

THE SUNDAY SCHOOL.

MARCH 12.

POWER OVER EVIL SPIRITS.—Mark v. 1-20.

Ver. 1. Gadarenes. Whether it should be Gadarenes, Gergesenes, or Gerasenes, has been much disputed point. The Revised Version has Gerasenes here and in Luke, but Gadarenes instead of Gergesenes in Matthew; so that the Revisers have not done much to settle the matter. It is clear that the incident cannot have taken place either at Gadara or Gerasa which were both situated S. E. of the Sea of Galilee, and at a considerable distance from its shores. The place was a city which has been variously called Geresia, Guesra, Gersa and Kersa, the ruins of which still exist on the eastern side of the lake.

2, 3. Dr. Thompson says that there is an immense mountain immediately above Kersa in which there are remains of tombs. It is still common in the east to find outcasts and outlaws living in such places. "Out of the tombs;—The direction in which the man came was from the tombs, not from the town. He did not live in the town—see next verse.—A man.—Matthew makes mention of two. Nothing is more likely. There were no asylums for the insane in those days. The unhappy sufferers were scattered about; and sometimes individuals, possessed of peculiar interrelations of susceptibility, would draw together. There had been two thus associated in the neighborhood of Kersa. But the personality of one had been so strikingly outstanding that the other had been apparently a mere semi-servile appendage. Hence Mark and Luke take notice only of the one. It is evident from this that Mark was no mere copyist and epitomizer of Matthew.

6, 7. "The spirits who had possession of the poor man's body wielded his organism of speech as if it were their own. It is a mystery that no man has ever explained; but at bottom no greater mystery than the wielding of the same organism by the human spirit itself." This wretched man was possessed by so many evil spirits that he gave his name—for he himself seems to be the speaker here—as Legion. This word seems to have been popularly used to express the idea of a great number. The idea of many spirits is not inconsistent with the use of the singular number. "There is, all through the narrative, to a greater or less degree, an inter-blending of reference to the man, and to the spirit or spirits who were in possession of him." The legion was under the command of one who spoke as the representative of the others, and who was addressed by Jesus Christ in that capacity.

10-13. At the foot of the mountain was a herd of swine feeding on a spot which travellers show is still specially adapted for that purpose. "A verdant sward is here, with many bulbous roots which swine might feed upon. And on this I observed what is an unusual sight—a very large herd of oxen, horses, camels, sheep, asses and goats all feeding together. It was evident that the pasturage was various, and enough for all; a likely place for a herd of swine feeding on the mountain."—Rob Roy. The reason why the devils asked to be permitted to enter into the swine has been variously stated. It may have been from a mere spirit of wantonness, or eagerness for anything on which to vent their rage. Or there might be cunning malice in their intent—malice toward Christ and toward all the other parties concerned. Perhaps it was their wish to produce exactly the result which was produced—to make the people anxious for Jesus to depart from their midst.

15-19. The contrast between the man's present and former state is striking. These people had no doubt of his identity; he was the very same man, but how changed! The sight filled them with awe, and when those who had witnessed the whole incident described it in all its details, these ungrateful people besought Jesus to depart. They had been disturbed in the prosecution of an unlawful calling, and had lost a great deal of unlawful property; and so they wanted no more of Him, though He had rid their neighborhood of a constant source of terror. With how many is it thus. We will not have Jesus because we must then give up our swine!

"This history is decisive against those who would resolve the possessions mentioned in the New Testament into cases of madness. For here the whole conversation is evidently carried on, not with the afflicted ones themselves, but with some other beings using their organs. For could these men, if mere lunatics, have known the Lord? Or, if they knew His person, which is unlikely, how should they have known Him to be "the Son of God," and give Him his most appropriate designation? What could insane men mean by being "tormented before their time?" Or how could they impel the swine into the sea, when they remained still present with Christ perfectly cured, as appears from St. Luke? Such forced attempts at interpretation, in compliance with the proud but vain hypothesis of man, more become an infidel than a professed Christian exponent. On the contrary, the circumstances of this miracle appear to have been minutely recorded in order to demonstrate the reality of these possessions. The devils being permitted to enter the herd of swine, whilst the men they had before possessed remained at the feet of Jesus, calm and still, was a visible proof that a number of distinct though invisible beings had previously employed their malignant agency upon the subjects of our Lord's mercy, but who were rebuked and driven away.—Abridged from Sunday-school Magazine.

VENTILATE CLOSETS.

Soiled undergarments or the wash clothes ought not to be put into a closet ventilated or not ventilated. They should be placed in a large bag for the purpose, or a wicker basket, and then put in a well aired room some distance from the family. Having thus excluded some of the fertile sources of bad odors in closets, the next point is to see that the closets are properly ventilated. It matters not how clean the clothing in the closet may be, if there is no ventilation, that clothing will not be what it should be. Any garments, after being worn for awhile will absorb more or less of the exhalations which arise from the body, and thus contain an amount of foreign—it may be hurtful—matter, which free circulation of pure air can soon remove.—The Sanitarian.

USEFUL HINTS.

To get the correct blending of flavor, use double the quantity of carrots you do of turnips.

The average of the pulse in infancy is one hundred and twenty per minute; in manhood, eighty; at sixty years, sixty. The pulse of females is more frequent than that of males.

After vegetables are cooked, do not let them remain in the boiling water; but drain thoroughly and keep hot by setting the covered dish on top of a saucepan of boiling water.

Great milkers pay as they go, but seldom carry much flesh on their bones. It is not good policy to allow a cow to lose a single pound of flesh; it costs money, and will cost more to replace it.

Pop-overs for tea, when the bread is out and there is not time for biscuit, may be made in this way: One cup of sweet milk, one egg, a bit of melted butter, flour enough to make a stiff batter, and a little salt. Have the oven hot, and the pop-overs warm, and the tea cakes will be light and tender.

For barley soup, take one pound of shin of beef, four ounces of pearl barley, one potato, salt and pepper to taste, one quart and a half of water. Put the ingredients into a saucepan, and simmer gently for four hours. Strain, return the barley, and serve. An onion added is an improvement. This is a good soup for invalids.

In grafting the grape vine the old vine should be cut off below the ground early in the spring and before the sap has started, and cleft in the same manner as an apple or pear stock. The cutting is prepared and inserted in the manner usual with other grafts. The stock is bound up, and the earth replaced. The cutting should have one eye left above the ground.

Some person writes: My wife read the account given by some one about pouring wash water and soap suds around cherry trees, so she commenced in the spring, and every wash day she poured the wash water around a half dozen young cherry trees that we have growing in our yard, also throwing slops around them, and the result has been the most vigorous growth and luxuriant foliage that I have ever seen. One tree was not treated in this way, and you cannot imagine the wonderful difference. The trees thus treated have made more than double the growth of this one: in all other respects the treatment, soil, and all were equal.

INFORMATION.

CUTS.—The best thing we know of to heal a cut or wound is to bind up the injured part with a cloth saturated in Perry Davis' Pain Killer.

Have you inflammatory sore throat, stiff joints, or lameness from any cause whatever? Have you rheumatic or other pains in any part of the body? If so use Johnson's Anodyne Liniment. It is the most wonderful internal and external remedy known to medical science.

ISAAC R. DORAN, M.D., of Logan Co., Ohio, says: ALLEN'S LUNG BALSAM not only sells rapidly, but gives perfect satisfaction in every case within my knowledge. Having confidence in it, and knowing that it possesses valuable medical properties, I freely use it in my daily practice and with unbounded success. As an expectorant it is most certainly far ahead of any preparation I have ever yet known.

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MR. JOHN POWERS, Mispoc, N.B., had severe pain in his back for five or six months until he used GRAHAM'S PAIN EXADIATOR and was cured by less than half a bottle, and has felt no return of the pain since using it about six months ago. He says he has seen remarkable cures of Bruises, Cuts, etc., of those in his employ about his saw mill, and keeps it constantly on hand for use in cases of emergency.

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We caution all persons not to buy the extra large packs of dust and ashes now put up by certain parties and called condition powders. They are utterly worthless. Buy Sheridan's Cavalry Condition Powders if you buy any; they are absolutely pure and immensely valuable.

Paralysis. My son, aged fifteen years became affected with a weakness of the limbs, which first began to manifest itself about four years ago, gradually growing worse until he became unable to walk and a complete loss of physical power was threatened despite the best medical treatment. In this condition about two years since we tried Graham's Pain Exadiator, using about three bottles, and within four months he was completely restored to health and strength, which he still retains. WILLARD EVERTS, Augusta, Grenville Co., Ont. Aug. 1878

AN ONLY DAUGHTER CURED OF CONSUMPTION. When death was hourly expected all remedies having failed, and Dr. H. JAMES was experimenting with the many herbs of Calcutta, he accidentally made a preparation which cured his only child of CONSUMPTION. His child is now in this country enjoying the best of health. He has proved to the world that CONSUMPTION can be positively and permanently cured. The Doctor now gives this Recipe free, only asking two three cent stamps to pay expenses. This herb also cures night-sweats, nausea at the stomach, and will break up a fresh cold in twenty-four hours. Address, CRADDOCK & CO., 1032 Race St., Philadelphia, naming this paper. jan 13.—161na.

MOTHERS! MOTHERS!! MOTHERS! Are you disturbed at night and broken of your rest by a sick child suffering and crying with the excruciating pain of cutting teeth? If so go at once and get a bottle of MRS. WINSLOW'S SOOTHING STRUP. It will relieve the poor little sufferer immediately—depend upon it; there is no mistake about it. There is not a mother on earth who has ever used it, who will not tell you at once that it will regulate the bowels, and give rest to the mother, and relief and health to the child, operating like magic. It is perfectly safe to use in all cases, and pleasant to the taste, and is the prescription of one of the oldest and best female physicians and nurses in the United States. Sold everywhere. 25 cents a bottle.

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To CONSUMPTIVES.—The production of a remedy that "may truly be said to alter the prospects of the Consumptive as to give hope of cure in not a few cases, and of much prolonging of life in by far the greater number,"—the only remedy worthy of the name, which, if carefully and faithfully used may arrest and cure the disease, and is pretty sure to retard it and prolong life more than any other known remedy," is a great desideratum. Yet, this desideratum is fully met in ROBINSON'S PHOSPHORIZED EMULSION OF COD LIVER OIL WITH LACTO-PHOSPHATE OF LIME, which is universally acknowledged, wherever introduced, to be the best preparation of Cod Liver Oil extant, and which, if "carefully, faithfully, and persistently used, will rarely fail to produce marked beneficial results." Prepared solely by HARRINGTON BROS., Pharmaceutical Chemists, St. John, N.B., and for sale by Druggists and General Dealers. Price \$1 per bottle; six bottles for \$5.

A CASE OF CONSUMPTION.—Chesterfield, N.H., March 26. Messrs. Seigh W. Fowle & Sons: Gentlemen—I feel my duty called upon voluntarily to give my testimony in favor of DR. WISTAR'S BALSAM OF WILD CHERRY. I was taken sick last October with a lung complaint, accompanied with a very serious cough; and after having been treated a number of weeks by the best physicians, they gave me up as an incurable case of consumption, and for about six weeks my friends expected I might die any day, having entirely despaired of my recovery. At this time I read the advertisement and certificates of the WILD CHERRY BALSAM, and was induced to try it myself. I have taken five bottles, and from the commencement I have been gradually recovering. My cough has now entirely ceased. I have regained my flesh and strength, and am feeling quite well. I attribute the cure to DR. WISTAR'S BALSAM OF WILD CHERRY, as I have taken no other medicine since I commenced taking that.

Very respectfully yours, MRS. MILA S. SMITH.

Gentlemen—Mrs. Smith gives me the foregoing certificate of the efficacy of your medicine in her case. She is an acquaintance of mine, and took the BALSAM on the strength of my certificate, which she saw in the papers. Her story is literally true. Yours truly, W. H. JONES, 50c-nts and \$1 a bottle. Sold by dealers generally.

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for lameness in horses, stands pre-eminently above all other preparations used by horsemen as a remedy for Splints, Spavins, Curbs, Ringbone, Sidebone, Strains of the Back, Sinews, Hock, Knee Fetlock, Pastern and Coffin Joints, etc. Every well regulated stable should keep a supply of the ESSENCE on hand.

READ THE FOLLOWING CERTIFICATES which are genuine, and the parties will be happy to furnish any information by mail.

St. John, N.B., October 27th, 1881. MESSRS FELLOWS & Co.: Dear Sirs.—FELLOWS' LEEMING'S ESSENCE is without question a great remedy for most cases for which it is prescribed. I have used it successfully for a series of years and I know of many others who speak of it in the highest terms as a most efficient cure for Ringbone, Spavins, Strains, etc.

A. PETERS, Proprietor of the Victoria Livery Stable, St. John, N.B. St. John, N.B., July 8th, 1881. MESSRS FELLOWS & Co.: Sirs—I willingly bear testimony to the efficacy of FELLOWS' LEEMING'S ESSENCE as a cure or helper in many cases of Splint, Ringbone, Spavin, Strains of the Back Sinews, Stifle, Fetlock, Pastern and Coffin Joints, etc. Every horseman should have a supply of the ESSENCE in his stable.

S. T. GOLDING, Livery Stable, St. John, N.B. St. John, N.B., Jan. 18th, 1882. MESSRS FELLOWS & Co.: Dear Sirs—I have used FELLOWS' LEEMING'S ESSENCE for several years past with great success, and therefore most cheerfully recommend it as one of the very best remedies in use in all cases for which it is prescribed.

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St. John, N.B., Jan. 6th, 1880. Dear Sirs—In regard to your favor of a few days ago, I would say: About one year ago a horse owned by me contracted a large Bone Spavin, for the cure of which I tried a number at the liniments and lotions advertised to cure the same without any effect, and he became very lame. A friend of mine recommended me to try FELLOWS' LEEMING'S ESSENCE. I acted upon his advice, and now, I am happy to say, the lameness has ceased and the Spavin disappeared. I now consider him entirely cured, and would cheerfully recommend FELLOWS' LEEMING'S ESSENCE as being the best remedy in the market for all lameness that horses are subject to.

Yours truly, THOMAS F. FRY. RINGBONE CURED. AUGUSTA, ME., March 8th, 1880.

Dear Sirs—I have had occasion to use FELLOWS' LEEMING'S ESSENCE on a horse so lame from a Ringbone that I could not use him. I have been using it about three weeks, and find it does all you claim for it, as the lameness and the enlargement has almost disappeared. I firmly believe a few more days will make an entire cure.

Respectfully yours, JAMES T. PARKER. FELLOWS' LEEMING'S ESSENCE

has been in use by horsemen for more than 25 years, and thousands of valuable horses that otherwise would have been rendered useless, have been cured by the timely application of this ESSENCE in cases of lameness from Splints, Spavins, Ringbone, Sidebone, Splints, Strains, Bruises, etc. FELLOWS' LEEMING'S ESSENCE is sold by all druggists and general dealers, Price 50 cents. Full directions on inside wrapper.

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