A CHILD'S MORNING HYMN.

BY NEWMAN HALL.

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Jesus, keep me all this day, When at school and when at play; When I work and when I rest, Bless me, and I shall be blest.

Keep my body free from pain, Keep my soul from sinful stain, Bread supply for daily need, Help me on thy truth to feed.

May I do all things I ought, May I hate each evil thought, Let no false or angry word From my lips be this day heard.

Faulty I have often been, Pardon me and make me clean, Give to me a holy heart, Never let me from thee part.

Lead me in the narrow way, Let me neither slip nor stray; Guide thy little pilgrim band, Bring us to the promised land.

May I serve thee here below, Serve thee when to heaven I go, Serve and love and trust in thee, Now and through eternity.

LESSON NOTES.

THIRD QUARTER.

STUDIES IN THE OLD TESTAMENT.

LESSON VII. [Aug. 17. JOURNEYING TOWARD CANAAN.

Num. 10. 11-13, 29-36. Mem. vs. 33, 34. GOLDEN TEXT.

For thy name's sake lead me, and guide me.—Psa. 31. 3.

QUESTIONS ON THE LESSON.

Where did the Israelites camp a long time? In the wilderness of Sinai. What did they wait for? The moving of the cloud. Who was their real leader? The cloud. Who was their real leader? The Lord. Why was it necessary to journey slowly? Because of the old people and the little children. Vho did Moses ask to go with them on heir journey? Hobab, his brother-in-law. What did he say to him? "Come Lon with us, and we will do thee good." Leve did Hobab's people live? Near houn Sina. Who went before the people? The priests with the ark of the evenant. How far did they go? A three ays' journey. What did they seek for? A resung-place.

DAILY STEPS.

Mon. Read about the cloud and the tabernacle. Num. 9. 15-23.

Tues. Read about the silver trumpets. Num. 10. 1-10.

Wed. Read the lesson story. Num. 10, 11-13, and 29-36.

Thur. Learn what the Lord had promised Israel. Exod. 6. 7, 8.

Learn the Golden Text. Fri.

Learn who has promised to lead us. Sat. Isa. 48. 17.

Read Hymn No. 622 in the Meth-Sun. odist Hymnal.

> LESSON VIII. [Aug. 24. REPORT OF THE SPIES.

Num. 13. 26 to 14. 4. Mem. vs. 30, 33. GOLDEN TEXT.

Blessed is the man that maketh the Lord his trust.-Psa. 40. 4.

QUESTIONS ON THE LESSON.

Where were the children of Israel now? Not far from Canaan. What had God promised them? All the land of Canaan. What did he tell Moses to do? To send men to spy out the land. How many did Moses send? Twelve. What did he Moses send? Twelve. What did he choose them from? From the twelve tribes of Israel? How long did they stay? Forty days. What die they bring back? sure. Fruits of the land. V hat did they say of the people? That they were giants. Did they want to go and take the land? No, they were afraid. Who were not afraid? Caleb and Joshua. What did the people do? Wept to go back to Egypt. Did they trust in God? No.

DAILY STEPS.

Mon. Read the lesson verses. Num. 13. 26 to 14. 4.

Tues Find what trouble unbelief can cause. Num. 14. 1-4.

Wed. Learn why the Israelites need not have feared. Deut. 9. 1-3.

Thur. Learn a sweet assurance for us. Rom. 8. 37.

Learn who are the blessed. Golden Text.

Learn a comforting promise. Isa. 41. 14.

Find who will overcome enemies Sun. for us. John 16, 33.

THE BLIND BOY'S PATIENCE.

The other day I went to see a little blind boy. Scarlet fever had settled in his eyes, and for many months he had not seen at all. He used to be a sprightly little fellow, upon the run everywhere. "Well, my dear boy," I said, "this is hard for you, is it not?"

He did not answer for a moment; then he said: "I don't know that I ought to say hard; God knows best." But his lips quivered, and a little tear stole down his

"Yes, my child, you have a kind heavenly Father, who loves you and feels for you even more than your mother does."
"I know it, sir," said the little boy,

"and it comforts me." Frank," said his little sister.

"Well," said I, "he will open little Frank's eyes to see what a good Saviour he is. He will show him that a blinded heart is worse than blinded eyes, and he will cure it, and make him see and enjoy beautiful heavenly things, so that he may sit here and be a thousand times happier than many children who are running about."

"I can't help wishing that he could see," said Lizzie.

"I dare say, but I hope that you don't to make Frank discontented.

"Frank isn't discontented," said Lizzie earnestly. "He loves God, and love sets everything right and makes its own sun-shine, does it not, Frank?"

"I don't feel cross pow," said the little blind boy, meekly. "When I'm alone I pray and sing my Sabbath-school songs, and sing and sing; and God is in the room, and it feels light, and-and-I forget that I am blind at all," and a sweet light stole over his pale features as he spoke. It was a heavenly light, I was

UNSELFISHNESS.

BY FRED G. STEVENS.

There are two little girls who go to school at Beausejour in the Province of Manitoba.

They are both under ten years of age. Their names are Tottie and Gertie. They are both of them pretty, fair-haired children, and the very joy and light of their mothers' hearts. The teacher loves them too, because they are so kind to each other. One day 's ttie and Gertie and Tottie's brother, Willie, had a copy to write on their slates. When they were done, they all three came up to show their slates to the teacher. them which looked nicest of the three. Of course Willie loved his sister best, so he said that Tottie's slate was best. Tottie said, "No; Gertie's is best," but Gertie said, "No, it isn't; Tottie's is best."

These children, instead of each wanting the praise for herself, wanted the other to have it.

Then the teacher noticed that one had a much nicer slate than the other, but they made that all right by changing the slates in turn. Here again we see the Here again we see the spirit of unselfishness shown forth. This spirit of unselfishness is a very beautiful spirit and makes the lives of those who possess it very bright and cheerful.

Every little boy or girl may have it for his or her own if they will ask Jesus to give it to them. Then they will find it easy to keep the golden rule: "As ye would that others should do unto you, do ye even so unto them."

What could a small boy have been "I wish that Jesus was here to cure thinking of when he spelled the word " slippers " slappers !