

give a few drops of Pain King, in water, every hour or so, to induce sleep. When the skin is not broken, apply the unmixed Pain King upon cloth or cotton wool to the place, pain will be gone in a few minutes.

**Heartburn and Stomach-ache.**—Will be cured in a few minutes, without fail, by taking sixty drops of the Pain King, in water.

**Cuts and Bruises.**—If the Pain King be applied at once to them, they will very soon get well. Apply it without mixture. If there be fainting, give a tea-spoonful inwardly. A dose of Bartee's Pills will purify the blood and help the place to heal.

**Frost Bites.**—Severe cold, when long continued, produces insensibility, arrest of the circulation, and death of the parts to which it is applied. The management, in such cases, consists in gradually restoring the circulation to the affected parts; friction with snow or cold water, followed by the free use of the Pain King, as a stimulant, is the best means of effecting this.

**Chilblains.**—Is the result of a suspension of vitality in a limited portion of the skin, from the action of cold. The effect of the cold is not felt at first, but as warmth returns to the affected part, there is itching and tingling, and the toe or finger is found, on examination, to be red and swollen. The proper treatment is to restore the morbid circulation and the tone of the chilled member, by friction with Pain King, which acts as a most excellent stimulating liniment. When the Chilblain is broken it must be soothed with bread poultices, and if it does not heal kindly, dress it with a stimulating ointment, made from lard mixed with a little Pain King.

**Headache.**—Simple Headache is very easily removed by a few doses of sixty drops of Pain King, three times a day, keeping the bowels open; but severe chronic, sick, or nervous headache, is more difficult of cure, from the great disorder of the mucous membrane. The bowels should be kept free by the use of Bartee's Pills, and the Pain King, in sixty drop doses, should be given three times a day; the diet should be chiefly farinaceous, meat being taken only twice or thrice a week, and the exercise should be rather free than otherwise, provided the stomach digests a good portion of food. The above treatment will cure permanently the worst cases.

**Fever and Ague.**—The *predisposing causes* of Ague are debility, and the once having suffered from it. The *exciting cause* consists of certain emanations or invisible effluvia from the surface of the earth, known as malaria. Agues are of three species. When