

#### With Fleece as White as Snow

TOU may wash your choicest blankets with never a fear as to the result if you use Sunlight Soap. They will come from the tub as clean and sweet-smelling as the day they were woven, and they will dry as soft as the fleece on Mary's lamb.

Sunlight saves all the rub and wear and doesn't do the slightest injury to fabric or hands. A \$5.000 guarantee proves the absence of any adulterant or impurity. Ask for Sunlight and you receive satisfaction.

# Sunlight All grocers sell and recommend it



Avoid rubbing soap on the fabric.

Many prefer ammonia or borax to soap and others use one or the other with soap. Borax or ammonia are espectable or if the water is hard. Punch and knead the garment to loosen the dirt, but do not rub. Use as many waters as necessary, being careful to have the temperatures as nearly the same as possible. Put through a wringer which has been loosened, or squeeze the water out with the hands. Avoid twisting as that also causes shrinkage.

Avoid twisting as that also causes shrinkage.

Avoid rubbing soap on the fabric.

Many prefer ammonia or borax to soap and dreadfully distorted but the Indian looked about a usual—just serious and unchangeable. "When I reached the doorway, I blotted out most of the moonlight, and I drew back so Red Feather could see who I was. He looked up and let go of Mr. Gledware's throat, but didn't move, otherwise. 'Red Feather' I said. 'Give me that knife.'

"Mr. Gledware, recognizing my voice, tried to entreat me to save him, but he was balf strangled, and only made sounds that turned me faint to know that the man my mother had married was such a coward.

"Red Feather told me that if I came was such a coward.

"Red Feather told me that if I came that if I came the proposed him not to kill him?"

"I say not kill him?"

"I say not kill him?"

"I he meantime, the Indian didn't know what had become of him, and Red Feather's daughter ded from shame over her desertion—just pined away and hid herself from her people till she was starved to death. That's Sund Kill she was starved to deather."

"And the man whispered feebly, 'It is all true—don't kill me—save me, Lahoma—me speak all true?

"I say not kill him."

"I say not kill him."

"I say not kill him."

"He shook h

# News of Interest to Women

By JOHN BRECKENRIDGE ELLIS THE AUTHOR OF FRAN Copyright, The Bobbs-Merrill Company.

"My! but it would open their eyes if one of their dearest friends was in langer of getting himself hanged! Something permanent in that!

"Later.—This is midnight. I expect to leave as soon as I possibly can, but probably this letter will get away first, so here's something new to put your mind on; it's rather dreadful, when you give it a calm thought. But my thoughts are not calm. Far from it. Oh, how excited I was! But I guess they didn't know it. It all happened about an hour ago, and you can see that my hand is till a little shaky.

"There was a bright moonlight, but you needn't be afraid I'm going to talk about that; this isn't any tale about noons. I was sitting at my window because I couldn't sleep, not that I expected to see anything unusual. There's a big summer-house at the far end of the lawn, all covered with vines, and there's a walk between dense shrubbery teading from it to the house. I guess that's why I didn't see anybody go to that summer-house. The first thing I did see was Red Kimball come out and slip through a little side-gate, and hurry along the country road. As soon as I saw him, I guessed that he and Mr. Gledware had been conspiring in the

A SPLENDID STORY OF WESTERN LIFE | Suffrage History Will Be Made When National Leaders Meet in Nashville



But a wider rift may be caused by dis- ment will attend the convention, which sension over the two suffrage amend- promises to make more suffrage history ments now before Congress. Suffragists than has been written in the 46 years of are divided in their support of the Sha- the national suffrage organization

### Cynthia Grev's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

To Bleach Dried Apples. Dear Miss Grey,-If farmers' wives do ot find much time for reading, one thing is very evident: that even the busiest this hand do to him what he do to of us take fime to read Cynthia Grey's ord this hand do to him what he do to be read cyntha Grey's page. And while their attention is page, and while their attention is focused I would like to ask a little help. I notice there is a call for dried apples to send to the Belgians, and that the Government is to send a contribution of the same to read Cyntha Grey's page. And while their attention is focused I would like to ask a little help. I notice there is a call for dried apples to send to the Belgians, and that the Government is to send a contribution of the same to England, but I am told by the dealers that only bright dried apples are being accepted on the market. We have abundance of good apples but We have abundance of good apples, but

we have abundance of good apples, but the I had a thought. 'Let him live, d Feather,' I said, 'but strip him of his ill-gotten property. Turn him see in the world without a penny; ll be punishment enough. You can't ling back your daughter by killing m; but you can make him give up all her in return for stealing the more. "the column," but the best I have to offer just now are the following lines, which are pinned up in my kitchen. (The author is unknown to me):

has in return for stealing the money rom your tribe.
'I don't know why I thought of that, and I don't know why it made instant appeal to Red Feather's mind. I saw

t once that he was going to consent.

If he said was, "Talk to him——' But knew what he meant.

"So I crossed the room and looked own at the man, 'Mr. Gledware,' I

'are you willing to give up all possessions in order to save your

"'Oh, yes!, he gasped, 'A thousand times, yes! God bless you, Lahoma!'
"'You will deed all your property way from you? And surrender all that you own, money, bonds, stocks and so south?"

"My God, yes, yes!" he wailed.
ye me—only save me, Lahoma!"
I looked at Red Feather. 'Shall he

ake it all over to you?"
"Red Feather shook his head. 'Me not rant his money. Let him give all to led Flower, the daughter him not see ince he stole our money and desert his life."

(To Be Continued.)

Exhausted Nerves Were Fully Restored

by Dr. Chase's Nerve Food.

When the nerve force expended i the day's work and in the act of living is not replenished by restful sleep at

night you have cause to be alarmed

as physical bankruptcy stares you in

the face. This letter directs you t

the most satisfactory cure for sleep-

Mr. Dennis Mackin, Maxton, Sask.,

Mr. Dennis Maccain, Maxion, Sasar, writes: "I have just finished using the sixth box of Dr. Chase's Nerve Food,

and I must say that when I commenced

using it my nerves were so bad that

could scarcely get any sleep. I would lie in bed nearly all night without sleep.

and anyone who has this trouble knows

the misery of sleepless nights. The

Nerve Food helped me from the start, and has built up my nervous system wonderfully. I now enjoy good, sound sleep, and instead of feeling tired in the

sleep, and instead of feeling tired in the morning I am strong and healthy, and well fitted for my daily work."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50; all dealers, or Edmanson, Bates & Co., Limited, Toron-

SLEEP

"If any little love of mine can make a life a little sweeter, If any little care of mine can make a friend's the fleeter. If any little lift of mine can ease burden of another. strength to help my toiling

Ans .- I appeal to our rural readers for help in this, and hope we may get an answer for Dixie. The verse is particularly helpful, and is surely worth two or three recipes!

Patience's Candy Recipe. "Patience" sends the following can-

dy recipe: 11/2 cups granulated sugar, put on fire in a kettlé, let melt without water and stir constantly to keep from scorching; when thoroughly dissolved, take 1/2 cup sweet milk and put it in, a teaspoonful at a time, stirring all the time; (do not put milk in all at once or candy will go into a hard ball), then add 1 cup of granulated sugar, let boil until it forms a soft ball, when dropped in water; take from fire, beat until creamy, then add flavoring, 5 cents worth walnuts, 3 cents worth dates. and a little grated cocoanut; turn out into a buttered dish and let cool.

Yours, A STRATFORD READER. Ans.—This is rather an unusual recipe and, no doubt, quite a few of our eaders (being feminine!) will want to try it, just to see how different it is om ordinary fudge. The formula you ask for is being

Ferns Turn Yellow. Dear Miss Grey,-I receive so man elps from your corner, and now I comwith a few questions which I would e answered if you please.
I have three lovely ferns, and all mmer I kept them out on the veranh, and they did fine. Now, since bringem in, the leaves turn yellow and off. Can you tell me what is wrong what I should do? Also what do you ink of my writing? Thanking you i vance. Yours very truly, IRENE. Ans.—I wish you had said what kind ferns they are, as different kinds re

you could leave them in a cooler place until they get used to the indoor atmosphere, it might be better. And if you can, create more moisture in the air by standing a pan of water on stove, register, or radiator. Keep it there pretty constantly. Use every precaution to keep down the insect pests; If you find any give prompt spraying with tobacco

water, followed by clear water. From Old Lunnon. Dear Miss Grey,-I read with interest your advice to others, and thought you would be kind enough to answer some questions for me.

1. What will take ink stains out of a golden-brown serge dress? 2. When raising his hat, should a gentleman use his right or left hand, 3. I am 19 years old, and am away

ALMOST LYNCHED. It happened to a local druggist \*hat sold a cheap acid corn salve instead of the reliable Putnam's Corn Extractor Substitutes burn the flesh-Putnam's cures the corn. "Putnam's" 25c at all dealers.

#### DRUGS EXCITE YOUR KIDNEYS, USE SALTS

If Your Back Hurts or Bladder Bothers, Drink Lots of Water.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach lot of drugs that incite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active. Drink lots of water — you can't drink too much; also get from any drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kid-neys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weak-

ness.

Jad Salts is inexpensive; cannot injure; makes a delightful efferves-cen lithia-w der Grink which everybody should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will won-ler what became of your kidney suire different treatment. Perhaps the trouble and backache.

after being out driving or walking with a boy friend? Should it be earlier in a

small town than a city? 4. When concluding a letter, can you say: "Believe me yours, John Smith," should "Believe me," never be used? 5. Which country out of England, Canada and America runs the fastest

6. If witch hazel is applied to the facbefore going out, will it take the place of a face cream and prevent chapping, as I am bothered with a greasy complexion also, can it be used too freely Hoping I have not claimed too much by the Russian Government across Asia, of your valuable space, and wishing your paper every success, I remain,

A COCKNEY.

3. I do not think so. You should always be home by 10 o'clock. 4. It is considered quite correct to use

5. Taking both the number and speed of trains into account, Britain is gentry. France and the United States come next. The longest transcontinental route is the Siberian Railway, built a distance of 4,073 miles.

6. With most skins and hazel has a beneficial effect. Try it and see if it Ans .- 1. Sometimes they are success- I helps yours-that's really the only way.

# "HAPPY THOUGHT" STOVES and RANGES

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# FURNIURE

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Thomas a Edward strate the manifold superiority of the Edison.