I managed to resist it, however, by putting to myself a few plain questions, such as, "What is the matter with you? Why are you reatless and unhappy? Hare you a headache?" "No." "A toothache?" "No." "Hiave you pain in any part of your body?" "No." "Are you cold?" "No." "Hot?" "No." "Are you hungry?" "No." "Thirsty?" "No." "Then why, in the name of all that is rational, are sou not oontented, and even thankful to God, for the exemption from pain which you enjoy?"

In this manner I lectured myself against the unnatural craving. Erery time I resisted the appetite, I felt that I had achieved a victory; that I was rising higher in the scale of being ; that my moral strength was augmented; that I was getting more into harmony with God's laws and my own conscience; and that ms example, in regard to the youths of my congregation, was becoming more worthy of me as a Christian missionary and pastor. Bre long the craving ceased; the appotite died away; I was emancipated! And now I would not be again enslaved for "all the world calls good or great." Most dernutly do I thank God for my deiverance both from alcoholic drinks and from tobacco. Against them both I an determined to battle till I die.

## encounaabment to work.

There is a class of minds-unhappily a larye class-who are disposed to yield to gloony aprrehensions and fearful forebodings of the ultimate prevalence of Romanism in these lands. They dwell, in moody musings, on the large number who are said, from time to time, to abandon the Protestant creed, and to place themelves under Rumish guidance; and emphatically they drell on the fact of the Papal invasion of recent times. Do you not remember, they sorrowfully say to us, how an old man, then in inglorious exile from his orn duminions, a mere "crowned allegory" at Gacta, assumed the right of cutting and carving our Fatherland, and of planting bishops in sees of his own creation, and of appuinting a cardinal legate at their head, and of thus preparing the way for the introduction of canon law, and of the nameless oppressions and abominations which naturally flow from it? We need not, therefore, in the presence of these most furmidable obstacles, make an effort to counteract these dark and insidious doings of modern Jesuitism. The torrent is too strong for us to hope tol stem it. Now there is a strong delusion in all this, and we must try ti, dissipate it. We admit, then, that in recent times Rumanism has made a certilin kind of poogress in these lands. The chapels, schools, nunneries, monasteries, and priests have increased much. But the real question is, hove and why bave they increased? Is Romanism increasing by the conversion of the native Britons-the children of Protestant parents? That there are some such conversions is a matter of course. There is no error so absurd, no ssitem so monstrous, that it cannot be effectually recommended to some minds, predisposed in some way to receive it. Strange would it he if a system so imposing as Rumanison, and so adapted to the various propensities of human nature, should make no proselytes in such a country as this. Here and there some ignorant person may ie bewildered by a show of argument. Here and there some one is moved by the "ponp and circumstance" of Romish worship, thy the pictures and statues of saints-ly the sign of the cross that seares away evil spirits, and the holy water that sprink les the unclean-ly the vestments of the priesthood and the swinging censer-by the awe with whish the a..dience bow befire the visible ohject of adoration in the shape of the consecrated waferby the assaciations of romance and puetey, and the picturesque ideas of feudalism and monkish sanctity cunnected with the Church of the middle ages-or, peradventure, by some of those doctrines which so fascinate the imagination even of enlightened minds of a certain constitution. Here and there a girl, placed by unthimking parents in a convent schaon, or a boy, imprudently committed to Jesuit tuition in a Roman Catholic college, has come out, after a sufficient course of training, a hearty proselyte. But, in the face of all these admitted facts, we

