## Janet's Idea.

The Hemphills were a wealthy famlly, consisting of the father, mother, and foon children. The eldest son haid graduated from college and was now practicing medicine in western city. The eldest daughter was married and lived in the west also. Only eleven, were at home one sunmer aged and 1, Hemphill and these two daughter went to visit the Speedwells.
The Hemphills had attended, more or less cutarly 2 fashionable city church reguiarly, a fashionable city church. Sney the children went to Sund they were not at their country home, nor in Etrope, nor traveling albout various mountains and shores in search of amusement Asthis was not a very large proportion of As his whe the the much talued of at 0 the average amot rellious instric on ang the of pore to which the Hemphills belonged
The Speedwells had been intimate with them for many years, but it so chanced that the children had never stayed in the speedwell home until the occasion of this visit. The religion of the Speedwells was of the enulne, unobtrusive, ivins.inion one and very morning lofore brentast father and her and children gethered together and onher and chilus gath the ocriptures enpraver Little Janet singular as it may praye in family prayers were observed. She wre of serious and thoumhtful temporument and was deeply impressed with the beintiful exasise Her father afterwards told Mrs Speedwell the followins story:
'On our way home from your house Janet and I had a quiet little talk together, and the said, "I like the Speedwells very much, mapa, and I would like to do a good many es that they do. Now their way of readng and praying in the morning is very nice, think. Why don't we do that way?
I told her that it was pretily hard to get our family together in the mornings. Mamina wasn't very well, and she goi tired going out with Gentrude, and they both wh believe that we conld menare it Janet had to adit the truth of what I caid but she thought minute and then broke out with "But you m. I conld havo prayers tosether papa Why couldn't wen" "y couldn't we?
for, yoar think that you could be por it, but you would want to slesp over, oo, and papa would have to go down townapa" she persicted "I knowy that I could papa, it inp voildn't lat anything hinder me Now you try it will you?" . hznde -O course I promised yo I
ore two years aro, and Janet and I have was two years dyo, and Janet and I have when she has been well, and we have been at inomo together has she lost a morning It has been a crown of blessing to us both: 'Terily, breathed the good woman who eard this touching story 'verily a libtlo child shall lead thom!'-'Congregationalist'

## How Tot is Neglected.

Taking the little child out for exerclse too often means a promenade for personal pleacure, in which the well-being of a child is not for a moment considered. He is held in with a tight rein, made to walk slow or fast, to suit his condūctor, jerked away from sights that attract his attention, snubbed when he asks questions, and scolded in a hard, mechanical way that has the inevitable olrect of dulling his sensibilities, and either making him rebellious or cowardly, as. hls disprosition inclines towards boldness or timwere worth for s anche Were worth, for health, days of such perbe ear hapter be far happlor
Doubtless much of the docillty of the country child indoors is owing to the liberty he enjoys out of the house If our city chlldren had play oun insubordination be much less no butre docire 10 niar desires, le can. Let us give them every inaocent 1 are now, there was a time when the feeling
of the sunshine and fresh ar mounted like wine to cur heads, when our blood stirred in quicker currents, our muscles twitched with the mpulses of motion, and a little physical freelom, of the kind young animals enjoy, Florence Hull Winterburn, in 'Ladies' Home Companion:'

## On Instalment.

"The Christian Intelligencer, has some very just words on the increase of advertisements offering costly articles for sale on the instalment plan The plan, while withim the line of legitimate methods, is connected with much that is evil. It is often a direct inducemont for persons to go into debt, and chiefly for articles of luxury which they could very well do without, such as pianos melodeons, and bicycles. These latter toys indeed, seem to be within the scope of almost every one without regard to their finan cial ability, and under the delusion of savog car-fares and promoting health, there are too many who use them and find it hard to pay for them. If the money is in hand, it is cles of means always wise to invest in artiknown many seriously embarrassed by such nown mas se when they are purchared on the instalment happy purchaser to a system of debt and hirts to cot of a conducive to happiness, and aid in corming cost objectionable habits. Tp youl must hare the obecto it if you must have hand, but don't hang a weighit aronind your and ment plan of paying for it.-'Episcopal Recorder?

## Selected Recipes.

Baked Spring Lamb Chops. - Season and cover with egg and breadcrumbs. Bake in the oven until brown, and servo with green peas or tomato sauce. If winter lamb chops are used, it is well to pour melted butter on hem the day before using and to scrape it off berore dipping in the egg
Soft Molasses Cookies.-Two cups molasses ne tablespoonful each of salt, vinegar and ginser, one-half oup lar or with four and add two teaspoonfils of soda dissolved in two tablespoonfuls of warm water. Roll two ta
Cocoanut Pudding.-One heaped cup cocoaout cakes broken in small pieces. Soak them half an hour in one pint of milk. Beat yolks of two eggs and two tablespoonfuls of sugar, one-half teaspoonful of salt. Stir into mill and balke about twenty minutes.

Apple Tapiaca Pudding.-Pare and cora a dozen apples; fill the halves with sugar, and tick a clove or two into each apple. Place in a pudding dish and pour ower them a cupful of tapioca which has been scaked in water cyeral hours. Eat with cream.
To Take out Oil-If oil is spilled upon a carpet, immediately scatter cornmeal over it, and the oil will be absorbed. Oil that has scaked into a carpet may be taken out by laying a thick piece of blattins paper over it and pressing with a hot flatiron; repeat the operation, using a fresh plece of paper each time.

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