

CASCARETS 10¢

For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to physic your bowels when you have
Headache Biliousness
Colds Indigestion
Dizziness Sour Stomach
is candy-like Cascarets. One or two

to-night will empty your bowels completely by morning and you will feel splendid. They work while you sleep. Cascarets never stir you up or rouse like Salts, Pills, Calomel, or Oil and they cost only ten cents a box. Children love Cascarets too.

Sweet Eva!

CHAPTER XXXI.
He pushed her from him suddenly and began pacing up and down the room.

"I'll wring his neck for him to-morrow," he said in boyish high-pitched excitement. "Just because he's likely to have a little some day—that's the only pull he's got over me. She told me about him before, that's why I hated her coming." His excitement suddenly died down; he flung himself on to the couch and hid his face.

"Nothing will ever be the same again—nothing," he said hoarsely. Eva knelt beside him; she tried to laugh and chase his fears away. She told him that he was too jealous; that, of course, Kitty resented it if he had let her see that he was jealous; that it would be all right in the morning; that to-morrow he would be laughing at himself.

"Everything will be all right—you see if it isn't," she said. She persuaded him to go to bed at last; she promised that she would go with him in the morning to see Kitty. "We'll bring her back to lunch with us," she said cheerily. "Don't be such a goose, Peter."

She kissed him and laughed at him, and sent him off to his room looking a little shame-faced. This new trouble, coming on top of her own, seemed almost more than she could bear; she would have given her soul for someone in whom to confide, but there was nobody to whom she could turn . . . except Calligan! The exception slipped unconsciously into her mind; presently, when Philip had gone to Rhodessa, he would be her only friend.

She lay awake far into the night thinking of him with grateful affection; it never occurred to her that the friendship on which she counted so much was no friendship to Calligan; that she was the one woman in his world, even as Philip was the one man in hers.

She sat up with her hands clasped round her knees, staring before her with mournful eyes. This new dread that Philip might be going to leave her stimulated her blood.



Indoor Life

Spending more time indoors makes women far more subject to constipation than men.

The liver becomes sluggish and torpid, the bowels constipated and the system poisoned by impurities.

If you would get away from the myriads of ills which result from constipation, it is only necessary to use Dr. Chase's Kidney-Liver Pills.

The benefits from their use are as lasting as they are prompt and certain.

Mrs. John Barry, 18 St. Amable Street, Quebec, Que., writes:

"This is to certify that I was troubled for years with constipation and tried all kinds of medicines without relief. At last my husband suggested that I try Dr. Chase's Kidney-Liver Pills. I did so, and must say that they have given me more relief than all the medicines I have taken during the last fifteen years. I may also add that I have used Dr. Chase's Ointment for piles with excellent results."

At All Dealers.

Distributor:

GERALD S. DOYLE

burning with indignation for Peter's sake; what a way to treat a man whom one was supposed to love!

"You'll give my love to Phil, won't you?" Kitty said, as they shook hands. "I really am coming to call—I promised him I would . . ."

Eva walked away with crimson cheeks. "If that's being well bred, I'm glad I'm not," she thought indignantly. She could not understand how Peter could be so blind; she was quite sure in her heart that Kitty did not mean to marry him, and she deeply resented the patronising way in which she and Peter had both been treated.

She went back to the flat feeling very sad. She wondered what sort of a man Featherstone was, and if there was really any foundation for Peter's outburst of jealousy last night. Through the half-closed library door she saw Philip writing at his desk; she hesitated a moment, then went into the room.

"Philip."

"Yes."

There was a little additional colour in his face as he looked up; he had grown so used to hearing her step pass his door.

"I've just been with Peter—to see Kitty Arlington."

"Yes."

"I asked her to lunch, but she wouldn't come."

"No." The indifference of his voice angered her.

"She sent her love to you," she said deliberately.

"Thank you." There was a little pause. "Is that all you came to say to me?" Philip asked.

She fidgeted with a paper weight. "Yes—no—at least—what sort of a man is Mr. Featherstone?"

"Featherstone?" Oh, he's all right—good family and all that, you know. Why do you ask?"

She hesitated. It hurt her pride to have to admit that Peter was jealous of Featherstone.

"I only thought . . . he seemed—well, he goes about a great deal with Kitty, doesn't he?"

She raised her eyes with sudden paths in them; Philip was looking at her steadily, and for the moment she forgot the strained relationship that existed between them, and remembered only her anxiety for her brother; she stretched her hand to him across the table.

(To be continued.)

Always Something New and Fresh at ELLIS & Co's, LIMITED.

203 WATER STREET.
Fresh Canadian Chicken.
Fresh Canadian Turkeys.
Fresh P. E. I. Fat Geese.
Fresh Rabbits.

New Grape Fruit.
Fresh Peas.
Green Grapes.
California Oranges.
Tangerines.
Red Grapes.
Fresh Celery.
Ripe Tomatoes.

FRESH EGGS.
Swansdown Cake Flour.
Rye Flour.
Panicke Flour.
Buckwheat Flour.
Graham Flour.
Paisley Flour.
Potato Flour.
Semolina.

FRESH BLUE POINT OYSTERS.
Fresh Supply Eng. Biscuits.
Shortbread.
Pat-a-Cake.
Fancy Cracknels.
Custard Cream.
Butter Puffs.
Lemon Puff Creams.
Cafe-au-lait.
Macaroons.
Ratoufins.
"Fortis" Bath Oliver Oatena.

Try Our Own Ground Coffee Something Special.



BEAUTY OF THE SKIN is the natural desire of every woman, and is obtainable by the use of Dr. Chase's Ointment. Pimples, blackheads, freckles, and redness of the skin, irritation and itching disappear, and the skin is left soft, smooth and velvety. All dealers, or Dr. Chase's Ointment, Limited, Toronto. Sample free if you enclose this page.

Dr. Chase's Ointment

New Eyelids Provided. THEY ARE GRAFTED ON WITHOUT DISFIGURING FACES.

Nothing is more disfiguring than to have an eyelid gone, either through a wound, a burn or disease. A man with such a hideous defect finds it difficult to get a job and is constantly embarrassed by the gaze and questions of curious persons. During the war much was learned about plastic surgery of the face, and the present ability of skilled surgeons to replace a missing eyelid is due largely to the experiences in the military hospitals.

The Journal of the American Medical Association prints a large number of photographs of men with upper or lower eyelids gone and the same men after their lids had been restored by grafting. These were shown by Dr. George H. Cross of Chester, Pa., to illustrate a lecture he delivered before the section on Ophthalmology of the American Medical Association at its recent meeting in Boston. They are all of soldiers operated upon at army hospitals. They came out without disfigurement. Grafts may be taken from several places, the temples for example, with the base at the outer corner of the eye; or from the forehead, cheek or jaw wherever may be most convenient.

The tissues upon which the graft is to be made are freshened and prepared to receive it; then the graft is cut as a flap of skin and either swung into place at once or left for a few days of watching, to make sure that circulation is establishing itself through the base. This is called a pediculated flap. It is sutured to the skin and left until it has quite certainly "taken" before its base is severed.

The area from which the graft is cut is treated by undermining the skin on both sides, drawing the edges together and sewing.

This is a very simple outline of a typical case; for the details are different in each case; sometimes fat has to be grafted to fill out a depression; sometimes two operations are necessary—one a graft of the burning of the lid.

Dr. Cross dresses such grafts by covering them with modelling compound sterilized, warmed, pressed very evenly all over the grafted area and covered with a bandage.

Household Notes. Smelts are nice, boned, stuffed with fish stuffing, baked and served with mock Hollandaise sauce. If pearl buttons have been spotted in the laundry, give them a bath in olive oil and rub them with fannel. Save pound tin cans which have held baking powder and use them for steaming brown bread and puddings. Tea water is found an excellent cleanser for varnished woodwork. To obtain this, pour water on used tea leaves and strain through a cloth or muslin. The tea water removes the dirt quite easily.

Stafford's COD LIVER OIL Compound TONIC and TISSUE BUILDER

This combination possesses the curative properties of cod liver oil without any of the latter's disagreeable features, as well as the medicinal virtues of the other standard remedies that enter into its composition. It is palatable, effective, and does not even in the most delicate, produce stomach disturbances and other bad after-effects that are such a drawback to the best action of cod liver oil in its crude state and many other disagreeable medicines.

8 oz. Bottle 40c.
16 oz. Bottle 70c.

DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, Newfoundland. Write us for Wholesale Prices. These 64c.

Fashion Plates.

AN INTERESTING COSTUME.



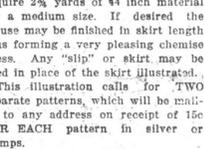
3840-3823. Effective and youthful is this smartly fashioned model, with its simple artistic lines, and comfortable new sleeve. One could wear the blouse with any "slip" or foundation skirt. As here shown it is combined with a smart two piece skirt. As illustrated, the blouse may be finished with the fullness held by the belt in "straight line" effect, or bloused over a sash or girde of silk or ribbon with loop and ends at the side or a smart bow over the back. Beaded crepe and charmeuse will be attractive for this style. Crepe de chine, taffeta, serge, velours and duvety are also good.

The Blouse 8420, is cut in 7 Sizes; 34, 36, 38, 40, 42, 44 and 46 inches bust measure. It will require 3 1/2 yards of 40 inch material for a medium size.

The Skirt 3823, is cut in 7 Sizes; 26, 28, 30, 34, 36 and 38 inches waist measure. The width of the skirt at the foot is about 2 1/2 yards. It will require 2 1/2 yards of 44 inch material for a medium size. If desired the blouse may be finished in skirt length thus forming a very pleasing chemise dress. Any "slip" or skirt may be used in place of the skirt illustrated.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 15c FOR EACH pattern in silver or stamps.

SOME NEW THINGS FOR THE BABY.



2186. Infant's Set, consisting of a Cap, a Sack, a Night Gown and a Dress.

Muslin, cambric, flannel or flannel-ette will do nicely for the night gown, while lawn or nainsook is suitable for the dress, with embroidery, tucking and lace or edging for decoration. The sack will look well in silk, cashmere, flannel, or flannel-ette, and the cap is suitable for lawn, silk or "all-over" embroidery. For the dress of flouncing, it will require 1 1/2 yard of 36 inch material with 1 1/2 yard of plain material for yoke and sleeves. Of nainsook or lawn 36 inches wide it will require 2 1/2 yards. The gown will require 2 1/2 yards of 24 or 27 inch material. The cap, 1/2 yard of 18 inch material. The sack requires 3/4 yard of 27 inch material.

A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

No.
Size
Name
Address in full:

NOTE:—Owing to the continual advance in price of paper, wages, etc., we are compelled to advance the price of patterns to 15c each.

Blair's NEW SALE SYSTEM "DIFFERENT SELLING"

MEANS BARGAIN PRICES FOR YOU.

Owing to changing and present conditions of business, we are considering this year running our merchandising and selling differently.

Part of this change will be the cleaning up of goods of which we have an overstock, or goods the season of which is passing, at prices which will not necessarily mean any consideration of the cost of these goods. Customers will however note that all such prices can hardly be expected to be held indefinitely and they will do well to seek advantage of same early.

In our "Different Selling" Campaign we also aim to achieve other results which will be unfolded later.

We open our "Different Selling" Campaign with the following Reductions and Bargains:

- CORTICELLI WOOL in balls. Regular 25c., at 19c. ball
- LADIES' ENGLISH WOOL GLOVES. Regular \$1.25 and \$1.35 pair, at 89c. and 99c. pair
- LADIES' BLACK FLEECE WOOL CASHMERE GLOVES. sizes 6 to 8, at the ridiculously low price of 35c. pair only
- MEN'S TAN LINED KID GLOVES, as sold elsewhere at \$3.00 to \$3.50 pair. Blair's "Different Selling Price" \$1.95 pair
- LADIES' BUTTONED GAITERS—Medium heel; sizes 2 1/2 to 6. Regular \$3.60 for \$2.95 pair
- LADIES' HIGHEST QUALITY RUBBERS—Medium and high heels. Regular \$1.30 to \$1.40 pair. Now \$1.10 pair
- LADIES' WHITE CASHMERE STANFIELD COMBINATIONS. Price last year was \$7.00, this year \$5.50. Blair's "Different Selling Price" to clear only \$3.95
- WOMEN'S WHITE AND NATURAL CASHMERE "NEW KNIT" WOOL VESTS AND PANTS—Prices ranged from \$2.00 to \$2.80. Now only \$1.25 each only
- WOMEN'S WHITE FLEECE VESTS AND DRAWERS. "Blair's Different Selling Price" 63c. each only
- WOMEN'S BLACK AND NAVY SERGE SKIRTS. Our price was \$9.50 each—as they were bought when Serges were high. Our price now is \$3.50
- These are Wool Serge makes and this ridiculously low price is under present cost. We don't expect many will be left now.
- We are also chopping the prices of all other Costume Skirts to reduce the quantity we have in stock.
- WOMEN'S AND CHILDREN'S WINTER COATS. If you are interested in these, we are offering them at ridiculously low prices rather than carry them over till next season.

Boys' Winter Overcoats

Never Again Will You Get Such an Offer. BOYS' LONG WINTER OVERCOATS—All with good Italian linings; ages 8 to 17 years, only \$5.90 each It is unnecessary to say these cannot be made at this price.

Men's Winter Overcoats

LONG LENGTHS, WELL LINED. One Coat was priced last season at \$22.00. We are clearing it up now at \$7.50 each only Other Men's Overcoats we offer you now at \$12.00 and \$15.00 each The \$15.00 ones were priced last season at \$35.00. IF YOU NEED AN OVERCOAT THIS IS YOUR OPPORTUNITY.

Ladies' Fur Sets, Collars & Muffs at HALF PRICE.

Owing to so many Fur Collars being worn on coats and so many Wool Scarves being used now, Fur Sales have been off the past two seasons. We are clearing up our stock of Furs at absolutely HALF PRICE only, as our highest price. Never again will you have Fur Values like these offered you.

It hurts us, really, to have to make some of these prices, but we are out to give you values that you will always remember. DON'T WAIT! BUY EARLY! AND AVOID DISAPPOINTMENT.

HENRY BLAIR

Household Notes.

If water is sprinkled over before emptying the vacuum cleaner bag upon it, the dust will not fly or fall off. If boiled starch is left over, put it into the water with which linoleum is washed. It will keep it bright and new. Oatmeal macaroons may be made with sponge cake batter, thickened with rolled oats and dropped on baking tins.

If the wooden handle of the electric iron has worn out, run a rod through three spools of the right size and shape.

MOREY'S COAL IS GOOD COAL!

IN STOCK: Best Screened North Sydney and American Anthracite all sizes

COAL.

M. Morey & Co., Ltd.