

CHATS WITH YOUNG MEN

LIVE ONE DAY AT A TIME
Lord, for tomorrow and its needs
I do not pray;
Keep me, my God, from stain of sin
Just for today.

THE KEY TO HAPPY LIVING

The rewards of life are for service.
And the penalties of life are for self-indulgence.
Human service is the highest form of self-interest.

We preserve our sanity only as we forget self in service.
To center on oneself and forget our relationship to society is to invite misery, and misery means disease, dislocation—death.

Health is a habit. Drugs and chemicals that work while you sleep are a little later on going to prevent you working when awake.

Health is the most natural thing in the world. It is natural to be healthy because we are part of nature—we are nature.

Two young men—hardly more than boys—worked side by side in the office of the Cambria Steel Company at Johnstown, Pa.

His story is in striking contrast with that of his former co-worker, Schwab, for, at the age of fifty-eight, he has retired because of ill health, and leads a quiet life in Beaver Falls, Pa.

Father Glynn was born in Ireland, and was brought to this country by his parents when he was a year old. He was educated in the public schools of Johnstown, Pa., and finally got a job in the office of the Cambria Works, where he became Schwab's friend.

Five years' service there he spent many years as Pastor of St. Peter's church at Brownsville, Pa.

When he left Brownsville to retire a few years ago, his church had become the mother church of sixteen new parishes under his leadership. He had paid the debt on a new parochial residence at Coal Center and had built a new church at Lucyville.

OUR BOYS AND GIRLS

SHORT SKETCH OF LIVES OF SAINTS OF THE WEEK

OCTOBER 29.—ST. NARCISUS, BISHOP
St. Narcissus was consecrated Bishop of Jerusalem about the year 190. He was already an old man, and God attested his merits by many miracles, which were long held in memory by the Christians of Jerusalem.

OCTOBER 30.—ST. MARCELLUS, THE CENTURION, MARTYR
The birthday of the Emperor Maximilian Hercules, in the year 298, was celebrated with extraordinary feasting and solemnity.

OCTOBER 31.—ST. QUINTIN, MARTYR
St. Quintin was a Roman, descended from a senatorial family. Full of zeal for the kingdom of Jesus Christ, he left his country, and, attended by St. Lucian of Beauvais, made his way to Gaul.

NOVEMBER 1.—ALL SAINTS
The Church pays, day by day, a special veneration to some one of the holy men and women who have helped to establish it by their blood.

President Wilson in his book "The New Freedom" says:
"The only reason why government did not suffer dry rot in the Middle Ages under the aristocratic system which then prevailed was that so many of the men who were efficient instruments of government were drawn from the Church; from that great religious body which was then the only Church, the body which is now distinguished from other religious bodies as the Roman Catholic Church.

family? Yes, it is one family; and our place is marked out in this home of eternal light and eternal love.

NOVEMBER 2.—ALL SOULS
The Church teaches us that the souls of the just who have left the world soiled with the stain of venial sin remain for a time in a place of expiation, where they suffer such punishment as may be due their offences.

STRANGE INCIDENT OF PARIS BOMBARDMENT

HOW A WORKMAN AND HIS FAMILY WERE SAVED

Paris Correspondence of The Catholic Times
In connection with the bombardments of Paris by "Bertha," I have been told a story, strictly true, that excited a very lively interest in a suburb where the German cannon has caused more than one tragedy.

On July 15, in the evening, the Superior of the convent had a visit from him. Out of a basket he pulled a piece of metal, the size of two fists, and much moved, told his story. "Bertha" had been silent since May. At half-past two on July 15, the well known sound of the big cannon was again heard.

At his birth he appeared marked with the cross. When a young man he distributed his goods to the poor, and leaving his family and country, became a pilgrim for Christ's sake.

"It is said that devotion to him was greatly increased at the Council of Constance when, in order to avert the pestilence, raging at that time, the image of Saint Roch was, with the approbation of the Bishops, carried solemnly through that town followed by all the people. This devotion to the saint has spread in a wonderful way, through the whole world, and he has been plied declared the universal protector against contagious diseases.

SAVED BY THE CHURCH

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The Roman Catholic Church was then, as it is now, a great democracy. There was no peasant so humble that he might not become a priest, no priest so obscure that he might not become the Pope of Christendom, and every chancellor in Europe, every courtier in Europe, was ever been encouraged to pray to them for assistance, especially in times of sore distress.

ST. ROCH

UNIVERSAL PROTECTOR AGAINST CONTAGIOUS DISEASES

Belief in the intercession of the saints has always been taught in the Church, and the faithful have ever been encouraged to pray to them for assistance, especially in times of sore distress.

Dom Guengerer, in his wonderful work entitled "The Liturgical Year," published in 1807, reproduces the sketch of this saint in words that well apply to our own times:

"Three days of famine, three months of deaths, three years of pestilence, the choice given to the guilty between death and three months of expiation, shows them to be equivalent before the justice of God. The terrible scourge, which makes more havoc in three days than would famine or a disastrous war in months and years, showed in the fourteenth century that it kept its sad pre-eminence; the Black Death covered the world with a mantle of mourning and robbed it of a third of its inhabitants.

"At his birth he appeared marked with the cross. When a young man he distributed his goods to the poor, and leaving his family and country, became a pilgrim for Christ's sake. Leaving his native city, he went to the sanctuaries, he there found the cities devastated by a terrible plague. Roch took up his abode among the dead and dying, burying the former and healing the latter with the sign of the cross. Himself stricken with the evil, he hid himself so as to suffer alone, and a dog brought him food. When, cured by God, he returned to Montpellier it was only to be seized as a spy and thrown into prison, where after five years he died.

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"We beseech Thee, O Lord, protect Thy people in Thy unending goodness and through the merits of Blessed Roch, preserve them from every contagion of soul and body, through Christ Our Lord. Amen."

STAMMERING



The Health Bath

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Adventure of Post Young Americans. By Henrietta E. Delaney. The book describes the strange times during their trip abroad, and the experiences of Johnny who was lost in the Catacombs of Arno, the Englishman, by Francis Aveling.

Alchemist's Secret. The; by Isabel Cecilia Williams. This collection of short stories is not of the sort written simply for amusement; they have their simple, direct teaching, and they lead us to think of God and to teaching and trials of others rather than our own.

Blakes and Flanagan, by Mrs. James Sadler. This work whose writings have made her name a household word among the Catholics of America.

Cardome, by Anna C. Minogue. A Romance of Kentucky. Much has been written about some of the times from 1800 to 1860, but seldom has a Catholic author taken this historic half decade as material for a story.

Cherish, by Catherine Newman. A tale of the Third Century; attempting to imagine and to feel the feelings and relations between Christians and heathen Rome of that time.

Conscience, by J. M. Villafraña. A study of civilization and a comparison of Christianity, not only with paganism and purely human philosophy, but with Judaism also, towards the close of the reign of Nero.

Deer Jane, by Isabel Cecilia Williams. A sweet, simple tale of a self-sacrificing elder sister whose ambition to keep the little household together is foiled with a grace and interest that are irresistible.

Four Great Feats of the Day, by Cardinal Manning. Happy-Go-Lucky, by Mrs. C. Crowther. A collection of Catholic stories for boys, including "A Little Heroism," "My Baseball," "The Boys at Balboa," and "A Christmas Stocking."

Heavenhood, by Clara M. Thompson. A story of a young girl who, after a long and arduous journey, finds her way to heaven.

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