

It not only treats of all the private and necessary management of a young wife, but even gives good sound advice in the culinary department. To sum up he advises as the best physic—"early rising, thorough morning ablution, good substantial plain food, great moderation in the use of stimulants; a cool and well ventilated house, especially bedroom; an abundance of fresh air, exercise, and occupation, a cheerful, contented, happy spirit, and early going to bed. All these are nature's remedies, and are far superior and are far more agreeable than any others to be found in the *materia medica*." Attention to these will, in the words of Wordsworth, make a perfect woman.

"A being breathing thoughtful breath—
A traveller betwixt life and death;
The reason firm, the temperate will,
Endurance, foresight, strength, and skill;
A perfect woman, nobly plann'd,
To warn, to comfort, and command;
And yet, a spirit still, and bright,
With something of an angel light!"

PROTESTANT INFANTS' HOME.

We have just received the fifth annual report of the Protestant Infants' Home. The Home seems to be doing a very creditable work, thanks to the energetic ladies who have in hand the guidance of its affairs. Their finances are in an excellent condition; they have on hand \$3,000 for the expenses of the coming year. Besides, there is a fund, already subscribed, of \$6,000 towards a new building. We commend this charity to the liberality of our citizens, a new building being very much needed. We were struck with a remark in Dr. Bell's report, which we will copy, showing the unsanitary state of the present *old house*:

"The old house in which the Home is yet unfortunately placed, is quite unfit for the purpose. No means are provided for ventilation, and the decaying organic matter, necessarily accumulated in cracks and crannies throughout the old fashioned building, soon pollutes the atmosphere of the rooms when the chilly and cold weather of the greater part of the year compels the closure of the only apertures for ventilation. The air, thus rendered