



"So This Is Your Birthday, Grandmother"

"YES, dearie, I am seventy-five years old to-day. It doesn't seem possible, for I don't feel old."
 "And you certainly do not look old."
 "Were you never sick, grandmother?"
 "Oh, yes, indeed, there was a time in my life when I never expected to live to be fifty, say nothing about seventy-five. When your mother and my other children were small I had my hands full and got run down in health. I got so nervous that I could not sleep and had frequent headaches. Every little thing the children would do seemed to annoy and worry me until, finally, I gave out entirely, and was in bed for months with nervous prostration."
 "Did you have a doctor?"
 "Yes, dearie, I had two or three doctors, but they only told me that it would take a long time for me to regain strength. One day your grandfather came in with some of Dr. Chase's Nerve Food. He said some one told him that it would cure me, and he went away to the drug store and bought half a dozen boxes."
 "What did your doctor say about using it?"
 "Well, what could he say? He only said that he had done all he could, and that he

had run across a great many cases in which the Nerve Food had been used with excellent results. So I began using Dr. Chase's Nerve Food, and it was not long before I was on the way to health and strength."
 "And did it cure you?"
 "Well, the best evidence is that I am here to-day, well and happy, after all these years. And I am more than ever enthusiastic for Dr. Chase's Nerve Food, for I have used it several times during the last few years when I felt that I needed some resistance to keep up vitality. As a person gets older I think their blood gets thinner, and they seem to need something like Dr. Chase's Nerve Food to increase their strength and vigor."
 "That is something worth knowing, grandmother."
 "If you will take my advice, dearie, you will not forget about Dr. Chase's Nerve Food when you get run down, tired out and nervous. This has been my advice to a great many people, and I know that it has done them good."
 At all Druggists and Dealers. GERALD S. DOYLE, St. John's, Distributing Agent.

Madman Makes Himself Shipmaster.

On Wednesday, May 16, 1900, a madman went on board one of the river steamers of Stockholm, the capital of Sweden, armed with two revolvers, a dagger, and a knife, and with these he obtained mastery over the vessel. With the weapons he killed seven and wounded five others of the people who were on board. He then jumped into the lifeboat and rowed away, but was captured on the following day. Next month he was tried for murder, and was sentenced to death on June 30. Such forms of madness are far more dangerous to other people than ordinary outbreaks. For example—in one of the lunatic asylums in Nottinghamshire, some years ago, a patient was very proud of his bodily strength, as this Swedish man seemed to be, but he used it by getting on to the roof. The keeper went after him to prevent him committing suicide, and the lunatic threatened to throw the other down from it. The keeper, however, possessed sufficient presence of mind to say, "It would show much more strength if you threw me up on to the roof." The madman, pleased at such a suggestion, walked downstairs to do so, thereby saving the pair from the difficulty and danger, and bringing about his own capture.

Killing Bolshevism.

Bolshevism is slowly but surely dying in England. Free speech is killing it. The Old Country labor man is learning the unsoundness of the doctrine, not from those who seek to discredit the movement, but from the radicals themselves. Labor is becoming disgusted with the reds, and is showing that disgust by repudiating the movement.
 So states Tom Moore, president of the Trades and Labor Congress, Canada's labor representative on the International Labor Congress held in England under the auspices of the League of Nations during the past two months, who has returned to Ottawa. Mr. Moore has not yet prepared any report. The statements he made were merely in the nature of a conversation, as he said, he has not yet discussed the events with the coherency he would like to. He just gave the outstanding impressions obtained while in Europe attending the meetings.
 The nations signatory to the League of Nations should vote sufficient

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A Tribute to Mackenzie King.

One of the highest compliments yet paid to the Hon. Mackenzie King, comes from an American, who in a lecture, some time ago on "Industry and Humanity; a way to Industrial Peace," based his address very largely upon Mr. Mackenzie King's recent book bearing the same title as Mr. Alfred W. Martin's lecture. Amongst other references to the Opposition leader, who is justly recognized as one of the greatest living authorities on all social questions of the day, the lecturer said that Mr. Mackenzie King, when he was Deputy Minister of Labor for Canada, drafted the most notable piece of labor legislation that had ever been put on the Statute Books, namely, the Industrial Disputes Act.

This served as the model on which recent labor legislation had been enacted in the United States. He said that Mr. King's book was also the most notable contribution in literature in the present day upon industry and labor, and he proceeded to advocate its main suggestions which were that the four parties to industry, namely, capital, management, labor and a community should be represented upon councils to whose hands should be entrusted the work of making industrial peace, and of promoting industry in its proper light, namely, that of service.—Academy Recorder.

Origin of Courts-Martial

The custom of holding Courts-martial in the British Navy after every case of shipwreck has a curious origin. In 1741 the "Wager," one of Commodore Anson's vessels, was wrecked off the coast of Chile, most of the crew being saved. The men and some of the junior officers held that they were no longer amenable to discipline, because their pay ceased with the wreck; but the captain, whose name was Davey Cheap, differed, treated them as mutineers, and shot one of his midshipmen. He was then deposed, and most of the crew made off in three of the boats. Later, when it was proposed to proceed against the so-called mutineers, the law officers of the Crown decided that the men had been correct in their view. This discovery led to the framing of section 91 of the Articles of War, which provides that in case of shipwreck, destruction or capture by the enemy a ship has to be deemed to remain in commission pending inquiry into the circumstances by a Court-martial.

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