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Harvest Cooking Helps

During harvest time, with the many extra hands, many of us have to double and treble our recipes, and even then it is sometimes hard to keep even slightly "ahead of the game." Here are some recipes I have found very useful in cooking for a large family. Some of them valuable because the things made after these recipes are better a week old than fresh, some because they are easy to make, and I have found that they are nearly all things that men like.

Coffee Cake

1 cup butter. 1 cup cold coffee.
1 cup molasses. 2 teaspoons baking powder.
4 cups flour. 1 lb. raisins.
1/2 lb. cinnamon. 1/2 lb. citron.
1 teaspoon cloves. 1/2 cup sugar.
1/2 teaspoon nutmeg.

The fruit in this is much a matter of choice, dates or figs may be substituted.

Spice Cake

This cake is actually better after it is a week old than fresh. The recipe makes a large cake. Coffee may be substituted for the sour milk, in that case use a small teaspoon soda and one of baking powder or cream of tartar.

1 cup butter. 1/2 cup molasses.
1/2 cup flour. 1/2 cup brown sugar.
2 eggs and 1 cup sour milk.
4 eggs and 1 teaspoon cinnamon.
3 1/2 cups flour. 1/2 teaspoon nutmeg.
1 small teaspoon soda. 1/2 cup dates or figs.

Mix in the order given, dissolving the soda in a little hot water, bake slowly, for one to one and a half hours.

Mocha Icing

I do not often ice spice cake, but when I do the following icing seems to belong to this particular cake.

1 rounding teaspoon 1 1/2 cups icing sugar.
butter. Enough coffee to
2 teaspoons cocoa. moisten.

Spice Cookies

Mrs. M.C.D. who sent me this recipe is a very fine cook and I am sure you will find these cookies excellent. They do not have to be rolled out, which is after all the hard part of cookie making.

1 cup clean dripping. 1 cup sugar.
1 cup molasses. 1/2 cup boiling water.
1 teaspoon soda. 1/2 cup ginger.
1 teaspoon cinnamon. 1-2 teaspoon nutmeg.
Flour to stiffen.

Roll in balls about the size of a walnut. Flatten slightly with the palms and bake until they are a nice brown.

Molasses Date Cake

Dates always make a nice moist cake and one that keeps well.

Butter size of an egg. 2 cups sugar.
1 cup molasses. 1 cup milk.
2 eggs. 3 1/2 cups flour.
1/2 teaspoon soda. 1/2 teaspoon cinnamon.
1 teaspoon cloves. 1 teaspoon allspice.
1 lb. dates.

Ginger Snaps

I wonder why it is we get so much poor molasses in this Western country? So much of it is black and bitter, and still we pay enough to have the best brands going. "Domolco" is the best I have found yet. Ginger snaps made according to the following recipe are really good and will keep for two or three weeks, if they are in a tightly covered can. If you are in a rush, try rolling them out and cutting in squares instead of with the cookie cutter. They taste just as good and one can do it in half the time.

2 cups Domolco 1 teaspoon salt.
1 cup molasses. 1 cup shortening.
1/2 cup sugar. 2 teaspoonful vinegar.
1 small teaspoon soda. 1 teaspoon ginger.
Flour to roll out.

Boil the molasses, sugar and shortening about one minute, cool, add the vinegar, the soda dissolved in a little hot water, and lastly the flour containing the salt and ginger.

Peanut Cookies

1 cup peanuts. 1/2 cup shortening.
1 cup brown sugar. 1 egg.
1/2 cup sour milk. 2 cups flour.
1/2 teaspoon salt. 1/2 teaspoon soda.
1 teaspoon vanilla.

Drop from a spoon on a well buttered sheet and bake in a moderate oven.

Steamed/Brown Bread

The following recipe will make nine tins of brown bread. This is especially good with baked beans, and steamed brown bread is easily made if one is a little short of white bread.

Steam three hours.

2 quarts graham flour. 1 quart molasses.
2 level tablespoonfuls salt. 3 quarts cornmeal.
3 quarts milk. 5 level teaspoons soda.

Pie Crust for 10 Double Crusts

3 cups lard. 9 cups flour.
2 1/2 level teaspoons salt. 4 cups water.

Baking Powder Biscuits

3 quarts flour. 6 tablespoons lard.
4 tablespoons baking powder. 3 pints milk.
3 teaspoons salt.

Eggless Cookies

2 cups butter. 2 cups sugar.
2 cups sour milk. 2 nutmegs grated.
2 teaspoons soda. 7 cups flour.

Layer Cake

If one is making cake wholesale this recipe answers the purpose very well, and may be baked as layer cakes or iced with different kinds of icing.

4 cups sugar. 2 cups butter.
2 cups milk. 6 teaspoons baking powder.
6 cups sugar. 12 eggs.

Doughnuts

This recipe makes a good many; they are not rich, but light and easily digested, as doughnuts go. Be sure and have the lard good and hot so they will not "soak" fat.

1 heaping tablespoon 1/2 teaspoon cinnamon.
butter. 2 cups sugar.
2 1/2 cups sour milk. 3 eggs.
1 level teaspoon salt. 1/4 of a grated nutmeg.
Flour to roll out nicely.

Ginger Bread

Try this recipe for ginger bread. I have long hunted for one that could be made to taste like something without using cream, and this seems the best yet.

1 cup molasses. 1-3 cup butter.
1 egg. 1/2 cup sour milk.
2 cups flour. 1 teaspoon ginger.
1/2 teaspoon salt. 1 small teaspoon soda.

Cinnamon and cloves and a few raisins or dates may be added and the mixture baked in gem pans. I know of nothing the children like better in the cake line, and this is surely more wholesome than rich cake with icing.

Mushrooms and Steak

Mushrooms are very plentiful in some parts of the country and are really delicious cooked in a variety of ways. There is nothing that quite puts the finishing touch to a steak like a few mushrooms stewed and added to the gravy, or if the steak is broiled, stewed and a bit of butter added and poured over the steak.

Mushroom Stew

There is no way one gets the real mushroom flavor as well as in a stew. Peel the mushrooms, cut in small pieces, add enough water to cover well and stew slowly for one hour, then add enough flour and butter mixed to thicken slightly, pepper and salt and lastly one or two cups of milk or cream if you have it.

Canning Powders

Some enquiries have come in regarding canning powders. Don't use them if you can avoid it, they are to say the least very unwholesome and if the canning methods published in the last few issues of The Guide are followed there is no need of using canning powders.

The Country Cook.

BUSY SAM

"I hear you are married, Chloe!" said the mistress.
"Yes'm; I'm married," answered the maid cheerfully.
"And are you happily married, Chloe?"
"Oh, yes'm; I'm happily married; Sam he ain't no loafer, he wucks mighty hard gettin' me lots of washin'!"

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