

CEETEE
UNDERCLOTHING
Guaranteed Not To Shrink.

PICKLING SEASON

Onions, per quart—Silver	30c
Yellow	15c
Basils	15c
Red Cabbage	15c
Cauliflowers	15c
Cucumbers, 8 to 10 inches, per 100, 50c, 70c	
Peppers	70c
Green, sweet	50c, 30c
Red, sweet, 8 to 10 inches, per 100, 81.25	

MAN & COLLIER
BOSTON, MASS.

A PAGE OF INTEREST TO



Mail-Box



Mail-Box

With radiances all is fair:
Thoughts and words unspoken,
Quiver in the still, sweet air,
Spill to soul and beckon.

Rev. H. D. Moyer has returned from Toronto, where he preached in Metropolitan Methodist Church there last Sunday.

C. H. Merrieldy of 6 Hayman Court left today for Toronto to attend an executive meeting of the I.O.O.F.

Mr. and Mrs. R. C. Houd are in Chatham attending the wedding of Miss Gertrude Macdonald to W. H. Westman of Windsor.

Mr. and Mrs. D. M. Smith of Cairo announce the marriage of their youngest daughter Ida to James Hayward at high noon today, at the Presbyterian

parsonage of Knox Church, Regina Park.

Mrs. E. Wismer has returned to home in Ayinger, after a pleasant visit with friends in this city.

Mr. and Mrs. C. D. Parker were visitors in town this week, from Dexter.

Rev. H. J. Courtney has returned from Port Stanley.

Mrs. J. Shaw of Calgary, accompanied by her little son Stuart, has been the guest this week of Mrs. J. A. Rose, 278 Piccadilly street, coming over this week from Watford, where she has been visiting in her old home. Capt. Shaw, a prominent Calgary lawyer, is on active service.

The Overseas Chapter, I. O. D. E., paid its weekly visit to the invalid soldiers at Wolseley Barracks, taking the slightly damp sand, will keep me until late the next spring.

"Valentine," here is what killed a very bad wart on my hand: Pick the top all over with a needle until the blood oozes out, and work in all the baking soda you can. Repeat if it starts again.

Cynthia Grey's Mail-Box

generous donation of several homemade cakes and \$5 worth of ice cream. This is much appreciated by those who happen to be on the sick list.

Mr. and Mrs. James Back of Fingal motored to the city and spent a few days with friends this week.

Dr. and Mrs. C. T. Campbell have returned from a soule.

R. T. Coleman is visiting in Chatham for a few days.

The weekly meeting of the Lord Roberts Chapter, I. O. D. E., was held in the Crown Hall on Friday afternoon, much work for the Red Cross and soldiers' comforts being accomplished.

Mrs. (Rev.) A. C. Bingham is in Petrolia, visiting her sister, Miss B. Pratt.

to put in a box with homemade candy to keep fresh and soft? Also a few recipes for candy to send overseas.

Also what to put with a fruitcake to keep it moist?

Thanking you again,
THE GIRL OF THE LIMBERLOST

[illegible]

little easier if the fruit is put into the sealers while the berries are still frozen. So many recipes where it was cooked then put into sealers, then to be cooked again, is a waste of a lot of unnecessary work! Screw down your tops tight while you fill your jars. If you are using a canner, you have fruit good enough for anyone to eat. I use a water bath canner, not a boiler. When doing raspberries or strawberries, if you want them extra juicy, use a little less sugar. For fruit, let boil a few minutes and seal. Other fruits take longer. Pears and apples are the hardest. I have never tried to seal some new beginner or busy housewife's lot. I have had to wait to seal for sixteen years and always have good luck. Donna's recipe for canning pumpkins and squash, and it certainly illustrates what I have just been writing. I have canned many a pumpkin, but when it went into the canner, the tops were so soft and soggy and my work was done, and they kept good, too. If ripe squash are put in a canner, they will be soft and soggy. I freeze them they will keep until next spring; also citron, but panned in sugar. Beauty is packed in a box of "Keep alicence" any longer, for the sealers will "bottle up" like the German fleet. It's various helps are cheerfully passed along to readers.

O. L.'s Favorite Flower?
Dear Miss Grey—I, too, like Miss Grey, was bewailing the dreadful fact that the "love" of the "one" I loved was anxiously awaiting the long opening, when, zip! "Original Nomenclature" blew the need for the "one" I loved, knocking the wind out of me. Now I am left with the "one" I love, and I am thanking him, and of course I must try and adhere to some of "O. L.'s" suggestions. I hope, "Original Nomenclature" has his "one" as "his" favorite flower?

Peace seems to have been proclaimed on Cynthia Street, and it is about the only place it has. I am still contemplating with my five adopted soldiers, and must begin soon to prepare their Christmas bundles. I am going to try hard to make each one a Christmas cake, and I sincerely hope they do not collapse, etc.

Where was Aunt Nancy? I hope the dearest lady is not sick, and "Mrs. Homebush" has the really forsaken visit a question before I retire. What

Do you like cold weather? Winter weather is so much more pleasant to me than the summer. I hope I will write again, and will sign myself "FLORIAN".

Have you a chowchow recipe on hand, also a green tomato pickle?

Ans.—You are very welcome to join our ever-growing list of Pagites. Florinda, the "love" of the "one" I loved, has been sent, but of course I cannot say for sure if he is absolutely alone in the world.

It is good that somebody likes winter; perhaps somebody who is not so much of the "one" I love. Several recipes I hope you may like, are these:

One green tomato pickle or scallion. One peck green tomatoes. 4 small onions, 2 green peppers with 10 small green chilies. Chop the vegetables, sprinkle over them the salt, let

mysterious nor obnoxious about Beauty—you can observe her as you please to suit you. Good night, and good luck with your apron case and certainty—if you can!

One Year Beauty Book tells you how to get the NEW Treatment, called "Beauty's Double Creams," accomplishes the result.

A postal brings the Beauty Book free and Beauty's "DOUBLE CREAMS"—or upon receipt of \$1.50 we will send you a box of Beauty's Double Creams direct.

SEELY
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**DAILY BIBLE
QUESTIONS FOR CLUB**

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Infants—Mothers
Thousands testify
Horlick's
The Original
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Upbuilds and sustains the body
No Cooking or Milk required
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Substitutes Cost YOU Same Price.

and the intense pain a security of the wonderfully healing oil. It has brought relief to thousands of sufferers. For burns, hot blisters, cuts, scratches and all abrasions, the skin does not fail to use. All dealers, etc.

Dr. Thomas' Electric Oil



7163



Some New Things for the Baby.
9163—Infant's set, consisting of a cap, sack, a nightgown and a dress.
Muslin, cambric, flannel or flannelette will do nicely for the nightgown, while lawn or muslin is suitable for the dress, with embroidery, tucking and lace or edging for decoration. The sack will look well in silk, cambric, flannel or flannelette, and the cap is suitable for lawn, silk or all-wool embroideries.
For the dress, cut a piece of material, 1 1/2 yards, 36 inches wide. It will require 1 1/4 yards of 36-inch material, with 1/4 yards plain material for yoke and sleeves. Of muslin or lawn, 36 inches wide, it will require 2/3 yards. The gown will require 2 1/2 yards of 34 or 37-inch material. The cap, 1/2 yard of 18-inch material, and the sack require 3/4 yard of 37-inch material.
A pattern of this illustration mailed to any address, free of receipt of cents in silver or stamps.

ADVERTISER PATTERN DEPT.
Please send above-mentioned pattern, as per directions given below:

Name

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Age (if child) or missus' pattern).....

Measurement: Bust..... Waist.....

CAUTION: Be careful to increase the above illustration and size of pattern wanted. When the pattern is cut measure you may mark 34, 34 or whatever it may be. When it is waist measure, 22, 24, 25, or whatever it may be. When it is for a child, take the measure. When misses' or child's pattern, write only the figure representing the inch is not necessary to write "inches" or "years." Patterns cannot return less than one week from date of application.

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For cleansing, purifying and beautifying the complexion, hands and hair, Cuticura Soap is supreme, especially when assisted by touches of Cuticura Ointment to soothe and heal the first signs of skin troubles. For free sample address post-card: Cuticura Dept., Boston, U. S. A. Sold by dealers throughout the world.

upon these.
22 Verses 24-27.—What, if any, evidence is there that faithful Christians in the world have been delivered from the fiery furnace of trial, more than other men? September 22—"Daniel in the Lions' Den." Dan. vi. Cokem Text.—The angel of Jehovah encampeth round about them that fear him, and delivereth them." Ps. xxxiv. 7.
13 verses 2-5.—What are the really essential qualities to success in life? Lesson for Sunday, October 4, 1917.—"Phasms of Deliverance." Psalms lxxxv and xxxvi.

"One Meatless Meal a Day"


is a good food slogan for war time, or any time—better make it two meatless meals a day—it would mean health and strength for the nation. But be sure and get the right substitute for meat in a digestible form. **Shredded Wheat Biscuit** is the ideal substitute for meat. It is 100 per cent. whole wheat prepared in a digestible form. Two or three of these little loaves of baked whole wheat make a nourishing, satisfying meal at a cost of only a few cents. Delicious with milk or cream or fruits of any kind.

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Made in Canada.

You don't like the cheap tea you are using. Do you?



Pretty Poor Tea, Mother

Before the war so increased the cost of living, many people used to drink better tea than they are now using.

Perhaps, this is true in your case?

Of course, you are not drinking poor tea because you like it, but because you think it necessary to save money.


But are you really saving anything?

Cheap, common teas only make about 150 cups to the pound. You are lucky if you can stretch them out to 185 or 200.

On the other hand, Red Rose Tea easily makes 250 cups. It goes further because of its fine quality, consisting chiefly of Assam teas, the richest and strongest in the world.

You may almost doubt if so many cups of tea can be made from a pound of even such good tea as Red Rose, but you can readily prove the economy of Red Rose without waiting for a package to be used up. Just use a few leaves less of Red Rose for a brewing than you use of common tea—the result we are sure will please and surprise you.

**Keep Good
by the
Sealed
Package**



633

T. H. Estabrooks Co., Limited
St. John, Toronto, Montreal, Winnipeg, Calgary, Edmonton

Sad Feet or Glad Feet-

Which are yours?

Seams are not merely unsightly. They irritate the feet.

Until you've worn a pair of Mercury Seamless Full Fashioned Hose, you cannot realize how glad your feet can feel.

They are knitted on new machines, too—the only machines that fashion the hose at the sides, giving the neat, slightly ankle. They fit without a wrinkle.

Made in black cashmere, black lisle and white lisle—from the finest, highly finished and durable materials.

There's class in every pair, ladies!

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MAKERS OF



Seamed Foot

Mercury Foot



Seamed Leg

Mercury Leg

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Hosiery

For men and women, and underwear
for men, women and children

Belgian Children Slowly Starving!

A bowl of soup and a slice of bread is issued daily to the destitute women and children of Belgium. /This will just about keep body and soul together in a grown person. But for a little, growing child—where is the material in this ration for bone and muscle forming?

The answer is hidden in the thousands, and tens of thousands of Belgian children under 12 years old, in the grip of tuberculosis, rickets and other ills resulting from insufficient nourishment.

Belgian Children's Health Fund.

By means of this fund children giving up under the slow starvation are taken from Belgium to Holland, where they are cared for, housed, fed, clothed and given medical attention for six weeks.

Belgian Orphan's Fund.

In this land of broken up families. Imagine the thousands of tiny tots ignorant whether their fathers and mothers are alive or not. They must be fed, clothed and educated. The sum of \$3.70 per month per child will do this.

You know how children eat! Suppose your neighbour's child was only getting a bowl of soup and a slice of bread each day! Would you, out of your prosperity help the child? Who is your neighbour, if not Belgium, who would be held back the Hun when the world stood in danger?

Be generous; help to make the next generation of Belgians as strong and valiant as the present generation has proved itself.

Your contribution will go entire through the Belgian Minister of the Interior (in Le Havre, France) to Dutch authorities, who administer the relief work under the approval of the British and Dutch Governments, and Mr. Hoover's Committee.

What will you do for the waifs of Belgium?

BELEGIUM RELIEF FUND

Ontario Branch 85 King St. West Toronto

J. W. Woods, Esq., Chairman of the Advisory Board.
Mrs. Arthur Pepler, Chairman of the Committee.

Send contributions to Miss Isabella L. George, Hon. Treas., or Local Committee
Make cheques payable to **Belgium Relief Fund**

Don't forget Mr. Agor Adamson's Canal Boat Fund for work among Belgian refugees behind the allied lines in Flanders.