



SPORTS

Intramurals: what, when, where, how and why

(INFORMATION PROVIDED BY THE CAMPUS RECREATION OFFICE)

The Dalhousie Campus Recreation program offers three different program options: (1) **Intramurals**, (2) **Sport Clubs**, and (3) **Drop-In or Free Choice Participation**. These programs are structured to meet the varying recreational needs and interests of the university community. Dalplex also offers a full range of leisure classes.

The Intramural Program consists of various sport activities in which teams of players or individuals participate in organized leagues and tournaments. The Intramural activities are open to all Dalhousie and DalTech students, faculty, staff, and Dalplex members. Programs are divided into three divisions: men's, women's and co-ed.

Over 25 different sport activities and special events are offered from which participants can choose to participate at various levels according to their interests and abilities.

How?

There are various ways in which participants can get involved in Intramural activities.

(1) Contact the sport representative for his/her academic department or residence hall to get signed up on a team, or for an individual sport tournament. Names and phone numbers of the sports reps are available from the Campus Recreation Office at 494-2049

(2) Organize their own team of friends, classmates, etc. and enter the activity of their choice.

If a participant is unable to form a team or locate the sport representative, they can visit the Campus Recreation Office who will be able to assist them in getting placed on a team, or registered in a particular activity.

Each sport must have the minimum number of players submitted by the team registration deadline. Teams that have difficulty meeting the minimum number should check the independent players list in the Campus Recreation Office for potential team members.

Each unit will be permitted two teams per sport. These teams will be required to participate in different divisions.

Some tournament registrations will be limited to one team per unit. Additional teams will be taken as space permits. Sport representatives and team captains should put some thought into which division their team or teams will best be able to participate in.

Independent teams may not have more than 50% of players from any one unit.

Entry Forms

Each team or individual entering a league, tournament or special event must register by completing an entry form. Entry forms are available from the Campus Recreation Office, or from your faculty or resident sport representative. Entries must be

completed and returned to the Campus Recreation Office during the specified registration period and be accompanied by the required registration/forfeit bond fee.

Entry Fee & Regulations:

Each team entering an Intramural league sport must pay a Registration/Forfeit Bond Fee of \$30. Tournament participation has a team registration fee of \$20. The fee for individuals wishing to participate in single or dual events is \$10. The forfeit bond fee is refundable to any team or individual that does not forfeit out of the league or tournament for which they registered.

Department or Resident units planning to register eight or more teams in the various Intramural leagues or tournaments may make a lump sum payment of \$250. Each time a team or teams forfeit out of a league or tournament, then the amount of the registration fee for that particular activity is deducted from the total amount. The remaining total is refunded upon request at the end of the academic year. Individual or dual sport activity registration fees do not apply under the \$250 registration fee.

Registration Procedures

Registration for sports will be restricted to designated times unless otherwise stated in the intramural program schedule of activities. Sport representatives and team captains must submit a fully completed team entry form upon registration, but may make changes and additions to their roster. All changes are then subject to procedures outlined in the Intramural Policy Manual.

All Sport Representatives should pick up a copy of the Intramural Sports Policy and Procedures booklet and make it available to their team captains. The booklet clearly explains all the rules and regulations each team must follow for intramural play.

COUNCIL MEETINGS & IMPORTANT DATES

September 16	6 pm
October 21	6 pm
November 18	6 pm
January 13	6 pm
February 17	6 pm
March 17	6 pm

(Year End Annual General Meeting).

Deadline for Refund Requests

March 31

(Intramural Awards Banquet)

•All meetings will be held in Room 204, Studley Gymnasium. Directions will be posted at the main entrance and on the intramural notice board.

•Team Captains Meeting:

Please note that attendance at the Team Captains Meeting is **mandatory**. Teams failing to have a representative at the meeting will be assessed a forfeit.

•Check out our Home Page for latest event schedule. (www.dalplex.dal.ca)

Sport Clubs

Dalhousie University's Sport Club Programs consists of 16 active clubs, which participate regularly in scheduled instructional and practice sessions, as well as being entered into various local leagues and tournaments within the city, while others compete in competitions at both the regional and national level. Sport Club members can experience excellent instruction and coaching in a controlled environment. The Sport Clubs are unique in that members self-administer their programs providing good organizational and leadership opportunities, while receiving financial and physical support from Athletic and Recreational Services.

Organizing a New Sport Club

Anyone wishing to organize a new sport club or to help re-establish a club that has been inactive, should make an appointment to discuss the matter with Shawn Fraser, Supervisor of Intramurals and Sport Clubs (494-2049). Clubs must be registered with the Campus Recreation Office and the Student Union Council before being officially recognized as Dalhousie Sport Clubs. A Sport Club Policy and Procedures Handbook and club application forms are available from the Campus Recreation Office at the Dalplex.

Sport Club Executive Meeting

The Annual General Meeting of the Dalhousie Sport Club Executive Council will be held on Thursday, September 11th at 6:00 - 8:00 p.m. in the Pool Conference Room at Dalplex. Prior to the meeting a "social get-together" will be held at 5:30 pm with food and drinks available. All club executive officers are required and expected to be in attendance.

1997-98 Sport Club Listing

BADMINTON: This is a fun, challenging group of inexperienced and seasoned badminton veterans. The club hosts a round robin tournament for the Nova Scotia Badminton Association and an annual inter-university tournament. **When:** Wednesday/ Friday, 8:30 - 10:30 pm; Sunday, 6 - 10 pm **Where:** Dalplex Fieldhouse **Who:** David Langille, 455-5895

BASEBALL: Tryouts for this club will be early September, due to the short season. The club plays 16 games in the Atlantic league. There are both competitive and recreational teams.. **When:** TBA **Where:** Dalplex and City Fields **Who:** Brian Bursey [bbursey@is2.dal.ca], 422-2716

CURLING: Both novice and experienced curlers are welcome. (there are clinics for beginner curlers). There are inter-club competitions in addition to local bonspiels. There is also the opportunity to join the Mayflower Curling Club as a full member, allowing you to curl on other nights during the week.

FENCING: This is the oldest club on campus. The club hosts the annual Dalhousie Open Fencing Tournament and participates in the Lt. Governor's Challenge, the Nova Scotia Open and the Provincial Championships. New fencers are encouraged to enrol in the Fencing for Beginners course at Dalplex, prior to seeking membership in the club. Experienced fencers are welcome anytime. Basic protective gear is provided if necessary. **When:** Monday/ Wednesday, 9-10:30 pm **Where:** Studley Dance Studio **Who:** Rob Beiko, 835-6717

FIGURE SKATING: This club is registered with the Canadian Figure Skating Association (CFSA), which allows members to be tested and compete in local and national competitions. The club includes all levels of skating, from beginners to advanced. **When:** Tuesday, 2:30 - 3:30 pm; Saturday, 8 - 10 pm **Where:** Memorial Arena **Who:** Jennifer Lowire, 435-2764

WOMEN'S FIELD HOCKEY: Established in September 1995, the Field Hockey club is entering its second season. The club will be practicing and playing on Wickwire Memorial Field and playing exhibition games against other teams in the region. Club try-outs will be held in early September. All levels of players are welcome. **When:** Tuesday/ Thursday, 7-9 pm **Where:** Wickwire Field **Who:** TBA

WOMEN'S ICE HOCKEY: The women's hockey club offers a wide variety of competition for players of all levels. The club fields a team in the Nova Scotia Senior Women's Hockey League, the highest level of competitive women's hockey in the province. This team is selected by a coach, based on ability. The club also plays in the Men's Intramural "C" league at Dalhousie, and these games, as well as all practices, are open to all club members. The club fee is \$50, with one half going directly to the Canadian Amateur Hockey Association. New members are welcome, but full equipment is mandatory. **When:** Thursday, 7 - 8:30 am; Saturday, 6 - 8 pm **Where:** Memorial Arena **Who:** Kathy Robertson, 425-4874

IN-LINE HOCKEY: **When:** Saturday [TBA] **Where:** TBA **Who:** Killian May, 492-4609

JUDO: Judo is a science in the study of the powers of the body and mind, and the way of applying these most efficiently in combative activities. The form and nature of the physical training is adapted to the individuals physical capacity and age, from gentle practices to vigorous competition. **When:** Tuesday/ Thursday, 8 - 9:30 pm; Sunday 8 - 9:30 pm **Where:** Dalplex Fieldhouse **Who:** Ellen Crumley, 425-4947

MASTERS SWIM: Members

choose the practices of their choice starting in mid-September, with a two-week trial period available before club membership is necessary. There are various competitions throughout the year.

When: Monday/ Wednesday/ Friday, 7:30 - 8:30 pm; Tuesday/ Thursday, 6:30 - 7:30 am; Sunday, 6 - 7 pm

Where: Dalplex Pool

Who: Art Rennie, 435-5006

OUTDOOR CLUB: A chance to experience the thrill and challenge of risk and adventure activities. Members enjoy a variety of organized camping, canoe outings, hiking, rock climbing and cycling opportunities in the fall, and camping, skiing, kayaking and wall climbing at Dalplex in the winter.

When/ Where: Check the S.U.B. Bulletin Board for event listings

Who: Shane Hornibrooke

[shornibr@is2.dal.ca]

ROWING: This club rows out of the Halifax Rowing Club at the St. Mary's Boat Club on the Northwest Arm. Dal students are organized into crews and can row under the Dalhousie or Halifax club names during competitions. The club participates in such regattas as the Henley in Ontario, the Charles in Boston, and many local and regional competitions. Those interested in learning the basics are encouraged to enrol in the novice program offered through the Halifax Rowing Club.

When: Monday/ Saturday, 6 - 8 am [Experienced & Novice]

Where: Halifax Rowing Club

Who: Tim Church, 425-5454, mail box #203

RUGBY: The Dalhousie Rugby Football Club fields a first and second men's team, plus a women's squad. They compete in the Nova Scotia Rugby Football Association League, and participate annually in the Atlantic Provinces University Cup Tournament. Those wishing to try out should attend the first week of practices.

[MEN'S] **When:** Monday/ Wednesday/ Friday, 7 - 9 pm

Where: Garrison Grounds

Who: TBA

[WOMEN'S]

When: Monday/ Wednesday/ Friday, 7 - 9 pm

Where: Conrose Field

Who: Alison Buckley

SQUASH: The Dalhousie Squash Club welcomes members of all skill levels, from novice to competitive. The club has specific court times reserved at Dalplex for club members and a challenge system is in place so that everyone gets playing time. Club members participate in the local Black Night Men's and Women's Squash League, in addition to other local tournaments. The Dal club hosts the annual Dal Open Squash Tournament in January, with participants from Quebec to Newfoundland.

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