

Harbinger's Column

by Sandra Mooney
Karim Ladak & Hazel Aitken



Feel you have got a problem? Need a shoulder to lean on? Want to talk to someone about something 'just on your mind'? Need information in the area of sexuality? Ever get the feeling, that bureaucracy is getting the better of you and there is really no one to turn to? Well, don't feel lost for that is what we are here for!

Harbinger is the first peer-counselling centre in Ontario; it has been on York campus for about nine years in one form or another. Originally, it dealt with drug crises. Today, our main areas of concern are sexuality and providing people with much needed information about medical and other services. Supported in large by CYSF, other student and college councils, and private donations from within the collective,

Harbinger trains student volunteers to provide information referrals and peer counselling for the York community.

Our approach is factual and supportive. There is no waiting, no appointments necessary, no forms to fill out. We try to have a man and a woman counsellor available in the office at all times during office hours, which are 10 am - 5 pm, Monday through Friday. We are located in Vanier Residence, rooms 213-217.

Experience has shown us that when dealing in certain areas, maybe 'touchy' subjects, most students feel that they can relate and identify better with their own peers. Peer counselling, which is Harbinger's approach, means that we work with you to find answers to your questions, queries and problems. We treat the helping process as a com-

munication between people, and not as control or direction by: "counsellors" over "clients".

Two areas we have a consistent demand for information in are birth control methods and abortions. We use charts, models and printed information to help explain the 'mysteries' of anatomy and conception. With some discussion, we can help you uncover the information which will help you decide which is the best method for you. We counsel pregnant women or couples in that we suggest the alternatives open to them. Harbinger can

arrange legal therapeutic abortions through several Toronto Hospitals.

The Harbinger offices are stocked with useful information. We have lists of capable doctors: women doctors, doctors who perform vasectomies, doctors for gay people, etcetera. Our useful contacts in the Toronto area include medical, legal and social services, gay movement and women's movement contacts. As well as a lending library on sexuality and related topics, we keep quite a variety of free pamphlets on the most asked for

topics (venereal diseases, birth control methods, effects of drugs, to name a few). Should we not be able to help you to your degree of satisfaction, we will try our level best to refer you to the appropriate place: to someone more capable in that field.

The more information you have about your body, the better able you are to ensure your own good health. If you want information or help with general health or sex related problems, please phone or drop by our office. We will share what we know. We are here for you.



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Atkinson

The Department of Political Science and the Master's Office extend an invitation to a conference on West Indies, Saturday November 11. See *Our Town* next week for details.

Bethune

The word from Bethune is that jazz is alive...until at least February. Expect at least three times this month (from noon-2pm) performances by your favorite of Toronto's top working Jazz names, along with some new faces...it's presented by Musicians Union Trust Fund...and look out for future dates.

Calumet

Friday night Calumet will be holding a Hallowe'en party in the common room at 8:30 pm...it's a costume party-disco...Admission is \$3 with costume, \$2 without...free refreshments and there'll be a prize for the best costume.

All aspiring writers are invited to the meeting of the Student Writer's Association, today at 5 pm. in the Calumet Reading Room (116). The Association is still getting its plans together for the year ahead and is still open to ideas.

Gay Alliance of York

The Gay Alliance of York has a meeting tentatively scheduled for 6 pm in the eighth floor lounge in Ross...phone Harbinger at the end of the week for verification.

Jewish Student Federation

The JSF's weekly events are:

- Hebrew lessons-Beginners at 2-3 pm at S128 Ross, and advance, 4-5 pm also in room 128.
- Yiddish lessons-Thursdays afternoons at 1 pm, S122 Ross
- Israeli dancing-at 8:30 pm in the Vanier Studio
- Gourmet Jewish Cooking-Thursdays evenings at 8 pm. Hebrew Calligraphy-at 7:30 pm at Temple Sinai
- Special speakers every Wednesday at noon

And coming up this week are various dinners, dances and films. Check the JSF office (S101 Ross) for details.

McLaughlin

The first concert in the McLaughlin Chamber series takes place this Wednesday, November 1 at 8 pm in the McLaughlin Music Room (016). Scheduled for Wednesday evening is Franz Schubert music, featuring the Toronto Octet and pianist Kathryn Root. Admission is free...

McLaughlin is holding a Hallowe'en dance Friday October 27 in the JCR from 9pm-1 am. Admission is half-price for those in costume.

And the McLaughlin council thanks Sue, Joe and Marg for a successful Octoberfest.

Osgoode

Today at noon in the Osgoode pub the mystery Cabinet minister will be speaking. Come out to hear Frank Drea or Larry Grossman.

There's an election today...Osgoode members will vote on whether or not to commence a trial membership in the Ontario Federation of Students...also today is the election for two first year representatives on the Legal and Literary Society executive.

Radio York

Radio York has a news department in need of staffers. Several beats are available. All those interested please leave your name and phone number for Michael Kenyon, News Director (room 238 Vanier College, or phone 667-3919).

Science Week

Tours and talks will be in progress all day today and tomorrow in Farquharson, Petrie and Steacie as Science Week continues for its second and third days. Science Week, open to everyone, is primarily directed for science undergrads who wish to gain some insight into the research programs at York. On Saturday, Science Olympics Day for high school science students will take place on campus. For a timetable of the weekday science events come to room 101 Petrie or phone 667-3849.

Scott Library

In the course of writing to each country in search of maps and plans, the Scott Library has managed to accumulate an international selection of postage stamps, information pamphlets, tourist brochures and posters.

Anyone interested in stamp collecting, travel to other countries, or decorating their walls, may find some useful items. The Scott Library would like to give them away as soon as possible...A special table has been set aside in the Map Library, Room 115 (Scott Library) for these items. Please drop in and have a look.

Stong

Stong's annual Hallowe'en party is being held tomorrow night at 8:30 pm in the JCR...there'll be music, dancing and prizes for the best costumes...admission is 50¢ per person.

Synapse

Synapse, the Psychology Undergraduate Course Union is hosting a coffee shop today, from 1-4 pm in the Undergraduate Psychology Lounge (291 BSB).

A series of three panel discussions on graduate school in psychology is being held on Tuesday October 31, Wednesday November 1 and Thursday November 2 at 5 pm. (N203 Ross). Professors from U of T, Western, Waterloo and McMaster will be present to discuss graduate programs in psychology at their respective universities.

Theatre Auditions

Don Wiley, a fourth year Honours Theatre Student will be auditioning actors, actresses and technicians this week and next Wednesday, Thursday and Friday at 2-5 pm in the Bethune Studio (room 101) for an experimental directing project based on an adaptation of a Samuel Beckett novel. The auditions will lead to workshops in developing a text, with full rehearsals for a full scale downtown production beginning in January 1977. Contact Donald Wiley at 921-9504.

York University Progressive Conservative Association

This association will be holding a general meeting on Friday at 1 pm in Room S105 Ross. Everyone is invited and members are urged to attend.

Development forum

A group of students have started a weekly or bi-weekly forum for critical debate and analysis of selected topics from the developed and underdeveloped world. Suggested topics for discussion are: Canada-US relations revisited, modern colonies

Come to an introductory discussion next Wednesday at 4 pm in Bethune (place to be announced). For further information contact Maurice Ford, 630-6569 and Munyonzwe, 226-1532.

This week *Our Town* was assembled by Laura Brown with the help of Elliot Lefco (Bethune), John Mays and Gord Graham (Calumet), Randy Robinson (JSF), Molly Klein (McLaughlin), Murray Miskin (Osgoode), Michael Kenyon (Radio York) and David Saltmarsh (PC Association).