loronto

and Cause

Been Robbed.

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Declaring They Had

July 5 .- A band of Bra

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LE, July 5. - Mrs.

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Sore Feet

Feet Hurt, You Look It-

rec Trial Package Today

Gives Instant Relief.

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the women were arre r telling fortunes and s r the vagrant act in daying a fine of \$20 each ly paid the fine in the ja

## AIDS TO AMIABILITY

Cold Beverages Keep the Disposition Sweet in Hot Weather and They Are Not Difficult to Concoct

There is nothing like an ice-cold | CARPETS SHOULD BE beverage to keep one's family amiable pring "see dame" insign house seem to begave that with all the manifold Cuties, they have not time to keep the sideboaru well supplied. Visions of raspberry shrub. old-fashioned root beer and other drinks that require time to make and bottle arise in their minds. Iced tea and lemonade are the only drinks they can think of that are easily prepared, and the family quickly tires of

Only a Minute to Make-There are, however, many "minute beverages"--drinks that, if the ingredients are at hand, may be put together at a moment's notice. Among them are ice-cold eggnogs, of various flavors, and fruit juices, with carbonated

There are also iced chocolate and coffee. These usually take, it is true, more than a minute of time to prepare. more than a minute of time to prepare, but they can be concocted in some spare moment during the day, and the whole time spent on them is nothing in comparison with that called for by the bottled beverages.

Chilled Eggnogs.

Chilled Eggnogs are not served as often as they should be. They are one of the leaders among minute beverages, because they are not only re-

ages, because they are not only re-freshing, but nourishing as well. An eggnog is hardly more than custard in raw state, especially if spirits are

This drink may be served in an endless number of ways, and teetotallers can enjoy to their heart's content eggnogs without spirits that are simply but deliciously fiavored with orange, offee, vanila, nutmeg or chocolate.

A plain eggnog of any kind may be turned into a festive beverage if topped with whipped cream or ice cream and a bit of candied fruit. The white of egg so often recommended should not be added unless the "nog" is neavily flavored, as it is apt to impart a raw, eggy taste.

Chocolate Eggnogg. For a chocolate eggnog use a table-spoorful of grated chocolate a table-spoonful of sugar and a large new egg to every half-pint glass of rich chilled milk. Melt the chocolate and sugar together to a paste, then add the egg yolk and stir the mixture into the Icilk, beating well so that the egg will not separate from it. When ready to serve add a big spoonful of whipped cream or ice cream to each glass. If



PROF. MULVENEY, P Yes, That's It Worms Is the Trouble-

#### Many Suffer From Them and Do Not Know It

Many go to an early grave on account of them and have been pro-nounced to have had brain fever or some other complaint. Prof. Mulveney Comes to the

Rescue. His wonderful remedies are saving

thousands of lives.

Why not try his remedies, they are sure, certain and narmless?

Stomach worms are round like earth worms, and measure from 8 to 16 inches in length, the large ones being the large of the light period in thickabout the size of a lead pencil in thickness. They are white and sometimes pink in color; they infest the stomach and small intestines, and sometimes great humbers are found to exist. One of my customers claims one of his of my customers claims one of his children passed thirty from the use of my remedy. It does not require much thought to come to the conclusion that these worms are very dangerous, as they cause fever, convulsions, fits, etc. Many persons have died from worms, and they have been known to crawl out of their mouth and nose after death Just imagine the suffering and terrible agony a child or adult must experience with these disgusting and loathsome creatures crawling about in the steam of the stomach and bowels. There is no doubt that they are constantly taking the nourishment that sheet go to make a strong nealthy person, is it any wonder that your child is cross irritable, and sickly? Adults are also restless, melancholy and miserable

from the same cause, and are some-times treated for dyspepsia. Lervous prostration and other complaints. My remedy is in liquid form and is an ex-cellent remedy to build up the system. and can be taken for some time after the worms have been expelled, to build up the system which generally requires it, as the stomach and bowels are gencrally in a weak and debilitated condition caused by the ravages of these undesirable pests. My remedy. known as mother's friend, is pleasant and agreeable to take and is a lifestroys worms, but strengthens and builds up the child, cures wetting of the bed, convulsions and fits; destroys pin worms. The price is \$1.00. My remedy known as B'Well is much better for adults, and is the greatest parts.

duits, and is the greatest nerve on earth. Cures all nerve cleanses the system, vestored Tiz—the positive, unfailings of different from anything of different from anything with the control of the cont of disease. P. Well kills the cause, also disease. P. Well kills the cause, also kills blood peison. Sold only by Prof. Mulverey. 167 Dundas street. Toronto. Write for further information, free, or phone. Parkdala 4830.

Nor Do They Take Long to Make.

BEATEN OUT OF TOWN.

Commands of cases of file is are caused in circo and towns where carpets are truten and the wind scatters the germs broadcast among the people living within reach of the deadly pests.

Nothing harbors these disease germs as much as a carpet that has lain on the floor of a room, where all sorts of diseases and conditions of life have existed, and when the rugs or carpets are taken to the common, an open lot, or the park to be beaten, the disease germs are liberated and scattered all over the place. The wind will carry the dust from Persons passing or residing near

Educational

taste the dust from the filthy fibre as it is pounded by the laborer. The lips and nostrils are moist, and the disease germs can collect and be retained by the mouth and nose until they have a chance to enter the sys-

tagious diseases were spread thruout whole blocks by carpet beating. Persons with a sore place on face or hand are in grave danger when near carpet that is being cleaned, as there is danger of blood poisoning lodge in the affected parts.

Hamen held in a hiding place for geze's, and when the dust from a nirty carpet is blown among the people and into open doors and windows, the germs lodge in the hair, and remain until they get in their deadly work.

Carpets and rugs should be taken to an isolated spot in the country where no human habitation is near, and where grasses and trees will, to a considerable degree, catch the dust

An ideal spot for carpet cleaning would be on a small island, where the dust would be carried over, and a dirty carpet for several blocks, and the germs are lighter and more easily carried even on what seems to be a be at a point where the dust could be at a point where the dust could not reach dwellings or passing vessels.

# St. Andrew's College

Toronto, Ont.

Rev. D. Bruce Macdonald, M.A.
LL.D., Headmaster.

preferred, the whipped cream may, for variety's sake, be partly frozen.

When a coffee eggnog is properly made it is delicious. It may be prepared like the chocolate drink, using in place of the chocolate enough strong coffee to give it a fine flavor. The same proportions may be used with Save Preserve Juice.

After preserving cherries berries, pineapples and other summer fruits there is usually an abundance of superfluous juice on hand. This can be bottled separately for use in beverages. Thinned with water and poured into glasses over crushed ice, it will be a change from the ever present lemonhange from the ever present lemon-

Secret of Success, The secret of Success,

The secret of making these beverages successfully lies in having an abundance of crushed ice in the glasses, for fruit juices are likely to be cloving unless thoroly chilled.

A little carbonated water and some ice cream or whipped cream will provide a refreshing soda if a ided to one of these preserve juices. of these preserve juices.

A little melted current felly dilut-

A little melted currant felly diluted with water is a good "minute beverage" with a "tang." In jelly making some housewives are wise enough tle the juice just before it is ready

Improving An Old Standby. Even if one's family has a special fondness for iced tea and lemonade, one does not have to prepare them in one does not have to prepare them in the same way every time. A lemonade flavored with pineapple is a delightful drink if it is prepared as follows: Have ready four small lemons for every tineapple, two cupfuls of sugar and a quart of water. Crush the pineapple and add the lemon juice. Let the sugar and water come to the boiling point. Then add the fruit olling point. Then add the fruit pulp and juice. Let the whole simmer three minutes. Remove it from the fire and put it where it will become cold. Serve with cracked ice. A few crushed strawberries may be added. At this season a few crushed raspberries and a spray of mint may be a welcome addition to lemonade.

With the Writers

Miss L. M. Montgomery's new story, "The Golden Road," will be ready for publication early in August.

This week Houghton Mifflin Com-John Bright," by George M. Trevelyan; "O. Pioneers!" by Willa S. Cather; "A Scout of Today," by Isabel Hornibrook; "The Hand of Petrarch," by T. Russell Sullivan, and "Calm Yourself," by Dr. George L. Walton.

Miss Mary Johnson, whose "Cease Firing" is one of the best of the year, is now engaged on another book, the title of which she is not ready as yet to announce. Miss Johnson is an ardent feminist, and those who know her personally think, perhaps, her latest effort will be along the lines of the vital issues of the movement.

Stephen Leacock's new book, "Behind and Beyond," will be published in the autumn by John Lane & Company, New York.

Alfred Noyes is named as the successor of Alfred Austin, as the poet laureate, tho there is a possibility that

Warren Dunham Foster, editor of The Youth's Companion, is this summer adding to his "Modern Heroines" series "Heroines of Modern Religion." Each heroine is presented by a separate author. Seven have combined to tell the story of the evolution of the religious thought and action of recent times, thru the achievements of such women as Fanny Crosby, Frances Ridley Havergal, Maud Ballington Booth, Anna Hutch-

inson, and others of equal prominence.

Eugene Higgins, the magazine illustrator and etcher, has been recom-mended for membership in the Union Internationale des Beaux Arts et Lettres, an association founded by Ro-din and Paul Adam. Among its disof his work at the International Ex- ful of fruit juing and Silving to the cont hibit'en. New York, when the rare to make a very sent the rate of the country though it'y of his drawings, reported to the country though the rate illustration, was noticed by Henry Breuil, who at once recommended him for with an egg beater until the entire mixture begins to thicken. Add the best who at once recommended him for with an egg beater until the entire

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A. Paterson, K.C.,
President,
Mrs. A. R. Gregory,
Principal. John A. Paterson, K.C.



# Important Sale of Suburban Land for Dwelling Houses

65 Lots at \$4 Per Foot and 312 Lots at \$5 Per Foot

acquired 200 acres of land between St. slopes gently westward to the Don Ravine, where there are 35 acres of Clair and Eglinton avenues, north of beautiful park land. There is no brothe eastern portion of the city. The ken or ravine land, in the portion now company has subdivided and will sell subdivided, and it all overlooks the he eastern 65 acres of this land, the most accessible portion of it

by two Canadian Northern steam lines playground. Advantageous sites have been reserved for churches, school and through the property, Canadian Nor-thern and Hydro-Electric trolley lines oughfare will be 86 feet wide. To prethrough the property, Canadian Northrough or near the property and that the civic car line will be extended to St. Clair avenue.

oughtare will be 86 feet wide. To prevent on the larm will enable wage the larm will be received only at the divergence of the company. Taxes for 1913 building lots at wholesale cost. Bonatile wage earners will be given two wide.

oughtare will be 86 feet wide. To prevent on the larm will enable wage earners, who so desire, to acquire building lots at wholesale cost. Bonatile wage earners will be given two weeks from June 28 in which to subverse on application.

The property has been planned for It is expected that next year ade-quate transportation will be provided bowling greens, tennis courts and

improved housing conditions. Houses cannot be erected on less than one lot as laid down on the original plan. The plan may be seen also at the Labor Temple, or at the company's office.

The remaining portion of the company's property wil be developed on Reservations will be made in the organden suburb lines. The sale of this der of receipt of applications. Payportion of the farm will enable wage earners, who so desire, to acquire building lots at wholesale coat.

Summer Resorts

RESTRICTIONS.

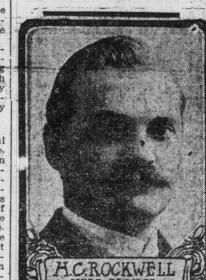
Restrictions have been imposed to insure the upkeep and continuance of improved housing conditions. Houses annot be erected on less than one lot

by the Housing Company, who will, if desired, supply plans of houses free of charge. As far as possible, back yard fences will be done away with.

Subscriptions are subject to 300 lots being subscribed for. Terms: \$5 per lot upon application, to be returned if 300 lots are not subscribed for: \$5 per lot upon allotment, and \$5 a lot

Summer Resorts

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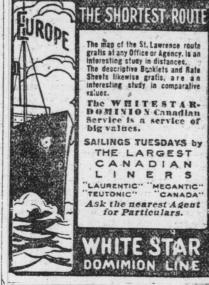
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night and they are ready to iron; they will all be damp alike; no wet spots

A FRUIT SPONGE.

A delicious dessert is a fruit sponge, for which orange juice or the juice of membership in the French association mass is like a sponge and quite thick Turn into a wet mold and put away to To dampen fine clothes to iron, wring get firm. The yolks of the eggs may be used to make a soft boiled custard to serve with the dessert if one wishes.

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Amusements

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ronto 2.00 p.m. each Tuesday until August 26, inclusive. Best train to

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10.15 a.m.—Daily, except Sunday, for Penetang, Georgian Bay, Midland, Lake of Bays, Maganetawan River and North Bay. Pullman Parlor car to Penetang, Parlor-Library-Buffet car and Parlor-Library-Cafe car to Huntsville and coaches to North Bay.

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