

FACE DISFIGURED WITH PIMPLES

Itched and Burned. Scarcely Slept. Cuticura Heals.

"Pimples affected my face. They were large and always festering, and they were scattered all over my face. They afterwards turned into scales and when they fell off they left big marks until my face was disfigured. They itched and burned so that I scarcely slept at all."

"I had been bothered for nearly two months before I started using Cuticura, and after I had used three boxes of Cuticura Ointment with the Cuticura Soap I was completely healed." (Signed) Miss L. Burns, St. Basile, Que., June 6, 1918.

Use Cuticura Soap, Ointment and Talcum for all toilet purposes. Soap 25c. Ointment 25c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, St. Paul St., Montreal.



SUNDAY SCHOOL LESSON

Lesson X. June 6, 1920. Saul's Failure. 1 Samuel 15; 1-35.

COMMENTARY—1. Saul untrue to his mission (vs. 1-9). Samuel stood before Jehovah and King Saul, the Lord sending messages through him.

Saul had reigned about twenty years, the Lord sent Samuel to him to go out against the Amalekites, and destroy them utterly, man and beast. It was included in the message that Amalek had laid wait for the Israelites on their way from Egypt to Canaan and had opposed them in their journey (Exod. 17; 8-14).

Saul at once gathered an army of two hundred and ten thousand men and set out on his campaign against Amalek. The Kenites dwelt among the Amalekites and Saul notified them to go away from among their neighbors for their safety, for they had assisted the Israelites in their journey to Canaan (Exod. 18; 10-19; Num. 10; 29-32).

Saul gained the victory over the Amalekites, but he spared Agag, the king, and the best of all the sheep and oxen. II. Saul rebuked (vs. 10-23). 10-12. The Lord told Samuel what Saul had done, and expressed his displeasure at his failure to obey his commands, hinting at Saul's removal from his position as king. Samuel was grieved and "cried unto the Lord all night."

In the morning Samuel learned that Saul had gone to Carmel and set up a monument for himself, and had gone on to Gilgal. 13. Samuel came to Saul—He had a most important message to bring to him. Blessed be thou of the Lord—This was Saul's salutation to Samuel, and in it he recognized Samuel's close relationship with Jehovah. I have performed the commandment of the Lord—Saul's statement was definite and positive, but it was a falsehood. He was either self-deceived or he meant to deceive Samuel.

From what was said in the course of the conversation it is clear that the king was guilty of intentional misrepresentation. 14. What meant this bleating of the sheep—Saul did not directly charge Saul with falsehood, but he called for an explanation of the sounds he heard of sheep and oxen. Saul said, They were brought them—Saul attempted to place the responsibility for the sparing of these animals upon his army. Amalekites—The Amalekites were descendants of Amalek, a grandson of Esau. Saul was sent forth to accomplish this destruction. Spare the plish this destruction. Spare the best—to sacrifice unto the Lord—An attempt was here made to throw a cloak of religion over this act of disobedience.

16. Stay—Samuel did not argue the question, but he notified Saul that he had a message from the Lord for him. 17. Little in thine own sight—Saul was humble at the time the Lord chose him to be king over his people. His humility and modesty were evident from his words in 1 Sam. 9, 21: "made the head of the tribes of Israel, in response to the demand of Israel for a king." He was a man of distinguished appearance and was well known to all the people like him among all the people (1 Sam. 10; 23, 24). 18. The Lord sent them on a journey. Jehovah entrusted to him an important work. He had ability in leadership, he had a military force sufficient for the purpose and he had divine authority, therefore there was no reason for a failure in accomplishing the mission. The sinners, the Amalekites—See note on vs. 1-9). 19. Wherefore didst thou not obey. Samuel ignores the declaration of Saul that the people spared the best of the animals for the purpose of making a sacrifice to God. Didst fly upon the spoil—Saul is directly accused of greed, which was the cause of his disobedience. He attempted to make an excuse for his conduct, but Samuel told him that he had done "evil in the sight of the Lord." 20. I have obeyed the voice of the Lord. Saul persists in his declaration that he had fulfilled his divinely-appointed mission. He seems determined to carry his false profession through to the end—"have brought Agag, the King of Amalek." The Lord's command was to destroy the Amalekites utterly, and it was a violation of that command to keep Agag alive. Saul's statement that he had "utterly destroyed the Amalekites" was inconsistent with his admission that he spared Agag. 21. To sacrifice unto the Lord thy God. Saul speaks of Jehovah as Samuel's God. This may have been out of deference to Samuel as the prophet of the Lord, and from a desire to gain his favor.

22. To obey better than sacrifice. This is a great truth applicable to all time. No amount of sacrifice can take the place of obedience. Love and obedience are inseparably joined and are the basis and essence of true religion. No mere forms of religion will please God. There must be with them heart devotion. 23. Rebellion. The throwing off of rightful authority, is as the sin of witchcraft—sorcery. The presence of securing information regarding the future by consulting signs or by consulting spirits, Rejected—Saul's self-conceit led to his downfall.

III. Saul's repentance vain (vs. 24-26). 24. I have sinned—This confession is in sharp contrast to his declaration in vs. 20, 21. Because I feared the people—Saul admits his guilt and confesses his weakness of character in giving heed to the men of his army. 25. Pardon my sin—Saul desires forgiveness and asks Samuel for it. We may suppose that he seeks Samuel's pardon for what he has done against him and begs him to intercede with God in his behalf. Turn again with me, that I may worship—Saul earnestly desired Samuel to join with him in acts of worship that the doom pronounced upon him might not be fulfilled. 26. I will not return with thee—Samuel would not in any degree even appear to approve of the course the king had taken, nor would he do anything that might show that he was out of sympathy with the Lord's will. 27-35. As Samuel turned to go away, Saul caught hold of his garment, and it was in token of the fact that God had taken the kingdom of Israel away from Saul. Saul continued as king as long as he lived, but the kingdom would not pass to his posterity.

Questions—Who were the Amalekites? What evil things had they done to Israel? What message did God give to Samuel for Saul? What response did Saul make? How did Saul perform his mission? What did the Lord tell Samuel? Give the conversation between Samuel and Saul. What was to be the penalty for Saul's failure?

PRACTICAL SURVEY Topic—Saul's disobedience and its consequences. I. Amalek's sin and sentence. II. Saul's disobedience. III. Saul's rejection. 1. Amalek's sin and sentence. The penalty of sin is never outlawed. National sins may bring national retribution long after the original transgressors have left the world. History and revelation teach that God deals with nations as such, as well as with individuals, and that in both cases the sin of one generation may bring penalty on another. Four hundred years had passed since Amalek "laid wait for his Israel" in the way, when he came up from Egypt. The mention of it in this connection shows that the judgment, now ordered executed, originated in the national sin committed so long ago. "Time has no effect upon moral distinctions or moral judgments." It is also to be remembered that the Amalekites of the present history were possessed of the same spirit of hatred toward Israel as were their forefathers. It may also be inferred that they had recently made inroads into Jewish territory. The present character of the nation merited the sentence pronounced. In the language of Jesus to his own generation, "Ye allowed the deeds of your fathers." Whatever the method or whoever the instrumental cause of national judgment, God is the first cause. The executors of his will may be conscious only of carrying out their own devices while they are unwittingly executing a higher purpose.

II. Saul's disobedience. The present history permits us to look more deeply into Saul's character than we have yet done. One act may disclose the quality of a whole character and gather into itself the processes of years. Saul had presumptuously transcended his prerogatives on a former occasion and received a severe rebuke and warning. The new test afforded an opportunity of relieving his former error. God will not accept a partial obedience to any of his commands. It was his commendation of Caleb that, in the midst of almost universal defection, he hath "followed me fully." Inclination or convenience never fix the boundaries of obedience. Amid his career of victory over the surrounding heathen Saul received a special commission to execute the judgment long denounced against Amalek. The failure to execute the command was a direct defilement of divine authority. That it did not originate in motives of humanity is evident. He destroyed the people while sparing Agag to add splendor to his triumphant return. The refusal of the spoil was destroyed, but the best spared, probably for sacrifice, but more probably to enrich himself and his followers.

III. Saul's rejection. Instead of prosecuting the campaign, Saul returns by Carmel to the old camp at Gilgal. Samuel is commanded to meet him there to pronounce judgment for disobedience. Elated with victory and resolved to brave out the voice of conscience, Saul meets him with affected pleasure and seeks to anticipate inquiry by claiming commendation for duty well done. The final sentence is pronounced, preceded by a fixing of responsibility. "Thou hast rejected." "The Lord hath rejected thee." In Saul's confession there is no note of true repentance.

Attacked by Asthma. The first fearful sensation is of suffocation, which hour by hour becomes more desperate and hopeless. To such a case the relief afforded by Dr. J. D. Kellogg's Asthma Remedy seems nothing less than miraculous. Its help is quickly apparent and soon the dreadful attack is mastered. The asthmatic who has found out the dependability of this sterling remedy will never be within it. It is sold everywhere.

"I hope you'll like me, Miss Shye; good looks runs in my family." "That so?" "Too bad in your case it decided to ease down to a slow walk."—Florida Times-Union.

Even the man who isn't in the Social Register may look himself up in the city directory.



GIPSIES ATTEND ENGLISH RACE MEETINGS. The picture shows a gypsy begging from the occupants of a motor car attending the Epsom races.

NEURALGIA AND SCIATICA

Caused By Starved Nerves Due to Weak, Watery Blood.

People generally think of neuralgia as a pain in the head or face, but neuralgia may affect any nerve of the body. Different names are given to it when it affects certain nerves. This neuralgia of the sciatic nerve is called sciatica, but the character of the pain and the nature of the disease is the same. The cause is the same, and the remedy to be effective, must be the same. The pain of neuralgia, whether it takes the form of sciatica, or whether it affects the face and head, is caused by starved nerves. The blood, which normally carries nourishment to the nerves, for some reason no longer does so and the excruciating pain you feel is the cry of the starved nerves for food. The reason why the blood fails to properly nourish the nerves is usually because the blood itself is weak and thin.

When you build up the thin blood with Dr. Williams' Pink Pills, you are attacking neuralgia, sciatica and kindred diseases at the root. As proof of the value of these pills in cases of this kind we give the statement of Mrs. Thomas McGuire, North Malden, Ont., who says: "I have been a severe sufferer from sciatica, which attacked the sciatic nerve in the left leg. At times the pain was most excruciating and as a result of the trouble there was a distinct shrivelling of the leg. I could only hobble about by using a cane, and if I attempted to walk to the fields I would have to sit down every little while to ease the agony I felt. I was under medical treatment, but as there was no improvement shown, I was getting very despondent, as the trouble was affecting my general health. Finally a friend advised me to try Dr. Williams' Pink Pills and I decided to do so. I took the pills faithfully for several months, finding a gradual and increasing improvement in my case, until finally every vestige of the trouble had gone, and I was again enjoying the blessing of good health and freedom from pain. What Dr. Williams' Pink Pills did for me seems almost a miracle and I hope that my experience may benefit some other sufferer."

If you are suffering from any ailment due to weak blood avail yourself at once of the splendid home treatment which Dr. Williams' Pink Pills so easily afford, and you will be among those who rejoice in regained health. These pills are sold by all dealers in medicine, or may be had by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Her Namesake.

When Mrs. Lombard heard that the baby of her former cook had been named for her, she bought a suitable rattle with many jingling bells and went to see her namesake. "Why, Bridget," she said to the late Miss Leahy, now Mrs. Sullivan, "I thought you said the baby was named for me. My name is Hannah, and you are calling the baby Celestine." "Celestine L. Ma'am," said Mrs. O'Sullivan hastily. "The 'L' is for Lombard, and Celestine is just a kind of a name to describe you, ma'am. There ain't any Hannah to your looks, Mrs. Lombard; anny wan would tell you that."—Youth's Companion.

A Pill that Proves its Value.—Those of weak stomach will find strength in Parmelee's Vegetable Pills, because they serve to maintain the healthful action of the stomach and the liver, irregularities in which are most distressing. Dyspeptics are well acquainted with them and value them at their proper worth. They have afforded relief when other preparations have failed, and have effected cures in ailments of long standing where other medicines were found unavailing.

Quack, Couch or Twitch Grass

(Experimental Farm's Note).

This weed is a perennial, propagated by seeds and creeping root-stalks, persistent in all deep ploughed lands and in all crops, having great power in spreading and choking out other plants. The permanent means of bringing this weed under control is to adopt for the area infested a rotation of crops or cropping plan which includes a hoed crop, once in three or four years. A short rotation of three years duration is preferable since there is a hoed crop and only one crop of hay in a three year period conditions which tend to give the pest the least chance of flourishing. Another suitable rotation is one of four years duration of one year each in hoed, grain, clover and timothy hay crop. For timothy hay or pasture areas the procedure is as follows.

Allow the plant to exhaust its substance in the production of a hay crop, which should be cut and removed as soon as the head is formed and before it is in bloom. Plough shallow, roll, disc once or twice to break up the sod and then cultivate with a stiff-tooth cultivator until the rootstalks have been pulled to the surface of the soil. Then the accumulation of roots is so great as to interfere with the efficient working of the cultivator remove or burr them and continue cultivating in order to complete the work. In the autumn, ridge or deep plough the field. Ridging exposes a greater surface of soil and couch roots to the action of frost than ordinary ploughing. Frost is an agent in the control of quack grass that should be made use of on every possible occasion.

Grain areas that contain quack are not in fit condition to be seeded down to grasses and clovers nor are they in shape for the growing of profitable crops in the future until after control measures have been introduced. Immediately after harvest stubble land should be shallow ploughed, disc once or twice to break down and consolidate the furrow slices after which the stiff-tooth cultivator can be employed to advantage to obtain the necessary depth to facilitate the drawing of the root stalks or underground stems of quack to the surface. Cultivation should be thorough and the fall treatment as outlined for meadow or pasture land will apply on stubble.

The stiff-tooth cultivator is an essential implement in any cultural plan for the control of quack grass. The disc harrow used as the combatant implement acts as a force against the success of otherwise thorough treatment. The use of the disc harrow in this connection should be limited to work of disintegrating and pulverizing sod and surface soil. The object is to draw the entire footstalk to the surface rather than break each root into several parts. Each small piece, like the potato set is capable of establishing a new plant.

The following spring the area treated as described, should be planted to hoed crop for which manure may be applied, before the last ploughing or ridging in the fall or during the winter or spring. This brings us to the first year of the rotation from which period the procedure in cropping would be as outlined in the rotations recommended.

Where no regular hoed crop is grown, which is poor farm practice, rape or buckwheat sown on an infested area after it has been thoroughly cultivated and the rootstalks removed, prove excellent smothering crops. For late sowing and as "first aid" in the control of the weed on an exceptionally dirty field where other crops would be choked out and before attempting a hoed crop the two mentioned crops are very useful. Smothering crops, however, are recommended only as a temporary means of control. It is only by thorough persistent cultural methods and the proper utilization of crops that any satisfactory degree of success will be attained. W. L. Graham, Assistant Dominion Field Husbandman.

SPRING SEEDING IS NEARLY DONE

Recent Rains Have Helped the Grass.

Fruit Prospects Are Encouraging.

The following is a summary of reports made by Agricultural Representatives to the Ontario Department of Agriculture. Grass has been improved by recent rains and warmer weather, but some representatives still regard pastures as being much behind, compared with average conditions at this time of year. Spring seeding and planting is being pushed along vigorously. In some counties the grain crops are practically all in. The land is said to be working well for the sowing of roots, speaking generally. An increased acreage of sugar beets is assured in the southwestern portion of the province. A considerable acreage of potatoes has already been planted, but potato seed was never harder to procure, and it has been very high in price.

Fruit prospects, taken all together, are encouraging. Orchard trees of all classes are blossoming more or less freely, and although some raspberries have been frozen back, even they are making a fair renewed growth. Strawberries are looking well. Cattle are in good health, but as a rule are rather thin on account of the backward condition of pastures. Bees did not winter well. Field-mand reports that many apiaries have lost more than half of their colonies. Farm help is still very scarce, although many farmers have got along with their spring work much better.

HOLY GEE, MY HEAD FEELS GOOD TO-DAY!

PAIN OVER EYES IS GONE, HEADACHE CURED, CATARRH RELIEVED!

This is the Common Experience of Those Who Breathe the Vapor of Catarrhzone

Remember this, Catarrh can never be cured or even relieved by a cough syrup, a spray, or tablet treatment. Trouble is these remedies slip quickly over the sore irritated membranes, drop into the stomach and do little else but harm digestion. It's different with "Catarrhzone"—you inhale it. Every breath sends healing balsams to the inflamed tissues. Tightness, soreness and inflammation are cured by healing pine essences. The cough dies away, throat is strengthened, huskiness is cured. Nothing is so simple, so convenient, so certain to cure as Catarrhzone. The dollar outfit includes the inhaler, costs \$1.00, and is guaranteed to cure. Small size 50 cents, trial size 25 cents, all dealers, of The Catarrhzone Co., Kingston, Ont.

Dirty eggs spoil more quickly than clean ones, but they spoil even more quickly after being washed. If you are so unfortunate as to have dirty eggs on hand, use them as quickly as possible.

Cranberries after careful removal of the soft ones, may be kept if placed in a crock and covered with water. A plate of round board should be placed over them and weighted down to keep the berries under water. Change the water once a month.

Milk is too precious to risk wasting in these days. Yet who has not experienced the annoyance caused by "boiling over"? This can easily be prevented if a pie funnel is in the centre of the pan. The boiling milk will then rise in the funnel instead of over the pan, and none will be wasted.

Where madras muslin (and other muslin) curtains are used for short blinds, if they are hung up wet and without starching they will look quite as nice as if starched and ironed, and will last much longer. There will be no necessity for second sets to be kept.

Often the bottom of a coal scuttle wears out while the rest of the article is in excellent preservation. The scuttle may still be used if the following simple instructions are carried out: Cut a piece of wood to fit the base and put putty all around the edge as if you were fixing a window. This gives the scuttle a fresh lease of life and saves endless expense.

An Oil Without Alcohol.—Some oils and many medicines have alcohol as a prominent ingredient. A judicious mingling of six essential oils compose the famous Dr. Thomas' Electric Oil, and there is no alcohol in it, so that its effects are lasting. There is no medicinal oil compounded that can equal this oil in its preventive and healing power.

DIDN'T SUFFER. (London Answers.) Mistress—Mary, I hope you have taken good care of my pets while I have been away? Mary—Indeed I have, ma'am. Only once did I forget to feed the cat. Mistress—I hope she didn't suffer. Mary—Oh, no, ma'am. She ate the canary and the parrot.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

Small kindnesses, small courtesies small considerations, habitually practiced in our social intercourse, give a greater charm to the character than the display of talents and accomplishments.—Keltz. Take the thought for the deed and you won't have to play the conveyance.

MOST EVERYONE USES THEM FOR THE STOMACH

They Act Quickly, and Make You Feel Lively As a Kid

A crowning curative triumph in medicine is now given to the world and all who have been sufferers from stomach ailments, indigestion and headache can be cured by a purely vegetable remedy.

Calomel, salts and such like are no longer necessary. They are harsh and disagreeable. Science has devised something far superior, and you can go to-day with 25c to any druggist and buy a box of Dr. Hamilton's Pills, which are considered the very quickest and safest cure for the stomach, bowels, liver and kidneys.

Half sick men and women who scarcely know what ails them, will be given a new lease of life, with Dr. Hamilton's Pills. Depressed spirits disappear, headaches are forgotten, appetite increases, blood is purified and enriched, pains at the base of the spine are cured, the nerves are toned up, ambition to work is increased, and day by day the old-time health and vigor return. A trial only is necessary to prove how beneficial Dr. Hamilton's Pills are to all who are weak, nervous, thin, depressed or in falling health.

MARKET REPORTS

TORONTO MARKETS

Table with columns for Dairy Produce, Live Poultry, Fruits, and Vegetables, listing various items and their prices.

MEATS WHOLESALE

Table listing wholesale prices for various meats such as Beef, Pork, and Mutton.

SUGAR MARKET

Table listing sugar market prices for various grades of sugar.

OTHER MARKETS

WINNIPEG EXCHANGE

Table showing fluctuations on the Winnipeg Grain Exchange for various commodities.

MINNEAPOLIS

Minneapolis—Flour unchanged; shipments, 35,948 barrels; bran, \$53.00; wheat, cash, No. 1 Northern, \$2.80 to \$2.90; corn, No. 2 yellow, \$1.50 to \$1.52; oats, No. 3 white, \$1.03 to \$1.02; flax, No. 1, \$1.25 to \$1.41.

ST. PASCAL, QUE.

St. Pascal, Que.—At the regular meeting here to-day 175 boxes butter were sold to Ayer, Montreal, at 52c cents, 110 boxes cheese were sold to Hodgson at 28 5-32 cents.

SPARE THE CHILDREN

Spare the children from suffering from worms by using Miller's Worm Powders, the most effective vermifuge that can be got with which to combat these insidious foes of the young and helpless. There is nothing that excels this preparation as a worm destroyer, and when its qualities become known in a household no other will be used. The medicine acts by itself, requiring no purgative to assist it, and so thoroughly that nothing more is desired.

JUST THE THING

"I want to get something for my husband," said Mrs. Newlywed, "that he will keep a long time and not give away." "I know the very thing, then," said Mrs. Experience, "buy him some cigars of your own selection."