

FINDS HIS WORK A PLEASURE NOW

**Dodd's Kidney Pills cured the
Postmaster's Kidney Disease.**

Alberta man tells how his troubles
vanished when he used the old re-
liable Kidney Remedy.

Scona, Alta., (Special).—"I can now do all my work without pain and with pleasure." Those are the words of Postmaster Andrew B. Nelson of this place. As all the postmaster's friends know, he has been troubled with Kidney Disease for several years past, and has been doing everything in his power to find a cure for it. He has found the cure. It is Dodd's Kidney Pills. "Yes, I tried all kinds of medicines for my kidney trouble," the postmaster joyfully states. "None of them seemed to do me any good till I commenced to use Dodd's Kidney Pills. Two boxes of them cured me completely. I highly recommend Dodd's Kidney Pills to all sufferers from Kidney Disease. I would not be without them."

Dodd's Kidney Pills cure all diseases of the kidneys, from Backache to Bright's Disease. They also cure all diseases caused by disordered kidneys failing to strain the impurities out of the blood. That's why they cure Dropsy, Rheumatism, and Heart Disease. If you haven't tried them yourself ask your neighbors about them.

Late Hours Punish The Fat Folks

It is the wisdom of ancient days that the fatter you become the quicker you weary. One sits out more dances than formerly, the flesh grows weaker after 1.30 a. m., in exact ratio to the lengthening of the waist measure. Fat is robbing you of fun, just at a time when you have the leisure and the cash for it.

You may reduce that fatty overplus, and so revive your flagging energies, if you will, in the simplest way. You can take off a pound of it a day, if you wish, without causing weakness, or wrinkles, or calling upon exercising or dieting for help. For years fashionable fat people have been using the famous Marmola Prescription, 1 oz. Marmola, 1 oz. Fl. Ex. Cascara Aromatic, 4 oz. Peppermint Water. Now these same proportions have been combined, most elegantly, into a tablet, the Marmola Prescription Tablet.

You may take one tablet or many daily (without injury) as an offset to the fat, and a sure restorer of that springy, jumpy, lithesome agility and tireless endurance you have begun to learn to yearn for. Tender seventy-five cents to your druggist for a case; or write the distributors, the Marmola Co., 495 Farmer Bldg., Detroit, Mich. Why not?

SOLID GOLD WATCH PUZZLE

**GREAT OFFER BY A RESPONSIBLE FIRM.
IT COSTS YOU NOTHING TO TRY.**

To any person who can supply the correct names of these two well-known Canadian Towns, and fulfils conditions below, we offer our 15 Dollar Lady's SOLID GOLD WATCH, stamped, fully jewelled, as a FREE GIFT. (Silver Watches are presented to Gents.)

ER 2 SEA

Send your attempt on a sheet of paper, together with stamped addressed envelope for reply to FELLOWS & CO., 10 Grosvenor Buildings, Steelhouse Lane, Birmingham, England. The winner is required to purchase a Chain from us to wear with watch. The name of this paper must be mentioned. Prize-winners of last competition were: Miss M. Russell, Harpers Corners P.O. Ont., Canada; Mr. J. Keillor, Port Elgin, Co. Bruce, Ont., Canada.



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change be one of cards only as I am also a collector of these.

My age is 26. I am not of the "Land of the Bow Bells," as I first saw the light in Hampshire, but have lived a good many years in the small village of London; and am—"to be continued in our next".

These lines are being written in a stuffy artificially lighting London office amidst plenty of work, so think it is time to draw to a close. Wishing your Monthly the greatest success in the new year.

"A Stamp Fiend."

From a Sporting Lass.

Stettler, Alta., March 4, 1910.

Sir.—Your valuable paper has been giving us a very exciting time during the past year through the correspondence column and hope it will continue.

I am a farmer's daughter and a dandy, too. I can bake pies and cakes, cook spuds, dress fowl, wash clothes and take in scrubbing if occasion demands. I am also very fond of outdoor sports, dancing card playing and am a first class musician. Can play either organ, piano or violin.

I would like to correspond with "Sporting Bill," "Farmer's Son," "A Printer's Devil," and any others who will write to me first as I am a little on the shy side. I have no notion of getting married as yet. Only 21 years of age and enjoying life. My husband must be very tall, dark complexion, wealthy and an excellent dancer. Do not all write at once. My address is with the editor.

"A Sporty Lass."

"Peanuts" is Lonely.

Big Valley, Ont., March 11, 1910.

Sir.—I have been an interested reader of the W. H. M. and I would like to join your circle. I am a very good violin player and when there is a dance coming, off I am Johnny on the spot and am very fond of outdoor sports such as rugby, lacrosse and skating, and I am an abstainer from strong drink; slough water is the strongest that I can go. I feel very lonesome as I live all alone and often wish I had an opportunity of showing how much I would appreciate a loving honey. Well, I think I will have to draw to a close, and if any of the girls wish to write to me they will find my address with the editor.

"Peanuts."

"Puff Ball" Has Her Say.

Loon Creek, Sask., March 4, 1910.

Sir.—My brother being a subscriber to your interesting paper, the W. H. M., I am able to enjoy to the full the store of wit, good advice, etc., which it contains, and benefit thereby. Though I have often been tempted my literary powers have restrained me from asking you to put me among the numerous contributors to the correspondence column. I now venture because of a letter appearing in the December issue and signed "All the Way from India," being desirous of corresponding. I hope you will kindly send me the address and excuse the trouble. I am recently from India myself. Having a failing for jovial bachelors I would like to make their acquaintance through the mail bag, but at present I only know them by the most uncertain nomenclature of "Wun Un Hung," etc. Wishing you every success.

"Puff Ball."

"Ikey" is Experienced.

Saskatchewan, March 9, 1910.

Sir.—As I have been taking your valuable and instructive magazine, the W. H. M., and certainly enjoy reading the correspondence page, I thought I might as well be in the swim, too, as I am in a very lonesome little town and am a stranger in it, being here a week, so thought it would be a helpful pastime as I am not over worked. As others tell their good faults and poor

ones, too, I hope, I will tell mine. I am a Canadian and have been in the West four years. I am not a bachelor but keep my own rooms clean and board out, so I might as well be, I guess. Some speak about matrimony; it is all right, but I think that people marry too soon and do not know each other well enough. As far as that goes I want to see the girl I get and know her, too, as it is the cause of lots of trouble in married life. I must stop talking about married life or the girls will think I have been married some time. I wish for some of them to write if they wish to. "Ikey."

"Sympathetic Joe" Makes His Bow.

Manitoba, March 11, 1910.

Sir.—I have been a well satisfied reader of your interesting and exceedingly helpful paper for the past year. You are indeed to be congratulated upon the high standard of your publication. In your paper I find much space devoted to higher thought. I think the pages on temperance are splendid. There are no doubt a good many helpful thoughts in them and am sure your paper is well worth one dollar per year.

I am greatly interested in the correspondence column and as I have never written before I will describe myself. I am an Englishman (not one of the green kind) and have been in Manitoba seven years. I am a total abstainer from all intoxicating liquors, and do not use tobacco in any form, and am inclined to be religious.

I find some of the letters are very sensible. I can quite sympathize with "An Unsatisfied Wife" in the December issue, having seen lots of unhappy marriages. I am sure if a woman does the work inside the house she will not feel like doing outside work and she should also have a chance to go out for a drive every little while after being shut up in a hot kitchen day after day. Although I am a single young man, I have learned while travelling around how to treat the woman that you take for better or for worse. Some men should not be allowed to keep a wife because they just make slaves of them. Well, Mr. Editor, I do not want to take up too much of your valuable time and space but would like to get a few correspondents to help wile away the long winter hours. Would like to hear from young ladies between the age of 19 and 22, if they care to write. They will find my address with the Editor. All correspondence will be kept strictly private and will be promptly answered. I will sign myself

"Sympathetic Joe."

Sweet Sixteen.

British Columbia, Feb. 9th, 1910.

Sir.—I have been a subscriber to your interesting paper for some time, and enjoy reading the correspondence page very much. I consider the W.H.M. a very interesting paper. One need never be lonesome in the evenings when they have it to read. As I think correspondents take it as their duty to describe themselves, I will do the same. I am sweet sixteen, five feet, three inches tall, weigh 100 pounds, have fair hair and dark blue eyes. I enjoy dancing very much and am a fairly good cook and house-keeper. Well, this letter is long enough now, so I will close, wishing the editor the best of success.

"Sweet Sixteen."

Wants to Correspond with Sweet Briar

Sask., Feb. 9th, 1910.

Sir.—Although not a subscriber but an interested reader of your valuable paper, especially the correspondence columns, I will be pleased to exchange picture post cards or letters with any one who cares to write to me. I am a homesteader in a good location, am 24 years of age, 5 foot 7 inches tall and have dark hair and blue eyes. Please forward enclosed letter to Sweet Briar in September issue. Thanking you for your space and wishing your paper every success, I remain,

"The Last Rose of Summer."

Caught Cold By Working In Water.

**A Distressing, Tickling Sensation
In The Throat.**

Mr. Albert MacPhee, Chignecto Mines, N.S., writes:—"In Oct., 1908, I caught cold by working in water, and had a very bad cough and that distressing, tickling sensation in my throat so I could not sleep at night, and my lungs were so very sore I had to give up work. Our doctor gave me medicine but it did me no good so I got a bottle of Dr. Wood's Norway Pine Syrup and by the time I had used two bottles I was entirely cured. I am always recommending it to my friends."

Dr. Wood's Norway Pine Syrup combines the potent healing virtues of the Norway pine tree with other absorbent, expectorant and soothing medicines of recognized worth, and is absolutely harmless, prompt and safe for the cure of Coughs, Colds, Bronchitis, Croup, Sore Throat, Pain or Tightness in the Chest, and all Throat and Lung Troubles.

Beware of imitations of Dr. Wood's Norway Pine Syrup. Ask for it and insist on getting what you ask for. It is put up in a yellow wrapper, three pine trees the trade mark, and the price 25 cents.

Manufactured only by The T. Millburn Co., Limited, Toronto, Ont.

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Cures Effected by them are radical and certain. They do not cure one disease and produce another. They will cure a larger percentage of cases, and in less time than any medicine known.

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10	Inflammatory Affections of the Windpipe	25
11	Diarrhoea, of Children or Adults	25
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13	Worms, Worm Fevers, Worm Colic	25
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15	Diphtheria or Ulcerated Sore Throat	25
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17	Coughs, Colds, Hoarseness and Bronchitis	25
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