

Sports and Recreation

Yeomen gymnasts dominate meet win both team and individual titles at national finals in Fredricton

By ANDREW GUIDO

York gymnasts broke a CIAU record last weekend, winning 22 out of 24 medals, including all six individual events and the national team championship at the University of New Brunswick.

York's Bob Carisse, although he won four gold medals (floor exercise, rings, vault, and parallel bars) was edged out of first place by teammate Mark Epprecht by less than one point. Following Epprecht and Carisse were teammates David Steeper (48.85) and defending champion Steve Maclean (48.45) who took third and fourth places respectively.

Epprecht won the gold on the high bar and pommel horse, a silver on the floor and rings, and a bronze on the vault and the parallel bars to take the Canadian championship title with a score of 51.20.

THREE MEDALS

Steeper who tied with Carisse, won a gold on the vault, a silver on the pommel horse and a bronze on the rings. Maclean won a bronze medal on the pommel horse and parallel bars. Yeoman Mike Burnside won a silver medal on the parallel bars and high bar.

The York team placed first, accumulating 245.85 points to New Brunswick's 195.00 and Laval's 179.05.

York made up the bulk of the Ontario conference team along with Simon Smith from U of T, which reclaimed its inter-collegiate championship with 248.05 points compared with the Atlantic conference's 211.88 and the West conference's 210.30.

York clearly dominated the meet, outclassing all other Universities, an achievement which can be attributed to the combined efforts of head coach Tom Zivic and assistant coach Masaaki Naosaki. Naosaki said after the meet, "The teams achievement was a result of a year's practise all through the spring, summer, fall and this winter."

Echoing his remarks Steve Maclean said, "It was the best performance that we have ever had, and it was because of the excellent coaching of Zivic, Naosaki and having seven keen athletes".

The Yeomen entered the meet in a relatively relaxed manner, not letting their dominance of the sport put them in an over confident mood.

In the women's competition, York put forth a strong effort, missing the conference title by three points. This was an improvement over last year's ten point miss.

York women's coach Sharon Tsukamoto said after the meet, "I was really pleased as a coach that our conference was solid, competing very well, especially this year having to compete under a higher level of judging."

HIGHER DIFFICULTY

"The level of competition was higher because the gymnasts had to compete with a complete programme of difficulties required by the International Gymnastics Federation (FIG) rules".

Four Yeowomen gymnasts placed in the top ten bracket. York's Linda Henshaw placed third on the vaulting horse while Molly Larin came fifth on the uneven bars and seventh on the vaulting horse.

The winner of the women's competition was former Olympian Jennifer Palmer of the University of British Columbia who won all four events (balance beam, uneven bars, floor exercise and vault) and

compiled an all-around score of 36.65.

In the conference championship the defending champion Canada West women won with a total of 158.75 points, followed by Ontario with 155.45 points and the Great Plains with 114.30 points.

The Fredericton meet was the last university gymnastics meet of the year.

The York coaches are presently negotiating with the Canadian Gymnastics Federation (CGF) to send a Canadian representative to

the World Student Games in Bulgaria, in August of this year.

A selection meet will be held with the top ten male and female gymnasts going to represent Canada at the Games.

Presently five York male gymnasts are eligible for this meet. After Fredericton's performance, Epprecht, Carisse, Steeper, Maclean, Mike Burnside and Scott MacLeod will compete for the Canadian delegate role at the Games.

Housley wins 1,000 m, track team seventh

By ROSS FREAKE

Evelyn Brenhouse paced the York Yeowoman to a fourth place finish in the OWIAA championship at the CNE on Saturday. The Yeomen finished seventh in the OUAA championship, also at the CNE.

Although York was behind in the overall standings, they did turn in some good individual performances.

Brenhouse, a perennial contender in any meet, took second place in the high jump, reaching a height of 1.70 metres. The winner of the event, Sandy Cooper of the University of Western Ontario, also cleared that height but she won because she had fewer misses. Brenhouse also finished fourth in the 50 metre hurdles, and ran on the relay team which was composed of Elaine Weeks, Margot Wallace and Karen Merrick.

Brenda Reid ran to second place in the 1500 metre in a time of 4:31.6, three seconds behind the winner, Geri Fitch of U of T. Elaine Weeks placed fourth in the long jump, and Margot Wallace and Karen Merrick came in sixth and eighth in the 600 metre.

Mike Housley picked up York's only first place finish when he won the Men's 1,000 metres in a time of 2:28.7.

Des McHenry beat his personal best time in the 5,000 metres by 24 seconds, after he had already run the 1,500 metre race, placing fourth in the second section. Tim Uuksulainen finished behind McHenry in the 5,000 metre race.

Other Yeomen competitors were Bill Lowcock in the 50 metre, and 300 metre, Steve Caws in the high jump, Phil Steel in the 1,000 metre, and Gilles Fortier in the triple jump. Peter Hosick also in the 50 metre race, made it to the semi-finals.

Head coach Tudor Bempa expressed his approval of the team's performance which saw them better last years eighth place performance.

"We didn't expect anything special at this years meet, we expected Evelyn (Brenhouse) to win, but she had two misses at a shorter height and that broke the tie with the Westongirl.

"We were very glad to see Mike (Housley) win the 1,000 metres.

"Everyone who competed ran their best times, so we were pleased.

With the announcement of the new track and field Centre to be built completed at York sometime next August, Bempa hopes to attract more athletes. Until now York was the only University not to have their own facilities, making it difficult to get good athletes.

"Maybe next year we can do better".



Mike Burnside keeps his toes together on parallel bars. Burnside took a silver on high bar as well.

York swimmers break CIAU records, take fifth at Canadian championships

By DAVE FULLER

York's Yeomen swimmers did not win last weekend's Canadian Inter-University Athletic Union championship, but their fifth place finish at the Etobicoke Olympic Pool gave them plenty of reason to cheer.

For York swimmers a fifth place finish after years of only dreaming of the CIAU finals is almost as good as the win itself.

Neil Harvey and Graham Sutch gave their teammates the inspirational lift they needed by taking gold medals in the first two races of the day, the 100 metre backstroke and the 200 metre free-style.

On the second day of the meet Harvey won the 200 metre backstroke, out-distancing his nearest competitor (his younger brother) by several seconds.

On the strength of these performances the Yeomen were in third place to U of T and Waterloo for much of the meet.

"I'm very pleased", said coach Byron MacDonald - "no, I'm exceptionally pleased, the boys felt they could do it, they had confidence in the programme and now we're fifth in the country".

All of the York swimmers swam their personal best times at the meet, many of them showed improvements of as much as ten to twenty per cent over their times from only a month ago. "Things like that just don't happen. Everyone we took to the meet scored points" said

MacDonald.

Much of the improvement in the Yeomen's performance was due to the "taper" programme run by MacDonald, which saw all the competitors preparing for the finals by resting or doing short sprint type swims in the last weeks prior to the finals.

Graham Sutch was not expected to win the 200 metre free-style according to MacDonald. "Everyone thought he was out of shape, they didn't know what kind of a programme we were on. Graham just took off like a rocket."

But the fifth place showing by the Yeomen was a total team effort, with all of the team members coming through to score much needed points.

Mark Langdon registered a fifth place finish in the mile swim and a seventh in the individual medley. Even his eleventh placing in the 200 metre butterfly scored valuable points to add to the team total.

Gabor Mezo took third and seventh in the 50 and 100 yard free-style events respectively, while Cam Rothery managed a seventh and eighth place in the 100 and 200 butterfly events.

Team member George Skeene was doubtful that he would even be swimming in the national finals, according to MacDonald, yet he swam to a tenth place in the 500 metre free-style and brought in more points to add to the team total.

Arvids Silis also took a twelfth place in the same event.

In the medley relay Harvey, Silis, Rothery and Sutch swam to a fourth place while the combination of Mezo, Skeene, Rothery and Sutch placed sixth in the 4x100 free-style.

Although they broke the existing CIAU record for the 4x100 event the Yeomen could not match the performance of the top flight swimmers representing other universities.

"The depth of talent is what amazed me," said MacDonald, "before, it was one or two good swimmers taking everything by wide margins, now it's twelve good swimmers all going for it."

In the 4x200 free-style Harvey, Sutch, Mezo and Silis swam to a sixth place finish.

In the women's competition Chris Lovett - Doust took third in the 100 metre butterfly and fourth in the 200 metre butterfly.

Dee Dee Demers and Liz MacGregor both swam personal best times but failed to qualify for the finals.

Lee Colby scored a tenth place for the men in the one metre diving competition.

Perhaps the best quote from the meet came from former Yeomen Bruce McDougall who was heard to gasp, "hey, there's a York swimmer, and he's winning!"

McDougall, who was on the team in its less successful days, is expected to return next year after a year's lay off.

Important
Staff
meeting
2 pm
to-day