Snooker & snacks? Bowling & pizza?

by Carol Kassian

Lister Hall may be known as a party house, but some work by the Lister Hall Students' Association (LHSA) has helped "res" students participate in sports.

The 5th Annual "Intra-Res" Mixed Volleyball Tournament will be held on Sunday, March 5. The tournament is the longest running intra-res event and due to its popularity, a full slate of teams is expected to participate this year.

"Intra-Res" Activity Nights have also proven to be successful. Most recently, at the Activity Nights, held January 4 and 5, residents dropped in to the Pavilion and Main Gym to participate in badminton, volleyball and basketball.

In addition, several new "Intra-Res" activities are being introduced. This year, Mixed Doubles Badminton, Mixed Bowling and Pizza, and Mixed Snooker and Snacks will consist of an "Intra-Res" segment being held in conjunction with the main campus event. This will be the first time that these events will include an "Intra-Res" division.

Marj Cayford, a third year Recreation Administration student, is currently the Campus **Recreation Lister Hall Satellite** Coordinator. Since the creation of her position last year, Marj has been actively involved in planning and administering opportunities especially for the residents of Lister Hall. Participation in the events has been facilitated through the location of a Campus Recreation Residence Office, located at 057 Henday Hall, where information concerning the various opportunities for residents is available and entries to "Intra-Res" activities are accepted.

According to Cayford, Lister Hall residents have demonstrated an interest to participate in recreation, and a great potential for growth exists in this area. "You are working with a very cooperative audience with unique recreational needs. People living in residence are new to the U of A. and intramural programs provide an opportunity for them to become socialized into the university atmosphere."

Cayford works closely with the LHSA and its Sports Committee. The Sports Committee is comprised of six elected coordinators from within Lister Hall, and Sport Seniors that represent each residence floor. The Chairperson of the committee is Joselynne Scoble.

Scoble feels the "Intra-Res"

events are beneficial for Lister Hall residents. Although in the current intramural standings, the "res" units are doing well compared to other campus units, Scoble views the residence teams as having a unique approach to participation. Although the teams are competitive. Lister Hall participants emphasize the enjoyment aspect of the events. Because of their proximity to campus and the nature of "res life," Lister Hall residents' involvement in Campus Recreation programs are convenient and they have fewer time constraints, which enables enhanced participation.

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Pandas in tough

lineup.

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hands full with the CIAU's best female basketball team, the Cal- the Pandas were beaten quite gary Dinos. The Dinos, who handily by the taller, more experihaven't lost a game all year long, enced Dinos, and would have to also added last year's Canada come up with their best effort of West all-star Veronica Vander the year to have a chance at a Schee to their already explosive

In two earlier games this season, win.



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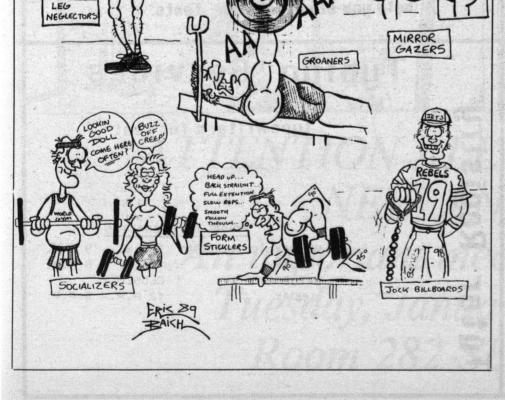
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