

Kidney Disease in Every Symptom

Why Mrs. Mark Found Quick Relief in Dodd's Kidney Pills.

New Brunswick Lady who Suffered for Six Years Tells How She Found a Speedy Cure. Miscou Harbor, Gloucester Co., N.B.—(Special)—“For some five or six years I was troubled with backache. I tried many tonics, but kept growing steadily worse, until I decided to try Dodd's Kidney Pills. They gave me almost immediate relief.”

This is the statement of Mrs. A. Mark, well known and highly respected here. Asked to give more particulars in regard to her case, Mrs. Mark said:

“My trouble started with a cold, and gradually grew worse. I had stiffness in my joints and cramps in my muscles and suffered from neuralgia. I had heart flutterings and headaches, my sleep was broken and unrefreshing and I was always tired and nervous. I had dark circles under my eyes, I was irritable and often dizzy and had a bitter taste in my mouth in the mornings. I also had attacks of rheumatism.

“It just took three boxes of Dodd's Kidney Pills to fix me up.”

Every symptom Mrs. Mark mentions spells kidney disease. That's why she found such quick relief in Dodd's Kidney Pills.

Catalogue Notice


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Western Home Monthly
Winnipeg

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Correspondence

The Housekeeper's Creed

Sask., Feb., 1915.

Dear Editor—It is with great pleasure I come again to your valuable columns. Freda wished to know if the bachelors of the West really do get lonesome. Well, yes, some of them do, especially at this time of the year when they begin thinking of the friends back home. Am I not right, bachelors?

I see some give their opinions of what an ideal girl is; I will now try to spin mine. An ideal girl should be a fair size and height, fairly good looking at least, lead a good Christian life, be a good housekeeper and always ready to make the best of things. I will now pen a copy of “The Housekeeper's Creed,” which I have found in a valuable book we have and which I think “hits the nail on the head.”

“I believe that marriage is a life partnership with mutual interests as well as love; a partnership of square dealing and equally shared responsibilities, and should not be entered into from any other motive.

“I believe before marriage every woman should show to the man she is to marry that she thoroughly understands the work of making and keeping the

Quite a Traveller.

Smiley, Sask., Jan. 4, 1915.

Dear Editor—I am a reader of The Western Home Monthly and like the paper very much. I enjoy reading the letters written by the young people. I noticed a letter from a Nova Scotian girl in the November number. I was glad to see a letter from so far east as Nova Scotia, it used to be my home, but it is several years since we left there. Since then I have travelled a great deal. We lived in Cuba a year and about five



I would far rather see the inside of this toy than eat my supper

years in Virginia, then we lived in Winnipeg for four years and Saskatoon a year, then we homesteaded in Kindersley four years and now we are living in Smiley. When my father was living he was a sea captain.

Smiley is a new town, so is not very large. We have a dance hall and a nice school, but there is no church to attend. I stay at home and take care of a sick mother. I like to do housework and am a fairly good cook. It is very quiet here and sometimes I get lonesome for a chum. There are three other girls in the place, besides myself. I like lots of fun. I do not dance, but I am very fond of skating. I don't get much time for fancy work. This is my first letter and I hope I will see it in print. I would be glad if any of the members would write to me. My address is with the editor. Wish best wishes to all and wishing The Western Home Monthly every success. Yours sincerely,
Estrella.

Complete in itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make it effective. It does not fail to do its work.

If You Wish to Be Well You

Must Keep the Bowels Regular.

If the bowels do not move regularly they will, sooner or later, become constipated, and constipation is productive of more ill health than almost any other trouble.

The sole cause of constipation is an inactive liver, and unless the liver is kept active you may rest assured that headaches, jaundice, heartburn, piles, floating specks before the eyes, a feeling as if you were going to faint, or catarrh of the stomach will follow the wrong action of this, one of the most important organs of the body.

Keep the liver active and working properly by the use of Milburn's Laxa-Liver Pills.

Mrs. Elijah A. Ayer, Fawcett Hill, N.B., writes: “I was troubled with constipation for many years, and about three years ago my husband wanted me to try Milburn's Laxa-Liver Pills, as they had cured him. I got a vial and took them, and by the time I had taken three vials I was cured. I always keep them on hand, and when I need a mild laxative I take one.”

Milburn's Laxa-Liver Pills are 25c a vial, 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



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