

hinder those effects. The medical press comes to us from every part of the civilized globe, and almost daily from around us, teeming with new methods of curing disease. New remedies, or new ways of employing old remedies, follow each other, phantasmagoria like, in such rapid succession, as to baffle the efforts of the most diligent experimentalist to examine and to select for future use, without seeming arbitrariness. And yet how often are the best efforts of the physician, even with his ever new and powerful armamentaria, powerless to check the spread of diseases, through the carelessness or ignorance of those who surround the sick bed! If, for instance, diseases consist, as claimed by Tyndall, of definite particles, sometimes floating in gas, or in the air, or in the liquid we drink; and that like organic seeds in the soil the particles multiply themselves indefinitely in suitable media—the great probability being that their disease producing qualities are living things—not gaseous or liquid,—but solid, the treatment of disease will resolve itself, sooner or later into a kind of germicide within and without the body—within, in the fluids and secretions of the body—without, in the noxious elements that surround it.

The conviction is steadily gaining ground that a Board of Health should be established for the Dominion; Provincial boards for each Province; and local boards for every municipality. But where shall we commence? With the Legislature? No! Legislators are but the mouthpieces of the people; and if party politics consume their time, they but act up to the standard by which the measure and quality of their work are to be valued. Give them, however, another, and a higher standard by which to estimate and measure the line of duty, and make them to understand that the health and happiness of a people, as Earl Beaconsfield observes, are the foundation on which depend much of the happiness and power in the State, and we will find them exercising all the ingenuity of the age, and all the knowledge of our most advanced Scientists and Sanitarians in securing the lives, and in protecting the health of the people. But can we reproach them for doing nothing, while we do so little towards disseminating correct information, and inculcating proper habits among ourselves? Let us do our share outside of what is the truly professional—for none so qualified as we to do—and salutary laws will be framed, and the people will observe them. It is said that our favoured Sister City, the Queen of the West, and the Capital of Ontario, has made