EVANGELIST WARNS YOUNG WOMANHOOD OF CITY'S SNARES

Dr. Gordon Tells Girls of Its Dangers—Says To Beware of Strong Drink.

The largest congregation that has yet attended the First Methodist Church since Dr. D. L. Gordon, of Winnipeg, began his three weeks' Christian citizenship campaign, crowded into the edifice last night and heard another plain talk from the man that is slowly, but surely, creating an interest in conservative London.

The subject Friday night was "The Fashion Craze."

"Every young woman has an influence," said Dr. Gordon. Every suggestion of beauty, every subtle element of magnetism, every added touch of originality in temperament, every curve and turn in demeanor, every trace of sparkle and vitality in conversation—all these add to a young woman's influence and therefore to her responsibility. That influence and responsibility is yours until you have sacrificed it, by an imprudent word, or by an unwise act. Guard well your influence, and never forget, for a moment, that by the virtue of your soul and in the purity of your mind, you have an influence unequalled in its sphere.

"When you have sacrificed your influence, it will probably never return to you—not certainly in the same original quality and power—your sceptre has departed, your crown has fallen, your robes are moth-eaten and your chair of enthronement uneven in its footing. Eugenie was once the queen of France in the days when her husband, Napoleon III. sat on the throne. She had a great dream, but it vanished! She remarked, recently: "My dream has been dissipated. I foresaw a great and glorious future for my country, but my dream has vanished. It has been killed by fate.'

"This is an hour of danger. The bars are down. The restraints have been removed. Even the folks who are classed as 'religious' are following the line of least resistance. There has never been a time on this continent when the dangers which encompassed our young women were so great. Young women are entering the commercial realm, and standing side by side with their male competitors. Our civilization is providing, unknowingly, new tests for character in all realms of social intercourse. I therefore address these words to the young women of the community:

"Beware of the violation of the generally-accepted rules of good society. The young men of a community are just about as good or as bad as the young women desire them to be. Keep the standard high. Have the moral courage to say, concerning a book, a play, a habit, an incident, or an expression: 'I do not approve of it.'

"Beware of sacrificing your dignity, even for a moment. The young woman who is too approachable in her manner is regarded as an 'easy mark' by a certain class of young men—and spoken of as such. Woe be to you when your name becomes a by-word on the lips of a certain class of young men in the community. There is a companionship in which the foundation of true friendship is lacking. Beware of it. Better be lonely than low. Never place yourself on the bargain counter of a low type of social intercourse. If you would be respected—respect yourself.

"Be careful in the matter of your correspondence. What you write may be read by other eyes than those for whom your lines were originally intended. All men are not honorable, and some who would be honorable under ordinary circumstances, sometimes forget the things which belong to a chivalrous manhood.

"A Christian woman, a member of Central Church, sat in the dining-room of a certain well-known departmental store in Winnipeg, and heard a young man read to his male companion at the table the contents of a letter from a confiding young woman, who thought enough of him to address him in endearing terms. If the poor girl who penned the epistle could have heard the comments and laughter she would doubtless, in the future, have exercised greater care in the selection of her companions, and in the expression of her sentiments.

"Be careful what you write. As a rule, you will never be sorry for the things you do not say, or worried overmuch about the things you do not write. Many an innocent girl's correspondence has passed out of the hands of the one to whom the epistles were originally addressed and caused tears, embarrassment and confusion. Write, if you must write, as in the presence of a listening world, and let your meaning be deeper than your words.

"Beware of drink. For a girl, the tragedy of drink is the tragedy of shame. The sensualist holds a wineglass in his hand. A drunken girl in the hands of an unprincipled wretch spells 'ruin.' The girl who trusts herself to such a character is a maiden who gambles with fate while all the scales are fixed against her. In that glass of champagne there trembles all the possibilities of eternal destruction.

"The memories of home must be far away, the lofty thoughts of holy ideals must be blurred and indistinct, virtue must have lost its meaning and purity its power when a Canadian girl can place her life and character in the hands of a man to whom she was introduced an hour ago and of whose principles, or lack of principles, she has no more knowledge than I have of the supposed inhabitants of Mars. Beware of drink. The greatest dethronement of modern womanhood begins with rum and ends with ruin. The young woman who takes a glass of wine outside of her own home is on dangerous ground.

"A girl without principle is a girl without anchorage. The trinity of a woman's power is purity, dignity and spirituality. There is a modesty of demeanor, the sign and symbol of a queenly womanhood, which no true gentleman will ever encroach upon. There is a certain womanly dignity over which none but a culprit will dare to step. Keep up the standard of your life.

"Don't go to questionable amusements. Don't allow any man to use profane or uncouth language in your presence. Don't visit places of whose character you are not absolutely sure. Accept no gift not in harmony with your relationship. Make no compromise for the sake of any favor, position, prospect, promotion, advantage, preference, or privilege.

"Beware of the man who takes the first step towards an infringement on the dignity of queenly womanhood. Beware of the man who seeks for your acquaintance aside from the recognized rules of good society. Beware of the man who, being outside the circle of your acquaintances, sends you a note by the hand of another. Beware of friendships, recent of date and newly-made (either men or women), who suddenly lavish upon you a measure of attention and expenditure out of all harmony with the rules of social intercourse and common sense.

"There are men in every city compared with whom the cruelty of a Crippen is as kindness. There are men in every city who could blast a woman's life, break her heart, ruin her health, steal her beauty, damn her character, defame her name, crush her spirit, extinguish her self-respect, and fling her into the street like the skin of an orange, and then—laugh at her. In the estimation of this man, life is a joke, virtue a bubble, stainlessness a straw, affection a myth, and love a tradition."

Here's What Is Meant By "Sublime Porte"

Palace Gateway From Which the Turkish Government Takes Its Name.

Advertiser Illustrations.

The "Sublime Porte" or high gate of the Turkish Governmental Palace in Constantinople, from which has originated the term "Sublime Porte," meaning the Turkish Government. Formerly the highest officer of the government sat within the gate and publicly dispensed justice. Thus the term for the grand vizier became "Sublime Porte," and later the expression became synonomous with the whole of the Sultan's cabinet, or Turkish Government.

WOMEN'S AUXILIARY OF HURON DIOCESE HERE NEXT WEEK

Delegates From All Over Western Ontario to Attend 28th Annual Meeting—Are Billeted.

The twenty-eight annual meeting of the Huron Diocesan Branch of the Woman's Auxiliary to the Missionary Society of the Church of England in Canada will be held (D. V.) in Bishop Cronyn Hall on Tuesday, Wednesday and Thursday of next week. Addresses will be delivered by Reverend Canon Gould on "The War and Missions." His Lordship the Bishop of Huron and Miss Trent "Nagoya Japan." The meetings will be opened with service in St. Paul's Cathedral at 11 o'clock on Tuesday morning, at which His Lordship the Bishop of Huron will preach. The Reverend Canon Gould will be guest of the Lord Bishop and Mrs. Williams, Miss Trent will also be a guest at Bishopstowe.

The following is a list of the delegates from outside branches and their hostesses:

Alisa Graig—Mrs. Meyer, with Mrs. Appleyard, St. Matthew's Rectory; Mrs. S. Pride, with Mrs. Appleyard, St. Matthew's Rectory; Miss Chapman, with Mrs. Lee, 314 Wolfe street.

Aylmer—Mrs. Wrong, with Mrs. Morley, 354 St. James street; Mrs. Ralph Chambers, with Mrs. Dochstader, Hayman Court.

Ayr—Miss Morrison, with Mrs. Bruce, 734 King street.

Berlin—Mrs. McBrim, with Mrs. Jos. Smith, 308 Princess avenue; Mrs Fogelbury, with Mrs. Jos. Smith, 308 Princess avenue.

Brantford (Grace Church)—Mrs. Ogle with Mrs. Niven, 423 Colborne street; Mrs. Maudsley with friends; Miss Wye with Mrs. Geo. Armstrong, Elmwood avenue; Mrs. P. T. Laborde with Mrs. Adams, 159 Albert street.

Brantford (St. Jude's Church)—Mrs. C. Jeakins with friends; Mrs. Moss with Mrs. Beer, 801 Dufferin avenue.

Brantford (St. James' Church)—Mrs. Loftly with Mrs. Richardson; Mrs. Munty with Mrs. Campbell, 255 Huron street.

Burford—Mrs. L. A. Cameron with Mrs. Wright, 95 Maple street.

Chatham (Christ Church)—Mrs. Linley with Mrs. Trebilcock, 889 Lorne avenue; Mrs. Heard with Mrs. Nash, 43 Beaconsfield avenue; Mrs. Hennessy with Mrs. Nash, 43 Beaconsfield acenpe; Miss Lucy Landys with Miss McDonough, 266 Oxford street.

Chatham (Holy Trinity)—Mrs. MacIntyre at Y. W. C. A.

Corunna—Mrs. Geo. Cowan with Mrs. Flurschuetz; Miss Mabel Warwick with Mrs. Flurschuetz.

Clinton—Miss Potts, with Mrs. Paull, 615 Wellington street; Mrs. Paull with Mrs. Paull, 615 Wellington street.

Delaware—Mrs. Hartley with Mrs. Bice, All Saints Rectory; Mrs. Cox with friends; Miss Alton with friends.

Dover—Mrs. Trumper with Mrs. Davidson, 843 Wellington street.

Dorchester—Mrs. Harold Sutton with Mr. J. M. Isaac, 920 Dundas street; Miss Alma O'Neil with Mrs. J. R. Isaac, 920 Dundas street.

Dresden—Mrs. Y. F. Whealen with Mrs. Orr, 504 Waterloo street; Mrs. Bodkin with Mrs. Orr, 504 Waterloo street.

Fordwich—Mrs. Robarts with Mrs. Wilson; Mrs. Donaghy with Mrs. E. Morley, 145 Ridout street.

Galt—Mrs. C. H. R. Warnock with Lady Beck; Mrs. Bennett with Mrs. B. Simmons, 48 Tecumseh avenue; Mrs. Robt. Turnbull with Miss Hart, Byron avenue.

Glanworth—Mrs. White with friends; Mrs. Edelstein with friends; Miss Shore with Mrs. B. D. Mitchell, 304 King street.

Glencoe—Mrs. Moss, with Miss Elliott, 400 Dufferin avenue; Mrs. Isaac Walker, with Mrs. Talbot, 389 Dufferin avenue; Mrs. Owen, with Mrs. Wright, 95 Maple street; Miss Ruth Owen, with Mrs. Wright, 95 Maple street.

Granton—Mrs. Eccleston, with Mrs. Gould, 951 Lorne avenue; Mrs. Powers, with Mrs. Gould, 951 Lorne avenue; Miss M. Webb, with Mrs. Cullis, 177 Wortley road.

Hensall—Mrs. Doherty, with Miss Doherty, 508 Grey street; Mrs. Case, with friends; Mrs. Simpson, with friends.

Hespeler—Mrs. Gossage, with Mrs. Betts, 536 Queen's avenue; Miss M. Warren, with friends.

Highgate—Mrs. John Tolson, with Mrs. Beattie, 3 Byron avenue; Miss May Scott, with Mrs. Beattie, 3 Byron avenue.

Hyde Park—Mrs. Durnford, with friends; Mrs. Colville, with friends.

Ingersoll—Dr. Helen Wood, with Mrs. Cody, 97 Stanley street; Mrs. S. Nagle, with Mrs. Nagle, Broughdale; Mrs. Vann, with friends; Mrs. Marchant, with friends.

Ilderton—Mrs. Mark Turnbull, with Mrs. Fraser, 508 English street. Mrs. G. C. Robson, with Mrs. Curtis, 923 Queen's avenue. Mrs. J. C. Gibson, with Mrs. William Gibson, Miss N. Thirlwall, with Mrs. Waugh, 174 Bruce street.

Kincardine—Miss Batman, with Mrs. Bartholomew, 292 Central avenue.

Lambeth—Mrs. Charles Shore, Mrs. E. Routledge.

Lucan—Mrs. Lowe, with friends; Mrs. Ferguson, with friends; Mrs. McLean, with friends.

Lyndoch—Mrs. Sutherland, with Miss Thomson, 446 Queen's avenue. Mrs. Chrysler, with Miss Thomson, 446 Queens avenue.

Millbank—Mrs. James McKee, with Mrs. J. W. Jones, 159 Langarth street. Mrs. S. Loney, with Mrs. Gibbons, 61 Adelaide street Miss Tessie E. Harron, with Mrs. Gibbons, 61 Adelaide street.

Mitchell—Mrs. W. W. Hicks, with Mrs. C. Nicholls, St. George Apartments. Miss Hotham, with Mrs. C. Nicholls, St. George Apartments.

Morpeth—Mrs. Dugal Gray, at Y. W. C. A. Miss Maggie Freel, at Y.W.C.A.

Howick—Mrs. Tancock with Mrs. Tancock, 115, St. James street; Mrs. Rowe with Miss Landor, 830 Waterloo street.

Paisley—Mrs. Diehl with Mrs. Blair, 467 Princess avenue.

Paris—Mrs. Downie with Mrs. J. N. Bray, 559 Princess avenue; Mrs. Armitage.

Petrolia—Mrs. Jones with friends; Mrs. Lowery with friends.

Port Dover—Mrs. Skey with Mrs. Skey, 275 Piccadilly street.

Port Stanley—Miss Downie with Mrs. B. A. Mitchell, 304 King street; Mrs. Mason Hyndman with Mrs. B. A. Mitchell, 304 King street.

Princeton—Miss Evelyn Rawlinson with Mrs. G. Mathews, 591 Oxford street; Mrs. Harvey with Mrs. Chadwick, Inkerman street.

Preston—Mrs. Frank Moss with Mrs. Robinson, the Asylum; Miss Pattenson with Mrs. Robinson the Asylum; Mrs. Dolph with friends.

Ridgetown—Mrs. A. Shore with Mrs. Ball, 24 Edward street; Mrs. Dauphin with Mrs. Ballantyne, 20 Elmwood avenue; Mrs. Scherer with Miss Burwell, 195 Sherwood avenue.

Sarnia—Mrs. Chester with Mrs. Bucke, 427 Dufferin avenue; Mrs. H. J. Kenny with Mrs. Arthur Smith, 346 St. James, street; Mrs. Newton with Mrs. Lawson, Cheapside street.

Seaforth—Mrs. Everatt with Mrs. Henry, 636 Princess avenue; Mrs. Govenlock with Mrs. Bowen, 218 George street.

Simcoe — Mrs. Peterson with Mrs. Waller, Huron College; Mrs. McGill with friends.

St. Marys—Mrs. Mills with Mrs. Francis, 506 Ontario street; Mrs. Paynter, with Mrs. Moorehouse, 249 Queen's avenue; Mrs. Stanley with Mrs. Ashby, 916 William street.

St. Thomas—Miss E. N. Hughes with Mrs. Sage, St. George's Rectory; Miss Foss with Mrs. Edwards, Hayman Court apartments; Miss Hobson with Mrs. Bartram, 318 Oxford street.

Stratford — Miss Dent with Miss Kingsmill, Ardah apartments; Mrs. Packham with Mrs. Mall, 6 Watson street; Mrs. Monteith with Mrs. Parker, 10 Ardaven Place.

Strathroy—Mrs. Robinson with Mrs. Fisher, Waterloo street; Miss Brock with Mrs. Fisher, Waterloo street; Mrs. Pincombe with Mrs. Seabrooke, 25 Erie avenue; Mrs. Richards with Mrs. Seabrooke, 25 Erie avenue.

Thamesford—Miss Bray, with Mrs. J. R. Bray, 550 Princess avenue; Mrs. Downham, with Mrs. Davis, Dufferin avenue; Mrs. M. Cowper, with Mrs. Bawtinheimer, 652 Lorne avenue.

Thorndale—Mrs. J. B. Harding, with friends; Miss L. Lee, with friends.

Tillsonburg—Mrs. George L. Brown, with Mrs. W. L. Underwood, 422 King street; Miss Ethel Clarke, with Mrs. G. Phillip, 3 Martyn Apartments; Mrs. T. B. Howard, with Mrs. C. Howard, 793 Adelaide street.

Tyrconnell—Mrs. S. A. Macdonell, with Mrs. George Grant, 22 Edward street; Mrs. J. S. Pearse, with friends.

Walkerville—Mrs. Buchanan, with Mrs. Gahan, 644 Talbot street; Mrs. Good, with Mrs. Craig, 367 St. James street; Mrs. Ross McKenzie, with Mrs. H. B. Ashplant, 807 Waterloo street; Miss Phyllis Marshall, with Mrs. L. Clarke, 153 Wortley road.

Warwick—Mrs. A. Cox, with Mrs. Risler, 876 Trafalgar street; Mrs E. A. Herbert, with Mrs. Risler, 876 Trafalgar street; Mrs. W. M. Shore, with Miss Biddulph, 45 Bruce street; Mrs. Wordsworth, with Mrs. Gibson, Oxford street; Miss Wordsworth, with Mrs. Gibson, Oxford street.

Waterloo—Miss Hughes, at the Rectory, Hyde Park; Mrs. A. McBride, the Rectory, Hyde Park.

Wilmot—Miss Carry Brown with Mrs. Falls, Grosvenor street; Miss Walker with Mrs. Walker, Maple street; Miss Lucy Tye with Mrs. Puddicombe, 160 Sydenham.

Wingham—Mrs. Grey with Mrs. Taylor, 927 Lorne avenue; Mrs. Allen with Mrs. Taylor, 927 Lorne avenue.

All Saints Church

Windsor—Mrs. Barrett with Mrs. J. H. Campbell, 845 Queens avenue; Mrs. Stewart with Mrs. Jenkins, York street; Mrs. Howe with Mrs. Willmot, 766 Colborne street; Miss Mary Hallowell at "Bishopstowe;" Miss Mann with Mrs. Sage, St. George's Rectory; Miss Leah Armstrong with Mrs. Jeeves, 879 Hellmuth avenue; Miss Erma Hughes with Mrs. Jeeves, 879 Hellmuth avenue.

Church of Ascension.

Windsor—Mrs. Malott with Mrs. Norwood, Memorial Rectory; Mrs. Barrons with Mrs. Colerick, 682 Queen's avenue; Miss Mary Crawford with Mrs. Spittal, 101 Cheapside street.

Woodhouse—Mrs. Ward with Mrs. Tilley, King street; Mrs. Frank Rowlby with Mrs. Walter, Huron College.

Aid St. Paul's.

Woodstock—Mrs. H. J. Davis with Mrs. Davidson, 1018 Francis street; Mrs. Anderson with Mrs. Davidson, 1018 Francis street; Mrs. Albert Kelly with Mrs. Battle, 132 Mamalon street.

Woodstock — New St. Paul's—Mrs. Brewen, with Mrs. Tucker, St. Paul's rectory; Mrs. Stone, with friends; Miss A. L. Parker, with friends.

C.M.R. OFFICER MARRIES PRETTY BYRON GIRL

Lieut. Dr. "Jack" Wood Wedded to Miss Leyden Sharp.

Lieut. Dr. John F. Wood, son of Dr. Fred Wood, and the popular veterinary officer of the 7th C. M. R., was married Friday afternoon to Miss Leyden Sharp, daughter of John Sharp, farmer, of Byron. Rev. Dr. Nixon officiated, at the home of the bride's parents. Only immediate friends and relatives were present. The Bridal March was played by Miss Durkin, while Miss Madge Wood, sister of the groom, rendered a solo. A wedding breakfast was afterwards served. Lieut. and Mrs. Wood left in the afternoon for a few days' trip in the east, and were given a send-off by the officers and men of the C. M. R., probably the most demonstrative a fair bride of Middlesex ever received. Several handsome presents were received from Lieut.-Col. Leonard, the officers and men of the C. M. R., indicating the high esteem in which their veterinary officer is held. His troop of horses is regarded as among the best in the province.

HOMESEEKERS' EXCURSIONS

Round trip tickets to points in Western Canada, via Chicago, on sale each Tuesday, until Oct. 26, inclusive, at low fares. Return limit, two months. Full particulars and tickets at Grand Trunk ticket offices. E. Ruse, local agent, phone 80. ty tf

LAMBETH.

LAMBETH, March 6.—Joseph Allen has sold his house and lot to James Martin, and has purchased Mr. Martin's farm.

Miss Edna Routledge is able to be up again.

The hydro men are very busy wiring. The lights are expected soon.

Mr. and Mrs. Laurence Nichols have both been ill with la grippe.

Special meetings are being held every evening in the Methodist Church.

Miss Jennie Hay, of South London, has been visiting Miss Pearl Mann.

GERMAN SHELLS BURST NEAR LONDON TROOPS

Lieut.-Col. Becher Writers From the Trenches—Country People "Perk Up" at Presence of Canadians.

J. W. P. Jones, of the H. C. Becher Brokerage Company, received a letter yesterday from— Lieut.-Col. H. C. Becher, written from the trenches in Flanders. It is the first communication from him received here since the Canadians moved to France, and refers to the close proximity they then were in to the Germans.

Lieut.-Col. Becher declares that the first battalion is in comfortable quarters, being billeted in a village, the name of which is not given. He further declares that the country people have begun to "perk up" now that the Canadians are there, as the presence of the Canucks means ready money to those who have been rendered poverty-stricken by the war.

The London officer comments on the uncomfortable habit of the Germans of hurling shells into the Allies' quarters for the most part at night. At the time he was writing it was 2 a.m., and the shells were still bursting. The fact that the Germans were eight miles away and that that prevented any reprisals of their batteries was called unsatisfactory.

TURKEY WANTS TO BUY FLOUR FROM NEW YORK

WASHINGTON, March 5.—American Ambassador Morgenthau, at Constantinople, cabled the Department of Commerce today that quotations were wanted in the Turkish capital on the various grades of flour at New York, information on the approximate freight and insurance rate to Dedeaghatch and time required for shipments.

Once Burn

SCREENED SCRANTON COAL

Always burn it, for Heating and Cooking.

Webster-Harvey Limited

Phone 1383. 795 tyt

CATARRH NEVER STOPS IN SAME PLACE; REACHES LUNGS—DEVELOPS CONSUMPTION

To Stop a Cold Quickly and Prevent Catarrh, Use "Catarrhozone."

Nothing more serious than the common cold.

If it gains headway you can't stop it from running into Catarrh, deafness, or serious throat trouble.

Catarrh spreads very fast.

From nose to throat it goes in a day. Soon the Bronchial tubes are affected—and before you know it, unless very healthy the lungs are hit, and it's too late.

While you have the chance, drive colds and Catarrh right out of the system.

You can quickly do so by inhaling the rich piney vapor of Catarrhozone.

Right to where the living germ of Catarrh is working will the healing fumes of Catarrhozone go in ten seconds.

No liquid medicine can penetrate to the deep recesses that Catarrhozone bathes with its soothing vapor—that's just why it proves so wonderfully effective.

The health-laden vapor of Catarrhozone cures the worst of coughs and hoarseness. The uttermost parts of the bronchial tubes are reached. Bronchitis is cured—every cell in the head, throat and nose is treated by Catarrhozone's wonderful fumes.

You can't beat Catarrhozone for huskiness, weak throat, sore nostrils, catarrhal and bronchial trouble of any kind. Get the complete $1.00 outfit. Smaller size, 50 cents. Trial size, 25 cents, at dealers everywhere.

BREAK WHISKY'S GRIP ON YOUR LOVED ONES

Drunkards will tell you with tears of sincerity that they do not want to drink. The craving coming from the inflamed membranes of the stomach drives them to it.

Alcura will soothe the trembling nerves and remove the craving that is ruining your home and stealing an otherwise kind husband or father from you. It costs only $1 per box, and if it does not cure or benefit after a trial the money will be refunded.

Alcura No. 1 is tasteless and can be given secretly in tea, coffee or food. Alcura No. 2 is taken voluntarily by those willing to help themselves.

Alcura can now be obtained at our store. Ask for free booklet, telling all about it, and give Alcura a trial. W. T. Strong, druggist, 184 Dundas street, London.

HOW YOU MAY REDUCE YOUR WEIGHT.

Overstoutness is a very unwelcome condition, especially in the present day, when slender figures are so fashionable, and every reader of this paper has noticed the tendency of some people to put on an excessive amount of fat.

If you happen to be one of those whose weight is more than it should be, don't try to starve yourself, eat all you want, but go to your druggist and get oil of orilene in capsule form and take one with each meal.

Oil of orilene increases the oxygen-carrying power of the blood and dissolves the fatty tissue, in many cases at nearly the rate of one pound per day. Be sure to get oil of orilene in capsule form. It is sold only in original sealed packages. Any good druggist has it, or a large size box will be sent on receipt of $1.00. Address D. J. Little Drug Company, Box 1240, Montreal, Canada.

SICK HEADACHES PERMANENTLY CURED

Dr. Williams' Pink Pills Correct the Cause of the Trouble.

There are few ailments that cause more genuine misery in the home than attacks which are generally termed sick headaches. The attacks are often periodical, and when the mother of a family is prostrated at intervals there is not only her own suffering to consider, but the discomfort caused the other members of the household. Sick headaches arise from a variety of causes, and most of them can be relieved or cured through the tonic treatment with Dr. Williams' Pink Pills. Mrs. Hugh Docherty, Rocaville, Sask., says: "I suffered for years with what the doctors called nervous prostration and sick headache. When these spells came on I could not work nor walk, and the pains in the head were almost unbearable. At times the pain in my head was so dreadful that I feared it would drive me mad. I tried four different doctors at times, and not only took bottles of medicine, but quarts of it, but to no avail. Then I quit taking medicine altogether, and tried dieting, but it made no difference. I was still an agonizing sufferer. Finally my husband urged me to try Dr. Williams' Pink Pills, and got me a supply. After taking the Pills for some weeks I felt a little better, and I gladly continued their use. My nerves began to feel stronger, the terrible headache came with less frequency, and after taking the Pills for some months disappeared altogether. From that day to this I have had no return of the trouble, and all who knew of my illness regarded my cure as marvellous. I cannot say too much in praise of the Pills, as they certainly saved me from a life of almost constant agony."

It is by building up and enriching the blood and strengthening the nerves that Dr. Williams' Pink Pills work seemingly marvellous cures, and what they have done for others they will do for all ailing people if given a fair trial. If you do not find these Pills at your medicine dealer's you can get them by mail at 50 cents a box, or six boxes for $2.50, from The Dr. Williams' Medicine Company, Brockville, Ont.

TRACTION COMPANY

Week-day service: 4:50, 6:30, *7:05, 9:00, *10:30, 12:00 a.m., *1:30, *3:00, 4:15, *5:15, 6:15, *7:15, *8:15, *9:45, 11:15 p.m. Cars marked * run through to Port Stanley.

Sunday service through to Port Stanley, 9:00 a.m., 11:00 a.m., 1:00 p.m., 3:00 p.m., 5:00 p.m., 7:00 p.m. St. Thomas, 9:00 p.m.

GRAND TRUNK RAILWAY SYSTEM

DOUBLE TRACK ALL THE WAY

London-Chicago London-Montreal

Unexcelled Train Service. Highest Class of Equipment.

Winter Tours to California, Florida and Sunny South. Fast trains. Choice of routes. Low rates now in effect. For full particulars consult G. T. R. ticket agents. E. RUSE, local agent. Phone 80. yxvt

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"RESTFUL ISLES OF SUMMER LOVELINESS."

S.S. Bermudian, fastest, most luxurious steamer, landing passengers without transfer.

Sails from New York every Wednesday, 11 a.m.

WEST INDIES.

Delightful 28-day cruises to the Antilles. For tickets, apply to Canada Steamship Lines, Limited, Montreal, or Any Ticket Agent. F18,20,23,25,27,M2,4,6

CUNARD LINE

CANADIAN SERVICE.

Sailings From Halifax to Liverpool.

ORDUNA (15,500 tons) ..... March 22
Transylvania (15,000 tons) .. April 12
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For particulars apply to W. Fulton, 161 Dundas street; F. B. Clarke, 416 Richmond street; R. E. Ruse, Clock Corner; E. De La Hooke, 422 Park avenue, or The Robert Reford Company, Limited, General Agents, Montreal, Quebec, Toronto, St. John, N. B., and Portland, Me.

CANADIAN PACIFIC

TRANS ATLANTIC SERVICE

From Liverpool	From St. John	From Halifax
Mar. 12..Missanable	26	Mar. 27
Mar. 26 *Metagama	9	Apl. 10
Apl. 2..Grampian	16	Apl. 17
Apl. 9..Missanable	23	Apl. 24

*The new one-class cabin ship—maiden voyage.

Particulars from Steamship Agents or M. G. Murphy, D.P.A., Toronto. ywt

ALLAN LINE Royal Mail

From.	Next Sailings.		To.
St. John...	*Corsican.....	March 16	..Liverpool
Portland...	Carthaginian..	March 18	...Glasgow
St. John...	*Hesperian.....	March 19	..Liverpool
Boston.....	Pretorian.....	March 25	....Glasgow
St. John...	Corinthian.....	March 27	....London
St. John...	*Scandinavian..	April 2	....Liverpool
St. John...	Sicilian.....	April 3	.....London
St. John...	*Corsican.....	April 16	....Liverpool

*—Mail steamer sailing from Halifax one day later.

For full information apply local agent or THE ALLAN LINE, 95 King St. W., Toronto.

THE TORTURES OF RHEUMATISM

are always aggravated during damp, changeable weather and ordinary treatments are often useless.

Such conditions need the oil-food in *Scott's Emulsion* to reduce the injurious acids and strengthen the organs to expel them.

Scott's Emulsion, with careful diet for one month, often relieves the lame muscles and stiffened joints and subdues the sharp, unbearable pains when other remedies have failed.

YOUR DRUGGIST HAS IT.

14-64 SCOTT & BOWNE TORONTO ONTARIO

Scott's Emulsion Made in Canada

Ruinous Curling Iron No Longer Necessary

The woman whose hair has been burnt dreads the hot curling iron. She knows only too well how destructive to the life and beauty of the hair this instrument of torture is. She will therefore welcome the information that a simple product to be found at any drug store will not only give her tresses the desired wavy effect, but without burning, discoloring, streaking or injuring hair or scalp in any way. It is nothing more than plain silmerine in liquid form. It should be applied to the hair with a clean toothbrush, preferably at night.

A convenient way is to divide the hair into strands and moisten these one at a time from root to tip. In the morning the hair will be found beautifully wavy and curly, having the appearance of perfect naturalness, no matter how the hair is done up. As the effect lasts many days, one need not get more than a few ounces of the liquid silmerine. This, by the way, is neither greasy nor sticky.

For Rough, Wrinkled, Freckled, Pimpled Skin

As March winds, flying dust and dirt, are apt to injure any complexion, this information will be of special value right now. If you have any cutaneous blemish, don't use paint, powder or anything else to cover it up. Too often this only emphasizes the defect. Besides, it's much easier to remove the disfigurement with ordinary mercolized wax. Applied nightly, the wax will gradually remove freckles, pimples, moth patches, sallowness, red or yellow blotches or any surface eruption. The affected cuticle is absorbed, a little each day, until the clear, soft, youthful and beautiful skin beneath is brought wholly to view. Ask the druggist for one ounce of mercolized wax and use this like you use cold cream. Remove in morning with soap and water. Many who have tried this simple, harmless treatment report astonishing results.

If bothered with wrinkles or furrows, a wash lotion made by dissolving 1 oz. powdered saxolite in ½ pt. witch hazel will prove wonderfully effective.

FITS

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SAGE TEA DARKENS HAIR TO ANY SHADE

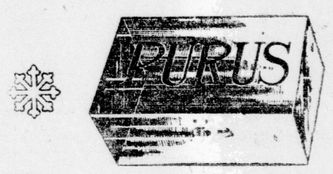
Don't Stay Grey—Here's an Old-time Recipe that Anybody Can Apply.

The use of Sage and Sulphur for restoring faded, grey hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and abundant. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect.

But brewing at home is mussy and out-of-date. Nowadays by asking at any drug store for a 50-cent bottle of "Wyeth's Sage and Sulphur Compound," you will get this famous old recipe which can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, feverish, itchy scalp and falling hair.

A well-known down town druggist says it darkens the hair so natnrally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through your hair, taking one strand at a time. By morning the grey hair disappears, and after another application or two, it becomes beautifully dark, glossy, soft and abundant.

Manufactured ICE



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