

Cake - Chocolate (for 2)
Shelley Wright - DFAIT/MAECI

Ingredients:

- 4 Tablespoons of flour
- 4 Tablespoons of sugar
- 2 Tablespoons of cocoa
- 1 Egg
- 3 Tablespoons of milk
- 3 Tablespoons of oil
- 3 Tablespoons of chocolate chips (optional)
- Dash of vanilla

Instructions:

- In a large coffee mug, mix flour, sugar and cocoa and add egg
- Add and mix milk, oil, chocolate chips (optional) and dash of vanilla
- Microwave on high (1000 watts) for 3 minutes and enjoy