

## ROLL OF HONOR

### Men From Watford and Vicinity Serving the Empire

**27TH REGT.—1ST BATTALION**  
 Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur Owens, F. C. N. Newell, T. Ward, Sid Welsh, Alf Woodward, killed in action, M. Cunningham, M. Blondel, W. Blun, R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning, W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitsitt, B. Hardy.

**PRINCESS PATRICIA'S C.L.I.**  
 Gerald H. Brown  
**18TH BATTALION**  
 C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, C. Jamieson, J. Burns, F. Burns, C. Blunt, Wm. Aulterson, S. P. Shanks.

**2ND DIVISIONAL CAVALRY**  
 Lorne Lucas, Frank Yerks, Chas. Potter.

**33RD BATTALION**  
 Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H. Patterson, died in Victoria Hospital, London, Charles Potter.

**34TH BATTALION**  
 E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees.

**70TH BATTALION**  
 Ernest Lawrence, — Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

**28TH BATTALION**  
 Thomas Lamb, killed in action.  
**MOUNTED RIFLES**  
 Fred A. Taylor  
**29TH BATTERY**  
 Wm. Mitchell, John Howard.  
**ANTI-AIRCRAFT**  
 Gunner Woolvet

**PIONEERS**  
 Wm. McNally, W. F. Goodman.  
**ENGINEERS**  
 J. Tomlin

**ARMY MEDICAL CORPS**  
 T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards.

**135TH BATTALION**  
 N. McLachlan.  
**3RD RESERVE BATTERY, C.F.A**  
 Alfred Levi

**116TH BATTALION**  
 Clayton Fuller.  
**CONSTRUCTION UNIT**  
 Arthur McKercher

**196TH BATT.**  
 R. R. Annett.  
**70TH BATTERY**  
 R. H. Trenouth, Murray M. Forster.

**147TH BATTALION**  
 Austin Potter.  
**GUNNER**  
 Russ. G. Clark.

## SOCIETIES.

**Court Lorne, No. 17 C.O.F.**  
 Regular meetings the Second and Fourth Mondays of each month at 8 o'clock.  
 Court Room over Stapleford's store, Main street, Watford.  
 B. Smith C. R., J. H. Hume, R. Sec. J. E. Collier, F. Sec.

**CHANTRY FARM KERWOOD**  
**SPECIAL OFFERING**  
 4 good roan bulls, also a number of registered Lincoln ram lambs.  
 All correspondence promptly answered  
**ED. DeGEX, Proprietor**  
**Kerwood Ontario**

**GRAND TRUNK RAILWAY SYSTEM**  
**TIME TABLE**  
 Trains leave Watford Station as follows:  
**GOING WEST**  
 Accommodation, 75..... 8 44 a.m.  
 Chicago Express, 2..... 11 19 a.m.  
 Accommodation, 83..... 6 44 p.m.  
**GOING EAST**  
 Accommodation, 80..... 7 48 a.m.  
 New York Express, 6..... 11 16 a.m.  
 New York Express, 2..... 3 05 p.m.  
 Accommodation, 112..... 5 16 p.m.  
 C. Vail, Agent, Watford

## Making the Little Farm Pay

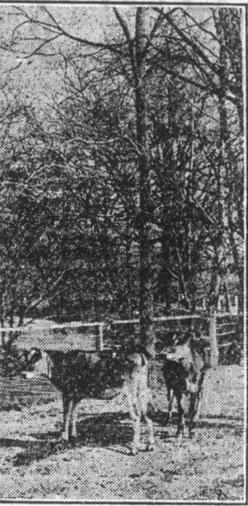
By C. C. BOWSFIELD

Owners of small farms have taken up the question of beef production. There is a decided movement in favor of meat animals in the central west, and the educational effort now going forward is bound to have a good effect.

This is a profitable branch of farming in more ways than one. Meat values are on such a high basis that farmers can more than double their money on beef where they raise their own stock. Beef raising disposes of fodder and grain to the best advantage, keeps up soil fertility and adds a large cash income to the revenues of the farm.

"I saved \$7 on every calf I raised for the baby beef feed lot last year," said L. D. White of Union county, Ia. "Besides, they had more quality, more ability to lay on fat and more feeding capacity than any I could buy."

The owner of a small farm who has equipped his place with a silo and established a field of alfalfa can profitably handle a carload of beef cattle every year. If he cannot breed so many on the place he is always able



YOUNG BEEF STOCK

to buy calves from dairy farmers in the neighborhood. The aim at first should be to produce a carload of marketable stock. Where the farm is 100 to 200 acres there is nothing to hinder the owner raising two or three carloads in a year, but it is best to set the mark at one load for the first season. This branch of business requires a little experience, just as everything else does.

With this program adopted a farmer starting out in beef production should try to prepare a lot of top notch animals that will average 1,000 pounds at the age of twelve to fifteen months. If the right kind of stock is used and there is good success in fattening, top figures in the market will be secured. The careful manager will soon find that he can produce the first 1,000 pounds of beef much more cheaply than he can add to this weight. My observation shows that the real profits are in marketing beef animals at an age not exceeding two years. This is turning over the money pretty fast, and by making it a rule to market the stock at an early age one can afford to govern the selling by the tone of the market.

As farmers gain in skill they will find it an easy matter to furnish a fine quality of baby beef. This is accomplished by the selection of suitable calves and a wise system of feeding. No point in the business is more important than that of starting with the right kind of young stock. Then it is only a question of forcing growth by skillful handling. Men who have dairies are able to secure a uniform bunch of young animals, as a rule, but if they fall short of the required number in starting a beef herd with uniformity they will always be able to find native stock to meet their needs. Generally speaking, it is unwise to bring in feeders. Young stock shipped from remote points cost more than they are worth these days, and the transportation waits them for maturing rapidly. They don't begin to measure up with stock that gets its start in the neighborhood. A little observation of the market will astonish many farmers who do not know the demand for high quality baby beef and the profit there is in supplying it.

The small farmers of the central

west only need to look into the matter of concentrated feeding to realize that they are able to take advantage of the high prices for meat animals. It will pay to restrict the pastures and depend more on alfalfa, silage, roots and concentrated feeds. More can be accomplished on a farm of 50 to 100 acres than is generally understood. The problem is one of management. The opportunity is one of the most attractive that American farmers have ever had presented to them. If they believe in diversity and in business farming one of the first steps they should take is to engage in beef production up to the full capacity of their land.

If a white straw hat is streaked and soiled, try cleaning it with lemon juice and salt or salts of lemon and water. If it remains streaked, color it with one of the liquid hat colorings to be found in the shops.

If a casserole or other cooking dish becomes brown and discolored on the inside, let it stand for three days filled with buttermilk, which will, by its acid, remove all the stain.

If a rubber glove becomes torn or cut, place a strip of sticking plaster, sticky side next the rubber, on the inside of the glove.

If you wish to keep cheese from molding, cover it securely with a cloth wrung from vinegar.

If the brass polish gives out, do not worry, but instead go to work at the brass with lemon juice.

If anybody's finger is burned, dust the burn with powdered charcoal to keep it from smarting.

**To Keep Goldfish Healthy.**

Goldfish may be kept healthy by giving them a salt bath about every two weeks. Do it in this way: Put a teaspoonful of salt in a quart of clear water and place the fish in it for fifteen minutes—no longer. When changing the water in the aquarium, a small wire strainer will be found a great convenience. Pour all the water from the goldfish bowl, with the fish, into a basin. Rinse the bowl, dry it, fill with fresh water and with the wire strainer pick up the goldfish and drop them back into the bowl. Aquariums should be kept in a cool place and not exposed to the direct rays of the sun. Feed the fish every other morning, allowing six or eight fish one-fourth of a sheet of food cut in small pieces. Sick fish have often become strong and healthy after a few salt baths.

**Egg Sauce.**

Make a white sauce from a cupful of rich milk thickened smoothly with a tablespoonful of butter and flour. Season with paprika and salt and add a hard boiled egg chopped fine. This is especially good with boiled codfish.

**Three of Them.**

Dearborn—Do you know the seven wonders of the world? Wabash—Well, I know three of them. Dearborn—Only three? Wabash—Yes. I've only got three sons, you know.—Exchange.

**Revenge No. 1.**

Adam partook of the first shad. "You made such a fuss over losing a bone I thought I'd give you plenty," observed Eve.

**Liberty exists in proportion to whole-some restraint.—Daniel Webster.**

Revive the Jaded Condition.—When energy flags and the cares of business become irksome; when the whole system is out of sorts and there is general depression, try Parkelee's Vegetable Pills. They will regulate the action of a deranged stomach and a disordered liver, and make you feel like a new man. No one need suffer a day from debilitated digestion when so simple and effective a pill can be got at any drug store.

**To Open a Pocketknife.**

Opening pocketknives is often very hard on finger nails, and a stiff hinged penknife or jackknife is practically useless to a boy if he can't open it readily. Tear off a piece of newspaper or writing paper about three inches square. Fold it across once and then slip the crease under the blade of the knife. Grasp the paper firmly between the thumb and forefinger, as close to the blade as possible. Then pull steadily as if you were opening the knife without the paper. If you do not jerk it the paper will not tear. In this way you can open many a rusty blade that has been useless for months.

**Wishing Them a Safe Voyage.**

"Mabel and George after much quarreling over the arrangements for their honeymoon have decided to take the trip in an airship."  
 "Well, I trust that when they get above the clouds they won't have a falling out."

What makes us discontented with our condition is the absurdly exaggerated idea we have of the happiness of others.—French Proverb.

## STRICKEN IN THE STREET

### Completely Restored To Health By "Fruit-a-lives"

382 St. Valier St., MONTREAL.  
 "In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try 'Fruit-a-lives'. I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise 'Fruit-a-lives' enough". H. WHITMAN.  
 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

## MEDICAL.

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 L. R. C. P. & S., M. B. M. A., England.  
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**C. W. SAWERS, M. D.**  
 WATFORD, ONT.  
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**W. G. SIDDALL, M. D.**  
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 OFFICE—Opposite Taylor & Son's drug store MAIN ST., Watford.  
 At Queen's Hotel, Arkona, 1st and 3rd Thurs day, of each month

**G. N. HOWDEN**  
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 HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles.  
 Office—Two doors south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Siddall's office.  
 Dr. R. A. Hume, of Arkona, will be in attendance at Dr. McGillicuddy's office every Tuesday and Friday afternoon during the latter's absence

## "Canada's Greatest Nurseries"

Spring 1917 Planting list now ready.  
 Splendid list of Hardy CANADIAN GROWN Fruit and Ornamental Stock, including  
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 St. Regis Everbearing Raspberry,  
 and many other leaders.  
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 The Fonthill Nurseries  
 (Established 1837)  
 TORONTO - ONTARIO  
**JOHN LIVINGSTONE**  
 Agent for Watford and Vicinity  
 nv17

A nickel wall towel rack is a handy thing fastened on the end of the kitchen table.

Never allow a mirror to hang in the sunlight, or the backing will become clouded.

Wear gloves whenever they don't interfere with your work if you want to have nice hands.

When you cream butter and sugar for a cake, a little cold water will make the creaming easy.

Always open doors and windows of the dining room, if possible, before breakfast so as to give the room a thorough airing.

On Sale Everywhere.—There may be country merchants who do not keep Dr. Thomas' Electric Oil, though they are few and far between, and these may suggest that some other oil is just as good. (There is nothing so good as a liniment or as an internal medicine in certain cases.) Take no other. The demand for it shows that it is the only popular oil.

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