

Hockey Tigers undefeated in January

by Sam McCaig

Too bad January is only 31 days long - another 31 days would suit the hockey Tigers just fine.

I guess a 9-0 record will do that to you.

That's right, the Tigers continued their impressive streak with three more victories in the past week. This ups their league record to 15-2-4, good enough for second in the Kelly Division. Better yet, they trail the first-place Acadia Axemen by only three points and Dalhousie has three games in hand.

Last Wednesday saw the St. Francis Xavier X-Men visit Memorial Arena. It was "hide-the-women-and-children" time as Dalhousie rumbled to a 9-3 victory.

Things started innocently enough as Mike Polano spotted the Tigers to a 1-0 lead with a late marker in the first.

Then it got ugly.

Peter Robertson, Steve Widmeyer, Brian MacDonald, Corey MacIntyre and Polano all scored in the middle frame to give the Tigers a 6-0 cushion.

Polano completed the hat trick when he scored just 23 seconds into the third. Soon after, Scott Milroy and James Bugden made their respective contributions to make it 9-0 for Dalhousie.

Greg Dreveny lost his shutout bid when St. FX scored on a power-play. The X-Men added two more late in the game but they couldn't put a touchdown drive together and the Tigers hung on for a 9-3 decision.

Dalhousie's winning ways continued on Friday night when the University of Moncton Blue Eagles flew into town.

The first period was the calm before the storm. Dalhousie teased the Eagles by only taking a 2-0 lead, with Brian MacDonald and Ken MacDermid having the honours.



Scott Milroy

In the second, all hell broke loose and when the smoke cleared, the Tigers were up 6-0. MacDermid, Mark Myles, George Wilcox and Kevin Meisner were the goalscorers.

Again, Dreveny was beaten three times in the third to lose his shutout.

However, Joe Suk and Anthony MacAulay replied for Dalhousie to make the final 8-3.

Shane Borthwick; the Henderson House "B" goalie in the intramural league, replaced Scott McDonald (gone to a wedding) as Dreveny's back-up. He made his varsity debut with 55 seconds remaining in the third period and made three saves.

The Tigers' perfect week was nearly derailed as they ran into a hot goalie on Saturday night when the St. Thomas Tommies (full marks for nickname creativity) visited.

Rookie goaltender Tyson Johnson, a Halifax native was dazzling as he kept his team competitive, despite being outshot 47-20. His efforts were spoiled by a 5-2 Tiger win. Indicative of his performance was the first period, where he faced seventeen shots to Dreveny's three. Mike Polano was the only Tiger to beat him and Dalhousie had to be satisfied with a 1-0 edge.

In the second, St. Thomas scored twice to give them a slim lead but Corey MacIntyre tied it at 2-2 with a late goal.

After St. Thomas botched a couple of breakaways early in the third, Dalhousie got back on track when Mark Myles scored a power-play marker at 11:58. Next, second-year defenceman Allan Cox scored his first career goal when he ripped a Mike Polano pass by the St. Thomas netminder. Finally, Scott "Row, row, row your boat, gently down the stream" Milroy (you had to be there) iced the game when he buried a slapshot from close in.

But instead of reading about the games, go watch them and bring all your rowdy friends. A good time to start your pilgrimage is this Friday night at 7:00 pm when the Tigers host the Acadia Axemen.

Then, for dessert on Sunday (7:00 pm, Memorial Arena), the St. Mary's Huskies are going to drop by.

Swimmers win final meet Men's volleyball team still undefeated

by John Yip

The 1993-94 regular season ended for the swimming Tigers with double victories for the men's and women's teams against Acadia last weekend. The Tigers captured 18 of the 22 events to tally up a combined score of 150 points to Acadia's 49.

The women's team cheered on their teammates to an outstanding record of no losses in two consecutive years. The 4x100 metre medley relay of Rebekah Lawson, Maura Strapps, University of Maryland transfer student Erin Malone and Margaret Banbury heated the waters up for the swims to come.

Kristen Matthews led the women off with a win in the 200m free and 200m backstroke. Sarah Woodworth and Donna Phelan demonstrated their versatility by chalking up victories in the 50m free and 200m individual medley respectively.

Woodworth and Phelan teamed up with Bridget Byrne to finish 1-2-3 in the 400m free.

The depth of the women's team was further displayed with Cheryl Woodman who swam the 800m free and the 200m breast for the first time, winning them both.

"The 200m breast and the 800m free are two gruelling events. Fortunately my events are the 50m and the 100m free, both anaerobic events," said Woodman.

Carla MacDougall flew in the 200m fly, to take the event in 2:39.71. MacDougall later teamed up with Malone, Betty Hawary and Megan Hannam to power their way through the 4x100m free relay, finishing slightly behind Dal's A-team.

On the men's side, the 4x100 medley relay consisting of Sean Andrews, Wilbur Macleod, Jason Shannon and P.J. Cowan set off a chain of the victories to come.

Fourth-year commerce student Jason Jardine continued his winning ways by winning the 200m free, outpacing teammates Greg Rasmussen and Kurt Puchard. Fifth-year veteran Ian MacDougall swam his last AUAA dual meet of his career. He won two golds in the 50m

free and the 4x100m free relay to cap off a successful swimming career at Dalhousie. Ian Jackson stole the 200m breast from Mike Ritcey while P.J. Cowan claimed the 800m free title.

Captain Jason Shannon won the 200 IM in convincing style while Matt Fraser and Adam Widdis followed closely behind. Rookie Brent Purdy and Dave LeBlanc both swam a gutsy race in the 200m fly.

"I didn't feel too bad in the race. I think the important thing to remember while swimming a race like the 200m fly is to have your mental state in the right frame of mind. If the

Athletes face heavy burden

by Saurabh Popat

The technical and physical aspects of swimming makes this aquatic sport difficult to train for. For this reason the Dalhousie Tigers have a training schedule that is unmatched by any other varsity sport. With two practices a day, one at 6:30 am and 5:30 pm, weight training and weekend swim meets, the vigorous schedule makes it difficult to maintain a balanced lifestyle.

For many of the athletes, the balancing act between school, swimming and other activities are rarely in equilibrium. The amount of time needed in the pool and in the books requires sound time management, a skill that many student-athletes pick up and use effectively.

John Yip, a third-year member of the team, says effective use of time is vital. He says balancing school, swimming and extracurricular activities forces him to be disciplined.

"At the beginning of the week, I draw up a one-week forecast with a list of things to do in priority. This list keeps everything in perspective. Without it I would be lost," said Yip.

Setting priorities is a common thread among the swimmers. Jason

mind can believe, the body can achieve," LeBlanc said.

Ed Stewart swam a consistent 400m free doing the backstroke while Sean Andrews and Francois Anctil won the 200m back and 100m free respectively.

"Both teams have swam extremely well considering the amount of training and racing we have been doing. The main focus now will be to concentrate on swimming fast at the AUAA championships," said head coach Nigel Kemp.

The AUAA championships will take place at the University of New Brunswick on February 18-21.

Shannon, an academic all-Canadian and three-time AUAA champion in the backstroke events agrees with Yip on the importance of prioritizing daily activities. Shannon says athletes sacrifice simple things like watching television, hanging out with friends or going to bars. They have to cut out or reduce these activities for swimming.

"Organizing your time to get the most out of your minute is needed when time is short," said Shannon.

The Department of Athletics foresaw the need to instruct athletes on how to manage their time effectively. A time management and academic monitoring program was set up for all varsity sports. The program is mandatory for all first-year athletes in their first term.

In addition the Black and Gold Club has an in-house tutorial service for those in academic difficulties. These two programs help the student-athletes maintain a balance between sports and school.

Another factor to take into account is the physical and emotional stress that comes with handling sports and school. The stress is toler-

Men's volleyball team still undefeated

by Carmen Tam

Dalhousie men's volleyball team set the pace on the weekend for the AUAA's conference squads as they went undefeated at the Dalhousie hosted AUAA Invitational.

The Tigers beat the UNB Varsity Reds Saturday with game scores of 15-5, 15-10 and 15-12. Former OUAA all-star Rob Ager had 12 kills while Jody Holden had nine kills for the Tigers. Halifax West graduate Kirk Yanofsky stuffed seven blocks and five digs to act as Dal's defensive force. Later on in the evening the Tigers trounced the Memorial Seahawks with game wins of 15-3, 15-8 and 15-9. Holden paced the Tigers with 15 kills and three aces while Ontario native Anton Potvin chipped in for 12 kills and Eric Villeneuve had 11.

After last week's decisive victory, coach Al Scott's Tigers are heading to the Laval Carnival Tournament

this weekend. The squad leaves today (Thursday) to make its fifth appearance at the prestigious tournament in Quebec which plays host to the top teams in the country including a spot for the Russian junior national team.

Dalhousie, the only Maritime representative in the tournament, is pooled with the country's number one-ranked squad, the Manitoba Bisons, Montreal and the Queen's Golden Gaels. The Tigers defeated Queen's at last week's Lawton's Volleyball Classic.

The Tigers hold a flawless 8-0 record in the conference standings and have yet to drop a single game this season. For their efforts they are ranked eighth in the nation this week. Dalhousie will enjoy a week off after Laval before they finish off the regular season against Memorial on February 19 and 20 at the Dalplex.

Game times are 8 pm and 2 pm respectively.

Superbowl review

by Sam McCaig

Pizza. Beer. Super Bowl.

I need two of these things on a deserted island. And if you think I want to spend my solitude watching replays of Thurman "Hands" Thomas and Jim "Big Game" Kelly, you're sorely mistaken.

Having said that, I've got to confess that I was cheering for the Bills. Actually, "cheering for" is an overstatement. What I mean is, for the first time in three years, I wasn't violently opposed to their success.

Not that I now like them or the beautiful city they represent, it's just that they deserve to be remembered a little better (except for Don Beebe - if he's remembered as a complete loser, that's cool with me).

Maybe I've got a soft spot in my heart for a team that plays on real grass in sub-zero temperatures. That's real football, the type of foot-

ball that deserves a couple of big ol' hot dogs washed down with a few cold ones. When I want to see a bunch of guys run around, bump into each other and fall down on a carpet, I just go to the Grawood on a Thursday night. The beer's cheap, too.

But I digress.

It's time to get back to the real issue, which is kicking the Bills while they're down. Now please don't think I'm taking advantage of the situation - I've been taking shots at the Bills since that whole "wide right" fiasco.

Which reminds me, have you heard the Bills' new motto? It goes like this: "It's not whether you win or lose, it's how you play the game". Well, guess what - they got slaughtered again. Nice going, guys.

Tune in next year for "The Buffalo Bills, Part V: The Forfeit Loss". In the works for 1996 is "The Buffalo Bills, Part VI: No Pants, No Pride."