

A PAGE OF GENERAL INTEREST TO WOMEN READERS

Instead of
Fish or Eggs
on Friday, serve

CATELLI'S MILK MACARONI

It contains more nourishment than the best fish or eggs, at half the cost. A 10c. package makes a dinner dish for six persons—and supplies a food that satisfies even the working man.

You won't tire of this delicious MILK Macaroni—because our Cook Book tells how to prepare it in more than a hundred different styles.

Grocers everywhere have Catelli's MILK Macaroni.

Write for Cook Book—free



Sunlight Soap 5c
The best and purest household soap made

GOWNS

A ball gown, a tea gown, or a favorite dress that has been entrusted to us for dyeing and cleaning, is returned to you ready for another season's wear.

The cost of the service is small, and you have a gown that is certain to fit and suit you.

Our booklet gives particulars. Write to

**PARKER'S DYE WORKS
LIMITED**
475 RICHMOND STREET,
LONDON, ONT.

Whenever you sprain your ankle or

COMPASS OIL
The oil that soothes, strengthens and

CEETEE
UNDERCLOTHING
Guaranteed Not to Shrink.

MUMS
Are here in variety. We invite
your phone orders.
WEST FLORAL CO.
249 Dundas St. Phone 2187.

Billy Coffey says:—
"Honey Flowers for the bee,"
"Rideau Hall" Coffee for me."

Fragrant
Appetizing

Rideau Hall Coffee

Sold only in
sealed tins

Steel-cut
Chaffess

Gorman, Eckert & Co., Ltd.
London and Winnipeg.

Such lather!
Such refreshing
fragrance, such skin
softening and cleansing!—

It is the skillful use of pure vegetable fats
and finest natural flower extracts, which
make Baby's Own Soap so good for tender
skins, and so difficult to imitate—

Baby's Own Soap

Best for Baby
Best for You

For sale by almost every Soap retailer in Canada.
ALBERT SOAPS LIMITED, Manufacturers, MONTREAL.

ADVERTISER WAR PRISONER'S FUND.

I pledge myself for the sum of.....
monthly (for the following six months), towards The Advertiser Mail-
Box readers' fund for prisoners of war, and herewith inclose.....

Name..... Address.....
Pen-name..... Date.....
Return to Miss Grey, in care of Advertiser.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Born Near Coventry.
Dear Miss Grey, and All the Mail-Box Readers.—It was very interesting and true what "Mrs. Homebird" wrote. I think it is only the farmer that is retired or who has been farming ten or fifteen years, who doesn't feel this year. When our crops fall it is done for, and no matter what price groceries go to, we have to pay, but the city man still has his check for his work, and wages are good now in most cities, and so can meet the high prices far better than the farmer of one or two years.

I saw a letter from a lady from Coventry. I was born ten miles from Coventry (Leamington Spa). I often think of when I went to Coventry. I saw a statue of a man peeping out of a building, and he was called "Peeping Tom," looking at Lady Godiva. I would like to give to your prisoners' fund, but I have four brothers and a nephew at the front, and of course, charity begins at home with me.

Dear Miss Grey, please answer me this one question: Is it right for a trustee's wife (who has no children attending same) to interfere with a caretaker's work in cleaning the season's wear.

Granny's Talk to Young Mothers

"Few young mothers realize the extent to which a cold lowers the system and makes it susceptible to disease. The majority of diseases arise from germs, but it is not widely known that a healthy system will repel their attacks."

"Granny" Chamberlain should never allow a cold to run for 24 hours. A good reliable medicine for coughs, colds, croup and bronchitis should always be kept in the home. You may say that you have no confidence in cough medicines, but that is because you have never tried

Chamberlain's Cough Remedy
the medicine that is thoroughly reliable and has stood the test of half a century. There is nothing in it unsuitable for even the baby.

Yours for Health,
—Granny Chamberlain.

school, etc., and letting the ratepayers know by means of the telephone that the same school is not looked after? I would like to know before writing the Inspector on the subject, as in his report he wrote, caretaker's work, "well done," and oblige.

ROYAL LEAMINGTON SPA.
Ans.—About her husband's trustee gives the woman no right to generally report negligence or otherwise on the part of the caretaker. If she observed or was advised of carelessness she should have reported the matter to her husband, whose place it is to interview the caretaker in regard to the complaint. No need to notify the Inspector of the same until the caretaker has been given a chance, at least. The trustee's wife has acted without authority in telephoning the complaint to the community.

Cavell Memorial Fund.
Cynthia Grey.—Mrs. Frederick Monroe, 4 Grange Road, Toronto, Ont., is the honorary secretary and treasurer for Edith Cavell Memorial fund. I saw that this was asked for by one of your readers. It was to her we sent our subscription.

I am also inclosing a letter which I wish you to forward to "Lanny," one of your correspondents, please.

SUNSHINE.
Ans.—Thank you very much, Sunshine, for supplying the address. I hope "Lanny" sends me her address for your letter.

She Wrote Before.
Dear Miss Grey and Readers,—I see where "Helpful" wants some recitations, so I am sending them. I would like to exchange the yoke pattern that "Helpful" has sent. I wrote for yoke pattern once before, but did not get one. If "Helpful," or any other reader, would like to exchange crochet patterns, I have some.

May I call again? Inclosed find stamped envelope.
A GIRL FROM PASADENA.
Ans.—We mailed the pattern to you and trust that when finished you will pass it on to "Glencoe Girl," who also sent pieces for "Helpful."

Got There First.
Dear Miss Grey,—I saw in The London Advertiser where you had a yoke pattern with sleeves, in return for some recitations, which was sent in from "Helpful." What do you think of my writing?
GLENCOE GIRL.
Ans.—Our "Girl From Pasadena" was just a wee bit ahead of you, so I have sent her the yoke, asking that it be forwarded to your address when she has copied it.

Help for "Interested."
Dear Miss Grey,—Inclosed you will find a letter for "Interested." I hope it is not too late; also sending books for "English Lady," BONNIE DUNDEE.
Ans.—"Interested," the one who is helping to get up a boys' concert, do send me your address again. I've forgotten your street number. I unfortunately kept no record. Thanks for helping, Bonnie. Your P. S. did interest me, although our friend is only a Mail-Box acquaintance. I hope "they two" get on well together.

Employment Bureau.
Dear Miss Grey,—Will you kindly forward the inclosed letter to my parents whose letter was published Nov. 21? Is there an employment bureau in London for women and girls? I never notice many ads wanting office girls, clerks, stenographers, etc. I thought they likely got employment through a bureau. Thanking you.

ALEXANDRIA.
Ans.—"Discounts" lets me have her address I shall gladly forward your letter. There are one or two bureaus (cannot give names) but they are engaged rather in the employing of maids, cooks, etc., than in procuring places for office girls, stenographers, etc. As a rule, business schools attend to that for



Of all overworked women probably the housewife is the hardest worked. She has so much to attend to, with very little help. Her work can be lightened if she knows the value of system, and she should try and take a short rest in the daytime. A physician who became famous almost around the world, Doctor Pierce, of Buffalo, N. Y., the specialist in women's diseases, for many years practiced medicine in a farming district. He there observed the lack of system in the planning of the work.

If it is a headache, a backache, a senescent nervousness, something unaccountable, something, something, something must be wrong with the head or back, a woman naturally says, but all the time the real trouble very often comes from the organs. In nine cases out of ten the seat of the difficulty is here, and a woman should take rational treatment for it steadily and systematically with Dr. Pierce's Favorite Prescription.

For diseases from which women suffer "Favorite Prescription" is a powerful restorative. During the last fifty years it has banished from the lives of tens of thousands of women the pain, worry, misery and distress caused by these diseases.

If you are a sufferer, get Dr. Pierce's Favorite Prescription in liquid or tablet form today. Then address Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., and confidential medical advice entirely free.

Advertiser Patterns



A SMART STYLE FOR MISSES AND SMALL WOMEN.

1836—This comprises a blouse in midly style, finished with a sleeve in wrist or elbow length, and with comfortable pockets. The skirt has plaited sections over the hips, below pointed tabs. Galandine, serge, cheviot, broadcloth, velvet and taffeta are nice for this style.

The pattern is cut in three sizes: 18, 18 and 20 years. It requires 6 1/2 yards of 44-inch material only 18-year size. The skirt measures about 3 1/2 yards at the foot.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.
Please send above-mentioned pattern, as per directions given below, to:

Name.....
Town.....
Province.....
Age (if child's or miss's) pattern.....

Measurement: Bust..... Waist.....
Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is mailed you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. Who comes from Notts, "I. O. D. G." and "Notts" Maple. Well, like them, we have been out here about four years, having lived for ten years previous at Huddersfield, Notts, and in the foreground a pavilion, to the right of which is a peach tree in full bearing. The estate is inclosed by an elegant wooden fence. At one end of the bridge is the "famous willow tree," and at the other the gardener's cottage, one story high, and so humble that the grounds are wholly unutilized, the only green thing being a small fir tree at the back; at the top of the pattern, on the left-hand side, is an island, with a cottage; the grounds are highly cultivated and much has been reclaimed from the bog. The two birds shown are turtle doves. The three figures on the bridge are the mandarin's daughter, with a distaff, nearest the cottage, the lover with a box in the middle, and nearest the willow tree, the mandarin with a whip. The tradition on which the pattern is founded is a most romantic one. The mandarin had an only daughter named Lich, who fell in love with Chwang, a young man who lived on the island home represented at the top of the pattern, and who had been her secretary. The father overheard them one day making vows of love under the orange tree, and sternly forbade the unequal match; but the lovers contrived to elope; they lay concealed for awhile in the gardener's cottage, and thence made their escape in a boat to the young lover's island home. The enraged mandarin pursued them with a whip and would have beaten them to death had not the gods rewarded their fidelity by changing them into turtle doves. It is called the willow pattern not only because of a tale of disastrous love, but because the elopement occurred when the willow begins to shed its leaves.

Notts and Yorks.
Dear Miss Grey,—I think the article in Friday's Advertiser the finest yet re the soldiers' wives question, and thousands of us will echo its sentiments.

I see by the letters, you have two Christians who come from Notts, "I. O. D. G." and "Notts" Maple. Well, like them, we have been out here about four years, having lived for ten years previous at Huddersfield, Notts, and in the foreground a pavilion, to the right of which is a peach tree in full bearing. The estate is inclosed by an elegant wooden fence. At one end of the bridge is the "famous willow tree," and at the other the gardener's cottage, one story high, and so humble that the grounds are wholly unutilized, the only green thing being a small fir tree at the back; at the top of the pattern, on the left-hand side, is an island, with a cottage; the grounds are highly cultivated and much has been reclaimed from the bog. The two birds shown are turtle doves. The three figures on the bridge are the mandarin's daughter, with a distaff, nearest the cottage, the lover with a box in the middle, and nearest the willow tree, the mandarin with a whip. The tradition on which the pattern is founded is a most romantic one. The mandarin had an only daughter named Lich, who fell in love with Chwang, a young man who lived on the island home represented at the top of the pattern, and who had been her secretary. The father overheard them one day making vows of love under the orange tree, and sternly forbade the unequal match; but the lovers contrived to elope; they lay concealed for awhile in the gardener's cottage, and thence made their escape in a boat to the young lover's island home. The enraged mandarin pursued them with a whip and would have beaten them to death had not the gods rewarded their fidelity by changing them into turtle doves. It is called the willow pattern not only because of a tale of disastrous love, but because the elopement occurred when the willow begins to shed its leaves.

Wanting To Help.
The address of "Helpful's" lonely 186th boy at Chatham has been sent to "Soldier's Sister" and "G. Race."

Other "lonely soldiers' names" have been sent to "Woodstock Reader," "Bluebell" and various readers, also the name of the Canadian war-prisoner, sent in by "A Soldier's Wife," has been given to two or three Paperites, who express the desire to send him parcels.

THE "WILLOW" LEGEND
Story of the Famous Willow China

This is published again upon special request. The copy was originally sent in by a reader, "Mother Bird". The willow pattern on china had its origin with Chinese decorators, and is familiar to most people. To the right

**DAILY BIBLE
QUESTION CLUB**

By Rev. T. S. Linscott, D.D.
(All Rights Reserved.)
The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

Rev. 1.
Golden Text—"Fear not: I am the first and the last, and he that liveth and evermore." Rev. 1, 17-18.

7. Verses 7-8—What does the Bible say about a general judgment day?
8. Perhaps the judgment hall will be in space, the law of gravitation not being operative on spiritual bodies; a vast throne which no man can number will be there, and Jesus Christ will be on the judgment throne. What do you consider will be some of the scenes on that great day?

9. Verses 9-10—What were some of the tribulations which they suffered in those days?
10. Why has there been so much persecution of Christians in past ages?

That Liver is No Good
That is so lazy, it lets the skin do part of its work. The skin turns yellow doing it. Such a liver upsets the whole system. Take Hood's Pills, they put the liver to work; best for biliousness, yellowness, constipation. Do not irritate nor gripe. Price 25c, of druggists or C. I. Hood Co., Lowell, Mass.

Charming New Blouses



Georgette, Silk Crepe de Chine, and
Habutai Silk Moderately
Priced

Three Pretty Styles in Silk Crepe at \$2.95

These Waists are made of heavy crepe de chine, two numbers with convertible collars, hemstitched shoulders, front and cuffs; the other has a deep sailor collar to be worn high or low, hemstitched shoulders and cuffs; all three to be had in flesh, maize, white and black. Very special value at.....\$2.95

Silk Crepe de Chine Waists at \$3.50, \$5.00, \$5.50 and \$6.75

AT \$3.50—White Silk Crepe Waists, fine French crepe, made with dainty fichu front, which is edged with a one-inch hemstitched self frill; collar and cuffs finished the same. These are excellent values.

AT \$5.00—Fine Quality Silk Crepe Waists, in delicate shades of flesh and champagne, with deep square collar, front and corners of collar trimmed with imitation Irish crochet insertion. This is a pretty style.

AT \$5.50—Silk Crepe Waist in a pretty shade of Nile green. The graceful fichu front and deep sailor collar have two-inch hemstitched white crepe borders. This style is the one color only.

AT \$6.75—A pretty model made of the finest quality French crepe in a soft shade of maize, with neat self frilling on cuffs and deep collar edged with black stitching, also two tucks across front with one row of black stitching at top of each; the hemstitching is also in black.

Lovely Georgette Blouses at \$5.75 and \$6.50

Georgette Crepe Blouse, in maize and flesh pink, with large collar, fancy jabot, neatly trimmed with pretty lace; a lovely model this is at.....\$5.75
White Georgette Crepe Blouse, in a very pretty style, with jabot front edged with self frill, also collar and cuffs. Price.....\$6.50

Smart Habutai Silk Waists

We have a splendid range of those smart White Wash Silk Waists that are practical and reasonable. Priced at.....\$1.25, \$1.50, \$2.00, \$2.50 and \$3.00
In colors pink, maize, old rose and sky at.....\$2.50 and \$2.95

Dainty Brassieres

AS GIFTS THAT WILL DELIGHT THE LADY WHO LOVES TO WEAR PRETTY THINGS.

Fine Lawn Brassiere in flesh color, with wide rilet lace. Price.....85c

Fine Cambrie Brassiere, trimmed with heavy, deep lace, hook front. Price.....\$1.00

White Linen Brassiere with V neck, trimmed with heavy linen lace top and bottom. Price.....\$1.50

Dainty Silk Brassiere in flesh pink, with satin straps over shoulders, hook front, back cut very low; suitable for evening wear. Price.....\$1.50

All-Over Embroidery Brassiere with cluny lace and insertion top and bottom and around armholes. Price.....\$2.25

Silk Brassiere in flesh color, heavy cream lace top, satin straps over shoulders. Price.....\$2.50

Bust Confiners of pink wash satin, silk elastic inset in back, satin drawstrings, and straps over shoulders. Price.....\$2.50

IN CORSET SECTION—MAIN FLOOR.

Underwear of Quality

NICELY BOXED FOR CHRISTMAS GIFTS.

Fine Lisle Combinations, with silk top, in flesh and white, narrow silk straps over shoulders, tight knees. Price.....\$1.75 and \$2.00

Pure Silk Combinations, with neat hemstitched top and narrow straps over shoulders, with bloomer knee. Price.....\$5.00

Pure Silk Combinations in envelope style, in flesh and white, narrow straps over shoulders. Price.....\$3.75

Knitted Silk Vests without sleeves. Very fine are these at.....\$1.00 and \$1.50

Fine Vests with fancy hand-crochet yokes, with short sleeves or no sleeves. Price.....50c

UNDERWEAR SECTION—MAIN FLOOR.

BEGIN YOUR CHRISTMAS SHOPPING EARLY. YOU'LL GET A BETTER SELECTION.

**Gray's
LIMITED**

AGENTS FOR THE LADIES'
HOME JOURNAL PATTERNS
140 DUNDAS STREET
Phones 115, 116.

**Gray's
LIMITED**

COMMON ERRORS MADE IN LETTER WRITING

Many Mistakes Frequently Made Are Very Simple to Rectify.

In writing a letter—
Place date and address at the top right-hand corner of the sheet, an inch or so down the page. Don't squeeze it so near the top there's danger of it falling off!

Be sure you spell correctly the name of the person to whom you are writing.

Do not abbreviate by saying "I read your letter." There is plenty of time to write the word in full, and remember the "e" comes before the "i" in "received."

Take pains to use properly the words "to," "too," and "two." The proposition "to" is used in sentences like this: "Going to London," "left to right," "walking to work." "Too" is the correct spelling when you say "too much," "too many," "too little," and so on. And, thirdly, if you wish to indicate a number, spell it "two apples," "two men," "two houses," etc. The abbreviation "etc." is another stumbling-block. Some spell it "ect." Others insist upon writing "and etc." which is also wrong. The abbreviation is from the Latin, "et cetera," meaning "and so forth," and to place the word "and" before it is unnecessary repetition.

Another error frequently found in letters written by people of fair education is the confusion of the quotation marks and the parenthesis or bracket. Quotation marks are used only to "quote" the conversation of some person, an extract from some book, speech or letter, a reference to the title of a book or magazine, play, music, etc. Parentheses, or brackets, are used to inclose an explanatory word or sentence, where the meaning is really clear without such word or sentence. For instance: "They asked us to accom-

FIVE MINUTES! NO INDIGESTION, NO GAS OR ANY STOMACH MISERY

Don't suffer! Here's the quickest, surest relief known for Dyspepsia, Sourness, Heartburn or Upset Stomach—Try it!



Wonder what upset your stomach—which portion of the food did the damage—do you? Well, don't bother. If your stomach is in a revolt, if sour, gassy and upset, and what you just ate has fermented into stubborn lumps; if your food is a damage instead of a help, remember the quickest, surest, most harmless relief is Pape's Diapepsin which costs only fifty cents for a large case at drug stores. It's truly wonderful—it digests food and sets things straight, so gently and easily that it is astonishing. Please don't go on and on with a weak, disordered stomach; it's so unnecessary.

Many them, but (remembering that there was much to be done) we decided to remain alone.

The usage of "know" and "no," "knew" and "new" should also be studied by more people than the reader perhaps realizes, and to more than school children are the verbs "did," "done," "saw" and "seen" constant puzzles. Never say "I done it," or "I seen it," or you'll be labeled at once as "never having no learning."

As a last word, when your letter is finished, all ready to mail, look at the

Celery Hearts, 4 in bunch...15c
Lettuce: Head, 20c; cos, 10c

Main & Collyer
Phone 2831. P. O. Box 274.