for which

or woman 1. Sunday thing toik of this

any (Chihas just i the field nd volume be appres of thouideast the is in purennobling standard he firm's literature, marvellous complished ffort, is a ving of all v holiday , is replete ling. Of not refrain on its list, by Newell velation in ce is an ved on the sirable ad-

PERS.

cold beef; meat, and nd salt and

: sausages and bread basket and en minutes. bread and

of finelyd crumbs, 2 tablespoonof cayenne. and two of the mixture croquettes. beaten egg, rying-basket ok two min-

ust and set -fourths of a and flavour it up quick, it away in a using.

arts of cranwhite sugar thoroughly, nen put all e juice to the more; pour ol.

three tabletablespoonful itter. Bake tablespoonful of dessicated three or four annot get the

osely pressed oiling liquids. our of most steam.

removed from olution of salt ots which are same way.

Children's Department.

THE WAY OF THE RAIN.

I heard an old farmer talk one day, Telling his listeners how In the wide, new country far away, The rainfall follows the plow.

"As fast as they break it up, you see, And turn the heart to the sun, As they open the furrows deep and free. And the tillage is begun-

"The earth grows mellow, and more and

It holds and sends to the sky A moisture it never had before When its face was hard and dry."

And so, wherever the plowshares run The clouds run overhead; And the soil that works and lets in the sun, With water is always fed,'

I wonder if that old farmer knew The half of his simple word, Or guessed the message that heavenly true Within it was hidden and heard.

It fell on my ear by chance that day, But the gladness lingers now, To think it is always God's dear way That the rainfall follows the plow.

GETTING RICH.

It is a good thing to be rich, my boy; but money is not the best thing in the world. I doubt sometimes whether it is even one of the best things. I know that men do the wickedest things in the world for the sake of it. Get rich if you can, honestly and fairly and unselfisbly; but do not be in a hurry about it. It is a curse of the age into which you have been born—the greedy haste to be rich; this branding every thought and every plan and every hope and aspiration with the dollar mark, until the man's soul must look to the angels who can see it like a show-window at a reduction sale, with everything in it tagged with a price. And the price is frequently a lie in the window and the soul. Men want to be rich; there is no great wickedness

Horsford's Acid Phosphate

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Me. says: "I have use i it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to Rumford Chemical Works. Providence, R. I

Beware of Substitutes and Imitations. For Sale by all Druggists.

A PREACHER'S REPORT

Interesting Statement by Elder Joel H. Austin of Goshen, Ind.-He Gives Expression to His Thanks.

Elder Joel H. Austin is well known as a preacher, and he is also a registered attorney before every claim department of the Government, and has been more or less engaged in the prosecution of pension claims. He speaks as follows:

"I was a victim of catarrh and had almost constant pain in my head. The trouble was gradually working down on my lungs. I was weak and irresolute. My wife had the grip and Hood's Sarsaparilla cured her. After this I had the same disease and resorted to Hood's. In a short time the aches and pains were relieved and I also saw the medicine was helping my catarrh. In six weeks I ceased to have any further trouble with it and I am now a well man. I had no faith in a permanent cure, but up to this time since taking Hood's Sarsaparilla there has been no return of the disease, and I am thankful for a medicine so intelligently compounded and so admirably adapted to the needs of the system." ELDER JOEL H. Austin, Goshen, Indiana.

Hood's Pills cure all Liver Ills and Sick Headache. 25c.

in that; but they want to be rich right away; and there is an evil in that.

A RUNNING SORE PRONOUNCED INCURABLE BY EIGHT DOCTORS—CURED BY DR. CHASE.

Mr. R. D. Robbins, 148 Cowan Ave., Toronto, says :-- "I had a bad leg which was simply unsightly. From below the knee to the ankle was one great sore. Eight doctors treated me without benefit. I was induced to try Dr. Chase's Ointment, which cured me, and all that remains to be seen are the

-Do not be idlers in this busy world, dear boys and girls. There is too much to be done for any to be idle. Find your niche and fill it. If it be ever so little, if it is only to be a hewer of wood, or a drawer of water, do something in the great battle for God and Truth.

WONDERFUL

Piles Cured in 3 to 6 Nights-Itching, Barning Skin Diseases Relieved in one day.

Dr. Agnew's Ointment will cure all cases of itching piles in from three to six nights. One application brings comfort. For blind and bleeding pls it is peerless. A'so cures tetter, salt rheum, eczema, barber's itch and all eruptions of the skin. Relieves in a day. 35 cents.

THE APOSTLES' CREED.

Every little boy and girl who goes to church, knows something about the Creed. Perhaps some of you can say it. I hope so. The Creed means what you believe. It is called the Apostles' Creed, because it has in it, the things which Jesus' Apostles taught the people, wherever they went to preach. The Apostles learned these things from the blessed Saviour Himself. So we know that what we believe is right and true. This is the faith of the Christian Church. We do not understand every-Jesus has told us. And we want all our boys and girls to learn the Creed as soon as they are old enough.

TEXT: " Let us hold fast the profes- offer in The Canadian Churchman. sion of our faith, without wavering.' (Heb. 10: 18).

-The self-denial which seeks to avoid being burdensome to others is but a part of brotherly love.

GOOD WOMAN-BAD HEART.

When Could the Life of a Loved one be more Uncertain than when Attacked by Heart Disease? - If y u have a Hint of it Have Dr. Agnew's Cure for the Heart Always at Hand, it is the only Remedy which can Relieve you in 30 minutes and Cure you permanently.

"This is to certify that my wife has been sufferer from heart disease for over twenty years. After having tried doctors and remedies innumerable without benefit I procured two bottles of Dr. Agnew's Cure for the Heart, and she has received more benefit from it than from all the doctors and all the cures used heretofore. I am pleased to certify to the excellence of this wonderful remedy.

"AARON NICHOLS, Peterboro', Smith Tp."

KING BOYS.

It is the greatest delusion in the world for a boy to get the idea that his life is of no consequence, and that the character of it will not be noticed. A manly truthful boy will shine like a star in any community. A boy may possess as much of noble character as a man. He may so speak and live the truth that there shall be no discount on his word. And there are such noble, Christian boys, and wider and deeper than any are apt to think, in their influence. They are the king boys among their fellows, having an immense influence for good, and loved and respected because of the simple fact of living the truth.

-If you have God in your afflictions you cannot fail to be blest. If, in a spiritual sense, you have the bow of covenant promises with its seven prismatic colours, you can look serenely on the cloud which forms its back- everywhere, and whose circumference ground and setting.

Your anxiety is for your delicate child; the child that in spite of all your careful over-watching, keeps thin and pale. Exercise seems to weaken her and food fails to nourish. That child needs Scott's Emulsion with the Hypophosphites not as a medicine, but as a food containing all the elements of growth. It means rich blood, strong bones, healthy nerves, sound digestion. No child refuses Scott's Emulsion. It is pleasant and palatable.

SCOTT & BOWNE, Belleville, Ont.

-Ot all sunshine, the most potent for dissipating our own darkness is the smile we give to others.

A PREACHER'S STORY.

Like other Mortals he fell a Victim to Disease-Dr. Agnew's Catarrhal Powder was the Agent which Restored him to Health and he Gladly Allows his Name to be Used in Telling it that others May be Bene-

Rev. Chas. E. Whitcombe, R ctor of St. Matthew's E, iscopal Church, and Principal of St. Matthew's Church School, Hamilton, was a great sufferer. Dr. Agnew's Catarthal Powder cured him, and he now proclaims to the world that as a safe, simple and certain cure it has no equal. It never fails to relieve catarrh in ten minutes, and cures permanently.

—God is a circle, whose centre is is nowhere.

Walter Baker & Co., Limited.

Dorchester, Mass., U. S. A. The Oldest and Largest Manufacturers of

PURE, HIGH GRADE

on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their Premium No. 1 Chocoas. is the best plain chocolate in the market for family use. Their

German Sweet Chocolate is good to eat and to drink It is palatable, nutritious and healthful; 2 great favorite with children. Consumers should ask for and be sure that they get the genuins Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A. CANADIAN HOUSE, 6 Hospital St., Montreet

Never Fails to Cure

Lung Troubles and Consumption in

An Eminent Chemist and Scientist makes a Free Offer to our Readers.

The Siccum Chemical Co., Limited, will send three free sample bottles (Psychine, Oxygenized Emulsion and Coltsfoot Expectorant) of the great discoveries and specifics of that distinguished scientist at d chemist, Dr. T.A. Slocum. They are not a cure-all, but a certain specific for consumption, lung and throat troubles and all forms of tuberculosis. If the reader is a sufferer, don't hesitate to take advantage of this free offer, but send at once name of your postoffice an i express thing in it; but we believe it, because office to the T. A. Slocum Chemical Co., Limited, 186 Adelaide Street West, Toronto, and the three free bottles will be promptly sent to you by express.

They have on file in their laboratory hundred of letters from those benefited and cured in all parts of the world, and they take this means of making known to suffering humanity their great specifics. Don't delay until it is too late, and when writing to them say you saw this free

Persons in Canada seeing Slocum's free offers in American papers will please send for samples to Toronto. If the reader is not a sufferer, but has a friend who is, send friend's name, express and postoffice; address, and the samples will be sent.