



**PASTA ALLA CARBONARA É DELIZIOSA!**

and then some wine (1 cup) was added with three swigs for the observer, myself. After all, if the wine tastes bad on its own, it probably won't taste any better after cooking with it.

Last week was spring break and a friend, Gianluca Deluca, needed a ride to the airport. I offered him a ride and he said, "Thanks, but my flight is pretty early." I offered again saying, "it's no problem as long as you promise not to come back." Gianluca laughed, "OK, but how about I cook you dinner tonight instead of not coming back?"

Remembering the last time Gianluca cooked dinner, I quickly accepted. The meal would be Pasta alla Carbonara. I took notes as the maestro waved his magic spoon. He was so quick that my note taking couldn't keep up. I had to ask him what he had just done. He gave a questioning look and said, "I turned on the large pot of water to boil. It is for the pasta." "Oh," I replied and diligently went back to my note taking.

In a fry pan, he then sautéed the following in olive oil (for three people):

- 2 chopped onions
- 3 cloves of crushed garlic
- 5 or 6 slices of bacon

This was fried for over ten minutes

In a bowl, Gianluca mixed one whole egg per person and then added enough Reggiano Parmesan (or whatever brand you can find) so that the mixture turned grey and had the consistency of putty. If it gets too thick, it can be diluted with pasta water. Now, freshly ground pepper was added to the mixture.

Now for the pasta. Gianluca cooked 125 grams per person and added the "pasta Barilla" to the water at a full boil. A full boil and a large pot make cooking pasta easy. Regular pasta usually requires 7 minutes to cook, but pasta Barilla is made from durum wheat and requires 11 to 12 minutes. Gianluca timed the pasta and when it was ready, I carried out the "fridge test." I took a piece of pasta and threw it at the refrigerator. It bounced! I asked Gianluca, "What's up with that?" as I expected it to just stick.

He told me to shut up and then proceeded to mix the pasta, the egg-and-parmesan mixture and the fry pan contents all together. Dinner was served. It was deliziosa!!! By the end of the meal, every dish right down to the smallest cooking utensil was licked clean. After all, empty spoons are a sign of a good meal.

M.T. Cuiller

**Where in the World Contest**

Deadline: April 1, 1996 at 5:00 pm  
Prizes: \$50.00 gift certificate from Distractions for the UNB bookstore  
Four Let's Go Travel Books donated by St Martin's Press  
Two Lonely Planet Books donated by the UNB Bookstore  
*Europe on 84¢ a Day* donated by Gil White (See below for a review)  
Winners will be announced April 4 in Issue 24.

Name: \_\_\_\_\_ Student No: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

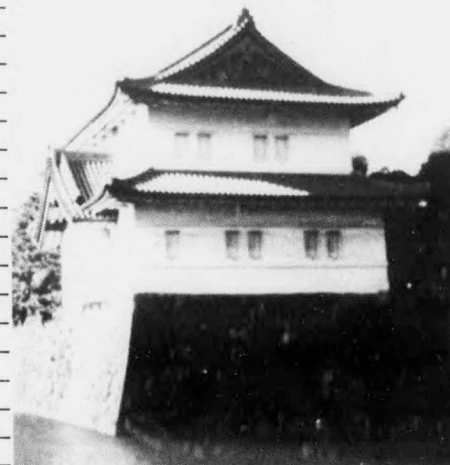
1. a. Name of the Falls  
b. Name of this "Fantasy Island"  
c. Where in the World
2. a. Name of the Square  
b. City  
c. Country
3. a. Name of this Grand Canyon Tower  
b. Name of the Lookout  
c. Name of the Rim
4. a. Name of this Prague Bridge  
b. Name of River
5. a. Name of Church Pope visited in 93  
b. City  
c. Country
6. a. Name of this Monument  
b. Area  
c. Country
7. a. Name of the Lake  
b. Name of Left Mountain  
c. Name of Right Mountain  
d. Name of Place
8. a. Name of Building  
b. City  
c. Country
9. a. Name of Cliff  
b. Name of Canyon  
c. Name of Place
10. a. Picture taken from  
b. Looking across the water at  
c. City

Total Points: 30

Each answer is worth 1 point and prizes will be awarded for the most points. In case of a tie, the winner will be the one with the most "a" answers. If these are the same, then the number of "b" answers will be looked at, etc.



Where #7



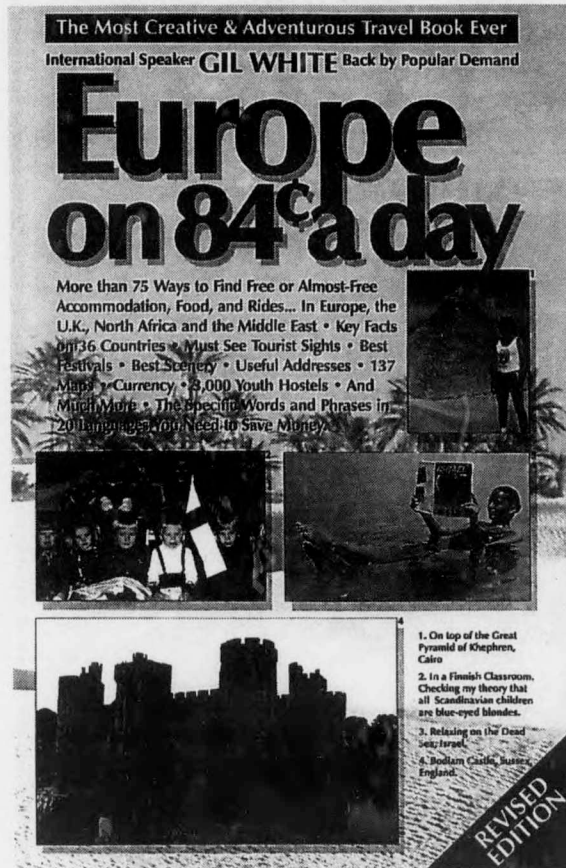
Where #8



Where #9

**POETRY CONTEST 'S DEADLINE HAS BEEN EXTENDED TO MARCH 22nd AT 3:00 PM**

**Book Review: *Europe on 84¢ a Day*** In 1973, Gil White started travelling at the age of 16 to Australia in the pursuit of a tennis career. Ever since, he has had the travel bug which fortunately never really goes away. Gil White first wrote the book in 1981 and has brought it back because of the requests for it he received on his campus lecture circuit. As you will read in the review below, *84¢* is not meant to be accurate, it just means it can be done cheaply. In 1981, four months in Europe cost him \$983 in total or \$8 a day. In today's dollars this is equivalent to \$19 a day. I briefly scanned the book and several of the features are described below, but what I enjoyed most were some of his bitch-biking tales. He is an accomplished bitch-biker and some of his stories remind me of Jack Kerouac's *On the Road*. Gil did not, however, have a Dean Moriarty to travel with, and he feels that the experience is that much more rewarding when you meet the challenges on the road by yourself. Warren Watson (Distractions Editor)



Paul Robert Palmer  
The Brock Press

Most copies of Gil White's *Europe on 84¢ a Day* will no doubt become well-travelled and dog-eared as their owners use them to navigate Europe and employ his advice.

"I simply plucked the '84¢' out of the air to drive home the point that you don't need thousands of dollars to go

to Europe," explains the author. "Too many students try to measure their fun by how much money they can spend, rather than budgeting and exploring the country creatively."

Gil's formula for reducing major expenses is simple: the traveller should possess enthusiasm, an interest in meeting the people and a trust of the people, as well as, more importantly, a willingness to return the hospitality by performing simple chores, such as washing dishes, babysitting, and milking cows or by offering gifts such as stamps, t-shirts and cassette tapes. This "trade-off" allows the traveller not only to reduce the costs, but more importantly gain greater insight and understanding of the people and their country.

*Europe on 84¢ a Day* is back by popular demand, revised and updated for the nineties, and is the most creative and adventurous travel book to come along in years. This is unlike other travel

books that offer only the nuts and bolts of travel (hotel and restaurant addresses, museum opening times).

The author also presents many methods that female travellers can employ to ensure their safety, while still having as much fun as the guys. Among the precautions are taking advantage of university ride boards, cycling, or using companies that make ride arrangements.

"The biggest mistake you can make is to buy a Eurail pass for the entire trip. Take the trains and stay in youth hostels for the first three weeks and as you gradually gain confidence, branch off into more creative ideas," says the author.

He recommends leaving your options open: cycle one day, hitch the next, take a train or bus, camp, stay in vacant hotel staff rooms or with a farmer or a university student. Some of his most useful travel tips are truly entertaining and insightful, and will provide the best memories of your trip. Imagine getting rides by using the "You're on the Air" (being on a radio station), the "New Wave Switch-Over" or the "Wrong-Sign-Right-Road" methods. These can even be applied to "Yacht-Hiking" along the French Riviera.

By covering 36 countries (Western and Eastern Europe, the Middle East and North Africa), the author provides information on places you might not

expect to travel. He offers practical tips on what to take (such as money, visas, cycling equipment and proper paperwork) and what to know about currency rates and airline choices. For each country, White provides the best festivals, best scenery, the must-see tourist sights, night life, history and peculiar customs. The author says travelling can sometimes be overwhelming, and by providing the 'best' of the country, the student can plan the day better, which may come in handy when pressed for time. Actually the book is two books in one, with a listing of over 3,000 youth hostels and their telephone numbers—all located on over 130 country and city maps.

Indispensable are the traditional phrases in 20 languages, as well as the specific phrases for getting accomodation, food or rides.

"You may be too tired to cycle to the

next town, so open the book to the phrases in German which explain to the farmer you would like to work for a few hours in exchange for a bed, two meals and a chance to learn about their culture," he explains. Hebrew and Arabic terms are even included.

*Europe on 84¢ a Day* fills a void in the travel market by combining budget travel tips with methods on how to get the most adventure out of your trip before you go onto the next phase of your life-your career.

With over 75 ways to cut travel costs, the tips will aid both the veteran globetrotter and the first time traveller.

If *Europe on 84¢ a Day* says anything, it says that your travels should only be limited by your imagination and not by your wallet. *Europe on 84¢ a Day* is available in the campus bookstore for a budget price of only \$14.95.



Where #10

photographs by Warren Watson  
artwork by Nina Botten