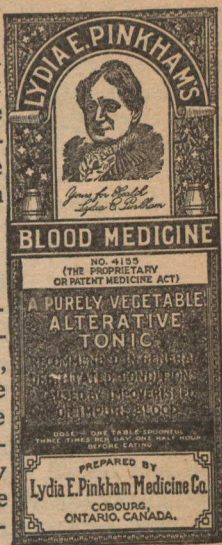


LYDIA E. PINKHAM'S BLOOD MEDICINE

is a reliable general tonic, equally good for men and women. It takes the place of Grandma's sulphur and molasses in the Spring and is much more pleasant to the taste. Keep it in the medicine chest and give it to the whole family—parents and children—at any time through the year when they need such a medicine.



HUMORS AND ERUPTIONS

are among the most common indications and results of a run-down condition. Such eruptions are unpleasant, often embarrassing and give the face an unhealthy appearance. They are not usually especially serious or dangerous. More serious results may come, however, at any time from the accumulated impurities which they indicate.

GOOD HOME TREATMENT

is necessary. Eat plain, nutritious and easily digested food. Get plenty of sleep and fresh air. Take Lydia E. Pinkham's Blood Medicine one-half hour before meals. If constipation is present—as it often is—take Lydia E. Pinkham's Liver Pills. The Blood Medicine works in harmony with both the Vegetable Compound and the Liver Pills.

LYDIA E. PINKHAM MEDICINE COMPANY,

Lynn, Massachusetts, U. S. A.,
and Cobourg, Ontario.