

## Fifteen Cents

Has Started Many a Person On the "Road to Wellville"
The Food Problem means more than tex packiars sow merely something that tastes good. Often, it deeides the difference between illness and good health

## Grape-Nuts <br> FOOD

is not only a pleasant breakfast cereal with a delightful flavour, but provides in natural, easily digestible form, those true health-building elements of wheat and barley which make sound bodies and bright brains.

This sturdy food is now made in Canada and sold by grocers everywhere.
Thousands make it a part of their daily breakfast.

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[^0]:    "There's a Reason

