ABOUT PAPERING.

A SEASONABLE ARTICLE TO BE APPRECIATED BY ALL HOUSEKEEPERS.

During the spring house cleaning it is esten desirable to papera room in which the old paper has become soiled or torn. If the room is not too large this may be accomplished by the housewife, if necessary, and very simple tools may be used. To get your room ready for papering first remove your furniture, then carefully take out all the hooks and nails that may be driven in the wall, and if the room has been previously papered pull off all the old paper that you can get off, then thoroughly sweep the wall. If the room has been whitewashed rub the wall hard while you are sweeping it and after-wards wash it in vinegar to kill the lime, or your paper will not stick. Measure the height of the room and cut off the first length of paper according to measurement. Lay it face up upon the table, or, if your table is not long enough, upon the floor, place the roll down upon it and match the pattern of the next length by the first one, taking eare to match the pattern each time from the top and to make each strip of the same length. It can easily be matched by letting the edge of the first or underneath strip project half an inch or so under the other, and is much easier than to measure each strip by itself, as some do. When as many strips are cut as will be required for the room turn them all over together, face down upon the table, and your paper is ready for the paste. A whitewash brush is the best thing to use in putting on the paste, which should be made of rye flour and allowed to get perfectly cold before using. Care should be taken to paste the corners and edges of the paper thoroughly, and if the wall is new and has never been papered be fore it will be found beneficial to wet it also with the paste, as it will fill the little cracks and crevices in the mortar and the paper will be more apt to stick.

If the first length be put on straight and true but little trouble will be experienced, as the rest will hang exactly as it should go, if kept from the well at the bottom until free from the wall at the bottom until properly matched and pressed down at the top. An old clothes brush is an excellent thing to press and smooth the paper with, as the color does not rub off on that as it does sometimes on cloth, and it will not tear the paper. After matching the paper at the top see that the trummed edge hangs in place, then draw your brush down the center of the strip from top to bottom and smooth it from the center to the outside, being careful to press the edges down firmly. In turning a corner, never have your paper so wide that there will be more than an inch or an inch and a half to turn on the other wall. Ev n if you have to cut down the middle of a length it is better to fit it exactly into the corner, and then join the piece right on again, than to turn it the width of a strp. since, if turned in that way, it will crack down the corner when dry.

### QUIBBLINGS.

In some families nothing is taken for | monin or sodu has been dissolved. granted. Every action, every decision, every new departure, every acceptance or rejection of an invitation, must be endlessly talked and fussed over, explained and re-explained. In that way lie all sorts of stumbling blocks. As a rule, beyond you parents or your husband there is nobody who has the right to demand of your explanations of your onward path. Don't give them. Establish a reputation for keeping your own counsel. It will serve you well in many a crisis, and be no end of a comfort. Again, don't be forever setting people right. There is a household fiend with a memory for dates and details who can never sit still and hear papa or mamma say that they went down town on Monday at eight, without correcting the statement with the remark that the hour was halfpast eight. A dozen times a day exasperating frictions are caused by needless corrections of this sort, referring to mutters where exactness is really not imperative, the affairs in question being of minor importance and no violation of the truth being for a minute intended.

### FOR "SPRING FEVER."

When the body relaxes after the tension of the winter and spring, langour makes even the choice of a new bonnet a heavy affliction. Upon the way a wo-man meets this "spring fever" depends her vigor during the summer. Instead of investing in spring tonics let her look to her diet. She should cross off the bloodheating foods from her list and should endeavor to have as light a diet as is compatible with proper nourishment. Fruit should play an important part in it, and meat a small one. At least once a day a green salad, dressed with pure oil and lemon juice, should be caten. Tea and coffee should be taken sparingly, and cocoa and chocolate not at all. A copious draught of hot water flavored with lemon juice should be taken the first thing in the morning to clear the stomach for its day's work.

Exercise is another important feature in the spring health regimen. Two or three hours a day should be spent in the air and sunshine but violent sports are entirely out of place during the season when one feels the greatest lassitude,

TO CLEAN MATTING AND CARPETS. Matting is washed with salt and cold water, and carefully dried. Rub the very dirty spots first with water and corn-meal. If white matting has turned to a bad color it can be washed over with a weak solution of soda, which will turn it a pale butter-yellow. Use a pint of salt to a gallon of water. Use a flannel cloth, not a brush.

If a carpet is wiped over now and then with a flannel cloth wrung out of warm water and ammonia (a pail of water and a tablespoonful of ammonia), it will always look bright. It must be wiped dry with a clean cloth. After a carpet has been well shaken, it will clean and brighten it to wipe it over with a flannel cloth dipped in high proof kerosene, and for forty-eight hours, no matches or fire should be allowed in the room. Tealeaves and wet bran, sprinkled over a stir over the fire until the mixture shickens. Take from fire and beat thickens. Take from fire and beat delicate tints either of these will stain delicate tints either of these will stain it. If ink is spilled on a carpet, cover it dish. Heap the mixture on these and immediately with plotting paper, and immediately with blotting paper, and renow it as soon as soiled. A velvet carpet is cleaned by sprinkling it thickly with damp bran and brushing it off with

a stiff broom. Another plan for cleaning carpets after they have been beaten and laid down again, is to wash them with one pint of ox-gall to a full pail of warm water. Soap a piece of flannel, dip it in the pail and rub a small part of the carpet; then dry with a clean cloth before moving to another spot. Before laying carpets have the boards scrubbed with two parts of sand, the same of soft-soap and one partof lime-water. This will keep away insects.

Toremove grease from carpets, cover the spots with flour or dry corn-meal, and pin a paper over it. Repeat the process every six hours until the grease is drawn out, brushing the old flour off each time.

#### MODERN PASTRY.

A medical practitioner bewails in the Lancet the decadence of modern pastry. In the days of his youth, he says, the rolling-pin was an instrument constructed on scientific lines; now the very name of it has even dropped out of at least one popular dictionary. The rolling pin was formerly relied on to produce light pastry—"the delicious tooth-s me morsels that left our mouths unogged and were perfectly amenable to our gastric juice"—now we use special preparations And in place of the former perfect minipulation, "the lump of imperfectly kneaded dough is simply flattened out to the requisite thickness, with the result that 'dyspepsia, with its ever-lengthening train of woe,' has us in its clutch. We are inclined to think there is a good deal of truth in this impeachment of the modern cook, and, in the interests of wholesome pastry, we shall welcome the day when rolling-pins return to favor.

#### PRACTICAL HINTS.

Celery is one of the most valuable of foods, and is a positive remedy for sufferers from rheumatism, nerve troubles and nervous dyspepsia.

Water carrying a little salt in solution is said to be an excellent wash for tired or inflamed eyes, when stronger solu-

tions may prove injurious.

The discovery that cold coffee is an excellent tonic for growing plants should do away with the last remnants of the periment. It was an unhealthy room. custom of warming over cold coffee.

For a sprnined ankle, immersion for fifteen or twenty minutes in very hot water, and following this, an application of bandages wrung out in hot water, is recommended as the best treatment.

The only method of cleansing jewellery

without scratching it, is to wash in hot soapsude, to which a few drops of ammonia have been added, and then placing the jewellery in a box of jewellers' saw-

dust to dry.

Tea or coffee stains in linen may be removed by moistening the spots with water and holding them over the fumes of a burning match. Then wash immediately with water in which a little am-

# ADMIRATION.

It is commonly said that the woman who finds her matrimonial venture a failure is largely to blame for her own unhappiness. The belief is general that when she ceases to hold the admiration of her husband she has as a preliminary ceased to be the attractive, well-groomed woman who won his heart.

She is perhaps less particular about keeping her hands daintily manieured and her hair fluffy and fresh from a weekly shampoo. It is just possible that her footgear had become a matter of less enrnest consideration, and that possibly her skirt-braids and facings are not so invariably immaculate.

There is as much in being wellgroomed after as before marriage, and the wise and happy woman considers 

## RECIFES.

EGGS WITH CURRY.

Scramble six eggs, and while they are cooking sprinkle over them half a teaspoonful of dry curry powder. Serve hot on toast for Iuncheon or Sunday night sticker.

### CRACKER TOAST.

Split butter crackers and soak them in cold water until they begin to swell. Remove them from the water, drain on a plate, and toast brown on both sides. Butter and serve bot.

### RASPBERRY CREAM.

Take three gills of raspberry syrup; mix with a quarter of a pound of sugar and a pint of thick cream. Whisk until very light. Serve in custard glasses with sweetened whipped cream on top.

### GRAPE SAUCE.

Add a cup of boiling water to a cup of grape juice. Put in a teaspoon of butter and boil the mixture. Thicken with a little cornst arch mixed with halt a cupof sugar, and made into a thick but amouth paste with water.

SALTED PEARUTS. brown skins. Put in a baking pan, and pouro er them about two tablespoonfuls

Shake them over the fire until each nut is covered with oil and slightly browned. Lift them enrefully, put in a colander, and shake and dust with salt. TO CLEAR COFFEE.

Housewives who scorn the new methods of making coffee and still cling to the boiling process, clear the coffee with egg. The egg, shell, and all, is broken into a cup and beaten. It is then mixed with six or eight tabelespoons of ground coffee, and the water is then poured on

#### and the coffee boiled. EGGS BROUILLE.

Beat 6 eggs, half a cupful of milk or cream, one ball t aspoonful of sait, and a sprinkling of pepper together. Cut well wrung out; until perfectly dry, say | two mushrooms into dice and fry for one | 

Boil one cup of water and one-half cup butter together and stir in one cup of flour, stirring until smooth. When cool add three eggs. Beat well and drop on greased tins and bake in rather hot oven thirty minutes. When cool slit along one side with a sharp knife and fill with a cream made as follows: Beat two eggs and two-thirds of a cup of sugar until light and stir into one pint of boiling milk. When thick remove from the stove, cool and flavor with one-half teaspoonful vanilla.

#### A NEW DINNER DESSERT.

color a very pale green with vegetable coloring. Soak a fourth of a box of gelatin in a quarter of a cup of cold water until it dissolves. Stir three ounces of powdered sugar into the whipped cream. Then strain in the gelatin answer and mix the country like the strain of it." and mix thoroughly, but lightly. When the mixture begins to thicken add onehalf teaspoon vanilla. Add half a cupful of blanched almonds chopped very fine. Pour into small glasses ready for serving and serve very sold serving, and serve very cold.

#### FOR LUNCHEON.

A good dish for luncheon is made from cold meat, either lamb or veal, chopped and mixed with chopped nuts, in the proportion of twenty-eight nuts to a pint of meat. Blanch nuts before using. Season this quantity with a dash of pepper and half teaspoonful of salt and bind together with a beaten egg. Make into small balls, put in a baking-dish with a half-pint of strained tomato poured around them and cook fifteen minutes. Put the balls on a hot plate cook the tomate until it thickens, senson with a saltspoonful of salt, a dash of pepper, a tablespoonful of butter and serve poured around the meat.

## 'PAUL, THE BILL-STICKER."

A TALE OF CORK CITY.

BY DANIEL LOONEY.

AUL the bill-sticker, lived in a small smoky room in Barrack street. I entered it once, and I have no desire to repeat the exwas this domicile of Paul's-low, narrow, unfurnished, unlighted, cell-like; a miserable place for a man to spend night after night. But Paul didn't seem to mind it. He had grown used to it, and not having known better, believed himself happy. Paul was not a very old man, but his wretched life was having its physical effect-he looked worn and woe-begone. He was henest to a fault, and one of the most reserved and unas suming of men. But more important than all, he was a bachelor-an unwilling one. "Nobody asked him," he explained; and he was too passing hy to dream of asking for himself.

I worked in the dry goods store of Peter Pimple, and Paul scattered hand- a pair of inexpressibles on my nether uncharitably HOW TO RETAIN A HUSBAND'S wards him; for Paul robbed them of do. I fancied a shadow fell on the grass consequently patronage, as a conscientious doctor does an undertaker. "The Quarry Lane Search-Light" several times attacked him through its columns; and he also came in for some rough criticism in the pages of the Blackpool Times. The result of it all was that in the course of years he became better known than the "Oldest Inhabitant."

Peter Pimple, justice of the peace, merchant, etc., was a man of probity, take him as you would; courteous to his employees, truthful to the public, generous to the charitable institutions, championing the undefended weak on the bench—he was the very type of magis-terial dignity. He paid Paul the modest sum of six-pence a day, no more, because he had religious scruples about paying big salaries. He urged that it encouraged loose habits, and introduced young men and old into scenes and society of a questionable nature. Paul co ldn't be brought to view it in this light; but then he was provokingly dense at times. He always accepted his day's pay under protest; and Peter, whose kingdom was not of this world, laughed kindly at the extravagant ideas of the poor bill-

Paul and I were particular friends; for although I was then a salesman, earning a weekly salary of fourteen and six-pence, and Paul, only a plain, matterof fact bill-sticker, I was never a "stuck-.up" sort of a person. Nevertheless, I was somewhat surprised one day when he called me aside and whispered. "Joe, if I ever die, I'll will you everything-

everything I have." From that day forth, I felt proud of his friendship. To be sure, I knew that Paul could only leave me his paste brush and old tin bucket. But it was the ten; derness that prompted him-the desire to repay me for my triffing favors-the. mere suggestion of a legacy—the simple pathos of the words—the solemn intonation:—it was this that touched me; it nothing. Perhaps you're in love, and was this that rendered Paul a different, you want to tell me about it?" personage in my eyes for all luture time. I doubted my zeal towards him, smuggling him a glass of water from the Shell the pennuts and remove the toiled room when I thought him thirsty; offering him a chair when he seemed tired. I was Robinson Crusoe, and Paul

was my man Friday. One wet day, a beautly mid winter one, when rain and snow fell from the hearens in the most provoking manner -Paul had been to the butter market to advertise our great bankrupt sale to the bargain loving farmers, and was now awaiting fresh dispatches. We didn't do an enormous business in the best of times; and now, when the elements were

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Brand was a series of the seri

one in your position." He smiled that curious, insinuating smile of his; rubbed his fingers over the few hairs on his chin; and drew his coat tails around his hips. I knew I had touched an agreeable cord.

"Yes, Joe," he answered very slowly and deliberately, "it is the wan thing necessary to complete my happiness."

"Good gracious," I said in dismay for Paul's happiness had no tangible existence.

"Paul, my friend, you are either a great humorist, or (pardon me if I say too much) a very simple man. Matrimony is a luxury that only the rich can indulge in, and to them it proves a very Whip a pint of cream to a froth and | doubtful blessing in nine cases out of ten. For a poor man, and you're no millionaire, it is suicidal to even think

> "It has its drawbacks, I'll admit," answered Paul with yielding doggedness; "but you're young, and you haven't lived alone as I have, with no one to laugh with you, or even scold you; an' often as not, with scarcely enough to keep ranged. When the young people are

yourself alive."
"Just so," I said seizing the point, "if

all one whom you love." The bill-sticker gave a low, chuckling

laugh.

"Why, that's foolish," he said. "It is easier to support two than one. Whoever heard of a husband and wife dying of hunger?"

The cases are numerous where—" He went on as if he hadn't heard

"And if I happen to put my eye on a good sensible widow, with a dozen pounds or two, an' maybe a little shop in her own name, things would look different." I tapped him on the shoulder. "Paul, do you know what Mr. Weller says of the widows?"

"The soap-and-candle man, is it? Arrah, what 'nd that ould goat know about anything."

"No, no," I said, laughing, 'Mr. Pick-wick's Weller. He says "beware of

The words didn't produce the slightest effect on my hearer, and I felt offended. He might have at least fainted. Probably the quotation wasn't clear enough. I hastened to enlarge on it.

"Beware of widders. Keep to the windward of them. They're a queer race. Paul; a wily, self-seeking, manhunting lot. Many of them wear weeds, not for mourning, but as advertisements. The sable dress and the trailing veil

mean simply, for sule." The entrance of an old woman for samples of baffity cut short our conversation. I went home that evening with a light heart. Paul might get married or remain single as he chose. I had done my best to save him. If he approached the matrimonial precipice now or in the future, that was his own account, not

Many months later, I retired one even-

ing, after a supper of spare-ribs, veget-ables and potatoes, and soon made the unpleasant discovery that I could not the "dog days." I got of t of bed, drew night. in front of me; for I lodged in the suburbs of the city, and the house boasted a plot of green and some trees. Ah, I was right—a man was pacing up and down in the chestnut shodows. And then I saw it was Paul-Paul the bill sticker. He glanced occasionally at my window. but, the room being in darkness, could not see me. As I watched him in silent wonder, a small German alarm clock on the sideboard struck twelve. It was midnight. Why was Paul there at that strange hour? Not to protect me nor yet to injure me. But there was an explanation. He was there before me in the flesh-or. I shivered, could it be that he was dead? I handn't seen him for some days, and he might have been sick, I wasn't at all afraid of the inhabitants of the other world; still I felt uncomfortable. Perhaps his body was even then awaiting interment in that gloomy room in Barrack street; and he was there to apprise me of the fact. He was still walking to and fro. I listened, but could hear no foot fall. The moon shoue through the trees here and there; yet it seemed to throw no shadow on the green sward. But then, to my relief, Paul, or his ghost, sneezed, once-twice, a third time. Of course 't was Paul himself. I've never heard of a spirit sneezing. I lean-

ed out of the window. "Hello, Paul," I cried "what on earth has come over you?" Without waiting for his answer, I hurried down

stairs. "Come in," I said, and he followed me to my bed-room.

"Now, tell me what's the matter." I said, lighting a kerosene lamp, "Why aren't you in bed?" The heat hasn't driven you so far from home; mosquitoes are an unknown quantity hereabouts; duns would not find it profitable to torment you; you're too apathetic not to sleep heavily; and too superatitions to haunt the silence for

I could see that he only half understood me.
"To be plain wid you," he said grave-

ly, "I must get married-I'm in love." The solemnity in the poor fellow's voice checked the laughter that swelled to my lips. I was wrong after all. Paul was not apathetic. He could feel the divine passion as keenly as others. Tell me all about her. A daughter

of the gods, divinely tail, ch? ' No, she isn't. She's a daughter of Mickey Foley."

"What, the widow Bullard? You don't mean it." "But I do. though. I haven't eaten a bit during the last week thinking of her. Oh Joe, and you knowing her all this time, and wouldn't tell me."

It was true; I used to keep the books in order for her since her husband died many years before. It didn't take me more than an hour each week, and I was glad to be of such a service. But it was hinted by Mrs. Grundy that I was !

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| headache, variable appetite, sallowness of skin, and eruptions on face, be assured the blood is disordered and the sured the blood is disordered. nervous force weak.

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served at the counter.

angling for the old lady's money. For LEGALLEE BROS .. she did possess some, and a little con-

fectionery store where hot drinks were White Enamel Letters. "My dear fellow," I answered, "don't METAL : AND : RUBBER : STAMPS SEALS, BRANDS, STENCILS.

you know that I'm expecting to figure very prominently in Mrs. Bullard's will?" Note Agents in Province Quebec for Cook's Par-tump Cushim. 674 Lagauchetiere Street BELL TELEPHONE 2458. "I heard something of that," he answered despairingly, "but I didn't believe it. An' now, it seems, it's true.

Well, I'd better be going." This genuine sorrow moved me deeply. "It doesn't matter what'll become of me," he said presently, " I'm poor and old, without a friend in the world."

suggested. He looked me fixedly in the face. "I know it, Joe; an' yet you stab me

" Paul, you have at least one friend,"

worst of all." "But, Paul, you too have your faults and they are very worldly ones. If you loved the widow, you wouldn't cast a

thought on her money."

"Thonom-un-thin I," said Paul, leaping to his leet, "isn't that what I want—the widow? You take the money, and welcome." Great Casar," I cried, "did you think I was enamored of Mrs. Bullard ?

Why I'd scream if she tried to kiss me.'

"Then it's all right?" said Paul joyfully.
"I hope so," I said, "but let's go to bed, and we'll arrange our plan of cam-

paign in the morning. Paul was soon dreaming contentedly; sleep, a by-no means uncommon one in but there was no sleep for me that

The Widow Bullard was not unprebills for the firm. The city editors were limbs, and flung myself into a large pared when Paul, with a shulling, hesi-consequently uncharitably disposed to rocking chair by the window. As I did tating step stood before her. pale and nervous, evidently ill at ease. She smiled kindly at his entrance, and he took a mental note of it as a good

> "How d'ye do, sir? Want some nice, fresh buns, they're steaming hot from the oven?" 'No ma'am ; I don't like eating,

lately."
"Poor man—perhaps then a cup of

coffee?"
"Nothing that way at all, at all. I'm just jaded for want of sleep."
"The heat," said the widow pathetically. No doubt, ma'am," said Paul, look-

ing uneasily around.
"I'm expecting a friend of mine here —Joe you know Joe?"
"Oh," said the widow, as if in sur-

prise, " then you're Paul ?" He nodded his head vigorously. Did Joe leave no message for me?"

"None; he was called away suddenly." Paul threw the weight of his body from the left to the right leg, and then, for want of words, doubled his big toe in his shoe. He was glad when the widow asked him to withdraw to a side room, while she fastened the shutters on the little store. Rejoining Paul, she found him in darkness. "How stupid of me, to be sure," she

said. " I'll light the gas directly." Crossing the room, her foot caught in the carpet. With a scream, she fell into Paul's arms; and lay there contentedly for some time. When she recovered her breath; she thanked him for saving her from a broken neck,

"The gas?" said Paul, when she attempted to rise can't we do without it for a while?" They managed to do so, and Paul

meanwhile built innumerable castles, and otherwise improved, his future At length the widow said, in a spirit

of mischief: "I really think, Paul, you're drunk, Let me smell your breath."

The temptation was too much. Paul did what any lover would have done, he kissed her; and he showed her approciation by slapping him on both cheeks. And when his intentions were continued she grew very serious.

"How can I know that you're not laughing at me? I've never spoken to you until this evening, and here you are talking of love."

"Oh, I do love you—love you truly Jos will tell you that I do." Then in a wisper she said: "Joe has been a true friend to you. He made me love you before I saw you. I will trust

you, Paul. God grant that we deserve each other's love. "Amon," said Paul, forvently .- Hibernian Monthly Magazine.

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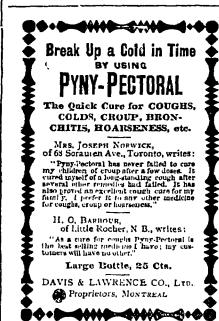
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