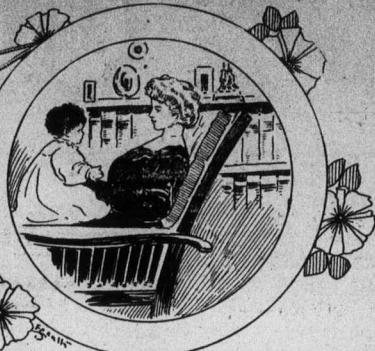


HOUSE AND HOME

CONDUCTED BY HORTENSE



HOW TO PROVIDE FOR A CHILDREN'S PARTY.

Most mothers who have nursed their children through nights of unrest and days of peevishness brought on by the rich and ill-assorted dainties eaten at some little playmate's party, have wished they might set the fashion for greater simplicity in such matters without disappointing the little people beyond measure.

And, in fact, the most simple and wholesome things may be so attractively served that the children will be delighted and never realize how plain their supper really is.

On a warm day, the solid basis of a luncheon or supper might well consist of cold sliced ham, pressed turkey, or stuffed eggs made in some simple way.

Use a soft sponge or a fresh piece of cheesecloth. Wring it out in the water so that you will not ruin the carpet or the floor.

Be sure that every piece of the wood is dried with fresh cheesecloth or a bit of soft flannel.

Here is what happens to brides when they marry in any color they may select: Married in white, you have chosen all right.

Gold ornaments adorned with gems should be washed in warm soap suds. Gold link chains may be cleaned by placing them in a bottle half full of warm soapsuds mixed with a little prepared chalk.

They are most injurious in combination with sand and gravel. Let a sharp flint pebble be ground in by a nail studded heel, and damage is inevitable.

HOW TO BRIGHTEN OLD MAHOGANY.

If your mahogany looks grayish and grimy don't be afraid to give it a good bath. Housewives do not realize the value of soap and water on old mahogany.

WEDDING SUPERSTITIONS.

Married in white, you have chosen all right. Married in gray, you will go far away. Married in black, you will wish yourself dead.

TO CLEAN GOLD ORNAMENTS.

Gold ornaments adorned with gems should be washed in warm soap suds. Gold link chains may be cleaned by placing them in a bottle half full of warm soapsuds mixed with a little prepared chalk.

HOW TO KEEP YOUR BEST FURS LOOKING NEW AND FRESH.

Keeping white furs clean is like keeping linens looking fresh, for both need much attention and frequent cleanings. Of course, if women can afford to have furriers do this work they need not be so particular about preventing their muffs, collarettes or capes from getting soiled.

When the loose dirt is out the furs may again be hung on a line in the sunshine, while a bath of white sand and furrier's sawdust, mixed half and half, is heated in an oven.

CARE OF ORIENTAL RUGS.

Oriental rugs require little care, but that little must be intelligent. The pile of a rug slants from the web, just like the hair of a fur.

With the heavy long furs, such as Alaska, sable, raccoon and opossum, the airing and pounding with a heavy rattan stick are essential, but the hot sawdust and sand are omitted for the use of a comb with short teeth, known as a "furrier's comb."

HOW PROFESSIONALS STARCH CLOTHES.

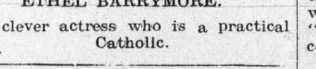
The laundry method for starching collars and cuffs is considered by some housewives to be much superior to the usual home method. After the shirts and collars and cuffs have been washed and dried they are ready for starching.

ATTRACTIVE LONG SLEEVES

Long sleeves are becoming and attractive in some gowns, and, then too short sleeves are extremely dainty and becoming to some women.

SELF-COVERED BUTTONS.

Practically all of the season's tussore, pongees and shantungs are given self-covered buttons, and some of the gowns rely wholly upon buttons so treated for their trimming.



ETHEL BARRYMORE.

A clever actress who is a practical Catholic.

What is Worn in Paris.

One-color Gowns En Vogue—Elaborate Frocks Have Long Sleeves—Wide Waistline in Street Dresses.

To be "right in style" it is necessary to have an endless number of gowns, with as great a variety of material. Very fashionable indeed are the entire gowns of one color made in one-piece effect.

MANY DON'T KNOW HEART AFFECTED.

More People Than are Aware of It Have Heart Disease. "If examinations were made of everyone, people would be surprised at the number of persons walking about suffering from heart disease."

"If examinations were made of everyone, people would be surprised at the number of persons walking about suffering from heart disease." This startling statement was made by a doctor at a recent inquest.

HIGH WAIST LINE.

Nearly all the new blouses and shirtwaists end at the high waist line, a flat tape finishing them. There must be no fulness showing under the corset or Directoire skirt.

There is a slight variation in women's collar shapes, which up till now were shaped up toward the ears from a rather low front. Now the height is about even all around.

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NOTES.

Poke bonnets are the vogue. Fringed ribbon ruchings in box-plait effects make pretty trimmings.

Bags are still a craze with the fair Parisienne. Purses in the shape of small fishes made of overlapping scales are in great demand.

Leghorns are much worn trimmed with small flowers. A pretty accessory is made in the form of a bretelle in black velvet ribbon.

A little bunch of blossoms and foliage tucked back of the ear is an attractive coiffure ornament for a young girl.

Smart blouses have the Dutch neck. Two-toned stockings are very much in style.

Cross barred dimity undergarments stamped for embroidery is seen in the stores. Jetted lace is much in favor and is quite effective.

The all-white lingerie gown is the most fashionable. The straight line is still the line of fashion.

Fringes and tassel effects are still in favor. Fichus of Swiss embroidery are seen on many of the summer dresses.

Watch fobs of ribbon, lace and buckles suggest a use for odd pieces. Entire net waists are worn with linen skirts and coat suits.

An all-white hat is generally more becoming if part of the underfacings is colored. There are few really small hats in Paris to-day, and the large ones are stunning.

There is no doubt but that this is correct, and we would strongly advise any one suffering in any way from heart trouble to try a course of MILBURN'S HEART AND NERVE PILLS.

Price 50 cts. per box or 3 boxes for \$1.25, at all dealers or will be mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

POET'S CORNER

THE SCOUTS OF SPRING.

The child at the window turned away With a parting glance at the leaden skies, And the look in the depths of his wistful eyes Was hopeful and dull as they; So came the night down, cold and grey.

I heard them riding the rain. I knew the touch of their fingers light As they swerved aside in their airy flight, And tapped at the window pane, They swarmed like bees in the outer gloom: I heard them whispering there.

"Wake!" cried the child beside my bed, "Come to the beechwood, Sleepy-head! Wonders await you there. See here, Snowdrops! sweetest and first of the year, Wake, for the spring is come," he said.

MOTHERHOOD.

The night throbs on; O, let me pray, dear Lord! Crush off his name a moment from my mouth.

I cannot think that Thou hast need of him! He was so little, Lord, he cannot sing, He cannot praise Thee; all his life had learned Was to hold fast my kisses in the night.

Give him to me—he is not happy there! He had not felt this life; his lovely eyes Just knew me for his mother and he died.

Forgive me, Lord, but I am sick with grief, And tired of tears and cold to comfort; Thou art wise I know, and tender, aye, and good, Thou hast my child, and he is safe in Thee.

Orphaned among the angels! All alone, So little and alone! He knows not Thee, He only knows his mother—give him back.

—Josephine Dodge Daskam, in Scribner's Magazine.

OMNISCIENCE.

Thou seest the under side of every leaf, The arteries of earth are bare to Thee, Before Thee hell is naked, every sea.

The wheeling planets Thou dost call by name, There is no star so lost in utter space Thou markest not its shining and its place, And every hearth—and every altar-flame.

Yea, but Thou seest that our frame is weak, And that the thing we do is that we hate, Thou seest that we sweep when it is late, And would the heart that loves us when we speak.

GROWING BOYS AND GROWING GIRLS

Need Dr. Williams' Pink Pills to Give Them Health and Strength.

Growing boys as well as girls need such a tonic as Dr. Williams' Pink Pills to keep the blood rich, red and pure and give them health and strength.

Dr. Williams' Pink Pills cured this sickly boy because they went down to the root of the trouble in his blood. That is why they never fail.

First Student—"I'm thinking about marrying that beautiful young girl I met yesterday!" Chum—"For heaven's sake, old man, you haven't anything to marry on!"

Reporter (happening around after the tornado had passed)—"You occupy the top flat, eh? And the wind carried away the roof as slick as a whistle, but without hurting anybody. Well, it might have been worse, ma'am."

Victim—"It was worse, sir, a great deal worse. After the storm had gone by I could hear the phonograph on the floor below—still grinding away!"—Chicago Tribune.

Swollen Hands and Feet mean Kidney Trouble. Liniments and blood purifiers are useless. What you must do is to cure the kidneys. Take GIN PILLS. GIN PILLS act directly on these vital organs—correct all disease—neutralize uric acid—purify the blood—relieve the pain and reduce swelling in hands and feet. 60c a box; 6 for \$2.50. All dealers or sent on receipt of price.

THURSDAY, APRIL 29, 1909. The Physical (By Wm. W. National 1908 and NO TRUE S The Roman, no period of true system following its the introductio ries. No ob mulate the do tic physical sp interest in athl ply took the combats, the races, the sp elements soon feasts attendi lying became t gently wamin partisan spiri discussions t finally all gu the decree of Rome perished gluttony, dru and all kinds unlimited w energies lead. the typical R sically a dege shrewd gam site, substi sive of hu pire living blood; religio a fanatic pre tion of past, leaving in nei gods: given o amusement a appetite; emb games and sp for the right s wayed by b low political seeing all th a devitalize wholesome c the reward o Are there lance between tional weakn public and o same proble nation of population. lion America vailing indif is becoming free instituti the social plexion of o more than fit There is ma dency to cor The compar ple living is has more t half century, responding i poverty, and Rome with half of inha these same e ties of Euro and Chicg are trying to ditions by m hygienic meti sen state of backing is e the measur adequate. I flushed with drunk with vided into a plutocracy crazy, the id struggling chicanery, bribery and crav sense of hon being replac and persona trine of con venience; th a higher po for obedience skeptical sel ciency. Lik ing all the food, for res expression of tion of the self-indulgent of physical