

THE UPWARD LOOK

God's Wishes

FOR this is the will of God, even your sanctification. 1 Thess. 4: 2.

It is such a blessed question to ask often in our Christian life: What is Christ's wish or will for us in regard to a certain course? If He could speak to us, what would He advise? If He were here with us, what action would He take? In the hour of deepest grief we know that this is His will for us. At the moment of keenest joy, that also is His will. The greater our love for Him, the closer we live with Him, the more vivid is this thought and the more is it a guiding thought in our lives.

The following is an illustration of the powerful incentive that the wish of a dear one, may be:

For many months, now, visits have been paid, in connection with patriotic work, to one particularly poor, little house. There was so little furniture in the living-room, that certain articles, set in state on the centre table, showed out conspicuously. These were a teddy bear and a doll set of furniture, which had once been given to a little daughter, by a dearly loved son, who had been at the front, "somewhere in France," for over a year. All his post-cards were shown and letters read at the monthly visits. Occasionally the visitor took with her a little child, to make the visit a bright spot in the lonely lives.

This week the child was taken. On arriving the sad news was received that the son had been killed. Unconscious of terrible tragedy, the little son had taken possession of the toys. On leaving she went to put them up. Through tear-dimmed eyes the old man looked at his wife. She nodded, and then, with tears falling fast, after tenderly dusting them she put them into the arms of the little one. The strenuous remonstrances of the visitor continued until the old man looked up with a brave smile, though his face was marked with anguish, and said: "If he had been here, he would have wanted the baby to have them." —I. H. N.

Flowers From Christmas to Easter

John Gail, Peel Co., Ont.

NO class of pot plants gives more pleasure and better results for the time and labor expended on them than does a well selected collection of fall potted bulbs. They are particularly well suited for the amateur flower lover, as, by a little care in their culture, a succession of their beautiful fragrant blossoms can be obtained from Christmas until Easter, or later if desired. Bulbs can be potted from September until the end of November, but the early potted bulbs give the best results. Bulbs of Roman hyacinths and early paper white narcissi, potted on in October, may be in bloom by Christmas.

A good collection for the amateur is, white Roman hyacinths, named Dutch hyacinths, and narcissi in variety. The white flowering variety of Roman hyacinth is really the best. The other colors are not quite as pretty, are not so uniform in shape and are not as early flowering as the white. The blue, rose, and pink shades, however, give a pleasing effect. Always pot colors separately, especially the white, as they bloom at different periods. Roman hyacinths should be planted as thick as three or four to a five-inch pot, or more bulbs to a larger pot to give the best effect.

The single flowering varieties of Dutch hyacinths usually give the best results. The selection is largely a

matter of taste in colors and shades, as all named varieties are usually of equal value. Dutch hyacinths always look well planted in groups of three, five, or seven, in jardinières. There should be about one and a half inches of space between each bulb when planted in groups.

Most varieties of narcissi are suitable for pot culture. The early paper white is really the best on account of its earliness. Potted early, it can easily be had in bloom at Christmas. The soil for the pot culture of bulbs need not be very rich in fertilizers. At the same time bulbs will not give the best results in poor soil. If the soil should be heavy, mix in a little fine, sharp sand as before recommended. Always have the soil fairly dry when used for potting.

After bulbs are planted give the pots sufficient water to moisten well all the soil. Then stand the pots away in a cool, damp, dark place in a temperature of from 40 to 50 degrees

to secure good roots on the bulbs. The cellar floor, a dark basement, a close cupboard or box will serve this purpose well.

The bulbs as a general rule take four or five weeks to root well. To secure good roots on bulbs, before bringing them into the window is absolutely essential to ensure the best blooms.

The bulbs may remain in their cool, dark quarters for several weeks after being rooted if desired. They must be brought into the window when the top growth has reached a height of about two inches, else the flowering results will not likely be as good as they should be. When brought into the window, do not place the pot in too sunny a position. Always make sure that the soil is kept thoroughly moist by regular and copious waterings. Give enough water to moisten all the soil in the pot. Bulbs not potted early in the season should be kept in a cool room or cellar until

wanted so as to prevent them starting into top growth.

Substitutes Should be Liberally Used

THE following is an extract from a letter to the Women's Auxiliary, of the Organization of Resources Committee and their co-workers throughout Ontario, sent out by Food Controller Hanna:

There is a world famine of wheat and a world shortage of beef and bacon. These are the commodities most required for overseas. It is to ensure supplies of these foods and other non-perishable and easily storable commodities that every housewife is being asked to sign the Food Pledge. Canada has abundance of other foodstuffs. By reducing domestic consumption of wheat, beef and bacon and by using substitutes, the housewives of the Dominion can give

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