

# Y. M. C. A. Harriers Plan for Season

## Girl Physical Wonder Can Lift Six Times Her Own Weight



APPARATUS USED IN LIFTING 700 POUNDS

ISABELLE LENGEL TOYING WITH ONE FIFTY POUND DUMBBELL

HARNESS USED IN LIFTING 1000 POUNDS

MISS LENGEL SAYS

- Never overtax your strength.
- Start with what you can lift easily.
- Increase the weight gradually.
- Go to bed early.
- Live where you can get plenty of fresh air, and take all you can get by keeping in the open as much as possible.
- Drink plenty of pure water.
- Eat plain, well cooked food.
- Start exercising and keep systematically at it.

real exercise, she lifts 700 pounds and does it with the grace and ease that astonishes.

Miss Lengel has the appearance of most any ordinary well developed girl. Still she is more than that; she is a bundle of bone and muscle, packed in the graceful curves of a perfect physically developed woman.

The Lengels' home is at Scranton, but not among the dwellings packed in sections known as centres of population or even in the little more airy suburban sections. They live out on the outskirts of the city where the mountains slope to the valley, where the air is unimpeded with the sulphur and soot of the industries, and where the water bubbles from the ground in all its purity—and where paved streets have ended to broaden out into green fields.

(By J. D. Keator.)

Scranton, Pa., Sept. 19.—Will all the girls who can not lift six times their own weight please stand up? My, what a great army!

Now, will all the girls who can lift six times their own weight stand up? Thank you, Miss Isabelle Lengel.

Of course if there is one girl who is the exception to the great army of American girls, there must be some reason, Miss Lengel was not born a physical wonder; she has developed into one; and in order that all the other girls may know how it was accomplished, what this girl does, how she does it, and in other ways get more intimately acquainted with her, I went to her home for The Standard, to talk with her.

Miss Lengel is 17 and weighs 117. For pastime she toys with 50 pound dumbbells, swings on rings and takes a turn in making a punching bag beat routine against an overhead platform.

But when Miss Lengel gets down to

When a year and a half old, under the tutelage of her father—himself an athlete—the girl started training, and a year later she lifted 86 pounds. When three years old she lifted 100; at seven she was able to pull up 186.

This, the father explained, was accomplished by consistent, systematic training that followed a schedule of clockwork regularity and consisted of sticking to it. The training was kept up, and at 14 years the girl showed a remarkable development.

Miss Lengel comes from a family of athletes. Her father, William, is a strong man. He lifts 1367 pounds and has a chest expansion of 10 inches. With the aid of a harness he has lifted 2000 pounds.

He has another daughter, Ethel, 14, following in the footsteps of her sister. She weighs less than 90 and can lift 210.

"How about the stage?" I asked the girl wonder.

As she shook her head, her father volunteered that the footlights were not luring his daughter, and while both of them were constantly receiving offers from vaudeville managers and museum men, they were content to go on with their way of living.

## Plans to Organize Third Big League

D. A. Fletcher, Born in the Business, Has Another League Under way.

Will Rival Existing Organizations and May Force Them Out of Existence.



Cincinnati, Sept. 1.—Practically born into the baseball business, D. A. Fletcher, a Cincinnati man, is promoting a new major league, which he confidently thinks will make one of the present major leagues go out of the business.

When Fletcher was born, his father was in the baseball manufacturing business. When baby Fletcher was old enough to have toys, he played with baseballs, and when he became older his father gave him all the baseballs he wanted and told him to go out and play to his heart's content. At the age of fourteen Fletcher began to travel for the concern with which his father was connected. He sold baseballs, thousands upon thousands of them, but drifted out of the business at the age of twenty.

He then became a promoter. He created new lines of business and interested capital. He was successful. He promoted tent cities, railroad enterprises and scores of different ventures.

Four years ago he began to turn to baseball again. Why not organize two all-star teams and have them play a series of games in the principal cities of the country? was one of the ideas which popped into his head. He dismissed the matter at the time, but it recurred from time to time. He made an attempt to carry it out last year, but started too late and gave it up. This year he is interested in Cincinnati capital, and the success of the venture seemed assured when the national commission tabooed it.

But Fletcher is not through with baseball. He is promoting a new league. He says several wealthy Cincinnati men have been interested, one of them a millionaire. Fletcher declares lawyers are now drawing up contracts which will be presented to players this fall.

"I have just as much right to be in baseball as Garry Herrmann or Ban Johnson," says Fletcher. "And

you bet your boots I am going to make them sorry they turned down my all-star proposition."

**NEDEFF HAS SIGNED WITH J. COLENIS**

Moncton, Sept. 19.—George Nedeff, the Assyrian strong boy of Eastport, Maine, is here and has engaged the Grand Opera House for a bout next Friday night with John Colonis of Chicago, who claims to be the Greek middleweight champion.

**NOTED BROOD MARE KILLED HERSELF**

Lexington, Ky., Sept. 19.—Peg Woodington, by Longfellow out of Bala and one of the oldest of the famous brood mares in America, becoming frightened today by lightning at Major T. C. McDowell's Ashland farm, ran into a tree and killed herself.

## MEDICAL TEST FOR Y.M.C.A. GYM CLASSES

Physical Committee are Considering Advisability of Making Doctor's Examination Compulsory.

At a meeting of the physical committee of the Y.M.C.A., yesterday morning a great deal of work was done with reference to the plans of the physical department for the coming season. Between now and the tenth day of October, when the gymnasium classes will commence, the gymnasium dressing rooms, showers, baths, etc., will be thoroughly gone over and renovated to start the season with everything in apple-pie order.

The classes will be much the same this season as last, the only change will be doing away with the senior classes on Wednesday night and substituting that night for senior games, gymnasium competition, etc. Otherwise the schedule is much the same as last year.

The idea of medical examination at the beginning and end of each season for those entering the gymnasium classes was generally favored by the members of the committee. It is expected that the members of this free medical examination, besides it is a great help to the physical director in his work and may be made compulsory.

There is much work to be done by the committee before the season opens, and another meeting will be held in a few days to still further complete the plans for the coming year.

**M'FARLAND WOLGAST BOUT DECLARED OFF**

Chicago, Ill., Sept. 19.—Packer McFarland has canceled his date to box Ad. Wolgast, light weight champion of the world, ten rounds before the Star club of Milwaukee, October 6. In calling off all bets McFarland makes free to admit the weight at which he had agreed to meet Wolgast is a bit too low for him.

## HARRIERS PLAN GOOD SPORT FOR WINTER SEASON

Largely Attended Meeting Draw Up Ambitious Program Last Evening—To Have New Basketball League.

An ambitious programme was mapped out at a meeting of the Y. M. C. A. Harriers last evening and subjects of sporting interest thoroughly discussed.

First in order of importance, it was decided to place a basketball team in the city senior league this winter and to form an 8-team league of Harriers players. The teams will be drawn from the following:

Clerks.  
Drygoods men.  
Hardware men.  
Wholesale grocers.  
Bankers.  
Manufacturers.  
Professional.  
Gentlemen.

It was also decided to support a Y. M. C. A. intermediate football team and a meeting will be called this week to consider the formation of a junior league such as existed last year, made up of the High School, Rothesay, and Y. M. C. A. teams.

A series of indoor athletic meets were planned for the fall and winter. Three of these events will be open to intermediates from Rothesay and High School, one to be held in the early fall, one in winter and the last next spring.

A closed meet will be put on exclusively for Harrier members and another series will be arranged for the proposed corps of boy scouts.

It was decided to take fortnightly walks during the coming winter.

A letter from the M.P.A.A. asking opinion of members on the question of semi-professionalism in hockey and baseball was read. Considerable discussion ensued and it was agreed that hockey should be kept free from professionalism. As regards baseball, it seemed to be the prevailing opinion that a professional battery might be engaged but that the M. P. A. A. should have control of this sport in any way.

## BUFFALO MEN CLEANED UP AT COLUMBUS

Columbus, Ohio, Sept. 19.—Buffalo owned pacers gathered in the two stakes which made up the major portion of the programme of the opening day of the last grand circuit meeting of the year. Both were odds-on favorites. Ess H. Kay took the Board of Trade event away from Merry Widow but lost the third heat to her, breaking after the turn home had been made.

The Abbe won his tenth successive race when he won the Hotel Hartman \$5,000 stake from Evelyn W., the Cleveland mare, which beat him in one heat this year. At times the Geese entry was pronounced by his rival, being lapped the greater part of the last hundred yards in the second mile. The final quarter of the third mile was timed officially in 28 and the last half in 1:01 1/2. Gen. H., easily won the 2:10 trot, Ora Bellini and Direct Tone being unable to reach him when they tried in the stretch.

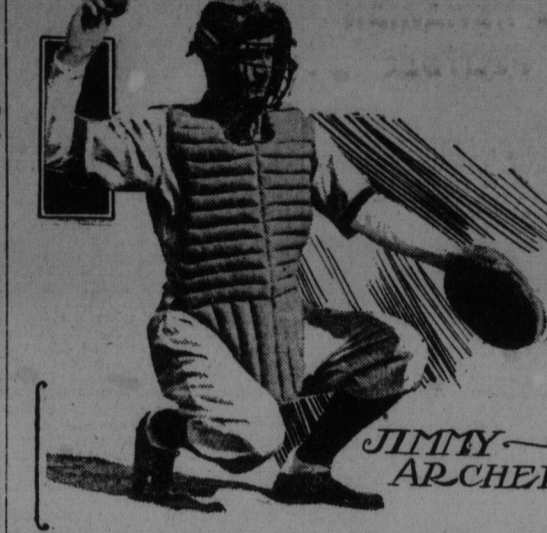
Independence, Bay, Illinois-bred, but owned in Columbus, was about an equal choice with Dickie C., for his 2:11 pace. He moved away from his opponents when the lead was desired and finished first each time with plenty to spare.

## HARVARD AND PRINCETON 27 OUT FOR FIRST PRACTICE GOLF WINNERS OF HARVARD XI

Manchester, Mass., Sept. 19.—Harvard and Princeton were easy winners in the first round matches of the Intercollegiate golf championship tournament at the Sussex county club today, for the team championship. Harvard winning five of the six singles, and two of the foursomes from University of Pennsylvania, while Princeton did not allow Williams a single match. Williams, despite the overwhelming defeat, played a plucky game and carried five of the matches to the home green. F. C. Davidson, of Harvard, was the low medal score of the day with a card of 78, which was good golf considering the strong northeast gale blowing across the links.

Harvard tomorrow plays Yale, and Princeton meets Dartmouth. Yale and Dartmouth have drawn byes.

## World Series Stars



Although he may not get an opportunity to shine in the world's series—Jimmy Kling is expected to catch all the games—James Archer may prove to be a dominant factor in the outcome of the contests for the supremacy of the baseball world.

An accident to Kling would necessarily shove Archer into the breach and there is little question of his ability to make good. With Archer on the bench, the Cubs have, apparently, a better catcher looting than Connie Mack can put into the games.

Archer is one of the greatest throwing catchers playing today, and since he was taken up by Chance, after Jennings had let him go, he has improved materially, until today he is reckoned one of the game's great backstops.

## FOOTBALL MEN E.D.C. DRAWS UP LIST OF EVENTS

Some of the Players Who Will Appear With Algonquins—Carleton Has Strong Half Line.

There is a tingle in the air these days which turns the thoughts of the sport lover footballward. The Standard's article on Friday seems to have started the ball rolling so to speak, and the first senior practice is scheduled for tonight. The Victoria grounds have been secured and the Algonquin management would like to see all intending players out tonight at 6 o'clock. It is too early to forecast a probable line-up of any of the teams, but it is known that some of the following men are counted upon for the Indian XV this year:—H. Howard, F. Finley, S. Thorne, G. Patterson, Tully McKay, G. Stubbs, F. Goodspeed, J. Mackinnon, F. Greason, S. Smith, C. Leonard, C. Seely, O. Wilson and others.

While there does not seem to be any prospects for the organization of a senior city league, the Algonquins are counting upon the annual games with the U. N. B. and a series with the proposed team in Carleton.

From present indications it looks like a strong aggregation for the West Side.

A snappy line of young half backs is put forward, viz., Dryden, Clark, Melrose, and Scott, the first three of whom made good in senior company last year, while Scott is said to be a newcomer and a crackerjack. The usual strong forward line of huskies can be counted upon.

The High School Football squad was out in force last night on the Shamrock grounds and is rapidly getting into shape.

Plans for intermediate football are yet in more or less of a nebulous state, but before the end of the week the situation is expected to clear somewhat.

## CALGARY MAY SEND TEAM TO OLD COUNTRY

Calgary, Sept. 19.—Football men and others who are interested in the city hadn't heard of the success of the Hillhurst team very long before they were considering something else for the football teams.

The suggestion was first made by some football men. It was that as soon as the Hillhurst team returns from Toronto, an effort be made to form a combined Calgary team, composed of Hillhurst and Caledonians and have the same sent to tour the Old Country.

The cost would not be very great, as the Canada team, champions of Canada would be a drawing card in the Old Country. To this some objection would be made that such a team would stand no show against the big clubs in the Old Country. But such a team could defeat the strong amateur teams and would make some of the other teams go home. It would be a great publicity feature and should be arranged very easily.

The question will be taken up seriously as soon as the Hillhurst team returns on Saturday night and something will be done at an early date.

## PLAYERS RELEASED

Chicago, Sept. 19.—President B. B. Johnson, of the American league, today announced a list of players released and signed. The list included: Released—By Cleveland, L. Nunnemaker to Boston, By Boston—C. A. Thompson, Dulin, Lerchen, McLeod, Anderson and O'Rourke to Sacramento.

Bill Papke and bride are included in the McIntosh-to-Australia party. Maybe the Illinois thunderbolt can get by with some of the rough stuff over there.

## BIG LEAGUE BASEBALL AT A GLANCE

NATIONAL.			AMERICAN.			EASTERN.					
Team	Won	Lost	P.C.	Team	Won	Lost	P.C.	Team	Won	Lost	P.C.
Chicago	80	40	620	Philadelphia	94	41	696	Rochester	88	56	611
New York	78	55	587	New York	77	57	575	Newark	82	64	602
Pittsburgh	78	57	578	Detroit	76	58	567	Baltimore	77	68	531
Cincinnati	69	69	500	Boston	75	61	551	Toronto	66	69	489
Philadelphia	68	67	504	Cleveland	60	73	452	Buffalo	66	76	465
St. Louis	53	77	408	Washington	59	77	434	Montreal	67	75	472
Brooklyn	54	80	405	Chicago	55	80	408	Jersey City	64	83	435
Boston	48	89	350	St. Louis	43	94	314	Providence	60	85	414

At Philadelphia—Cincinnati 2; Philadelphia 4.  
At Cleveland—Philadelphia 4; Cleveland 5.  
At Chicago—New York 0; Chicago 1.  
At St. Louis—Boston 3; St. Louis 6.  
At Detroit—Washington 6; Detroit 6.  
Called at end of 11th on account of darkness.

At Montreal, first game—Buffalo 1; Montreal 8. Second game—Buffalo 2; Montreal 3.  
At Toronto, first game—Rochester 9; Toronto 1. Second game, Rochester 2; Toronto 1. Second game, Rochester 2; Toronto 1. Second game, Rochester 2; Toronto 1.  
At Jersey City—Baltimore 1; Jersey City 2.  
Rain at Newark.

## STANDING OF BIG LEAGUE PERFORMERS

Speaker Makes Big Gain on Leaders in Auto Race—Lajoie Still Ahead of Cobb—Wagner 8th.

The Standard's statistical men have been busy again and have compiled the batting averages, run getting and base stealing records of the big leaguers. He finds that Lajoie is still the real leader in the auto race with Cobb a close second and Tris Speaker cutting down the distance considerably. Wagner is eighth and Snodgrass next in line. The records follow:

Bat. Av.

Strunk, Philadelphia Am . . . . .382  
Lajoie, Cleveland . . . . .358  
Cobb, Detroit . . . . .357  
Speaker, Boston Nat . . . . .345  
Magee, Philadelphia Nat . . . . .338  
Crandall, New York Nat . . . . .333  
Campbell, Pittsburg . . . . .332  
Wagner, Pittsburg . . . . .330  
Snodgrass, New York Nat . . . . .326  
Hofman, Chicago Nat . . . . .319  
Lober, Cincinnati . . . . .312  
Kaibit, New York Am . . . . .312  
Collins, Philadelphia Am . . . . .311  
Murphy, Philadelphia Am . . . . .306  
Oldring, Philadelphia Am . . . . .305  
Paskert, Cincinnati . . . . .302  
Konetchy, St. Louis Nat . . . . .300  
Keeler, New York Nat . . . . .300  
Chase, New York Nat . . . . .298  
Thomas, Philadelphia Am . . . . .298  
Burns, Cincinnati . . . . .293  
Karger, Boston Am . . . . .292  
Gardner, Boston Am . . . . .292  
Melan, Cincinnati . . . . .291

## Leading Run-Getters

Runs

Cobb, Det. . . . .95  
Bush, Det. . . . .89  
Lajoie, Cleve. . . . .82  
Speaker, Bos. . . . .82  
Wolter, N.Y. . . . .80  
Baker, Phil. . . . .77  
Milan, Wash. . . . .77  
Collins, Phil. . . . .76  
Oldring, Phil. . . . .75  
Hooper, Bos. . . . .69  
Crawford, Det. . . . .69  
Delehanty, Det. . . . .67

## Leading Base-Stealers

Steals

Bryne, Pitts. . . . .31  
Magee, Phil. . . . .31  
Wagner, Pitts. . . . .31  
Bescher, Cin. . . . .28  
Huggins, St. L. . . . .26  
Doyle, N. Y. . . . .24  
Hofman, Chic. . . . .24  
Konetchy, St. L. . . . .24  
Evers, Chic. . . . .24  
Holtzcl, Cin. . . . .22  
Bates, Phil. . . . .22  
Devore, N. Y. . . . .21

## Leading Run-Getters

Runs

Collins, Phil. . . . .66  
Cobb, Det. . . . .58  
Zelder, Chic. . . . .46  
Bush, Det. . . . .45  
Milan, Wash. . . . .45  
Wolter, N. Y. . . . .36  
Chase, N. Y. . . . .34  
Hooper, Bos. . . . .33  
Speaker, Bos. . . . .29  
Morarty, Det. . . . .29  
Lajoie, Cleve. . . . .28  
Wagner, Bos. . . . .26

## Case Off Until Friday

Boston, Sept. 19.—The test case over Sunday baseball playing in Boston went over to Friday, for hearing in the West Roxbury court today, when Eugene J. O'Connor, Jr. was held in \$100 for his appearance at that time. O'Connor was manager of one of the teams advertised to play yesterday, to test the laws, and was arrested when he attempted to start the game by batting off flies.

New York, Sept. 19.—With almost 30 entries already actually made for the sixth Vanderbilt cup race, it is certain that this year's contest will be a truly great race—if not the greatest of cup races. In all probability there will be fully twice as many contestants to face the starter as in any of the five previous contests. Racing teams have begun to arrive at their camps on the course, and the latter is being put into the pink of condition for practice trials and for the cup race itself. Nearly 100 men are at work on the roadway, the stands and wire fencing.