

### An Interesting Letter

*Zam-Buk has proved a great comfort to me, as it is now something like two months since it cured my little girl of eczema from which she suffered for a year.*

THIS is but a fragment of a very interesting letter received by the Zam-Buk Co. from Mrs. E. Cossett, of Joggin Bridge, Digby Co., N.S. The letter continues: "When the sores first broke out I called in a doctor; but his treatment did no good. I tried salves and lotions and washes of all kinds, but the sores still spread. The disease finally became so bad that the child's face and shoulder were completely covered with sores. Imagine the pain the poor child (not a year old) had to suffer!"

"One day a friend advised me to try Zam-Buk. I did not have much faith at that time that Zam-Buk would be able to work a cure, but as there could be no harm in trying it, I obtained a supply. At that time the disease had defied all remedies I had tried for over a year. By the time I had tried one box of Zam-Buk there was a marked improvement. I continued the Zam-Buk treatment and day by day the sores showed signs of improvement, until the eczema was confined to the child's shoulder, one sore on which had been particularly deep. By degrees this, also, was healed, and finally Zam-Buk banished every trace of the disease."

"I have waited several months before mentioning this case to you, in order to see if there was any return of the eczema. There has not been any return; the cure being permanent, and there is no scar or trace of the disease from which the child suffered so long. You may publish this information if you wish, so that every mother may know the value of Zam-Buk."

Zam-Buk is just as good for cold sores, chapped hands, piles, blood-poison, ulcers, bad leg, varicose ulcers, scalp sores, frost bite, baby's chafed places, etc. Also as an embrocation for rheumatism, sciatica, etc. All Druggists and Stores, 50c box or Zam-Buk Co., Toronto, for price.

**FREE BOX**

Send this coupon and one cent stamp to Zam-Buk Co., Toronto and we will mail you free trial box.

## Zam-Buk

EVERY HOME NEEDS IT

ADDRESS ALL APPLICATIONS FOR SAMPLES AND RETAIL ORDERS TO T. McCURDY & CO., ST. JOHN'S, N.F.L.D.

## A Terrible Tangle.

CHAPTER XVII.

**Elizabeth's Discovery.**

"He is coming," she said to herself, "coming! Oh how glad I am! What a difference this makes in everything! But I must not tell Ellen" was her next thought; "I must keep this all to myself. I cannot bear that she should look at me curiously or even try to understand what this home-coming signifies to me."

And truly enough when Mrs. Griffin descended the stairs half an hour later to drive with Elizabeth she found herself looking keenly at the girl.

Something had happened in the short time while she had been chatting to Mary. There was a look of sunshine on Beth's face; an element of excitement and even joy in her manner.

Then Mrs. Griffin frowned. "You are beautifully decorated," she said, in her gruff way, and she touched a bunch of magnificent roses which were pinned on the breast of Elizabeth's black coat. "Where did these come from?"

"Lord Ottershaw ran in one moment. He brought these roses from his mother?"

A second frown contracted Mrs. Griffin's brows, but whatever her thought was she resolved to keep it to herself. Indeed, her feeling was not so much anger as sorrow, and as they drove through the streets, already beginning to fill with crowds preparing for Christmas, and she glanced now and then at Elizabeth's bright, lovely face, against herself she had to confess that the position was one fraught with the greatest temptation to a man like Ottershaw.

"What I don't understand is," she mused, "why Mark should pose as Beth's friend, and yet continue his old game with Lil. I have no cause left to love or pity Lil, but she will

## I Am Willing To Prove I Can Cure You To That End I Am Giving Away \$10,000 Worth of Medicine

In order to show beyond all doubt that I am in possession of a medicine that will cure kidney trouble, bladder trouble or rheumatism, I will this year give away ten thousand dollars' worth of this medicine, and anyone suffering from these diseases can get a box of it absolutely free. All that is necessary is to send me your address.

I don't mean that you are to use a part of it or all of it and pay me for it. I mean that I will send you a box of this medicine absolutely free of charge, a gift from me to the Uric Acid sufferers of the world, so I can show them where and how they may be cured. I will not expect payment for this free medicine, nor would I accept it now or later if you sent it. It is free in the real meaning of the word.

For twenty-five years—a quarter of a century—I have been trying to convince the public that I have something genuine, something better than others have for the cure of stomach, chronic rheumatism, for torturing kidney backache, for annoying calls to urinate. But it is hard to convince people—they try a few things unsuccessfully and give up all hope and refuse to listen to anyone thereafter. Happily, I am in a position now to demonstrate to sufferers at my own expense that I have a medicine that cures these diseases. I don't ask them to spend any money to find out I don't ask them to believe me, nor even to take the word of reliable people, but all I ask is that they allow me to send them the medicine at my own cost. That is surely fair.

To this end I have set aside ten thousand dollars, which will be used to compound my medicine. Much of it is ready now to be sent out, all of it fresh and standard. There will be enough for all sufferers, though there are thousands of them. And anyone who needs it can get some of it free. But in case for which this medicine is intended, I ask you to send me some of your leading symptoms. If you have any of the symptoms in the list printed here you need my medicine, and if you will write me I will gladly send you a box of it free with full directions for your use. Look the symptoms over, see which symptoms you have, then write me about as follows: "Dear Dr. I notice symptoms number—here put down the numbers, give your age, full address, and send to me the medicine at Dr. T. Frank Lynott, 825 Franklin Building, Toronto, Can."

The ten thousand dollars I am spending for the compounding of my medicine is only a part of the money I am devoting to this cause, for the package of medicine I send you will be fully prepaid at my expense. From any standpoint you view it, YOU incur no expense or obligation. Just tell others who you know are suffering who sent you the medicine that cured you.

I am promising to give away ten thousand dollars' worth of medicine, and I will do that, for every one who writes me a box of this medicine absolutely free of charge, and I will do that.



DR. T. FRANK LYNOTT who is giving away \$10,000 worth of medicine.

I can say further that this medicine has been vouched for according to law as complying in every detail with all requirements. It will stop pain and backache, it will stop too frequent desire to urinate; it will heal, soothe and strengthen. You will be better in every way for having taken it. There is not an ingredient that can injure; not one but will benefit. All that I ask is that you use it yourself so that you may be personally convinced.

Owing to the large number of requests, I have had ten thousand more copies of my medical book printed. This book is new and up to date and contains complete descriptions, symptoms, causes, effects and cures of kidney, bladder and rheumatic diseases. All who write for the free medicine will be sent a copy of this grand illustrated medical book—the largest ever written on these diseases for free and general distribution.

If you need medicine such as I have, if you are anxious to be cured and don't want to spend any money LOOKING for cures, write me. Read the symptoms over and let me hear from you today.

**These Are the Symptoms:**

- 1—Pain in the back.
- 2—Too frequent desire to urinate.
- 3—Burning or obstruction of urine.
- 4—Pain or soreness in the bladder.
- 5—Pain in the joints.
- 6—Pain or pain in the stomach.
- 7—General debility, weakness, dizziness.
- 8—Swelling in any part of the body.
- 9—Constipation or diarrhoea.
- 10—Palpitation or pain under the heart.
- 11—Pain in the neck or head.
- 12—Pain in the arms or legs.
- 13—Pain or swelling of the joints.
- 14—Pain or swelling of the sinuses.
- 15—Pain and soreness in nerves.
- 16—Acute or chronic rheumatism.

## Unable to Work for 14 Months

**Complete Nervous Breakdown Left Mr. Black an Invalid—Cured by Dr. Chase's Nerve Food.**



Mr. Henry Black.

What a helpless mass of flesh and bone the human body is, once the nerves become exhausted. Extreme weakness comes over you, and you lose control of the limbs. The next step is paralysis.

You will be fortunate if, like Mr. Black, you get the medicine in time before it is forever too late. Dr. Chase's Nerve Food carries new vigor and energy to every organ and every member of the human body.

Mr. Henry Black, 81 St. Catharines street east, Montreal, Que., writes:—"The wonderful results I obtained from the use of Dr. Chase's Nerve Food constrain me to write this letter in order that others who suffer from nervous exhaustion and weakness may use this medicine with equal satisfactory results. As the result of overwork I became completely exhausted, and was unable to work for fourteen months. As I am the father of a family, these were sad days for me but after I had used six boxes of Dr. Chase's Nerve Food I had improved so greatly that I continued the treatment until I was completely restored to health and strength. I now work twelve to fifteen hours a day, and keep in excellent health."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmannson, Bates & Co., Limited, Toronto.

of the world for you. Oh, Mark, be kind, be kind to me again!"

CHAPTER XVIII.

**OTTESHAU THREATENS.**

Beth sat very still. She had pulled down her veil, and if she had wished to have moved could not have done so, for a great feebleness had fallen on her, and with a heart sick with sorrow she shrank back in her corner, hoping that the shadows would hide her.

Yet it was terrible to her to sit there listening to the story of a woman's self-sought misery. It was impossible for Beth not to give some pity to her sister, but the burden of her pity was for Lillian's husband, that brave, true-hearted man, who was fading so surely out of life, and who was being so cruelly neglected by the wife he adored, so shamefully used by the kinsman he respected. She winced as she saw these two rise at last and go away.

"Has he no honor? Has he no shame?" poor Beth asked herself.

Lillian attracted all eyes as she passed out, and no man was better known than the Earl of Ottershaw. There was an utter absence of conventional caution in this wandering about together. The elder sister sat on a while after they had gone. She had listened against her will, and as she had heard Ottershaw speak some half-weary, wholly meaningless tender words—purely to check Lillian's agitation and as she realized to

what extent her sister was entangled in this infatuation, her heart burned with fierce indignation against the man.

She left the tea rooms and walked into the street, feeling almost hopeless.

"I must do something. I must save Lil!" she said to herself, passionately. Yet what could she do?

"He shall not ruin her! She may not be what I once imagined. Still, she belongs to me. She is the baby Lillian that father gave into my care. Oh! would to God my father were alive now!"

Headless of the keen wind or of the lateness of the hour, Beth walked homeward, slowly. "I cannot ask Ellen to help me; she hates Lil; and now it seems to me as if she despised Mark, as if all her old love was gone. He is indeed a man to be despised!"

Unconsciously her hand touched the roses on her breast. With a passionate gesture she tore the flowers from her and flung them then into the street. She had seen a similar cluster pinned on Lillian's exquisite coat of sable. "He thinks to fool me as he fools all the rest," said Elizabeth to herself, bitterly, "and have I not let him do this? Why did I believe him when he came and asked for friendship? Oh, what can I do to help Lil—to keep sorrow from her husband?"

When her own door was reached, Elizabeth felt tired out. The fever of this new and unexpected trouble had exhausted her, yet the sense of loyalty, the old clinging love for Lil that had all at once been awakened, was not shadowed by the struggle.

"I will save Lil!" she said to herself as she passed into the house; "I will show him that I am as strong as he!"

As she advanced into the hall, she saw a man standing by the fire.

(To be continued.)

**Household Economy**

How to Have the Best Cough Syrup and Save \$2, by Making It at Home.

Cough medicines, as a rule, contain a large quantity of plain syrup. If you take two cups of granulated sugar, add one cup of warm water and stir about 2 minutes, you have as good syrup as money could buy.

If you will then put 2 1/2 ounces of Pinex (50-cents' worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup, you will have as much good syrup as you could buy ready made for \$2.50. It keeps perfectly. Any housewife can easily prepare it in five minutes.

And you will find it the best cough syrup you ever used—even in whooping cough. You can feel it take hold—usually stops the most severe cough in 24 hours. It is just laxative enough, has a good tonic effect, and taste is pleasant. Take a teaspoonful every one, two or three hours.

It is a splendid remedy, too, for whooping cough, hoarseness, asthma, chest pains, etc.

Pinex is the most valuable concentrated compound of Norway white pine extract, rich in gualacol and all the healing pine elements. No other preparation will work in this formula.

This recipe for making good remedy with Pinex and Sugar Syrup is now used and prized in thousands of homes in the United States and Canada. The plan has often been imitated, but never successfully.

A guaranty of absolute satisfaction or money promptly refunded if you do not like the recipe, if the genuine Pinex is used. Your druggist has Pinex, or will get it for you. If you ask him, if not, send to The Pinex Co., Toronto, Ont.

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Using Ordinary Gas Pressure.

The excellent results obtained with the above lamp are worthy the consideration of all business men who desire to obtain the most light at the least cost.

A good example of this system of lighting may now be seen at the West End premises of the Hon. George Knowling, where the new lamps have recently been installed.

We invite comparison, and will be glad of the opportunity to prove the merits of the "Humphrey" Lamp, which we will install free of charge on trial.

**ST. JOHN'S GAS LIGHT COMPANY.**

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1 lb. Cartons.  
3 lb. Boxes.  
5 1/2 lb. Layers.

**Fresh Tunis Dates.**  
10 lb. Boxes.

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First Prize Cheddar Cheese.

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**Keps Norwegian Anchovies.**  
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Our Christmas Stock of Cossagues and Bon Bons are now on Show, and without exception they are the finest varieties ever shown in St. John's.

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**WE ARE READY**

with the largest and finest stock of Holiday Furniture that we have ever shown.

The Furniture has been selected with the view of having as many exclusive designs as possible, and the finish is the best.

There is assurance of satisfaction if you choose your Xmas Presents from us.

**U. S. PICTURE & PORTRAIT CO.**  
Complete Home Furnishers.

**Give Your Wife a Bond As a Christmas Gift**

Yes, it is a little early to talk of such matters, but we want to call your attention to it before you make other arrangements. Have you ever thought of giving such a handsome and enduring gift? Just think what it would mean to her—every six months a little coupon to cut off and money coming in—a practical and welcome reminder of your thoughtfulness. And this will continue year after year until the bond is due, then she will have the face value of the bond to re-invest. She will also have joined the "BONDBOLDER" ranks—a distinction that any thoughtful and careful woman would be glad to attain.

We offer a number of safe bonds in as low a denomination as \$100. Think it over. Better send for our list to-day.

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