

instructively, handled.—After concluding his account of the special diseases, a large collection of Formulæ, extending through 56 pages, is appended; and the volume is terminated by a classified list of mineral springs,—a statement of the proportions of active ingredients in some important preparations,—a table showing the quantity of acid required to decompose $\text{O}i.$ of certain alkaline salts,—freezing mixtures,—and an index.

ART. X.—*The Physician's Visiting List, Diary, and Book of Engagements for 1859.* Philadelphia: Lindsay & Blakiston. Montreal: B. Dawson & Son. Quebec: Middleton & Dawson.

The Physician's Visiting List has now become one of the established institutions of the profession, thanks to the excellent caterers of Philadelphia, who every year afford this substantial proof of their consideration for the convenience of the toil-worn doctor. It is unnecessary, therefore, for us to enter upon its description; but while we experience its benefits, we cannot conclude without strongly advising others, whom we wish to participate in them, to lay out yearly \$1 in the purchase of a copy. Before the twelve months expire they may find they have been saved many a dollar by being reminded, through its memoranda, of calls or engagements that otherwise might, in the pressure of business, have been lost in the nothingness of oblivion.

CLINICAL LECTURE.

Tonics and their Administration. By Dr. GULL, Guy's Hospital.

(Medical Circular.)

GENTLEMEN.—I wish to speak to-day, in form of clinical lecture, of a subject that—to use a common expression—has been weighing on the mind of myself and more than one of you for some weeks; it is, What may be the nature of the “general debility” that has been so prevalent during August, this summer, in almost all our patients in this hospital? I told you in the wards I should take the first opportunity I could to enlarge on this point, and strive to explain its value or signification.

We have passed through a curious phasis of belief in the Medical Schools, that purging and bleeding were necessary to stop inflammation, and now we are fluctuating towards the opposite extreme, or all travelling on an opposite road. It is now thought that the chief diseases are due to debility, and inflammation must be stopped by stimulants. It was