

Pattern Department.

The Western Home Monthly will send any single pattern mentioned below on receipt of 15c. When two patterns are illustrated, either may be had on receipt of 15c., or both on receipt of 30c. New subscribers sending us 50c. for one year's subscription to the Western Home Monthly may select one pattern as a premium. Order by number, stating size wanted. Address Pattern Department, The Western Home Monthly, Winnipeg, Man.

CHILD'S YOKE DRESS.



4604.—The mother who concerns herself with the nicer frocks and wraps for formal service, must not be negligent relative to garments for school or everyday service. The little daughter may have a number of elaborate frocks for Sunday go-to-meeting wear, but her home dress should be as simple as can be. Yoke dresses with full round waist and short full skirt continue to hold popularity. The model is simply fashioned, but very neat and very pretty. Indeed, its simplicity is its chief charm. It is a becoming style to most children, and is to be recommended because of its laundering possibilities. Fashioned of checked gingham with white yoke, or yoke of same material, with white finishing braid, it is a joy to the child and mother alike. Sizes 6 to 14 years.

LADIES' SHIRT WAIST.



4629.—The greatest charm wrought by the new blouse models will be the continued long-shoulder effect. Rarely has there been introduced a more be-

coming style, for it builds up a stateliness, otherwise wanting! A feature that is distinctly new and developed, no doubt, from the effort to exaggerate the shoulder line, is to have the fullness in the sleeve taken up in a box-plait which extends up over the shoulder into the collar or, as shown here, forms a finish for the neck edge. The front of the waist is finished by a box-plait, and the sleeve has a pointed cuff. The blouse, like all the new styles, is worn with a separate collar. Another practical idea in the finishing is the peplum. This is a circular piece which fits the hip smoothly and holds the waist in position. In these days of heavy shirt waist materials and full skirts, such a finishing will be appreciated by all who do not care to add extra width to the hips. In the matter of separate collars, a good idea is to have a number of different kinds and then a new effect is obtained each time the waist is worn. Mercerized goods make the prettiest of these waists for general wear, but the model is a suitable one for silk, louisine, satin, or light-weight cloth. Sizes 32, 34, 36, 38, 40 and 42 inches bust measure.

GIRL'S FROCK.



4468.—This simple little dress is characterized by the graceful arrangement of tucks, the ones in front stitched to simulate a box-plait. The same idea is carried out in the back, except as to the number of tucks, there being only three on each side, as five give too much fullness at the waist. The skirt, however, has the same arrangement as the front. The frock, which may be made with or without the lining, opens in front under the plait. The fastening is made by buttons and button-holes, the effect of which is exceedingly pretty. The collar opens on the side, and is also fastened by button and button-hole. The sleeve is a charming model having three tucks at the lower edge, which may be stitched entirely around the sleeve if so desired.

For a pretty little school frock this is a most practical garment. Any girl can get into the dress and fasten it properly without the aid of someone

else to see that it is buttoned right, or perhaps to button it for her. School time comes pretty early in the morning and at an hour when mother is busy, and any garment that has the advantage of being easily put on is appreciated by both mother and the wearer. The frock may be trimmed with medallions or bands of lace on the front plait and collar and cuffs, if a fancy effect is desired, or another pretty way would be to edge each tuck with two rows of white or bright-colored soutache braid. A pretty costume might be evolved from red or blue serge, finishing with white stitching or braid and white buttons. Other desirable fabrics are etamine, challis, foulard, pique and cottons.

Material required for 8-year girl, 3 7-8 yards, 36 inches wide.

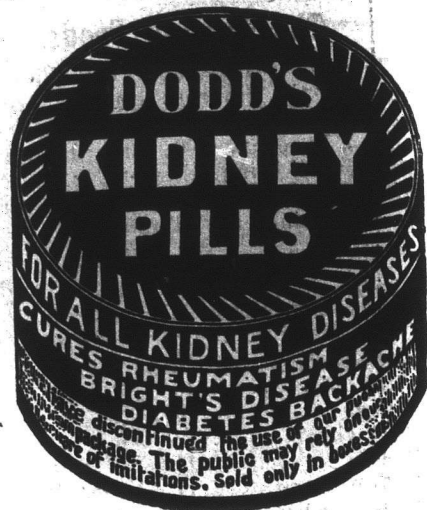
Sizes: 5, 6, 7, 8, 9, 10, 12 and 14 years.

Little Things.

A cloud may intercept the sun;
A web by insect-workers spun
Preserve the life within the frame,
Or vapors take away the same.
A grain of sand upon the sight
May rob a giant of his might!
Or needle-point let out his breath,
And make a banquet meal for Death.

How often at a single word
The heart with agony is stirred,
And ties that years could not have riven,
Are scattered to the winds of Heaven!
A glance, that looks what lips would speak,
Will speed the pulse and blanch the cheek.
And thoughts, nor looked, nor yet expressed,
Create a chaos in the breast.

A smile of hope from those we love
May be an angel from above;
A whispered welcome in our ears
Be as the music of the spheres;
The pressure of a gentle hand
Worth all the glitters in the land.
Oh! trifles are not what they are,
But Fortunes ruling voice and star!



One Chap Who Always Gets There.

It is not so much brilliancy of intellect and versatility of resource, as persistence of effort and constancy of purpose, that give success. When we see a young man that labor cannot weary, whom drudgery cannot disgust or dishearten, who meets reverses with an erect, unflinching bearing, we know that he will win. There is no keeping him down.

What "Bobs" Never Does.

Never smokes. Never has patience with those who drink to excess. Never uses an oath. Never parades his piety. Never forces it on those around him. Never forgets a name or face. Never passes a comrade. Never forgets to thank those who serve him. Never omits to return a salute, and never, by any chance, neglects to give praise where praise is due.

THE BODY IS AN ELECTRIC STORAGE SYSTEM



Electricity is now recognized to be one of the essentials as well as one of the mysteries of life. Everyone contains electricity, and its dominance determines to a great extent the vitality, the magnetic force, the health and strength of the individual; especially is this true of the nerves. Nerves are the wires on which this electric fluid runs.

THE PROOF—Ever feel yourself tingle at the close approach of an electric storm? Ever feel an unaccountable oppression preceding lightning, and note that whereas the approach of lightning frightens some, others, the strong, the high-strung, are apt to be still further exalted by it.

THE REASON—They are already charged with electricity; lightning to them has no terrors. It's the weak who are sighing for electric force, whose magnetism is all but palsied; they droop as does a parched flower before the coming of rain.

Lucky for them if the lightning, playing in the air could yield to them some of its vitalizing force, though this cannot be. A more gentle way is needed.

IF YOU SUFFER—if you lack energy, vitality, power—if your system has acquired through weakness of the nerves any Nervous Disorder, Rheumatism, or Complaints peculiar to either sex; if your appetite is poor, your nerves shaky, if you have pains in the back, or head, or kidneys; if you get dizzy spells or feel faint; if you sleep badly—you should wear Dr. MacDonald's Electric Belt. It will gently and surely supply the electricity to lead you to health.

Free Trial For Ninety Days

Not a penny down, simply drop me a postal with your name and I will forward you, at once, one of my late Improved High Grade Electric Belts free. You can use it three months, then pay me if cured, and the price will be only half what others ask for their inferior belts. If not cured, you return the Belt to me at my expense and Your Word Will Decide. I am willing to trust you entirely, knowing that I have the best and most perfect Belt ever invented, and nine men in ten always pay when cured.

I WILL TRUST YOU

This modern Belt is the only one that generates a powerful therapeutic current of electricity without soaking the battery in vinegar as all other belts do, and it is guaranteed never to burn. It is a certain and positive cure in all cases of Rheumatism, Varicose, Dyspepsia, Losses, Weak Back, Nervousness, Kidney and Stomach Troubles and weakness brought on by abuse and excess.

I WILL GIVE FREE

to each person writing me one copy of my beautiful illustrated Medical Book, which should be read by all men and women. Drop me a postal and I will send it to you FREE in sealed wrapper. If you are weak in any way, delay no longer, but write to day for my splendid book and Belt free. Write to-day.

DR. A. K. MACDONALD,

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