

Temper is so good a thing that we should never lose it.

ROYAL CANADIAN ALMANAC

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RIPE CUCUMBER PICKLE, OR RUSSIAN BEAR.—Take large and ripe cucumbers before they become soft; cut in rings, pare, divide in smaller pieces, and remove the seeds; cook the pieces *very slightly* in water salted just enough to flavour well; drain and put in a stone jar. Prepare a vinegar as follows: Two pounds of sugar to two quarts of vinegar, a few slices of onion, some cayenne pepper, whole allspice, whole cloves, cinnamon according to one's judgment and taste. Much cooking injures the pickle very much; the pieces should be *firm*, and admit a silver fork with difficulty, when taken from the fire.

The ingredients contained in Haggard's Royal Pectoral Balsam make it the best cure for Coughs, Colds, Sore Throat, &c., ever introduced to the Canadian public. It acts like a charm, striking directly at the seat of the disease, and giving almost immediate relief. *Try it.*

PICKLED CAULIFLOWER.—Take large ripe full-blown cauliflowers; divide the pieces into equal size; throw them into a kettle of boiling water, and boil them well; take them out with a skimmer, and lay them on a sieve to drain; put them into stone jars three parts full; put a little mace into cider vinegar, and simmer it for a quarter of an hour; pour it hot over the cauliflower, filling the jar up to the top. Spices tied in a bag and boiled with the vinegar improve this receipt.

A single trial of *Abernethy's Royal Worm Killer* never yet failed to overcome the prejudices of those trying it. Children often look pale and sick from no other cause than having worms in the stomach. The Royal Worm Killer is sure, safe and effectual.

CUCUMBER AND ONION PICKLE.—To a dozen fine cucumbers allow three large onions; pare the cucumbers and peel the onions, and cut both into thick slices; sprinkle salt and pepper on them, and let them stand till next day. Drain them well, and put them in a stone jar; pour boiling vinegar on them, close the jar, and set it in a warm place. Next day repeat the boiling vinegar, and cork the jar. Next day repeat the boiling with a bag of mace, nutmeg, and ginger.

Cure your Rheumatism and Chilblains with Haggard's Royal Yellow Oil. It also reduces Swellings, Sprains, and is a sure remedy for Itch.

TO PICKLE RED CABBAGES.—Slice them into a sieve, and sprinkle each layer with salt. Let the whole drain three days, then add some sliced beet-root, and place the whole in a jar, over which pour boiling vinegar. The purple red cabbage is the finest. Mace, bruised ginger, whole pepper, and cloves, may be boiled with the vinegar, and will make a great improvement.

Haggard's Royal Pain Remedy cures Ague of all types, also Diphtheria and Neuralgia, with a few doses or applications.

Extract from a Druggist's Letter:—Messrs. T. Milburn & Co., Gentlemen:—Please send me, as soon as possible, four dozen Royal Pain Remedy. I have sold all your agent left me. It takes better than any other medicine I have.

H. B. WINANS.

It is better to need relief than to want the heart to give it.

A cripple upon the right road will beat a racer upon the wrong.

If your child has Worms, give Abernethy's Royal Worm Killer.

Be pure, but not stern; have moral excellences, but don't bristle with them.