

- R Lanolin ..... 3 ozs.  
Liquid paraffin ..... 1 oz.  
Vanillin ..... 4 gr.  
Oil of rose ..... 1 gr.

Mix.

*Sick headache* can frequently be relieved by the following repeated every two hours:

- R Citrate of caffeine ..... 1½ grs.  
Phenacetin ..... 2 grs.  
Sugar of milk ..... 4 grs.

Mix.

*Rheumatism* is now treated with the salicylate of lithium in place of the sodium salt. It is given in doses of seventy-five grains per day.

*Anti-vaccinationists* exist even in this enlightened age, but have little excuse for their peculiar views. A medical journal says that "Between 1870 and 1873, 20,575 persons died from small-pox in Holland. The authorities, becoming naturally alarmed, the vaccination law since that time has been strictly enforced, with the result that the mortality from variola has diminished every year. In the current year, for instance, up to the present, only one death from small-pox has been recorded throughout the country!"

*Pediculi pubis*, or "crabs," are an unwelcome visitor that often send their host to the druggist for blue ointment. A more cleanly application is:

- R Dilute acetic acid ..... 500 parts.  
Corrosive sublimate ..... 1 part.

Mix.

The poisonous nature of the wash must not be forgotten.

*Gunpowder stains* are difficult to remove, but the assertion is made on good authority, that they will disappear when treated with biniodide of ammonium dissolved in an equal quantity of water. The solution must be painted over the affected skin, and then washed with dilute hydrochloric acid. But a small quantity should be treated at a time.

The treatment of *hiccup*, like that of nose-bleed, is often very difficult, and the results unsatisfactory. A medical journal says compressing the phrenic nerve and the pneumogastric in the neck with the index finger, will often cause immediate cessation of the spasms. The medicinal treatment consists in administration of a coffee-spoonful of vinegar mixed with a little powdered sugar; or the following formula may be used:

- R Subnitrate of bismuth ..... 45 grains.  
Oxide of zinc ..... 1 drachm.  
Valerianate of zinc ..... 1 " "  
Powdered columba ..... 1 " "  
Powdered opium ..... ½ grain.  
Essence of anise ..... 9. 8

Mix thoroughly, and give half a teaspoonful of this powder in a wineglassful of sweetened water.

*Muscular cramps* are sometimes very troublesome during pregnancy. Bolton relieves them by giving the sulphate of copper (probably the dried) in one-twenty-fifth grain doses.

*Cold in the head* can be cured, according to the *Medical Compend*, by taking a minimum dose of the fluid extract of gelsemium before retiring for the night.

*Rhus poisoning* can be cured, according

to Dr. W. S. Gilmore, by washing the infected parts with an infusion of ipecac. This is made of a strength of three drachms to the quart of water, and no heat employed. I would suggest that a solution of emetine would probably be still better.

Children born with sore eyes are not uncommon, and the present status of medical knowledge shows the disease is often the result of improper care at the time of birth. A French physician says:

In all children, immediately after birth, before the bath, the lids should be washed with an antiseptic solution, by means of a fine linen cloth, which is very suitable, or better still, by means of a small tumpion of antiseptic wadding. For this purpose use either a solution of phenic acid, 1 to 100, or equal parts of boiling water and Van Swieten's fluid; or the following will suffice:

No. 1.

- R Sublimate ..... 1½ grains.  
Tartaric acid ..... 3 grains.  
Distilled water ..... 3 oz, 2 drs.

Immediately after this the lids should be opened and a drop of the following collyrium allowed to fall into each eye from a dropper, a glass rod, or simply a roll of paper:

No. 2 (in an amber colored bottle).

- R Silver nitrate ..... 2 grains.  
Distilled water ..... 2½ drachms.

Some countries have laws requiring midwives to use the nitrate of silver solution.

*Obesity* is not a sin, but some people abhor it as if such were the case. A French journal says flesh can be reduced by simply eating of but one kind of food at a meal. The remedy is simple, but, we fear, not very reliable.

A favorite *cough mixture* with an eminent English physician is as follows:

- R Syrup of tulu .....  
Syrup of wild cherry .....  
Tr. of hyoseyamus .....  
Hoffman's anodyne .....  
Water ..... equal parts.

Mix.

The dose is one teaspoonful.

*Whooping cough* is not contagious after six weeks according to Dr. Rogers.

The *teething* period with infants is often attended by severe intestinal troubles. Dr. Pierre washes the gums and then applies:

- R Glycerin ..... 4 drachms.  
Potassium bromide ..... 8 grains.  
Cocaine hydrochlorate ..... 15 grains.

Mix.

A dentist contends decaying teeth should be used in masticating food as a means of arresting their destruction. He says the food should be dry. It is possible the foods will remove some of the germs which destroy the teeth, but I prefer to clean with a brush and proper wash or powder.

*Beesstings* are treated by a Connecticut physician with fresh urine. It is possible that urea is of value in such cases, and accounts for the benefits derived. At any rate, it is worth a trial.

*Chronic bronchitis* has been treated with banana juice, which is prepared as

follows: "Cut the fruit in slices and place them in a glass jar; sprinkle with sugar and cover the jar, which is then enveloped in straw and placed in cold water, and the latter heated to the boiling point. The jar is next removed, allowed to cool, and the juice poured into little bottles." The dose is one teaspoonful eight or ten times a day. Some years ago I found banana juice on sale at the soda fountains in New Orleans, and its use was not restricted to those suffering with chronic bronchitis, or the dose to one fluidrachm.

*Quinine* is now given to patients in surgical cases to hasten the healing of wounds. Large doses are required.

*Tapeworms* are said to succumb to the following mixture, if given to a patient after one day's fast:

- R Extract of male fern ..... 1½ drachms.  
Calomel ..... 7 grains.  
Distilled water .....  
Syrup gum Arabic ..... 1 ounce.  
Powdered gum Arabic, a sufficient quantity to make an emulsion.

*Freckles*. Dr. Halkins applies a drop of liquid phenol to each one, and says the result is satisfactory. This must be carefully done, and I would not advise the treatment of very many freckles at a time. Stretch the skin with the fingers, and see that the drop of phenol is not too large.

### A Cheap Disinfectant.

At this season of the year, and during the summer and autumnal months, disinfectants should be kept ready at hand for needed use, but not in any measure to take the place of cleanliness.

The nitrate of lead is the cheapest disinfectant known that fulfils its intent. It does not, however, prevent putrefaction. The chloride of lead is much more effective in all directions. It is made by dissolving a small teaspoonful of nitrate of lead in a pint of boiling water; then dissolve two full teaspoonfuls of common salt in eight quarts of water. When both are thoroughly dissolved, pour the two mixtures together, and when the sediment has settled you have two gallons of clear fluid, which is the saturated solution of the chloride of lead. A pound of nitrate will make several barrels of the liquid. The nitrate of lead costs from eighteen to twenty five cents a pound at retail.—*Monthly Bulletin*, June, 1891.

### The Combination of Iodine and Glycerin.

If tincture of iodine is mixed with glycerin the latter will keep the skin moist to facilitate the absorption of the iodine. This is recommended by Dr. Hammond and may lead to a new Galenical preparation. Experiments are now in order to see how such a preparation will keep.—*Pharmaceutical Record*, June 18.

Angelica oil has been demonstrated to derive its peculiar odor from the presence of phellandrene.