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A word once spoken the fleetest horse cannot overtake it.—Chinese.

MY MEDICAL CREED

(By a Hastings County Doctor, in The Medical-Legal Journal.)

I believe the sons of physicians, when properly qualified by the prescribed studies of our universities, become the equals (if not the superiors, in worth to the commonwealth) of their fathers, and that the said sons should receive gratuitous tuition by the university of the state wherein they were born or where their parents reside, in keeping with this belief I am but repeating the words in this interest to be found in the Oath of Hippocrates, the Grecian master mind, the father in medicine (460 B.C.), which path, as Gompers says, "is the most memorable of all human documents," and who told us the physician is truly a philosopher, God-like (Iatros gar philosophos Kai isthos). The sons of this "maximus auxiliator aegris" were, as were the sons Machaon and Podalirius of Aesculapius, thus freely educated by the state as an honor.

Although no doctors worthy of being so honored or thus addressed should be ignorant of this immortal oath or invocation, it may be possible there are, and for their benefit, and for my suggestion to be considered by our universities as not only advisable but demanded as regards free tuition, I present the master's words:

"I will hold my master of medicine in the same rank as the authors of my being. I will consider his children as my brothers, and, if they wish to learn the medical art I will teach them without salary or price."

In this humble, yet loyal and very timely suggestion for the nation's welfare, no unworthy thought have I that others not of our profession should disburse our temples in the pursuit of the highest wisdom among men, for as fakars, as followers of pernicious and damnable modern so-called sciences named cults, there is no room or place for them amongst honest medical students, and who could not transcribe or understand the full inspiration of the following words of three master minds in medicine:

"Erditissimos homines artem medicam nosse oportet. Sapientiae cognitionem medicinas sororem ac contubernalem esse puto. Primoque medendi scientia, sapientiae pars habebatur. Rationalem quidem putamus medicam esse debere. Quemadmodum sanitas omnium rerum pretium excedit, omni quod felicitatis fundamentum est, ita scientia vitae ac sanitas tuenda omnium nobilissima, omnibusque hominibus commendatissima esse debet." (The most educated men should know medicine. I believe medicine is the sister and handmaiden of wisdom, and should be in conformity with intelligence, and was so held in ancient times, etc.)

No, not for fakars, adherents of moonshine, mushroom or modern cults unworthy of mention in this presentation, but for those noble and educated youths who selected by choice our honored profession as the first of arts, before which and whose might, all the others would sink in night, is this my pleading labor altruistically heralded—and not to them especially but to those who are in the clergy, in law, and our legislative assemblies and believe with Gladstone that "duly qualified university M.D.'s will become the future leaders of the nations," and with the great Virchow, that as the physicians are the natural attorneys of the poor and oppressed, all the great problems of a successful and national existence will have to be solved by them. "Truth is truth to the end of reckoning," said the Bard of Avon, and as evidence of a proof, the ordinary observer of the times sees very plainly that the church has lost its power in all, or nearly all Christendom; and medicine—the regular profession—having freed itself from the shackles of the "divine" or "angelic conjunction"—moss-covered creeds, ignorance, hypocrisy, fee-faw-fums, superstition and ecclesiastical galls—has the principal seat among the seats of the nations. Mighty men, who shall, according to Sophocles, Kant and Gladstone, see in existence the verification in our times of those conditions named by Plato in his Dialogues of Eryximachus, when peers meet peers.

"Who wield the gavel as the worshipful masters," none opposing or daring to make afraid; for, as in the days of Rome's highest enlightenment, and ever since has been, and everywhere will be, the Supreme Law; and that refers primarily and finally to the greatest of national interests, namely, the public health—in peace and war. Thus it is evident that in medicine none but those who are thoroughly trained in all the studies leading to the degree of M.D. assigned by our state or other well-established, well-equipped and well-endowed universities, should be

legalized to practise by the civilized nations, and not those pernicious cults, falsely termed "medical," whose hot-house breeding, fakery and condemnable followings have disgraced and are now dishonoring the fair name of the United States among the nations, where medicine is held, and has ever been held a learned profession, and its degrees given only by universities.

Dr. A. Jacob, the master mind, of New York City, did Heracleian services in trying to prevent the born-in-old-Missouri cult—osteopathy—from recognition in the Empire State; but he has not the supporters—and thus you and others of the dear old New England States must deplore your folly and want of precedence when you notice the name of medicine and the title, doctor, dishonored and thrown aside by rib-punchers, spinal-adjusters, etc. The profession of law, too, has many in its ranks unworthy of Gladstone's or Lincoln's recognition, "such as those brought in from the gutters by night schools, correspondence schools and several institutions, really incorporated, that in twelve months give LL.B. That such debasement of so learned a profession as law exists, one may find numerous proofs in the reading of advertisements in popular journals issued from your presses. To be brief, no nation can maintain an exalted standing that ignores the learned professions—the church (through courtesy), the law, and medicine—and in no civilized country are these professions so poorly protected from the rabble when seeking admission therein; and yet, as seems a paradox, no country can rival some of our universities in excellency—and by such I can name many, yet deplorable is that they outnumbered those of British Isles and even of Europe.

In conclusion, I will state these are thoughts, long entertained, studied, announced, and are on interest in which all good citizens are personally concerned, and yet said thoughts are but slightly pronounced and slightly and hurriedly touched. To preserve the truth that of "medicus in omne aevum nobilis"; to preserve Blackstone and the Supreme and lower courts from the upwash of rabble, night and correspondence schools, cheap LL.B.'s, the best

—that is, the state universities—must have full control, and they alone be given the power to issue "testamurs"; and then the highest efficiency will be met and the degrees bring honor to the givers, to the alumni and the commonwealth. Another interest of my creed is that well and timely presented by a Toronto medical student, L. A. Murray: yet as to the "girls" I am of the opinion but few are in the lists as they and their "sisters" too often have been weighed in the medical scales and found wanting. Their only license should be that marked "marriage"; their only study, "babies"; their ambition, "home and husband love"—even "nursery songs." The M.D. degree does not make them in any way "marketable," or in fulfilling the Scriptures, or even ensnaring the M.D. in the matrimonial net or trap. "The ordinary person does not realize the fact that a doctor of medicine. The medical course of the present day is the most strenuous course in the whole curriculum and anybody who survives it must be of the most persistent kind. Therefore doctors cannot be made from mediocre men—of which the world is full."

Artificial Eye Moves

To make the artificial eye practically indistinguishable is the aim of a British army surgeon who is experimenting with a ball made of cartilage as a substitute for a metal or glass one. A sphere of such construction when put in place establishes connections with blood vessels and the surrounding tissues. When thus fixed in the cavity it is supposed to be capable of movement corresponding to that of a normal eye and furthermore fills the space so that there is no depression, as is invariably the case when a shell is used. Although time must yet prove the practicability of the scheme there is reason to expect that it will have brought forth another triumph in plastic surgery.—Popular Mechanics.

Learn to laugh. A good laugh is better than medicine. Learn how to tell a story. A well told story is a welcome sunbeam in a sick-room. The world is too busy to care for your ills and sorrows. Learn to keep your own troubles to yourself. Learn to stop croaking. If you cannot see any good in the world, keep the bad to yourself. Learn to hide your pains and aches under pleasant smiles. No one cares who has the barache, headache, rheumatism. Don't cry. Tears do well enough in novels but are out of place in real life. Learn to moan

SUFFERED TERRIBLE AGONY

"Fruit-a-lives" Alone Gave Him Quick Relief

Buckingham, Que., May 3rd, 1915. "For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, and I had chronic Constipation. I tried many remedies but nothing did me good. Finally, a friend advised 'Fruit-a-lives'. I took this grand fruit medicine and it made me well. To everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take 'Fruit-a-lives', and you will get well."

ALBERT VARNER.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

Your friends with a smile. A good humored man or woman is always welcome, but the dyspeptic is not wanted anywhere and is a nuisance as well. Above all, give pleasure. You will pass through this world but once. Any good thing, therefore, that you can show to any human being, you had better do now; do not defer or neglect it, for you will not pass this way again.

A Vacation for Mother

One of our exchanges very sensibly remarks that of all the people in the household, mother is the one who gets no "two weeks off with pay" vacation in the summer. She is also the one who never gets her Saturday afternoons off. Neither does she work on an eight hour day schedule. And Sunday, when father sits around in his lounging clothes and house slippers, mother gets breakfast, washes the dishes, gets the noon meal, washes the dishes and does a score and more of other household tasks that always seem to fall to mother's lot. So why not a vacation for mother?

Does mother complain because she doesn't have a vacation like the rest of the family? Certainly not. But that is all the greater reason why she should get the vacation!

There are several ways of giving her this vacation. One way is to tell her that no matter whether she wants to or not, she is to go back to see the home folks for a couple of weeks, and while she is away she is not to worry about how the housework is going or whether the gas bill is paid on the first of the month. Then a supplementary way is to insist upon her going down to town one evening each week—to the theater. Or, insist upon her eating an occasional meal down to the club or at the restaurant with the family, where she won't have to be worrying about the housework. And there are scores of other ways of getting for mother that vacation which she so justly earns but which she will not receive unless the rest of the family make her take it.

And daughter might give a little aid in this vacation-for-mother propaganda, also. As far as we can discover there is no federal law, provincial law or city ordinance which makes it a criminal offence for an eighteen-year-old daughter to wash the dishes twice a day and thus take a little routine work away from mother's hands.

How about that vacation for mother?

TWEED

Rev. A. E. Smart made a visit to Madoc friends on Saturday.

Miss Gladys Morton spent over Sunday with Mr. and Mrs. C. E. Eggleston.

Mrs. Crawford, of Halifax, is visiting her daughter, Mrs. W. H. De Blois.

Mr. Robert Shaw, of Peterboro, is the new lineman at the Hydro-El electric office.

Mr. and Mrs. Jno. Reeves have purchased the Battam's property on Metcalfe street from Mr. Jay Farrar.

Miss Neva Frost, of Frankford, spent the week-end with Mr. and Mrs. J. W. McGowan.

Miss Iva Way is spending a few days home and is leaving Monday for Kingston.

Mr. C. Sturm had the misfortune to fall from his hay loft on Sunday and break an arm.

Mrs. Midgely, of Stoughton, Sask. is visiting Mr. and Mrs. Robt. Taylor.

Mrs. C. W. Weir, of Cobalt, is visiting Mrs. E. R. Huick.

Mr. and Mrs. Joseph Bateman arrived home on Saturday after visiting Peterboro friends for a couple of weeks.

Mr. and Mrs. Osborne Shaver of Brockville spent from Thursday to

Monday the guests of the latter's cousin, Mrs. C. F. Fawcett. Mrs. Wellington Badgely, of Stoco has purchased the residence and property of Murney Badgely, on South Victoria street. Mr. Murney Badgely will still reside in the house.

Lieut. Jas. Shaw and Miss Elida Orrell from St. Catharines, have spent the past two weeks with his uncle, Mr. Wm. Ferguson, of Kewlin. They spent from Friday till Tuesday afternoon in town, guests of his cousin, Mrs. W. T. Hinds.

Mr. J. P. Brennan, son of Mr. and Mrs. Wm. Brennan, arrived home from the West on Monday, on receipt of the sad news of his father's disappearance.

Miss Dunk, of Campbellford, is in charge of Mr. J. D. Taylor's millinery parlors. She is assisted by Miss Laughlan, of Marlbank, and Miss Miller, of Sulphide.

The "Hu" and Lagrippa are again at large throughout the country. In many homes the whole family is down, but so far no deaths are reported.

Mr. George Clark, of Toronto, was a Tuesday caller on an old comrade-in-arms, Mr. Percy Bowley. He went to India and later came home with Percy, so on his way through town stopped off to see him.

Mr. and Mrs. C. B. Huick spent a few days this week with his parents, Mr. and Mrs. E. R. Huick. They left for Vancouver today and will spend four days in Chicago en route.—News.

Mr. W. McDonald, of London, Ont., is visiting with his family in town.

Mr. J. B. Lutton, of Queensboro, was a visitor to town on Tuesday.

Mr. Harold Sommers, of Mountain Grove, spent a few days in town last week the guest of his aunt, Mrs. Wm. Hardy.

Mr. and Mrs. Osborne Shaver, of Brockville, spent from Thursday to Monday in town, guests of her cousin, Mrs. C. F. Fawcett.

Mr. Edward Young, of Tilsonburg, has accepted a position as tinmith with the Tweed Hardware Company.

Mr. John Cassidy, Bogart, returned home on Wednesday after a two weeks visit with relatives in Maynooth. Miss Katie Hickey accompanied him home.

While assisting in logging in his bush on Monday Mr. Louis Cournoyer had the misfortune to slip and sustain a painful sprain to his right knee.

Miss Katie Doyle spent over Sunday at her parental home in Marlbank. She was accompanied by her friend, Miss Bernadette McGrath.

Pte. W. Mosler, who was engaged at McIlroy's blacksmith shop prior to going overseas in 1915, returned home this week. He has been in the hospital for several months with a shattered ankle but is now able to move about with the aid of two canes.

Mrs. Comley has again taken up residence in town. Her husband, who is a British reservist and went overseas in the early days of the war is now in England and is expected to return to Canada in the near future. Prior to the war he was employed at the Tweed Steel Traugh and Machine Company's plant.—Advertiser.

DESERONTO

Mr. G. H. Harold has been in Peterboro and Toronto on business this week.

The Venerable Archdeacon Dobbs, M.A., of Kingston, preached on Sunday.

Reeve T. J. Naylor is home from the Good Roads Convention in Toronto.

Mr. and Mrs. W. W. Carter, of Toronto, were the guests of Deseronto friends this week.

Pte. J. A. Kitchen, 19th Batin, left today for Kingston, from where he expects to receive his "ticket."

Chief Wilkins arrested two boys on Monday and locked them up. The two boys, who are well known in police court, were alleged to have broken in Fraser's boat house on Sunday.

The many friends of Mrs. Thomas Stewart, who has been seriously ill, will be pleased to learn that she is somewhat better.

Deseronto should take steps immediately to see that every returned man is publicly thanked for what he has done for us in France.—Post.

NAPANE

Mrs. D. L. Greene left on Wednesday to spend a month with her sister and friends in Ogdensburg, N.Y.

Mr. and Mrs. Jonas Chambers, of Fenwick, and Mrs. Wm. Cumming, of Welland, returned home after spending the past three weeks at their father's, Mr. W. J. Chambers' East Napane, also Mr. and Mrs. W. J. Chambers.

Miss Anna and Violet Murphy, of Bath left on Thursday for Shogone Washington, where they will

1919
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spend the summer with their sister, Mrs. C. G. Lloyd. They were accompanied by their uncle, Mr. Jas. Barragar, of Vancouver, B.C.

Dr. Clarence Couch, of Ottawa, who has just returned from Siberia, is spending a few days with Mr. and Mrs. C. W. Bowen and family, Dundas street.

Mrs. D. A. Stewart and Mr. and Mrs. Wm. Wilson, of Yarker, motor-ed out to attend the funeral of the late Mr. Jas. Doyle.

Miss Madeline Stevens was operated on Tuesday at the Kingston General Hospital for appendicitis.

Mrs. Joseph Foltz, of Belleville, spent the week end with Mr. and Mrs. Jno. Walsh, John street.

Mrs. J. E. Robertson returned this week from Montreal.

Among the social events of the past week were those given at the homes of Mrs. F. S. Wartman, Mrs. Wellington Brown, Mrs. J. P. Vrooman and Mrs. Robt. Dickenson.

Mrs. Potts, of Saskatoon, was the guest of Mrs. W. H. Mills last week.

Mrs. Bush, of Concession, has been visiting her mother, Mrs. Webster.

Mrs. Collins, of Picton, is spending a few days with her sister, Mrs. Dickenson.

Mrs. J. Gault Daily spent a few days last week in Brockville.

Mr. and Mrs. Moon and sisters, of Verona, attended the funeral of their aunt, the late Mrs. Jas. Doyle.

Mrs. Wm. McCabe, Bay Bay, was at Oshawa a few days last week, visiting his daughter, Mrs. Ross Perry, and other friends.

Mrs. E. McGurn is spending a few weeks in Belleville.

Pte. Roy Johnston arrived home on Monday from active service overseas. He was severely wounded in the leg and will be in a military hospital in Kingston for a few weeks.—Beaver.

CAMPELLFORD

Miss Nellie Turner is in Toronto this week.

Mrs. English spent the week-end in Belleville.

Mr. H. B. R. Dryden, of Peterboro, was in town on Friday last.

Sapper John Sparks, Stanwood, arrived home on the Empress of Britain last week.

Miss Elsie Begg and friend have been spending a few days in Springbrook.

Dr. and Miss Loucks attended the funeral of Mr. Shook at Peterboro last Friday.

Mrs. John Lisle reports that she had a batch of chickens hatched on March 10th, 9 chickens out of ten eggs.

Miss Nettie Barnum, who has been ill for some time, is now able to be about again.

Mr. and Mrs. Chester Findlay and son of Vancouver, B.C., are visiting Mr. and Mrs. Bullen.

Mrs. Scantlebury, of Belleville, and Mrs. Murray, of Montreal, are the guests of Mrs. I. T. Frederick.

Miss G. W. Armstrong and Miss Tufts, of Belleville, spent the week-end with Mrs. G. A. Kingston.

Mrs. Ernest Frederick, of Toronto, is visiting Mr. and Mrs. John Frederick, previous to joining her husband in Rochester, Minn.

Among the soldiers to arrive from overseas during the past week was Sarge. Percy Morton, son of Mr. and Mrs. E. T. Morton.

Mr. and Mrs. G. W. Hammond arrived home from Detroit on Monday evening, where they spent a couple of months with Mrs. Hammond's sister, who has been ill.

Mrs. James Stillman has returned home after spending the past two years visiting her daughters in Vancouver, Victoria and Saskatchewan.

Mr. James McGrath and Miss Mary McGrath, were in Peterboro attending the funeral of their brother, Dr. McGrath.

Mr. and Mrs. H. Lawson, of Brighton, are visiting her parents Mr. and Mrs. Wm. Rennells, before going to Toronto to reside.

Mr. Wm. Taylor spent a few days with his nephew in Hamilton where he went to meet his son, Pte. Leslie Taylor, 2nd, Canadian Machine Gun Bn., who arrived from overseas, having been nearly 2 years with the 2nd Division in France and Belgium and winding up the campaign at the historic battle of Mons, November 10th, 1918.

Several of our young people attended the Marks Bros. show Monday, Tuesday and Wednesday evenings, in Stirling.

Mr. and Mrs. J. Bird are both on the sick list. Dr. Zwick, of Stirling, is in attendance.

Mr. P. B. Hamilton, of Rossmore, visited friends here one day this week.

Miss Sadie Jarvis, of Oak Hills, has been in Toronto for the past two or three weeks.

Mr. and Mrs. Keogan have moved into their home here and will find their friends pleased to see them back again.

Mrs. (Rev.) McQuade's friends will be pleased to hear she is recovering and hope she will soon be around as usual.

Mr. M. Hough, of Foxboro, visited Mr. and Mrs. Andrews one day this week.

There was no service at Eggleston Church last Sunday on account of the storm and bad roads.

A merry sleigh load from Stirling spent Monday evening with friends here. The program furnished by Mr. P. Mulheron was much appreciated, also the dainty refreshments furnished by the ladies at midnight.

A hearty vote of thanks was tendered the host and hostess and all joined in singing "Auld Lang Syne."

The worst tragedies are not enacted upon the stage, but in the home. The divorce court indicates that. Poverty tragedies in the little street back of us where some actors suffer nobly rather than beg.

Tragedies in the big houses on the "avenue," gilded prison houses for women, infernos for men, chambers of horrors for children. Breaking hearts, withering hopes, maddening brains, the crowd goes streaming by. No, all the tragedy is not back on the little street. But, when poverty comes in the door, doesn't love fly out the window? No, we've seen too many lovers in overalls and sweaters in gincham, argue to believe that. When we write a book of fables, the first one will begin: "Once upon a time there was a house of poverty. But when the wife came to the door he turned away for he heard them laughing and singing." Home doesn't consist in things, but of hearts. A woman in a magnificent palace in Nebraska said to us: "The happiest days of my life were spent in a sod house ten miles out yonder on the prairie."

Would it not be a good plan for the girls in country neighborhoods to form classes and get a competent, experienced dressmaker to teach them the principles of dress-making. It is a satisfaction to wear well fitting, stylish dresses though they need not be, and if home-made, would not be expensive ones. A perfect fitting waist pattern once secured—and this the teacher should be able to give them—endless variety may be made by different materials and modes of trimming. When their course of instruction was finished, the class might subscribe for two or three of the best fashion monthlies and then keep up with the best new modes. They could and should be able to help one another in the parts of fitting the one cannot well do for herself, and be smiling at the same time an art useful to them all their lives.