

acid or iodoform, held in suspense in gelatine. The object of employing gelatine rather than water or spirit, is to enable the medicine to remain for a long time in contact with the affected parts, and, in dissolving, to form a thick fluid which measurably imitates the consistency of the normal secretions of the parts.

The following formulæ are those ordinarily made use of by the author:—

Stiff iodoform preparation, with geranium and carbolic acid:—

R. Pure carbolic acid,	grs.v
Fl. ext. geranium maculatum,	gtt.xv
Distilled glycerin,	gtt.x
Powdered iodoform,	3 iijss
French gelatine,	3j
Water,	q.s.

Dissolve the gelatine in a little water, then add the other ingredients, and rub to a smooth paste.

Stiff iodoform preparation without geranium:—

R. Pure carbolic acid,	grs.v
Distilled glycerin,	gtt.x
Powdered iodoform,	3 iijss
French gelatine,	3j
Water,	q.s.

Dissolve the gelatine in a little water, then add the other ingredients, and rub to a smooth paste.—*Philadelphia Medical and Surgical Reporter.*

TIGHT-LACING.

Dyce Duckworth, M.D., F.R.C.P., in an article published in *The Practitioner*, January, 1880, says—

I have to state, then, that I find in a considerable proportion of women, among hospital patients, and frequently in the case of those in higher ranks, that the stays are either too small, or are fastened too tightly. In many instances this compression is practiced unwittingly. Stays last for a long time. The wearer grows, and the stays are too small, or they are procured just as any other article of dress, without reference to the particular figure they are to encircle.

In most instances stays are made by the gross, like gloves, stockings, or boots; they are kept in different sizes, but no care is commonly taken to secure a proper fit. It must be borne in mind that they constitute a very important article of clothing for the poorer women, since they are by them regarded chiefly for their warmth, and not merely for support. It usually happens that they are adopted in early life, and as puberty approaches, insufficient attention is paid to the changes occurring in the figure at that period. And thus at an early age young girls come instinctively to accustom themselves to a measure of constriction from their stays.

When new stays are required, there is at once a repugnance to such as would fit properly, and, therefore, the same degree of tightness is imperatively demanded as has been hitherto borne. Thus it is that when one comes to examine into the matter, the unvarying remarks are offered: "I am not at all tight; my stays are quite easy and comfortable; I could not endure to be tight; I never lace tightly."

The result of the inquiry almost as commonly is, that the stays are found to be from one to four or five inches smaller in girth than they ought to be.

This miserable imprisonment is, as I have observed, in most instances involuntary; it is not practiced because it is fashionable, it is not the result of ambition to have a small waist, but it comes about for the most part in the manner I have described. Of course, in many cases, it is done deliberately.

The results are more harmful than is generally believed, but they are only such as might be predicated.

I find many cases of dyspepsia in women yield quickly to the use of proper stays. Again and again I have known chronic vomiting in young girls to be due solely to tight stays. Palpitation and dyspnoea, not due to anæmia, are frequently caused by bad stays. The worst cases naturally occur in young women who are inclined to *embonpoint*, and whether this be constitutional or aggravated, as is that condition, by anæmia, the obese tendency commonly both adds to the compression, and gives cause to the wearer to increase her troubles in the efforts to retain (what she conceives to be) shapely proportions.

LINIMENTS FOR RINGWORM.

A writer in the *British Medical Journal* gives the formula for Coster's paste, thus:

R. Iodine pigment.....	2 drachms.
Oil of cade or oil of juniper tar.....	1 ounce.

Mix. For an embrocation.

He finds the following formula, however, most effectual:

R. Iodine pigment.....	4 drachms.
Creasote.....	4 "
Oil of cade.....	4 "

Mix.

This, he says, in cases of early ringworm, is an effectual remedy if well brushed into the roots of the hair. The addition of a quantity of iodine makes the preparation more valuable.

The iodine pigment of the British writers is made by dissolving one drachm of iodine in one ounce of alcohol, and allowing the solution to stand in a glass-stoppered bottle for several months before it is used, when it will become thick and syrupy.