THE DOMAIN

OF WOMAN

The hand that rooks . the cradle _____

TALES BY "TERESA"

The toothsome crumpet! What time the shades of night begin to fail, and the heads of the clock point to the seal sective hour of five pm., when heaviewed heads of the clock point to the seal section of the cup that cheers, but not incluriates then are the merits of a well-toasted and well-instructed crumpet anost apparent. Whe first invented crumpets? Are the not mentioned as far back as the time of Charles II, when an enterprising haker did bring out a species of waffle cake "very thick and soft, and full of small holes, called a moffin, which when toasted was very good eating, and did please His Majestic mightily. Truly he was an epicure that Merrie Monarch; he knew a good thing when he ato it, and the seal of his approximates that it was this same King who, upon string down to a dish of apple dumplings during the days of his exile, wondered "how on earth the apples could have got inside the pastry slace there was no visible opening." If the pletidan apple dumpting of our childhood days can claim such voner! as no visible opening." If the plebelan apple dumpling of our

have got inside the pastry slace there was no visible opening."

If the pletician apple dumpling of our childhood days can claim such venetable ancestry, why not the soft and grateful crumpet?

Our mothers and our grand-others who came "from the old country" can remember the musical tinkle of the muffin man's bell as he perambulated around with his neat basket full of the spongy cakes and covered with a snowy cloth. There was much rummaging for pennies, and running to the door to secu- a supply of the dainties, and the good man seldom went home without an empty basket. In York, and the good man seldom went home without an empty basket. In York, and the good man seldom went home without an empty basket. In York, where an all cancashire, a peculiar name is given to crumpets. Muffins are runfins, but crumpets are "pikelets"; I never could discover why. Most of we are familiar with Sam. Wellet's moving story of the gentleman who was ee enamoured of crumpets (or was it muffins?) that his doctor warned him he would inevfacily kill himself by his immoderate consumption of those delicacies. Upon demanding whether a shillingsworth would kill him, and being solemnly assured that it woulf, he promptly procured that quantity, teasted them all, are them all, and committed suiced, not so much from despair as from a determination to prove that it was not his favorite article of consumption that had killed him. Crumpets are more wholesome than bread; they are not so fermentative; and if toasted well they are not indipetible. Stale ones may be made as nice as when fresh by pouring a little moistened all over, put into the oven

on a plate for a few industry then toast; they will be as seft as frish ones. They should be buttered on both sides

ones. They should be outlited on both sides

I ough not to talk about gastronomy in Lent, execut to condemn it as a tirresome concession to the material side of nature, protests somebody. Well I suppose you don't want me to be always preaching, do you? Most of us know perfectly well what Lent is for, and what we ought to do in Lent. There is no necessity to go around with long faces, and eschew overything that makes existence endurable, simply because we are under the ooligation of fasting and penance for some forty days.

I believe fasting is often carried a great deal too far, especially amongst women. I knew one a good many years ugo who kept the whole of Lent as a strict fact though her health was by no means good, and she had all her housework to attend to. At the end of the time she was a total wreck. She had been repeatedly warned that her health would not stand the strain she was putting upon it, but she would not heed, and in the end, she was ill for months, and cost her husband a small fortune for doctors and medicine. This is not right, and moreover, the church expressly forbids any penance or mortification that is likely to undermine the health in any way, she particularly provides for this by substituting other forms of penance where fasting is inlinked to bodily well-being.

TERESA.

THE QUEEN AND THE NUN.

THE QUEEN AND THE NUN.

Some years ago, says "M.A.T."
when the Queen visited a certain sisternood, she desired the Superior to show her the place just as an ordinary visitor, and not to treat her as Queen. The Superior agreed, and proceeded to conduct her Majesty all over the building. The Queen was much interested, but observed with exaction interested, but observed with vexation that everywhere they went the Sisters cirtesied. At last she remarked to her guide: "I thought I made you understand that I wished to be treated as an ordinary visitor? Why, then is everyone curtesying?" "Pardon em andame," replied the Mother, "you have been obeyed. The reverence shown by the Sisters was not intended for the Queen but for me, their Succession."

Differences of Opinion regarding the popular internal and external remedy. Da. Thomas' Bcuscrusc Ont—do not, so far as known, exist. The testimony is positive and occurrent that the article raileves physical pain, cores issuences, checks a cough, is an excellent remedy for pains and rhemmatic complaints, and it has no nauceating or other unpleasant effect when taken internally.

THE HISTORY OF LENT.

From Catholic Church Calendar.
The forty days' fast, which we call
Lent, is the Church's preparation for
Bester, and was instituted at the very
commencement of Christianity. Our
blessed Lord senetioned it by his fasting forty days and forty nights in the
desert, showing by his example that
fasting, which God had so frequently
ordered in the Old Law, was to be also
practiced by the children of the New.

fashing, which took has was to be also preceded in the Old Law, was to be also preceded by the children of the New.

Very little reference appears to have been made to Lent by writers of the first century. In the second century, as St. Irenacus says, it was the custom of several congregations to precede the several congregations to precede the several congregations to precede the several congregation of precede to forty days, with the exception of the footh days, with the exception of the included Sandays, which were never included as fasts. Gregory the Great in \$80 directed that the season should begin on the sixth Sunday before Bostor, and that on all the intervening week days fasting should be made the season should begin on the sixth Sunday before Bostor, and that on all the intervening week days fasting should be practiced from the two preceding week Afterwards, either by him or Gregory II., four days of the preceding week of the season of the season should be in the four the season should be in the four the season of the fast forty of the fast forty and the fast forty of the fast forty and the fast forty of the fast forty and betting the season of the features of macryrs. Mariagree, and birtilague during the whole fat Lent.

**E. Sohn Chryscotom, whose life eximal probade from \$47 to 607, says that its many persons used to come to communion thoughtlessly, especially at the time of the year when Christ first gave it to Has desciptes, our forfathers appointed forty days for fasting, prayer, preaching, and holy assemblies, that all meet being purified by prayer, alussed, fasting, watching, tears and confession might come over the purious of the fasting considered in the sixth century by the Council of Orleans, and in the seventh century by the Eighth Council of Toleoto.

THE MYSTERY OF LEDY.

THE MYSTERY OF LENT.

THE MYSTERY OF LEDIT.

Lent is rich in mysteries.

During Septuagesima we had the
number seventy, which reminded us of
shose seventy years of captivity in
shapion, after which God's chosen
people, being purified from idolatry,
news to return to Jerusalem and calerate the Pasch.

It is the number forty that the
Nurch now brings before

is ness to sauseaus, or orace unpleasant effect when taken internally.

Us remember the forty days and forty nights of the deluge, sent by God in His sanger, when He repented that He had made man and destroyed the whole hursan race with the exception of one family. Let us consider how the Hebrew people, in punishment for their ingratitude, wandered forty years in the desert before they were permitted to enter the Fromised Land. Let us listen to our Goo. commanding the prophets Escohiel to lie forty days on his right side, as a figure of the siege which was to bring destruction on his right side, as a figure of the siege which was to bring destruction of presents in their own breament in their own breament who represent in their own breament in their own of the figure of the prophets. Bloth of these are permitted to approach God—the first on Sinai, the second on Horsb—but both of them have to prepare for the great favor by an explaint of the great favor by an explaint of

view, He will mercifully accept this year's offering of our atonement and pardon us our sits.

Ash WEDNESDAY.

Ash WEDNESDAY.

Ash Wednesday is so-called from the services of the day, when the Church through her priests signs the forehead of her children with ashes, whilst caying to them the sawful words wherewith God sentenced us to death: "Remember, O man, et a thou are but dust, and into dust thou shalt return!"

The making use of ashes as a symbol of humiliation and penance is of a very early date. We find frequent mention of it in the Old Testament, Job, though a Gentile, sprinkted his flesh with ashes, that thus humbled, he might propitate the divine mercy, (I. Job xvi., 16.) The Royal Prophet tells us of himself, that he mingled sehes with his bread because of the civine asager and indignation.

It is probable that when this ceremony of Ash Wednesday was first instituted it was not intended for all the fatishful, but only for such as had committed any of those crimes for

which the Church milieted a publipenance, and these slone received the
solitons of the development of the developtoning the discipline of public penance began to fail into discuss and the
heads of all the faithful discreminately-became so general that at length if
was considered as forming an essential
part of the Boman liturgy. Form-right
is was the practice to approach barfoot to the centre the solemn mem into
of our nothingness. The Church no
longer requires this exterior penance,
but slee is as anxious as ever that the
noty ceremony should produce in us
the sentiments as intended to convey
by it when she first instituted it. The
aches are made from the palma which
were blessed the previous Palm Sunday.
The blessing they now receive in this
heir new form is given in order that
they may be made more worthy of that
mystery of contribine and humility
which they are intended to symbolize.

ARCHBISHOP ERUCKESS ON THE

ARCHBISHOP BRUCHESI ON THE STATE OF FRANCE.

On the occasion of the solemn mass of requiem in Notro Dame Church, Montreal, in Thursday last, for the inter Predient Faure, Archishop Bruchesi delivered the following address:

"My dear brethren—The imposing requiem ceremony which unites us here to-day, at the invitation of the worthy is presentative of France in Canada, calls for a few words from me. Nearly five years ago, the then President of the French Republic feel in one of the streets of Lyons, under the dagger of the French Republic feel in one of the streets of Lyons, under the dagger of the saseasian, and a prince of the church ran to his side to receive his last breath, and to offer him the supreme consolation of religion.

"Last Thursday his successor, M. Felix Faure, died at the Falace of the Edysee, struck down by apoplexy, and an humble Abbe of Paris pronounced on him the words of pardon and holy hope. In the two casses, it was Christ, who pardoned, in the person of His imhister; in both cases it was death, sudden and terrible, but it was accompanied by the kindly blessing of the Church, without which our hearts; would be seddened at the departure of these we have. The touching details which the cable has transmitted to us reveals the fact that France still holds to Christian and Catholic sentiment. Yes, God is with her, and also in the midst of her trisle, has told the world that she needs God. Gasing in ny mind, at the dying chief of the State, I vannot concernplate without emotion that strong and plous wife, who, overcome by har great grief, still thought of her husband's soul, and ordered that a priest be sent for immediately, at no less than four different places. I love to hear the doctor exclaim, when he realises that the life of the President is eibling away from him, in spite of the efforts of selence: "We lave dene all we could do; we will now make way for religion." My emotion is increased whi a I see the Ministers of State kneel and Join in the prayers of the afflicted family because all this reminds me that in our mother country fa

RHEUMATISM CURED

Mr. F. H. Cole, Well-Known in Windsor, Rejoices

to be Used Bedd's Kidney Pills and Wa Therenghly and Permanently Cured of Shoumatism.—Bodd's Ridney Pills Always Cure Shoumatism

Windows, Feb. 27.—Who hasn't felt the torturing twinges of Rheumatism? It is safe to say that there are not one hundred families in Canada in which Rheumatism has not been an unwelcome

hundred families in Canada in which Rheumatism has not been an unvelcome visitor.

This being the case, the following statement given for publication must have a deep and abiding interest for the great majority of Canadians.

Every person who suffees from Rheumatism will rejoice to find a medicine that will positively ours it; theroughly and permanently root it out of the system entirely, as it has been abown thousands of times Dodd's Kidney Pilla do.

Mt. F. H. Cole, whose permanent residence is in Detroit, Kidney hills do.

Mt. F. H. Cole, whose permanent residence is in Detroit, Mich., but who is equally well-known in Windoor, Ont., had been a great sufferer from Rheumatism and Kidney Diesses.

He gave fair and patient trial to a number of so-called "Rheumatism Cares," tect, but not one of them gave him more than even temporary relief.

Then a friend urged him to give Dodd's Kidney Pilla a trial. Half reluctantly he did so, and he has been thankful ever since that he did so.

He used only four boxes, but that quantity was sufficient to clean the talts out of his blood theroughly. To-day he is sound and well in every hone, muscle, sinew, nerve and organ in the body—thanks to Dodd's Kidney Pills, the only known unfalling ours for Kidney Compliants, are sold by all drugists at fifty cents a box, six house \$2.50, or sent, on receipt of price, by The Dodd's Medicine Co, Limited, Tercoate.

R. J. McGAHEY, D.D.S., L.D S. (Honor Undusts of Toronto University) DENTIST 278 YONGE STREET OPPOSITE WILLTON AVE.

TIVE MUE

of Note Date. In the presence of the of Note Date. In the presence of the alters, surrounded by a large gathering of the entire nation, and the sub-lime chaots of the church have been heard. Discords and quarrels not have existed outside, that edifice, but in the old cathedral there was a terfect union of minds and hearts under the same inpressiveness of the nothingness of life and the same hope of minoritality.

the same impressiveness of the noun-ingress of life and the same hope of momortality.

Notre Dame, of Montreal, chants and 174ys with Notre Dame, of Paris, the always faithful daughter of the mother, in the days of her trials and her sorrow, so at the moments of her triumphs, and her story. Requiem seternam dona ci domine. Yes, O lord, grant to the failen chief of France whom thou hast so suddenly called to eternal rest, and have mercy on France herself, grant her your tender and mercful protection, come what may and regardless of what may be said for thou knowed that she levely you always that she indoors and suffers for you, "Vive a jamais le Christ qui aime ks France."

THE ARIDITY OF PROTESTANTISM.

THE ARIDITY OF PROTESTANT-ISM.

The Church Standard (Protestant), adited by the Rev. J. D. Fulton-mot "Filthy" Fulton-easys: "The aridity of Protestantish has depopulated heaver, fixed a great disert guit between man and God, and, by practically recognizing nothing but the world of physical themomena, has made at almost impossible to believe in the living leallities of the spiritual and etermi world. It has come to this, that our very dead are lost to us; the phrase "forgotien as a dead man out of mind" is as applicable to the Christian dead as it once was to the dead of Israel. We speak of Christ's "whole Church," thinking only of the "Church milliant here on earth," and hardly renumbering the greater and more glorious church invisible, which is still one win the Church here. Nay, in the very offering of the Holy Bucharist, when we Join in the thrice holy worship of "angels and srchangels and all the company of heaven," there are times when that solemn recognition of an actual a.d. existing spiritual universe, affects us only as a noble phrase of Burgleal rhetoric. The rationalism which has thus brought us to a virtual disbelled of the whole spiritual universe must in the end make miracle, and therefore Christianity, incredible, and therefore Christianity, and therefore in the Church which does not teach the whole of Christianity.

ST. MARY'S C.Y.M. SOCIETY, MON-TIEBAL.

ST. MARY'S C.Y.M. SOCIETY, MON-TREAL.

St. Mary's Catholic Young Men's Society of Montreal fiss elected the officers for the ensuing year with the following results:—Spiritual Directo. Rev. Father O'Donnell, P.P.; Presiden, Mr. E. W. Kearns; ist Vice-Presiden, J. Bennett; 2nd Vice-Presiden, J. Bennett; 2nd Vice-Presiden, J. Bennett; 2nd Vice-Presiden, J. Meialcoon; Treasurer, J. Hefferman, Secretary, Go. Prevoet; Financial Secretary, Thos. Logan; Corresponding Secretary, nd. Brennan; Audkors, J. J. O'Nell; Chairman, Mr. Weir and Lowe; Membership Committee, J. Purcell, chairman, Hall Committee, J. Purcell, chairman, Librarian. F. Phelian; Marshal, L. Rafferty.

BISHOP CHRISTIE PROMOTED.

BISHOP CHRISTIE PROMOTED.

Rome, Feb. 12.—Bishop Christie, of Vancouver, has been transferred to the Archiepiscopal See of Oregon.

Rt. Rev. Alexander Christie takes the place of Archbishop W. H. Gross, of Oregon, who died in Baitimore, Noember 14. 1898. He recently succeeded Bishop John Nicholas Lemmens as Bishop of Vancouver, Before receiving this appointment Dr. Christie was bastor of a church in St. Paul, Minn. The diocese of Vancouver includes Vancouver Island and adjacent islands. The sarchdiocese of Oregon comprises the State of Oregon, embracing nearly 100,000 aquare miles.

church work in the Northwest.

Piles Cared without the Kuite, by Br. A. W.

Mr. Geo. Browne, painter, of Woodville, Ont., Videoria Co., save:—"For
hickness years I was a sufferer from
the same of the intense agenty
which of the same of the intense agenty
which is the same of the same of the same
years and relief I obequeed to Myoverse and relief I obequeed to the same
historia. My physician wished use to
have an operation but I felt I could be
oured without the knife. Three boxes
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