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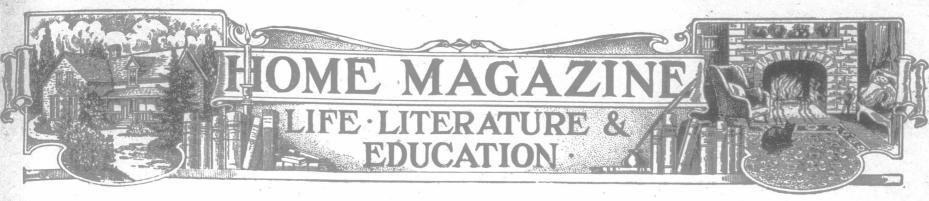
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Monday



Your Lad And My Lad.

BY RANDALL PARRISH.

Down toward the deep-blue water, marching to throb of drum, From city street and country lane the lines of khaki come;

The rumbling guns, the sturdy tread, are full of grim appeal,

While rays of western sunshine flash back from burnished steel. With eager eyes and cheeks aflame the

serried ranks advance; And your dear lad and my dear lad, are on their way to France.

A sob clings choking in the throat, as file on file sweep by, Between those cheering multitudes, to where the great ships lie;

The batteries halt, the columns wheel, to clear-toned bugle-call, With shoulder squared and faces front they stand a khaki wall.

Tears shine on every watcher's cheek, love speaks in every glance; For your dear lad, and my dear lad, are on their way to France.

Before them, through a mist of years, in soldier buff or blue, Brave comrades from a thousand fields

watch now in proud review; The same old Flag, the same old Faiththe Freedom of the World-

Spells Duty in those flapping folds above long ranks unfurled.

Strong are the hearts which bear along Democracy's advance,
As your dear lad, and my dear lad, go on their way to France.

The word rings out; a million feet tramp forward on the road,

Along that path of sacrifice o'er which their fathers strode.

With eager eyes and cheeks aflame, with cheers on smiling lips, These fighting men of '17 move onward

to their ships. Nor even love may hold them back, or halt that stern advance,

As your dear lad, and my dear lad, go on their way to France. -Chicago Daily Tribune.

The Time For Speech-Making.

71TH November arrives the time for practice in speech-making. Every rural district in Canada should have an Oratory Club, and now is the time for organizing it. Once a week is not too often for meeting, since the responsibilities must be passed about and there are usually enough men and boys in a neighborhood to ensure that no one person will have to speak too

Appoint President, Vice-President, Secretary-Treasurer, and a Committee (which may be changed every month) to get up the programmes. One or two speakers should be secured for each evening, and a short time taken after each for discussion. Occasionally, to vary the programme, a regular debate, with "sides", may be introduced.

For speechmaking other than in debates it may be advisable to let the speakers select their own subjects, as, almost unconsciously, each will be sure to choose the one on which he can speak

There should be no limit to the range of topics — agriculture, world-events, neighborhood advancement, special lines of work, literature, music,— anything should be permitted, providing the speaker knows what he is talking about. For the closing meeting, a supper may be a feature and "outside talent" may be enlisted.

There was never a time in the history of Canada when practice in public-

speaking was so necessary. The Universities and Colleges, with their organizations for training in this have been drained to the limit. The men who, in the near future, would be, naturally, the spokes-men for the public, are on the battlefields of Europe; who can say whether they shall return, or in what condition they may be when they come back? Yet the work of the country must go on, and it must fall upon the older men, and with double weight upon the young men of to-morrow who are but young boys to-day. Both the older men and the boys must be trained, or the work will not be so well done. For, without question, the winning of any case depends upon the clearness, forcefulness and logic with which it is presented. Most men can think fairly well; they should train themselves also to express themselves

Too long the farmers have permitted themselves to be dumb so far as public speaking goes. Of late years, it is true, a move has been made in the right direction. Young Men's Clubs have been organized and before the war the members, in some districts, were giving themselves splendid drill in speaking and thinking on their feet. Some of the men connected with the various farmers' organizations in the east, and the Graingrowers' Association of the west, have proved themselves orators of no mean order. But the practice should be more widespread. Every farmer, whether eighteen years of age or eighty, should be able to express himself, in public if necessary, clearly and fluently. That this may be achieved, the training should begin in the public schools, and continue indefinitely, every winter, through the Oratory Club, or the Club under any other name which will give the opportunity.

This is not a thing for the young men. only. Such training should never cease so long as any man is able to be a factor in his community.

So begin the Oratory Club and begin

Making a Speech.

AKING a speech is like construct ing anything else that is made up of parts, for a speech has a beginning, a middle and an end. The beginning of the speech states clearly the subject to be discussed. The middle of the speech contains the discussion of the subject while the end of the speech comprises the conclusion that follows naturally from the discussion.

The speaker should know what he is going to talk about and should have clearly in his mind what he is aiming to accomplish. If he is a debater he should know whether he is attacking or defending a position. If he is on the defence he should take up the best ground he can, and have his arguments so well in hand that he can turn them upon his opponents no matter when they may deliver their attack. If he is on the aggressive he must have an open eye for the weaknesses of the defence, and pour his forces into any breach that bids fair to mean victory for him. He will do well to try to draw his antagonist to where the defence is the most difficult to

If on the other hand the young orator is assigned a subject other than one for public debate his duty is to gather information upon it from every available reliable source. This done, his next duty is to arrange his facts, very much as a carpenter arranges his materials for house-building. Each part of the speech fits into what comes before it and what comes after it. It is splendid practice for one to arrange his speech on paper, to lay it to oneside for a while, and then to re-consider it with one's mind fresh

The arrangement made, the next work is the clothing of each thought with words that express the meaning so clearly that the meaning is unmistakable and in a manner so interesting that the audience finds delight in listening. An argument gains in weight by being followed by an illuminating illustration. Story-telling is not speechmaking, however, nor is an illustration an argument. Illustrations and stories unless handled judiciously very easily become a source of weakness, they may obscure one's meaning rather than make it clear. Aptness and brevity are the main tests for either a story or an illustration. Then there should be development in a public utterance. A speech must move on or one's audience will weary. Nothing so wearies an audience as hearing a speaker say the same thing over and over again. An argument or a sentiment once clearly and briefly stated should be allowed to go by its own momentum. Mere repetition simply weakens it.

This naturally raises the question of the use or the non-use of notes in public speaking. In this particular much depends upon individual taste. Time and experience together with honest self-criticism will make clear to the embryo orator the method that serves him best in his public speaking. There is a suggestion that he will find helpful. Let him set down the points he wishes to make in his speech. Then let him speak without notes and see if he has omitted anything or gained anything by the use or the non-use of manuscript.

The supreme test of a speech is the effect it has upon the hearers. Some speakers aim to amuse and develop into Some find delight in sentence-building and become mere rhetoricians, others aim never to speak without saying some good word that means hope or light or inspiration to any who may listen. The entertainer inevi-tably grows flat and stale. The mere funny man ultimately becomes an of-fence to the serious minded, while an earnest speaker with a message characterized by timeliness, pithiness and conciseness is like a breeze from the heather. To become such a speaker is no easy task, but the attainment of an end so desirable is worthy of the highest human endeavor. To reach this high plane is to enter into fellowship with the choicest spirits this earth has ever known.

A Few Subjects For Discussion or Debate.

Resolved that an educational life offers more inducements to real success than a commercial life.

2. Resolved that agriculture, being both educational and commercial, affords opportunity for the ideal life.

3. Resolved that adverti Resolved that education is more

beneficial to mankind than money. 4. Resolved that coalition government is better than the party system. Resolved that militarism has failed.

6. Resolved that war can never satisfactorily settle differences between Can this war of 1914-15-16-17 be

the last war? 8. Who is the wisest statesman of the present age, and why? 9. What is Democracy?

Among the Books. A Book for Every Man and Every Debater.

book "for the instruction and inspiration of the men and women who are in possession of the franchise", hence one of especial value to neighborhood clubs and debating societies (which should invariably be educators to higher citizenship), is The

Dawn of a New Patriotism, by John D. Hunt, published by the Macmillan Co. of Canada, Publishers, Toronto.

This book gives explicit instructions for carrying on public meetings and debates in parliamentary form, also valuable hints on public speaking and conversation in clubs, etc. the headings of a few chapters may serve to indicate, better than much explanation, the content of the rest of the book: Democracy and Citizenship; The Careless Average Citizen (taking citizen in its larger sense); The Responsibility of Citizenship; Remedies for the Evils of Society; Greece; Rome; The King and the Parliament, Development of Government; Recent Pro-

A book sure to be valuable to every voter, every man who takes part in public life, and every debater.

Getting and Keeping Fit.

BY L. D. MILNER.

Outside—the chug-chug of a standing automobile, the rumble of carriage wheels, the quick trotting of horses' feet inside, the soft "swish-swish" of the full-starched skirts of the nurses' uniforms, the subdued tread of their rubber-heeled shoes, the indistinct murmur of distant voices and, permeating everywhere, the peculiar odor of mingled anaesthetics and antiseptics one always associates with hospitals.

listened almost feverishly for the quick step that heralded the approach of my own doctor; feverishly, for to-day I was going to ask to go home, "home being represented by one small attic room, which no amount of ingenuity or stretch of imagination could ever make over into that wonderful thing, a bedsitting room, because it was situated on the third floor of just a second-rateperhaps I ought to say third-rate boarding house. That was home, but being there meant working, and working meant money—and I needed money.

"My dear child," the doctor exclaimed, when at last he came and the question of my leaving had been put to him, "you Why, if I were to allow you to do as you suggest and return to your work at the office, it would simply mean that you would be back here in a month's time—your condition worse than ever." I had anticipated the doctor's reply, but my answer to it was forestalled by his adding with a shake of his head, "No, no, little woman, you'll have to spend a summer in the country somewhere—that will make a strong girl of you." He smiled as he went out—a smile that was meant to be reassuring, and I settled down among the pillows again to think things over. "Spend a summer in the country!" Why didn't he say spend a summer in Europe or on Mars? All of them would be equally feasible, the difference being that I'd leasible, the difference being that I'd always wanted to go to Europe, whereas I hated the country, where nobody ever saw anything or did anything but simply stagnated (as I thought).

I went—I had a glorious time—and because there may be some other girl situated as I was, having to take an anythered root on a depleted porter back.

enforced rest on a depleted pocket-book or some other woman not getting all the enjoyment she should out of country life, I

am writing this.

A few days after the doctor's visit I became acquainted with a patient in the hospital, a farmer's wife, a refined wellread woman, who, upon learning that he had prescribed country life for me, invited me to spend a month with her. don't remember very much about that first month now. I slept a great deal, and ate a great deal and, when I wasn't doing either of those things, I was busy making friends with Molly, the small daughter of the house and Laddie, the beautiful Collie, who was all but human.