experience and skill required in its administration and the high cost of the commercial product, unless the preparation, distribution, and, when necessary, administration, are undertaken by state and municipal authorities.

JEROME D. GREENE, General Manager.

February 13, 1911.

MEDICAL PREPARATIONS, ETC.

A SUGGESTION TO THE DOCTORS.

In order to decrease the sale of worthless, harmful nostrums widely advertised to cure gynæcological ills, women need emphatic advice and instructions. They need to be told by their own physician that t_{h} , "testimonial" brands of medicine are largely alcohol, opiates, or nerve-destroying drugs.

Doctors must *make* women *realize* that sunshine, fresh air, and proper food are nature's healing forces. They can be told of a few reliable preparations that are healthful because they are pure nourishment for the whole body, and so carry renewed strength to weakened pelvic organs.

Scott's Emulsion is a standard food-medicine that is 50 per cent. finest Lofoten oil, and contains no alcohol. It has been the leading oilfood preparation for nearly forty years, and has strengthened thousands of sufferers from gynæcological disorders.

LARYNGEAL OR WINTER COUGHS.

The Journal of Nervous and Mental Disease, in an article by Dr. Walter M. Fleming says: "In acute attacks of laryngeal or winter cough, tickling and irritability of larynx, Antikamnia and Codeline Tablets are exceedingly trustworthy. If the irritation or spasm prevails at night the patient should take one tablet an hour before retiring, and repeat it hourly until the irritation is allayed. Allow the tablet to dissolve slowly in the mouth, swallowing the saliva. After taking the second or third tablet the cough is usually under control—at least, for that paroxysm and for the night. Should the irritation prevail in the morning or at midday, the same course of administration should be observed until subdued. In neuralgia—in short, for the multitude of nervous ailments he doubts if there is another remedial agent so reliable, serviceable, and satisfactory, and this, without establishing an exaction, requirement, or habit in the system, as morphine does."—The New York Medical Journal.

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