

Hand in Hand

go grease and indigestion—that's why physicians condemn modern lard. Hand in hand go health and Cottle—*that's why Cottle* has received the endorsement of the leading lights of the medical profession. When you feel that it would be a pleasure to eat any kind of pastry or fried food, without fear of indigestion, get Cottle. See that the trade mark—steer's head in cotton-plant wreath—is on every tin.



Made only by

The N. K. Fairbank Company,
Wellington and Ann Sts., MONTREAL.

**IT MAY
GIVE YOU
A PAIN**

As many good things are likely to. But you are safe in running the risk if you keep a bottle of

**Perry Davis'
PAIN
KILLER**

at hand. It's a never-failing antidote for pains of all sorts. Sold by all Druggists.

DOSE.—One teaspoonful in a half glass of water or milk (warm if convenient.)



IF YOU BUY THE

**QUEEN'S
LAUNDRY BAR**

YOU HAVE THE BEST VALUE!

IF you **SAVE THE WRAPPERS** and return 60 of them to **THE ALBERT TOILET SOAP CO.**, 168 McCord Street, they will send you a handsome **MACASSAR**, size 17 x 22 inches, imported direct by them from France, which will ornament your drawing-room.

CHURCH SCHOOL FOR GIRLS

EDGEHILL,
WINDSOR, - - NOVA SCOTIA.

Established by the authority and under the Patronage of the Synod of the Diocese of Nova Scotia, and the Synod of the Diocese of Fredericton.

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LADY PRINCIPAL, MISS MACHIN

With a Staff of Thirteen Governesses and Instructors.

Board and Tuition in English Branches and the French Language, \$185.00 per school year.

Michaelmas Term Begins September 7th.

For Calendar and Form of Application for Admission, apply to

DR. HIND, Windsor, Nova Scotia.

A Song of Sixpence.

Sing a song of sixpence
You fellow full of rye;
With not a cent to bury you
To-morrow, should you die.
Saloonist in the bar-room
Counting out his money;
His wife is in the parlor
With well dressed sis and sonny,
Your wife has gone out working
And washing people's clothes,
To pay for old rye whisky
To color your red nose.

How to be "Nobody."

Loiter around your home all day Sunday in your soiled, unpatched apparel, when you should be clad in your cleanest linen and finest suit, occupying a seat in some gospel church.

When you return from your daily labor, eat your supper, and go up to the corner saloon, sit there upon the beer barrels, smoke tobacco and drink liquors.

Spend your leisure time in the barber shops, playing dominoes, checkers and cards, to kill the precious time God has given for nobler ends.

Withdraw from the society that is intelligent, moral and refined, and let your company be the non-church-goers, the for-beer-senders and the dime novel readers.

Be unambitious to reach elevated stations, listless in what you are engaged, given to idleness, and satisfied with your mental and moral growth.

It is just as natural for us to be ungrateful after we have obtained what we want as it is to imagine beforehand how grateful we are going to be. There is something within us that prompts us to kick away the ladder by which we have climbed to the top. It is hard for us to keep in grateful remembrance the man who gave us a lift in the world. We let him go as we let go the rufe raft that has brought us safely across the river. So long as Jeshurun is lean he is docile; but when he has waxed fat he will kick. When we are provided for, we think little of the Provider. When we feel safe, we think little of the Saviour. Therefore, when we "have eaten and are full," let us beware lest we forget God. However high we may get, we can never afford to forget the pit from whence we came or who brought us.

The Czar of Russia belongs to the Greek Catholic Church; the Sultan of Turkey is a Mohammedan; the Emperor of Austria, the King of Italy, the Queen Regent of Spain, the King of Portugal, the King of Belgium, and the President of the French Republic are Roman Catholics; the Emperor of Germany belongs to the Evangelical Protestant Church; the Queen of England is an Episcopalian; the King of Denmark and the King of Sweden are Lutherans; the royal family of the Netherlands belong to the Reformed Church; the Mikado of Japan is very liberal in his respect for both Shintoism and Buddhism; the Emperor of China is a follower of Confucius; the Shah of Persia is a Mohammedan; the Queen of Madagascar professes the Christian faith of the London Missionary Society; the President of the Mexican Republic is a liberal Roman Catholic, as are each of the Presidents of the Spanish-American Republics and the President of Brazil; most of the lesser rulers in Africa and Asia are Mohammedans; the King of Siam is a Buddhist; the Presidents of the United States have all been Protestants.

If you want to succeed in the world, you must make your own opportunities as you go on. The man who waits for some seventh wave to toss him on the dry land will find that the seventh wave is a long time coming. You can commit no greater folly than to sit by the roadside until some one comes along and invites you to ride with him to wealth or influence.

Health is so necessary to all the duties as well as pleasures of life, that the crime of squandering it is equal to the folly.—Dr. Johnson.