

Re-Creating Human Beings

Swoboda has shown men and women in all parts of the world and in all walks of life how to build a keener brain, a more superb, energetic body, stronger muscles, a more vigorous heart, a healthier stomach, more active bowels, a better liver and perfect kidneys. He has times without number shown how to overcome general debility, listlessness, lack of ambition, lack of vitality—how to revitalize, regenerate and restore every part of the body to its normal state—how to recuperate the vital forces—creating a type of physical and mental super-efficiency that almost invariably results in greater material benefits than you ever before dreamed were possible to you.

Swoboda is only one perfect example of the Swoboda system. He fairly radiates vitality, his whole being pulsating with unusual life and energy. And his mind is even more alert and active than his body; he is tireless. Visit him, talk with him and you are impressed with the fact that you are in the presence of a remarkable personality, a superior product of the Swoboda System of body and personality building; Swoboda embodies in his own super-developed mind and body—in his wonderful energy—the correctness of his theories and of the success of his methods.

Swoboda numbers among his pupils judges, senators, congressmen, cabinet members, ambassadors, governors, physicians and ministers—workingmen as well as millionaires.

The Voice You Must Hear

Although the Swoboda System is trifling in cost, men who can afford the most expensive treatments in the world are turning to it.

But it is the voice of the masses, the voice of the great army of plain, everyday people to which you must listen—the voices that say: "I would never have believed it possible to gain so much in so short a time." "My capacity for both mental and physical exertion is increasing daily."

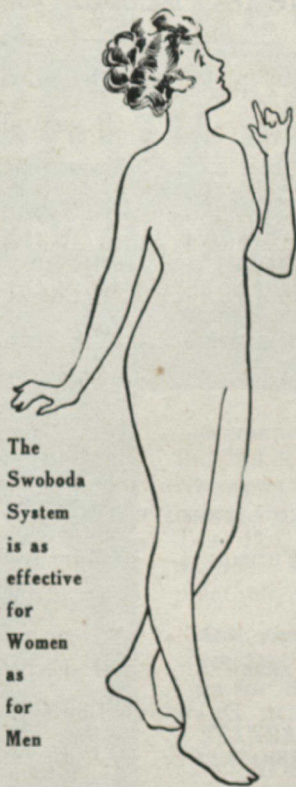
"I feel like a new person." "Your system has cured me of constipation of 20 years' standing." "I feel much better than I have felt for seven or eight years." "I am beginning to forget that I have a body composed of so many organs, each of which used to force its presence on my consciousness in a very unpleasant manner at times." "I am 80 years old. After the lessons I feel like a young man." "I feel to-day 200 per cent. better than I did six weeks ago." "I never was better in my life than I am to-day." "I have grown within a few months from a weakling to an unusually strong man."

These are but a few of the heartfelt words of sincere appreciation sent to Swoboda by his grateful pupils. To print all the letters he has received would fill a book of a thousand or more pages. From those shown (the writers' names will be sent on request) you will realize that there is a great deal for you in the Swoboda System of cell-culture.

A Startling Book Free

No matter how well you feel, no matter how successful you are, Swoboda has written a wonderful book that you should read—a book that shows how you can become ten times as healthy, ten times as full of energy and vitality, ten times as capable of enjoying life to the full as you've ever been before. Until you read this book and learn what Swoboda has done for others you can never know the possibilities of life that you are missing.

Tear out the coupon on this page, write your name and address on it or write a letter or even a postal card and mail to Alois P. Swoboda, 2100 Berkeley Bldg., New York. Even if you gain but one suggestion out of the 60 pages of Swoboda's book, you will have been repaid a thousandfold for having read it. By all means do not delay, do not say "I'll do it later," but send the coupon or a letter or postal now, while the matter is on your mind. Remember, the book is absolutely free—there is no charge or obligation now or later. **Write NOW.**



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System
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effective
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Women
as
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