

Jacobs' Rheumatic Liquid Cures Lameness of all kinds.

8th Month.

AUGUST, 31 Days.

Begins on Saturday.

Moon's Phases.		Quebec.	Montreal.	Kingston.	Toronto.	London.
	D.	h. m.	h. m.	h. m.	h. m.	h. m.
Full Moon.....	3	7 4 mo.	6 58 mo.	6 54 mo.	6 34 mo.	6 26 ev.
Third Quarter.....	11	7 40 mo.	7 34 mo.	7 22 mo.	7 10 mo.	7 2 mo.
New Moon.....	18	0 23 mo.	0 17 mo.	0 5 mo.	11 53 mo.	11 45 ev.
First Quarter.....	24	7 59 ev.	7 53 ev.	7 41 ev.	7 29 ev.	7 21 ev.

DAYS.		Montreal.		Toronto.		Sun's Declinat.	The Moon.	Sun on Meridian.			
								D.	h.	m.	s.
								1	12	6	1
								9	12	5	10
								17	12	3	43
								25	12	1	45
								Calendar, Aspects, &c.			
								More thunder than last year.			
								8th Sunday after Trinity.			
								Full Moon 6.58 mo.			
								The week will be fair and			
								warm if wind S. or S. W.			
								But if wind be N. or N. W.			
								The week will be for the			
								most part rainy, dull, damp			
								9th Sunday after Trinity.			
								Changeable Barometer.			
								Moon's 3rd Quarter 7.54 mo.			
								Wind and rain.			
								Considerable heat this week.			
								General tendency to rain			
								and wind.			
								10th Sunday after Trinity.			
								Unsettled and dull.			
								New Moon 0.17 mo.			
								Fair weather sets in, and			
								continues steadily fine.			
								This and the next day un-			
								commonly pleasant.			
								11th Sunday after Trinity.			
								St. Bartholomew.			
								24th day, 1st gr. M. 7.53 ev.			
								Morn. Much now depends on the			
								wind. S. or S. W. brings			
								rain. N. W. brings bright			
								days & starry, clear nig'ts			
								12th Sunday after Trinity.			
								Month ends with cool wind			

AUGUST.—Having referred to Dr. Workmans opinion on the cause of insanity, we may as well here state that Dr. Wilson recommends good living as a means of preventing disease. He says, the most vital organs, apart from the digestive tube, are the brain, the lungs, and the heart. If these are not supplied with a sufficiency of wholesome nutriment, there are always elements of disease enough lurking round to attack and destroy them. We all know for instance, that the best safeguard against most fevers and all miasmatic diseases, is a vigorous state of health; and in a southern climate, to go out of doors before taking breakfast is therefore justly considered dangerous. In like manner in the north, where disease of the lungs prevails, codliver oil, the richest cream, and indeed a generous diet, is generally the best medicine.