in its early, stages, nervous headache, St. Vitus'. dance, rheumatism, partial paralysis, Some days after the ceremony Mi-dinary medicine merely acts upon the chael and Nadia Strogoff, accompanied by Wassili Feeder, started on their such medicines are discontinued the ed form. Dr. Williams' Pink Pills on the contrary go direct to the root of trouble and cure to stay cured See that the full name, "Dr. Williams' Pink Pills for Pale People," is found on the wrapper of every box. If your dealer does not have them send direct and they will be mailed, post paid, at 50 cents a box or six boxes for \$2.50. by addressing the Dr. Williams' Medicine Co., Brock-

A COASTING ACCIDENT.

Plattsburg, N. Y., Jan. 30. frightful coasting accident occurred at Keesville this morning, in which one young man was killed and two young women fatally injured. A large party was coasting on Academy Hill, using a large bob-sled, holding from ten to wenty. The bob became unmanageable and ran into a telegraph pole while going at great speed. Wilfred Graves, aged 23 years, was almost instantly killed, and his sister, Rachel Graves, and Edith Bulley were crushed so that it is feared they cannot recover. Among the others hurt were Harry Miles, broken leg; John King, arm broken; Geo. Ladue, arm dislocated. The young people are of the

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International Bible Lesson for To-Morrow-The First Persecution-Acts

Golden Text-"There is none other name under heaven given among men whereby we must be saved."

The healing of a born cripple of 4 years had collected a great crowd in Solomon's porch; his soundness prov ed the soundness of the doctrine of the risen Jesus, mighty to save, that Peter preached. The Sadducees denied the resurrection of the dead; such preaching grieved them and must be stopped. So the preachers are made prisoners, while five thou-sand souls rejoice in the liberty wherewith Christ had made then free. The rulers took council togeth er against God's annointed, but Pejudges, as crucifying their Messiah He was the rejected stone, but now head over all, blessed for ever, and through His name every one that be-lieveth on Him receives remission of sins and life everlasting.

Rev. R. McCosh will conduct th

ervices and preach in Christ Church on both occasions to-morrow The pastor, Rev. W. E. Knowles on both occasions the First Presby-terian Church to-norrow.

The pastor, Rev. Dr. Battisby, will preach in St. Andrew's Church to-morrow, morning and evening. Rev. T. Beverley Smith, rector, will

occupy the pulpit of Holy Trinity Church to-morrow. Rev. Dr. Hannon, pastor, will oc-cupy the pulpit in Park St. Methodist Church on both occasions to-morrow The pastor, Rev. T. T. George, will occupy the pulpit of the Victoria Ave. Methodist Church to-morrow.

Rev. J. J. Ross will conduct both ervices in the William St. Baptist Church to-morrow. Morning subject, "The Method of the Holy Spirit in pre-Penticostal Ages"; evening, "The Secret of Continuous Christian

Salvation Army, Union Depot-Knee drill at 7 a.m., meeting for promotion of holiness at 11 a.m., Christian fellowship at 3 p.m., soul winning service at 7.30 p.m. All services for citizens and soldiers.

Services will be held in the Saints' Auditorium, next Aberdeen bridge, tomorrow as follows:-Prayer meeting at 2 p. m., Sunday school at 3 p. m., preaching at 7 p. m.

Regular services in the St. John's A. U. M. P. Church to-morrow as follows: - 11 a. m. Scripture lesson and preaching by the pastor, Rev. A. B. Selvey, 3 p. m. Sunday School, 7 p. m. song service, 7.30 p. m. preaching by the pastor.

Services will be held in the First Baptist Church, King St., to-morrow as follows:—Preaching at 11 a. m. and 7.30 p. m. by the pastor, Rev. L. Brad-ley; Sunday school at 12.30 p. m.

istered in Christ Church to-morrow at the 11 o'clock service. The Victoria Ave. Epworth League meets on Friday evening at 8 o'clock. The Ladies' Aid in connection with Andrew's Church will meet on

Monday afternoon at 3.30, at the residence of Mrs. Greening's. Christ Church Sunday School meets every Sunday afternoon at 3 o'clock. St. Andrew's Church C. E. Society on Friday evening at 8 o'clock. Holy Trinity Sunday School will be

held to-morrow afternoon at 3 o'clock. The sacrament of the Lord's Supper will be administered in the William St. Baptist Church in connection with the evening service to-morrow. Campbell A. M. E. S. S. will meet to-morrow afternoon at 3 o'clock.

Christ Church Guild meets every Regular prayer meeting in connec

tion with the First Presbyterian Church every Wednesday evening at 8 o'clock. Park St. Methodist Sunday School

meets to-morrow afternoon at three Holy communion is celebrated in Christ Church on the first and second Sunday of each month.

ladies meets every Sunday afternoon at 3 o'clock in the S. S. hall of Victoria Ave. Methodist Church. Weekly prayer meeting in St. Andrew's Church lecture hall on Wed-

J. W. Humphrey's Bible Class for

nesday evening at 8 o'clock. Christ Church choir meets for practice every Wednesday and Saturday The B. Y. P. U. of C. E. will mee on Friday evening at eight o'clock. All young people heartily welcomed.

The Sunday School of Victoria Ave. Methodist Church is held every Sunday afternoon at 3 o'clock. William St. Baptist Sunday School will meet to-morrow afternoon at 3

The Church Woman's Missionary Sc ciety of Christ Church meets in the S. S. Hall every Monday afternoon

at 3 o'clock. Rev. R. McCosh's Bible Class for young men will meet in the S. S. Hall to-morrow afternoon at 3 o'clock. Dr. R. V. Bray's Bible Class for young ladies meets at the same hour. All young ladies and gentlemen are invited to attend these classes.

Divine service will be held in Christ Church every Wednesday evening be-ginning at half-past seven. Park St. Methodist Church prayer meeting on Wednesday evening at 8 o'clock.

Christ Church Young People's Society meets in the S. S. Hall every Monday evening at 8 o'clock. The Sunday School of the First Presbyterian Church will meet to-morrow afternoon at 3 o'clock. St. Andrew's Church S. S. and Bible Class will meet to-morrow afternoon at 3 o'clock.

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