



Why do so many vain fears
keep you away from
frequent and daily
communion ?

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FIFTH DIFFICULTY : — ABSTEN-  
TION THROUGH RESPECT.

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III

(Continued.)

*Do I do wrong in abstaining
sometimes through respect from
Holy Communion ?*

It is better for you, Christian soul, to communicate daily through *love*, than to abstain sometimes through *respect* — (and for this reason, if I were your confessor, I would never dare, without a special inspiration, to counsel you this abstention). — Nevertheless, do not think that you do wrong in abstaining when it is simply *respect* that keeps you away, and not disinclination or some *vain fear*, which your confessor commands you to despise. No,